

# GRATITUDE GAZETTE

[www.temeculacentraloffice.org](http://www.temeculacentraloffice.org) Phone (951) 695-1535

August 2011



[gazette@temeculacentraloffice.org](mailto:gazette@temeculacentraloffice.org)

**A Color Copy of this  
newsletter is available  
on the website at**

[www.temeculacentraloffice.org](http://www.temeculacentraloffice.org)

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## Alcoholics Anonymous

### I AM RESPONSIBLE

**Whenever anyone, any-  
where, reaches out for help,  
I want the hand of AA always  
to be there and for that**

### I AM RESPONSIBLE

-Declaration of 30th Anniversary  
International Convention, 1965

### A.A. Not Only Saved My Life - It Has Given Me a Life

I walked into Alcoholics Anonymous a broken, desperate woman. This was truly the last house on the block for me. Last Christmas I had written a suicide note to my son, letting him know that I was sorry for being a terrible mother. I was so full of shame and guilt that I wanted to make sure he did not pick a woman who resembled me for his future. I have three children and my middle child, a daughter, is a cancer survivor. I was so sure she would be fine without me. My youngest child, a daughter, well, she didn't know much of me, and so she would not miss what she never had. My last drunk left me bruised physically and emotionally. When I came to, I just knew I could not continue on the path of self-destruction. I went through the shakes and sweats for four days, and I did this alone. I went online and completed the questionnaire to see if I was an alcoholic. I answered yes to all of the questions.

I am grateful today that I was as broken as I was, because with my ego, I know I would have never walked through the doors on my own. I walked into a woman's meeting and everyone had smiles on their faces. I could not believe that everyone was so happy, when I felt so much pain, sorrow, and anger. I tried to sit in the back against the wall, but those women would not allow that to happen. They grabbed my hand and sat me at the table to which I felt instant terror. I sat there silent, observing and listening. By the time the meeting ended, I had heard a few stories that were similar to mine and that brought even more terror to me. My first thought was, I'm going to have to spend the rest of my life dying here in A.A.

The things that stood out for me was that I needed to get a sponsor, read the Big Book, work the steps and "keep coming back". I started reading the Big Book and when I got to Chapter 3, for me, I felt the book was telling my story. I skipped to the back of the book and began reading some of the personal stories. I identified with each story that I read. I knew I was an alcoholic to my inner soul. By my third meeting, a woman gave me her phone number and asked me to call her the next day and shockingly enough I did. This began my journey in the program of Alcoholics Anonymous. The woman I called that day is now and has been my sponsor and I will be forever grateful for her; she saved my life. My sponsor told me she would love me till I loved myself. I had not ever heard those words in my entire life, at the age of forty-three it was over whelming. My sponsor helped me "get into gratitude" for my first thirty days. This, I learned, was preparation for beginning the journey of the 12 steps of Alcoholics Anonymous. I currently am on Step 11.

My sponsor told me I would build a wall of women and that I would start to become the woman that God had always intended me to be. Today I am that woman of integrity. Today I get to walk with my head held high and I have self-respect. I have all three of my children in my life. I had given my youngest child to her father years ago and today she is in my life. I get to make living amends to all 3 of my children. I have commitments in A.A., I am in the rooms on a daily basis, and I get to sponsor women. I was taught that to keep this gift I have to give it away for free and for fun. My sponsor made a deal with me. She told me that she would do whatever she could to help pass on this gift, provided that I would do the same for other women who enter the rooms of AA. Today, I am of service and I deliver the message to any woman that has the willingness and desire to get and stay sober. Today I could not imagine any other way of living. I get to live life on life's terms. I'm so grateful to know that I am an alcoholic and today I live in the solution not the problem. Acceptance is the answer.

