



# Gratitude Gazette

Carrying the message throughout our valley

**951-677-1535 Hotline 24 hours**

41340 Pear St, Ste 1 Murrieta, CA 92562

## You Have No Idea How Good It's Going To Be!

With Cody W.

~Crystal B., Sun City/Meniffee

If you don't know Cody W., he's the sharply witty, snarky fellow you've seen at the last year's TVCO events. He is usually the MC and he also holds the seat as the Treasurer on the Central Office board.

His story starts like yours and mine, "I never understood my drinking was problematic." He grew up in a very modest environment and was dying to be unique without standing out. The first time he drank, the culture sucked him in. He drank every day and after nine months of partying and trying to fit in, he landed in his first rehab. That wasn't enough, though. Even though he'd grown up in AA with a mother that has long time sobriety, he continued to drink and get in trouble and by his sophomore year, at the age of 15, was admitted to a long-term residential treatment center in Utah after wrecking a stolen car.

Fast forward to around eighteen years old. He'd collected a few years of sobriety, had a sponsor but was only doing half measures. Sometimes people think they get at least half when doing half measures, but the book says it avails us nothing. Around that time, one of Cody's friends had a going away party and that began another 8-year journey deeper into alcoholism. Over this time, he would accumulate seven DUIs, have a child, and would eventually find himself at yet, another bar in Temecula. Coincidentally, the bar was next door to the sheriff's station. When he walked outside, he saw a few officers standing there and he struck up a conversation. He gave them his opinion on officers in no uncertain terms. The officers got curious and ran his info only to discover that Cody had outstanding warrants. This, of course, led to yet another arrest. All he could think about were the DUIs he'd failed to appear for. His future had an ominous outlook and there was little hope for freedom. (continued)

Alcoholics Anonymous

### Responsibility Pledge

**I am responsible whenever  
anyone, anywhere, reaches  
out for help, I want the hand  
of AA always to be there, and  
for that I am responsible**

*~Declaration of 30th  
Anniversary International Convention.  
1965*

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Now this is where the article pauses. Up until this point (which is only a few minutes) Cody had given me the surface of his drunk-a-log. The basics were all there, the shocking wreckage most of us have was there, but the bitterness and despair of his alcoholism didn't show until this very moment in our conversation. He looked at his watch and said, "In fact, it was at this very time 10 years ago that I was arrested." His face washed, he paused, and I said "Wow, this seems like perfect timing." Unbeknownst to me, it was the eve of his 10<sup>th</sup> sober anniversary. He'd told me his sobriety date at the beginning of our talk, but I didn't make the connection to what I was supposed to hear until that very second. It was as if God walked in and sat right next to me at that very moment. There is always a moment in the interviews I've done where God barges in and takes a seat with me. Sometimes that doesn't happen until I am writing an article but at that moment in time, I was reliving Cody's story with him on the eve of a very important milestone. His posture changed, his expression changed and as he described what happened next, his gaze trailed off back in time.

"As I was talking to THEM (cops), about THEM, I knew I was going to get arrested! There was no way I WASN'T going to get arrested that night! As I was arrested, I

surrendered. I surrendered right there. There must come a time when we lay down all our weapons. I had been running for so long from place to place and literally hiding from bounty hunters. I knew that I wasn't going to be released. I did call a bail bondsman and had offered up my dad's airplane as collateral. Yes, that was wrong, and I knew it, but I had the bail bondsman check to see if the plane could count as collateral anyway! Twenty minutes later the bail bondsman called me back and agreed to take the plane as collateral, but I had a sudden change of heart. I declined bail and thought to myself "I'll just stick around a while. Whatever happens, happens." I remember thinking "This CAN all be over if I just stay put. Just stop running." Then I learned, that because I had never been convicted of any of my DUI's, I was a first-time offender starting with the most recent. Three of the DUIs couldn't be processed because the cases hadn't been actively worked. This was a relief. On the most recent charge, though, the term was 40 months.

