

TEMECULA VALLEY CENTRAL OFFICE
24 HOUR HOTLINE VOLUNTEER REFERENCE PAGE

Basics to remember:

- ⊕ Always have a current meeting schedule with you.
- ⊕ Have your home group's phone list ready for potential 12 step calls.
- ⊕ When in doubt call your Sponsor or a hotline committee member.
- ⊕ If and when you have to return a call to a potential alcoholic remember to dial *67 in order to block your number from being seen.
- ⊕ When you answer the phone, remember the person calling thinks he/she has called Temecula Valley Central Office. Don't just say hello because it will confuse people and they might hang up. Answer the phone professionally.
- ⊕ When you know the person calling needs a 12 step call be sure to ask for their phone number in case you get disconnected and need to call them back.

The hotline binder, current calendar and information about working with wet drunks are available on line at: <http://www.temeculacentraloffice.org>

Important Phone Numbers:

- ⊕ Temecula Valley Central Office: #951-695-1535
- ⊕ Riverside/Colton Central Office: #909-825-4700
- ⊕ North County San Diego Central Office: #760-758-2514
- ⊕ San Diego Central Office: #619-265-8762
- ⊕ ALANON Riverside County: #909-824-1516
- ⊕ Local Spanish Contact: Al #951-756-2574
- ⊕ District 17 Cooperating with professionals and public information committees Lea C. #951-357-1389 & John W. 951-244-8730
- ⊕ Temecula Police Department: #951-696-4357
- ⊕ National Suicide Prevention Lifeline: #1-800-273-8255
- ⊕ Riverside County Dept of Mental Health can provide substance abuse treatment program information @ #-800-706-7500 Mon - Thu 8:00 - 5:30.
- ⊕ TVCO Hotline Committee can be reached via e-mail temeculaahotline@yahoo.com

Pauline S. # 951-801-8042 Lorilie H. #951-973-9078 Julie P. 760-310-1977 John W. 760-622-4792

"When anyone, anywhere, reaches out for help, I want the hand of A.A. always
to be there and for that I am responsible"