Kim B. - sobriety date January 3, 2011 - Lake Elsinore



## AA Birthdays: Who's Taking a Cake in July & August?



### Happy Birthday

Lockdown Bob	8/29/2009	Doreen	8/1/1995
Lee M.	8/1/1999	George	Aug-10
Ray R	8/9/1989	Shane	Aug-08
Nichole	8/20/2008	Robert	Aug-08
Robby F	8/7/1986	Ron S	Aug-87
Lea M.	8/13/2006	Brett G	7/20/2009
Alan	7/23/2009		



*Want your sobriety date published?*

*Submit your name and*

*sobriety date to*

*[gazette@temeculacentraloffice.org](mailto:gazette@temeculacentraloffice.org)*

To all AA members  
Email list

# Get on the List!

*Be notified of meeting changes, new events and other important AA information. Join our mailing list. Send email to [DLServant@TemeculaCentralOffice.Org](mailto:DLServant@TemeculaCentralOffice.Org) and be added to the list.*

### What is an Intergroup?

Each group is encouraged to have an Intergroup Representative. This person is the liaison between Intergroup and their home group. Any decisions for changes to the way Central Office runs must be voted on. Any questions or concerns or compliments may be put on the agenda for discussion. By having an Intergroup representative your group will be able to bring a vote to the intergroup meeting. No vote can take place without a quorum. Your group must be a registered meeting in order to vote. Any A.A. member is welcome to attend the Intergroup or Board meeting as a guest. If your group is interested in joining Intergroup, send a member to the meeting, and we will gladly give you all the information you need to get started. Intergroup meetings are held the 3rd Tuesday of each month, at 6:45pm, on the corner of Kalmia & Adams in Murrieta at the church. Hope to see you there.

# AA Service Meetings

What	When	Where
H&I Committee Meeting	1st Monday - 7:30pm	TVAC—27470 Commerce Center Dr. Temecula, CA 92590
TVCO Board Meeting	1st Tuesday - 6:30pm	Central Office - All are welcome, but only board members may participate.
Mid So-Cal Area Meeting	2nd Sunday - 9:30am	Meets at various locations. Call Central Office for meeting location
Cooperating with Prof Community (CPC)	2nd Tuesday - 5:45pm	Boston Billies - 26850 Cherry Hills Blvd. Sun City
GSR Meeting - District 17	2nd Tuesday - 6:30pm	Boston Billies - 26850 Cherry Hills Blvd. Sun City
Intergroup Meeting	3rd Tuesday - 6:45pm	United Methodist Church, Murrieta 24652 Adams at Kalmia & Adams
GSR Meeting - District 14	3rd Wednesday - 7pm	Good Shepherd Episcopal Church 308 E Acacia Ave, Hemet, CA 92543

## What you get from Central Office!

During the day, **your Central Office keeps the doors open to assist recovering and suffering AA members alike** . We provide (at cost) the Big Book. We also provide the 12x12, assorted literature, chips, and newcomer packets. **Your office manager organizes volunteers, makes bank deposits, keeps your accounting data accurate, and safe guards your inventory. We make and distribute your meeting schedules and the Gratitude Gazette. Twenty-four hours a day, seven days a week, volunteers take calls from suffering alcoholics and organize 12 step calls. The phone line and special call-forwarding are paid for by your central office contributions.**

Please ask at your next business meeting if you are contributing monthly to your Central Office. It doesn't have to be a lot. Being self-supporting. means not only paying for your rent and coffee, but also paying for the services you receive through Central Office.

If your group has stopped contributing (or never started), please bring it up at your next business meeting and take a group conscious. There have been a lot of changes made. The board has had a new influx of members, and oversight is strong. **Traditions are always the first thought for any changes being considered.**

We invite anyone to call, email, and/or attend the monthly board meeting. We value your input and want to make sure we understand your opinion.