Even though the judge suspended the term, I was to serve an extensive amount of community service and the fines were absolutely staggering! On my 47<sup>th</sup> day in jail, 12/21/2009, I was going to be released and I took some time to reflect on the last several

years. The outlook wasn't great. I had \$12 in my pocket and was wearing everything I owned. The entire time I was in jail, I kept thinking "I gotta get sober". I started to feel as though life had started without me. I was truly late to the show. People I knew had careers and family and I had no money, no plan, no skills and yet even with the fear of prison looming over my head, drinking was the first thing I thought of. I went to my first A.A. meeting at the original Del Rio place. I met another man who talked me into another meeting instead of having another drink. He told me to "find someone with a loving God and work the steps." I rolled my eyes exasperated but of course, that night, I heard a man talk about a having a loving God and working the steps. Naturally this was a sign and he started sponsoring me that night. I got involved in sobriety but stayed in fear that I was not going to be able to pay my fines. The fear of financial insecurity fed the next fear, which was if I didn't pay my fines, I was going to violate probation and go back to prison. At two and a half years sober, I was told to take the action of my prayers. The day my daughter was born, 12/19/2012, I was able to make the last payment for my court fines. What an amazing sense of freedom that was.

(continued)

The next phase of my recovery started my career search. I had a friend that was a sheriff in LA County. He helped me start the process of becoming a sheriff. I didn't have my license back at that time, so I had to go through the DMV to get that fixed. It's important for me to tell you that the court systems aren't connected to outside states. But the DMV is! Through this process of getting my license reinstated, the DMV found my other DUIs still out there. More failures to appear! This would cause me to violate for sure! I was convinced that at three years of sobriety, I would be going back to prison to finish out that term. I didn't want to run the rest of my life, so I hired an attorney and turned my will and life over to the care of God. I suited up and showed up at court. The regular judge was out sick that day and the sitting judge dismissed the case at the prosecutor's suggestion. By walking fearlessly in His will, I avoided creating that negative momentum that I frequently had done in the past.

I then found myself working with a rock band as an assistant tour manager. With that came an entire world of constant chaos. I literally came home one day and told my wife "I'm leaving to go on tour with the band for six months." In her quietly courageous way she said, "ok". Everything that they say happens on tour with a rock band really does happen! I was grateful that there were other sober people in the crew and that we were able to have a meeting every morning before we started work. I found that no matter what, I could stay connected in sobriety. It's easier to stay sober when you're surrounded by people who practice the program. Circumstances happen and life is in session. I came to a point where I needed something different. I was then recruited into

sales for a flooring company. I thought that was the crappiest thing ever. Who wants to work in flooring?! Then the recruiter said, "Everything with a roof needs flooring" and I understood that. I had no clue I was going to hold a leadership role in one of the biggest flooring companies around. Life is simple and more predictable today. My record has been expunged. It's insane to think that I have a great resume, a great wife, a valid license and positions of leadership!

Today I have a great sponsor who calls me on my shortcomings in a very gentle way. Our book work is very God-centric. I can describe service work at Central Office as a "beautiful curse." It's rewarding to be able to be part of the work it takes to be sure that Central Office is moving in a direction of growth and more 12-Step work. But members of the fellowship always question the decisions of the board and controversy is always present. Even when things are a little bumpy, we have a phone that will always be answered and there is always a place for newcomers.

If I could say one thing to myself as a newcomer, it would be probably something dumb to annoy myself! Like "Don't do the dreads! (ha-ha) I can't be serious about anything! (ha-ha) No, I would say that 'You have no idea how good it's going to be!'

If I could tell one thing to the newcomers now, it would be to surrender."

Thanks for your honesty, Cody! It's amazing how differently things could have turned out had you not surrendered.

No matter how unreasonable others may seem, I am responsible for not reacting negatively. Regardless of what is happening around me I will always have the prerogative, and the responsibility, of choosing what happens within me. I am the creator of my own reality. When I [review my day], I know that I must stop judging others. If I judge others, I am probably judging myself. Whoever is upsetting me most is my best teacher. I have much to learn from him or her, and in my hearts, I should thank that person.