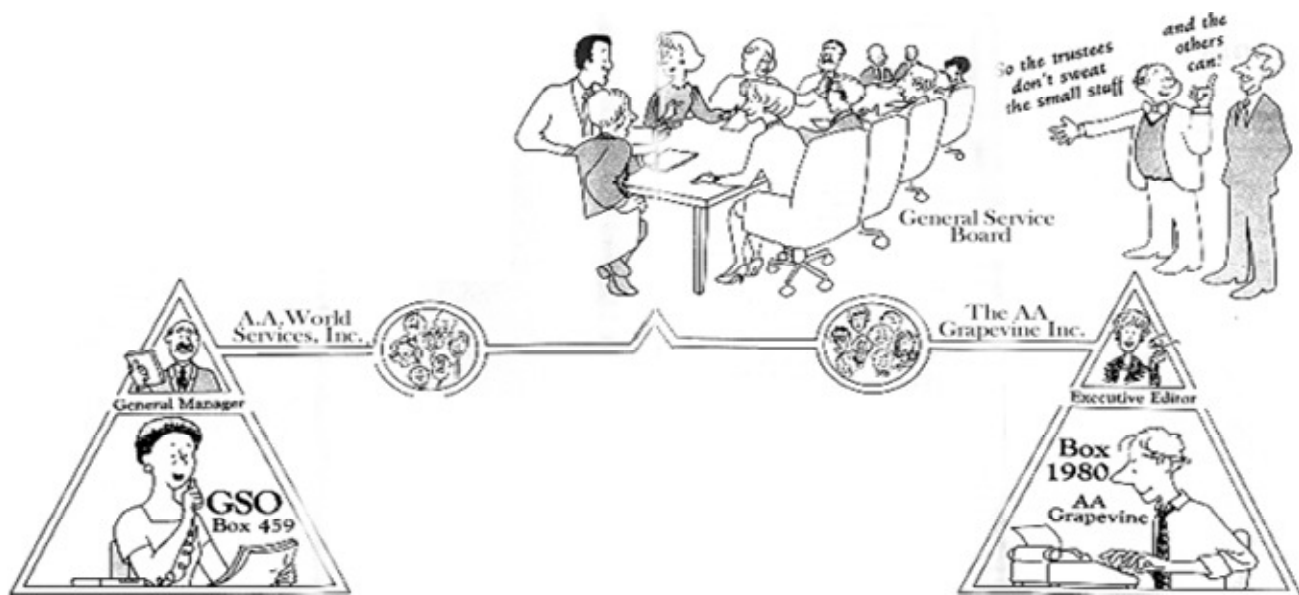
*Still Skeptical?*



# Focus on Concept Eight



**Concept VIII.** The Trustees of the General Service Board act in two primary capacities: (a) With respect to the larger matters of over-all policy and finance, they are the principal placers and administrators. They and their primary committees directly manage these affairs. (b) But with respect to our separately incorporated and constantly active services, the relation of the Trustees is mainly that of full stock ownership and of custodial oversight which they exercise throughout their ability to elect all directors of these entities.



**Time is a very precious gift of God; So precious that it is only given to us one moment at a time.**

**Amelia Ban**

## LOOKING FOR A WAY TO BE OF SERVICE?

Our "HOTLINE" is a great way to be of service. When Central Office is closed a member of Alcoholics Anonymous answers the phone EVERY time. The phone call may be as simple as "where is a meeting?" It may be an alcoholic needs to talk, be visiting from out of town, etc. For more information on the Hotline visit our website and click on the "HOTLINE" link at [www.temeculacentraloffice.com](http://www.temeculacentraloffice.com)

### Central Office Service

Please call (951) 695-1535 if you can be of service at Central Office by volunteering for time slots to answer phones and help walk-ins. Volunteers are always appreciated, and of course you get the grand reward...