~Bill Wilson

**Step 12**

*"Having had a spiritual awakening as a result of these steps, we tried to carry this message to Alcoholics, and to practice these principles in all our affairs. "*

**DID YOU KNOW?**

- ⇒ In April 1939, 4,730 copies of the 1st edition of "Alcoholics Anonymous" were published. The price was \$3.50. It was a very expensive book for its time. The equivalent to \$58 a copy today.
- ⇒ There are 627 words in the English language that start with "SELF"
- ⇒ The Preamble first appeared in the Grapevine in June 1947, and was written by Tom Y., the Grapevine Editor serving at that time. Its intent was to inform the public as to what A.A. is and what it is not. Shortly thereafter, the Preamble began appearing in each monthly issue of the Grapevine, and later on in much of our A.A. Conference-approved literature. In 1992 the Grapevine published a short history of the Preamble.

**Concept 12**

*"The conference shall observe the spirit of AA tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds are reserved because it's a prudent financial principle; that plays none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and whenever possible, by substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government, and that, like the Society it serves, it will always remain Democratic in thought and action."*



H&I Committee Meeting	1st Monday 7:30 pm	Temecula Valley Alano Club 27470 Commerce Center Dr. Temecula, CA 92590
TVCO Board Meeting	1st Tuesday 6:30pm	Central Office 41340 Pear Street Suite 1 Murrieta, CA 92562
Mid So-Cal Area Meeting	2nd Sunday 9:30am	See the MSCA website <a href="http://msca09aa.org/">http://msca09aa.org/</a>
District 17 GSR Meeting	2nd Tues 6:30pm Visitors Welcome!	Springs Church 41735 Winchester Rd #C Temecula, CA 92590
Intergroup Meeting	3rd Tuesday 6:45pm	United Methodist Church, Murrieta 24652 Adams St, Murrieta, CA (At Kalmia & Adams)







## Tradition 12 Long Form:

*And finally, we of Alcoholics Anonymous believe that the principle of anonymity has an immense spiritual significance. It reminds us that we are to place principles before personalities; that we are actually to practice a genuine humility. This to the end that our great blessings may never spoil us; that we shall forever live in thankful contemplation of Him who presides over us all.*

## Questions for Tradition 12:

1. Why is it good idea for me to place the common welfare of all AA members before individual welfare? What would happen to me if AA as a whole disappeared?
2. When I do not trust AA's current servants, who do I wish had the authority to straighten them out?
3. In my opinions of and remarks about other AAs, am I implying membership requirements other than a desire to stay sober?
4. Do I ever try to get a certain AA group to conform to my standards, not its own?
5. Have I a personal responsibility in helping an AA group fulfill its primary purpose? What is my part?
6. Does my personal behavior reflect the Sixth Tradition—or belie it?
7. Do I do all I can do to support AA financially? When is the last time I anonymously gave away a Grapevine subscription?
8. Do I complain about certain AAs' behavior—especially if they are paid to work for AA? Who made me so smart?
9. Do I fulfill all AA responsibilities in such a way as to please privately even my own conscience? Really?
10. Do my utterances always reflect the Tenth Tradition, or do I give AA critics real ammunition?
11. Should I keep my AA membership a secret, or reveal it in private conversation when that may help another alcoholic (and therefore me)? Is my brand of AA so attractive that other drunks want it?
12. What is the real importance of me among more than a million AAs?



## Too Young?

*(Reprinted from the Pamphlet "Young People & AA" P-4)*

Coming into A.A. as young people, we found that there were common challenges to face. In the beginning, we often felt we were too young to be alcoholics. Some of us didn't drink for a long time; others didn't drink hard liquor, stumble around, or forget what we did or said when drunk. Being young in the everyday world we face peer pressure, stressful relationships with our parents, and parties being a way of life. In A.A., we often feel different because we may be the youngest person in our group, and some have even had an uninformed older member discourage us by saying things like "I spilled more booze than you drank." These are hard realities for young people in A.A. On the other hand though, by sticking with it and finding younger and older members to help us, we've found a solution to our drinking problems. In A.A. we've found a way of life that helps us deal with everyday stress and peer pressure, and that life is better and more fun without alcohol. We've also seen that we develop closer