**Sobriety for another day!**

# AA HUMOR

Send AA related humor to  
[gazette@temeculacentraloffice.org](mailto:gazette@temeculacentraloffice.org)

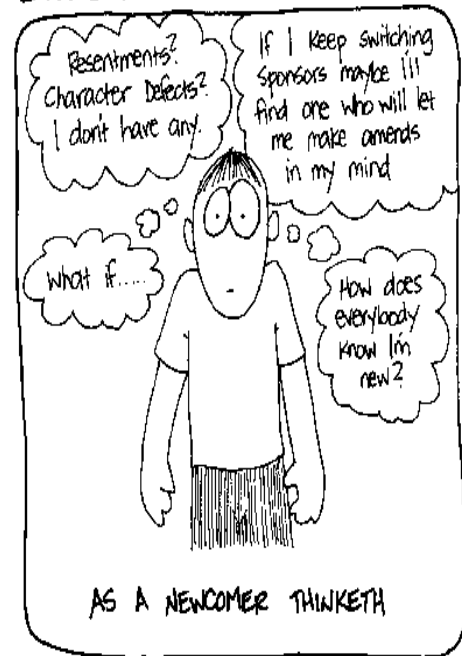


## Signs You Have A Drinking Problem

(origin unknown)

- You lose arguments with inanimate objects.
- You have to hold onto the lawn to keep from falling off the earth.
- Your job is interfering with your drinking.
- Your doctor finds traces of blood in your alcohol stream.
- The back of your head keeps getting hit by the toilet seat.
- You sincerely believe alcohol to be the elusive 5th food group.
- You can focus better with one eye closed.
- The parking lot seems to have moved while you were in the bar.
- You fall off the floor...
- Your twin sons are named Barley and Hops.
- The glass keeps missing your mouth!
- Mosquitoes catch a buzz after attacking you.
- At the AA meeting you begin: "Hi, my name is... uh..."
- Your idea of cutting back is less salt.
- The whole bar says 'Hi' when you come in...
- You think the four basic food groups are caffeine, nicotine, alcohol and men (or women).
- The pink elephant followed you home again.
- You wake up in Palm Springs in August and the last thing you remember is the Fourth of July party in Lake Elsinore.
- You've fallen and you can't get up.
- Hangovers become an attractive alternative lifestyle.

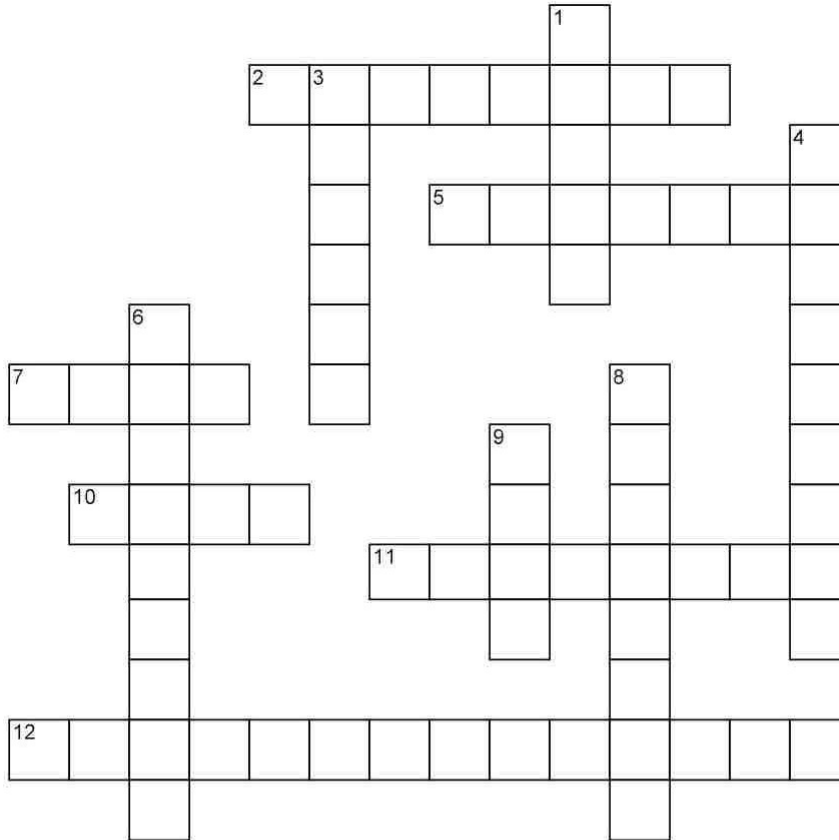
## Bill's Friends



"I've discovered I'm unique — just like everyone else!"

# CROSSWORD

AUGUST 2011



**ACROSS**

- 2 Dr. Bob's middle name
- 5 Sister who helped Dr. Bob at St Thomas Hospital
- 7 Bill's sponsor
- 10 Bill's wife
- 11 This is prior to investigation
- 12 Home of Bill and his wife

**DOWN**

- 1 Dr. Silkworth's hospital
- 3 Group prior to AA
- 4 Where Dr. Bob went to college
- 6 Honesty, Purity, Unselfishness and Love - the 4 \_\_\_\_\_
- 8 The Sermon on the Mount
- 9 Dr. Bob's wife

HOPE AROUSES AS NOTHING ELSE CAN AROUSE, A PASSION FOR THE POSSIBLE

Wm Sloan Coffin Jr.

Puzzle answers will appear in next month's Gratitude Gazette

**BIRTHDAY DONATIONS AUG 2011**

<u>Memo</u>	<u>Amount</u>
Tom V. for 8 yrs	8.00
Gene W. for 26 yrs	26.00
	<u>34.00</u>

**CENTRAL OFFICE NEWS**

**PRUDENT RESESRVE PLEDGES**

AUG 2011



**AUG Activity**

Phoned In...301
Walk Ins...69
AA Meeting...45
Al-Anon...13
12 Step...21
Donations/Purchases...60
Misc/Other Business...35

**PERSONAL DONATIONS AUG 2011**

	<u>Amount</u>
Tom and Mary	10.00
Darcie D	10.00
Patti S	25.00
Paulines S	20.00
Shelly M	20.00
	<u>85.00</u>

Special thanks to those who helped with the newsletter this month!

Darcie, Laura L., Kim B., Murrieta As Bill Sees It



**INTERGROUP OUTREACH COMMITTEE**

A committee is being formed to visit meetings without an intergroup representative and invite them to participate. For more information please contact Central Office (951) 695-1535

**BRIDGING THE GAP**

**Hot and Active**  
 Do you want something...

Bridging the Gap is designed to help an alcoholic between a treatment program or prison make the transition. One of the more slippery places in the journey to sobriety is between the door of a facility and the nearest AA group or meeting. AA experience suggests that attending meetings regularly is critical. In order to Bridge the Gap, AA members have volunteered to be temporary contacts & introduce newcomers to AA. It is suggested that the temporary contact take the newcomer to a variety of AA meetings; introduce him or her to other AA's; insure that he or she has some phone numbers of several AA members and share the experience of sponsorship and a home group.

This committee is organized under District 17 and Volunteers are needed.

Please call Darcie D. for more information (951) 696-6726.

We would love to print your submissions for the Newsletter. All profanity will be edited out of the final copy. The primary theme of any article content must pertain to; alcoholism and recovery, the Twelve Steps, The Twelve Traditions, or The Concepts. Poems, inspiring materials, AA trivia, jokes and cartoons are welcome also. Proper credit must be given to each articles source. If taken from previously printed materials include its copyright so that we can acknowledge it. The committee reserves the right to edit or refuse any articles submitted. Submissions accepted via email at:

[gazette@temeculacentraloffice.org](mailto:gazette@temeculacentraloffice.org)

Mailing Address @ Temecula Valley Central Office, 28636 Old Front Street, #106, Temecula CA 92590