relationships the longer we stay sober. To us, it doesn't matter how old you are, how much, where, or what you drink. What matters is how alcohol affects you. You are the best judge of whether or not you have a problem. And you know this from your gut — whether you feel guilty, lonely, ashamed, or whether alcohol is interfering in your life. (The questions at the end of this pamphlet may also help you decide.) If drinking is causing you trouble, and you want to stop but can't seem to do it on your own, give Alcoholics Anonymous a try — try it for 90 days, and if your life doesn't get better, at least you'll better understand your options. All of us felt strange about going to A.A. But we now see that A.A. saved our lives — and is the best thing that ever happened to us. We also now know that there are many members who are our age — in fact, approximately 10% of A.A. members are under the age of 30.

***TVYPAA—Temecula Valley Young People in Alcoholics Anonymous meets the  
1st & 3rd Sunday of the month.***

***For more information, please call 509-578-9907***

Jim is told by his sponsor that he needs to participate more in service work. So he applies for the position of treasurer. They hold a group conscience and ask him

"What is nine multiplied by four?" He thinks quickly and says "Thirty-three." After the interview, he realizes his mistake. He's surprised when they inform he got the job, despite there being four other candidates. "But I got the wrong answer," he protests. "Yeah, we know. But you were closest."



I've never seen anyone  
drink themselves happy,  
successful, or smart.

Most end up bitter,  
heartbroken and alone

— Unknown

# Anonymity is the Spiritual Foundation

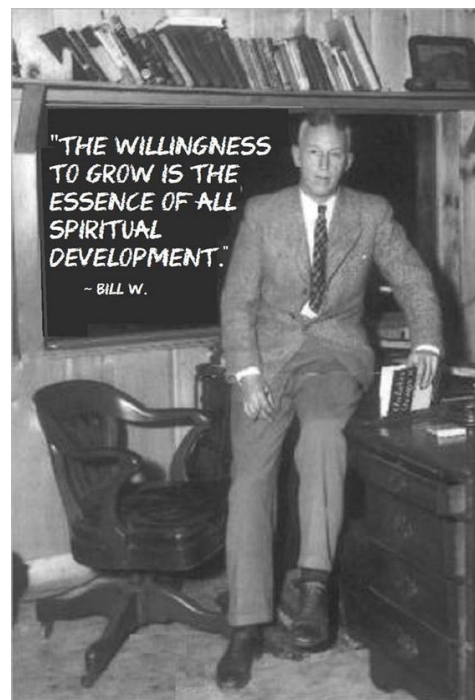
Rick R. Poway

I came from a family that was riddled with alcoholic drinkers and many of them had the problem as bad as I did. I recall the first month, or so, when I got sober, still hanging out with them at our favorite watering hole, drinking ginger ale. I would slip out every night at 8:00pm and go to the A.A. meeting at 8:30 and return at 10:30 pm without telling anyone where I was going. I didn't want anybody to know that I was checking out the A.A. program. I didn't want to face the ridicule at the time, and I wasn't sure it was going to work for me. If it didn't work, I wouldn't have put up with their mocking me. You might say that I was protecting my anonymity at the time and didn't even know it. After thirty days of that, I didn't care who knew about it because I believed I had found the answer, and I did. Soon after that I was one of them that wanted to shout it from the rooftops and try to sober up everyone around me and you know how that turned out. As I dragged each or my five brothers to A.A. meetings, it seems that they each learned just enough to be able to rationalize exactly why they were not alcoholics, and they ridiculed me any way. Two later died of alcohol related symptoms and a third committed suicide. That was among the experiences that gave me hard earned lessons on the respect for the principle of anonymity. Of the rest of my immediate family of ten, only one sister saw something in me that she liked, and she got sober in the program and hasn't had a drink in over forty-eight years. We are exposed to the discussions in A.A. meeting as the newer members complain about someone breaking their anonymity, or the ones that want to shout it from the rooftops, like my former