<b>GROUP DONATIONS FOR AUG 2011</b>
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	Aug 11
Hemet Arrid/Sat 7pm/Back to Basics	80.00
LE 1st Lutheran/M,Tue,Th,Sat 730pm/Bells	157.92
Mur Community House/Mon-Sat 7am/ABSI	250.00
Mur Community House/Sun 730pm/The Geek	46.80
Mur Community House/Wed 7pm/Mens Stag	31.00
Mur United Methodist/Mon 7pm/Lil Big Book	30.00
Mur United Methodist/Mon Noon/Womens ABSI	93.87
SC St Stephen's/Fri 7pm/Mens Reflections	63.00
SC Unity Hall/Umbrella #164257	720.00
Tem ABT/Mon 7am/	60.00
Tem Del Rio/M-F 7am/Survivors	150.00
Tem Del Rio/Tue 630pm/Road Dogs	50.00
Tem Lyndie Ln/Sat 8am/Early Risers	120.00
Tem Pech Sr Ctr/Mon 6pm/Mon Madness	100.00
Tem Pech Sr Ctr/Wed 7pm/Step Sisters	17.86
Tem Ser Cir/M-S 7am/Att Adj Group	84.40
Tem Ser Cir/Thur 715pm/Serenity Seekers	25.00
Tem The Meeting Place/Thurs 630pm/Solutio	10.00
Tem Water District/Sat 8pm/World Famous	215.00
Tri County Young People in AA	396.69
<b>TOTAL</b>	<b>2,701.54</b>

## Workshops and Conventions

AA 60th SOCAL AA Convention Sept 30th - Oct 2nd Rancho Mirage CA  
[www.aasocal.com](http://www.aasocal.com)

AA Men's Sobriety Workshop #22 Sept 30th - Oct 2nd Idyllwild CA  
[http://www.temeculacentraloffice.org/Event\\_BacktoBasics\\_2011.pdf](http://www.temeculacentraloffice.org/Event_BacktoBasics_2011.pdf)

AA Inland Empire AA Convention October 14th-16th San Bernardino  
<http://www.ieaac.org/>

AA Las Vegas Roundup November 24th-27<sup>th</sup>  
<http://www.lasvegasroundup.org/>

**Buck-A-Month**

AUG 2011	Amount
Linda F	9.00
Gene W	5.00
Shayne	1.00
Kirin	1.00
Michael M	5.00
Marcos	5.00
Dan Mc	1.00
Suzannah	10.00
Mo	1.00
Georgia	1.00
Lorilie	1.00
Edna E	1.00
Arnie	1.00
Shane	4.00
Dan C	1.00
Sandy	4.00
Donut Dave	5.00
Tom C	2.00
<b>58.00</b>	

### Buck-A-Month

Join the **"Buck-A-Month"** Club.

Contributions can be made to Central Office by mailing this form with your donation.

Name \_\_\_\_\_

Donation \_\_\_\_\_

Mail Your Donation to:  
 Temecula Valley Central Office  
 28636 Old Town Front Street, Suite 106

- CENTRAL OFFICE VOLUNTEERS AUG 2011**
1. Debi G
  2. Launa R
  3. Laura D
  4. Erinn
  5. Kendyl
  6. Yanna
  7. Jim F
  8. Fred D
  9. Kim B.
  10. Monique
  11. Tyrone
  12. Shawn
  13. Bob E
  14. Laurie S
  15. Annie
  16. Bonnie
  17. Jackie
  18. Jill
  19. Tonya
  20. Lisa
  21. Pam
  22. Lynn
  23. Kim C.
  24. Rachael
  25. Betsy

**Central Office Prudent Reserve Fund**

One of the challenges for 2011 is to re-build our Prudent Reserve. A monthly contribution of \$5 or an amount you can afford are greatly appreciated.

Name \_\_\_\_\_

Contribution \_\_\_\_\_

Mail Your Contribution to:  
 Temecula Valley Central Office  
 28636 Old Town Front Street, Suite 106  
 Temecula, CA 92591

**Contribute to Central Office for your Sponsor's Birthday**

Name \_\_\_\_\_

Years of Sobriety/Donation \_\_\_\_\_

Celebrate your birthday or your sponsor's birthday by donating \$1 per year of sobriety to Central Office. What a great way to give back!

Mail Your Donation to:  
 Temecula Valley Central Office  
 28636 Old Town Front Street, Suite 106  
 Temecula, CA 92591

**ONE LINERS** **Submitted by "As Bill Sees It" Murrieta**

*Prayer for many is like a foreign land, when we go there, we go as tourists.*

*Forgiving is not forgetting. It is letting go of the hurt.*

*God meets me where I am. If I am just willing HE will come to me.*

*Mental health, like dandruff crops up when you least expect it.*

Staying sane, in an insane world is insane.

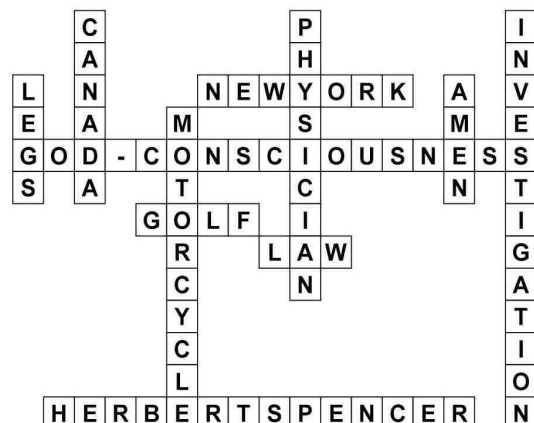
You don't gotta wanna.

**RESENTMENT:** Expectations under construction without a permit

### Group Donations Year-to-Date –2011

Hemet Arrid /Wed&Sat 7am/Wmn in Recovery	60.00	Tem Ser Cir/Sat Noon/Young at Heart	60.00
Hemet Arrid/Everyday 12 Noon/High Nooners	20.00	Tem Ser Cir/Sun 10am/Big Book Study	35.00
Hemet Arrid/Sat 7pm/Back to Basics	211.00	Tem Ser Cir/Thur 715pm/Serenity Seekers	160.25
Hemet Provident/Fri 7pm/Old Barn Meeting	180.00	Tem Ser Cir/Thur Noon/Nooners	300.00
Hemet Provident/Mon 1pm/Share the Legacy	180.00	Tem Ser Cir/Tue 730pm/Mens Stag	296.00
Hemet Provident/Tue Noon/Sober Seniors	124.00	Tem Ser Cir/Tue Noon/Living Sober	180.00
LE 1st Lutheran/M,Tue,Th,Sat 730pm/Bells	617.41	Tem Ser Cir/Wed Noon/	100.00
LE AOG Church/Thur Noon/Womens BB	4.90	Tem St Catherine's/Fri Noon/Step Study	270.00
LE AOG Church/Wed Noon/Acceptance	210.00	Tem The Meeting Place/Mon 630pm/1 To Many	18.00
LE Meeting Place/Sun 1030am/Speaker Mtg	90.00	Tem The Meeting Place/Thurs 630pm/Solutio	70.00
LE Meeting Place/Sun 7am/Att Mod	5.00	Tem Unity Church/Mon 730pm/Heart of Tem	50.00
Mur Community House/Mon-Sat 7am/ABSI	2,000.00	Tem Water District/Sat 8pm/World Famous	1,224.20
Mur Community House/Sun 730pm/The Geek	117.80	Tri County Young People in AA	396.69
Mur Community House/Wed 7pm/Mens Stag	139.00	Wildomar IVH/Fri 7pm/Step Study	70.00
Mur United Methodist/Mon 7pm/Lil Big Book	243.00	Wildomar IVH/Sat 730pm/Participation	60.00
Mur United Methodist/Mon Noon/Womens ABSI	303.77	Wildomar IVH/Sun 7pm/Pigs on the Wall	14.00
Mur United Methodist/Tue 10am/Womens	285.00	Wildomar MV Comm Church/M-S 7am/Wild Ones	1,900.00
Mur United Methodist/Wed 8pm/Discussion	100.00	<b>TOTAL</b>	<b>22,333.86</b>
Mur/TVCO Intergroup/#179377	262.04		
Murr/Thur/Joe & Charlie SS	316.00		
SC Boston Billies/Wed 7am/Mens Breakfast	153.00		
SC St Stephen's/Fri 7pm/Mens Reflections	63.00		
SC Unity Hall/Umbrella #164257	6,000.00		
Tem ABT/Mon 7am/	105.00		
Tem Del Rio/M-F 7am/Survivors	971.00		
Tem Del Rio/Tue 630pm/Road Dogs	200.00		
Tem Lyndie Ln/M-F Noon/	3.36		
Tem Lyndie Ln/Mon 10am/Open Arms	36.00		
Tem Lyndie Ln/Sat 8am/Early Risers	1,151.00		
Tem Lyndie Ln/Sun 6pm/Twilight	110.00		
Tem Lyndie Ln/Sun 9am/Came to Believe	100.00		
Tem Lyndie Ln/Thur 10am/Sisters Sharing	100.00		
Tem Pech Sr Ctr/Fri 7pm/Bats Belfry	50.00		
Tem Pech Sr Ctr/Mon 6pm/Mon Madness	500.00		
Tem Pech Sr Ctr/Wed 7pm/Step Sisters	239.86		
Tem Private/Mon 630pm/Trad and Concepts	100.00		
Tem RC Church Office/Tue 6pm/Mosh Pit	436.28		
Tem Ser Cir/M-S 7am/Att Adj Group	1,257.60		
Tem Ser Cir/Mon-Sun 6pm/Serenity Hour	84.70		

July 2011



## HOTLINE SCHEDULE

TYCO HOTLINE GROUP DAYS & CONTACTS	
Updated: 8/18/11	
1st Monday	Monday 7:00 Am As Bill Sees It & Saturday Am Reflections (Murrieta)
1st Tuesday	Tuesday 10Am Women's 12x12 (Murrieta)
1st Wednesday	Hotline Rep.
1st Thursday	Thur. Women's 10:00am-Lynette Lane (Temecula)
1st Friday	Men's Stag 7:00 Pm Wednesday (Murrieta)
1st Weekend	Liberty Dells (Lake Elsinore)
2nd Monday	Saturday Early Rise (Temecula)
2nd Tuesday	Unby Hall 7 Am (Sun City)
2nd Wednesday	The Funks
2nd Thursday	Mike D.
2nd Friday	Sun City Swingers (Sun City)
2nd Weekend	Mesh Pit
3rd Monday	Saturday Am Reflections (Murrieta)
3rd Tuesday	Sunday Soaker Meeting @ The Meeting Place (Lake Elsinore)
3rd Wednesday	Women's Acceptance Wednesday (Lake Elsinore)
3rd Thursday	Thursday Women's Eb Study L.E. (Lake Elsinore)
3rd Friday	Back To Basics (Sun City)
3rd Weekend	Serenity Circle Noon (Temecula)
4th Monday	Sunday 7 Am Altitude Adjustment (Lake Elsinore)
4th Tuesday	Cook Squad Sundry Night 12 X 12 (Murrieta)
4th Wednesday	Little Big Book Monday (Murrieta)
4th Thursday	The Step Sisters – Wednesday (Temecula)
4th Friday	Women's Candlelight – Thursday (Temecula)
4th Weekend	Wild Ones Grape Street (Widomar)
5th Monday	Women's Close As Bill Sees It - Monday 12:00 (Murrieta)
5th Tuesday	Sunday Soaker Meeting @ The Meeting Place (Lake Elsinore)
5th Wednesday	Robbi Ann Farnam
5th Thursday	Charlene & Jeff (Murrieta)
5th Friday	Drenda & John Water (Widomar)