self, and that will always be the case in A.A. as *that* is one of the symptoms of alcoholism. We are failed idealists that need attention, but as we get more and more experience, we learn the true value of the spirit of anonymity. We can always come up with some noble reason for tooting our own horn. We can dress it up in the altruistic motive of sacrificing one's own anonymity to save someone's life. That, sometimes, destroys the chance of being a good example and often turns out doing just the opposite, and I have personally witnessed that. In Tradition Twelve it talks of Anonymity as "The spiritual foundation of all of our Tradition ever reminding us to place principles before personalities". There is a difference in the "Spirit of the law", and the "Letter of the law". We who have been diligent with the program have been highly influenced by the Spirit of what the founders learned and introduced us to in the form of the 12 steps and the 12 traditions, and they all come in the form of unselfishness of the spirit. I have yet to find one prayer or principle in the two books that we use, as reference guides, that are of a *material nature or of selfish motives*. This tells me that the things I do, that are as the result of practicing the principles of the program, should be done unselfishly and *without fanfare*. So long as I needed the attention that I was always seeking when I was looking for the photo opp., I was still only following the letter of the law, so to speak. When I came to understand the Spirit of Anonymity, I was able to rein in my EGO and my selfish motives. I try to be a good role model and do it quietly. It seems to work better that way.

## THE TWELVE STEPS

1. I can't
2. God can
3. Let God
4. Look within
5. Admit wrongs
6. Ready self for change
7. Seek God's help
8. Become willing
9. Make amends
10. Daily inventory
11. Pray and meditate
12. Give it away



I've never seen anyone drink themselves happy, successful, or smart.

Most end up bitter, heartbroken and alone

— Unknown



## How Central Office Serves

During the day, your Central Office keeps the doors open to assist recovering and suffering AA members alike and provide the following services:

- ⇒ We provide the Big Book & the 12x12
- ⇒ Grapevine Publications & Other Assorted Literature
- ⇒ Chips & Newcomer Packets.
- ⇒ Meeting Schedules
- ⇒ Information for other Central Offices
- ⇒ 24 Hour Hotline
- ⇒ Organizes 12 Step Calls

Your office manager organizes volunteers, makes sure the office is a healthy place for all, keeps your accounting data accurate, and safe guards your inventory.

The office manager is there to support the groups and the individual members of our fellowship.

We make and distribute your meeting schedules and we publish the Gratitude Gazette. Twenty-four hours a day, seven days a week, volunteers take calls from suffering alcoholics and organize 12 step calls. The phone

line and special call-forwarding are paid for by your central office contributions.

Please ask at your next business meeting if you are contributing monthly to your Central Office. Being self-supporting means not only paying for your rent and coffee, but also paying for the services you receive through Central Office.

***If your group has stopped contributing (or never started), please bring it up at your next business meeting and take a group conscious. Let us know when and how we can help.***

~Your Central Office Team



### **SOME THINGS TO THINK ABOUT WHEN MAKING CONTRIBUTIONS**

*(taken from F-42 Self-Support Card)*

#### ***Some facts:***

- ⇒ Currently about 43.7% of groups contribute to the General Service Office.
- ⇒ Costs of Services provided by G.S.O. (as of 2018) are approximately \$7.40 per member per year.
- ⇒ Gross profit from A.A. literature sales account for over 50% of G.S.O.'s revenue.
- ⇒ Your contributions help ensure the future of our Fellowship worldwide. Personal thoughts:
- ⇒ What is the value of your sobriety?
- ⇒ Does your group know that contributions may be made online at AA.org?
- ⇒ Gratitude, expressed through contributions, reaches the still-suffering alcoholic.





# Upcoming Events & Office News

Financial Reports,  
Agendas, Meeting Minutes

**FREE**

**EMAIL CENTRAL OFFICE**

secretarytvco@gmail.com

To receive copies directly to your inbox!

You don't have to  
understand the  
steps to work them.

You have to  
work the steps  
to understand them.

## Volunteer List

1. Bert
2. Terri
3. Debi
4. John W
5. James
6. Laura L
7. Nikki
8. Chris
9. Terry
10. Steve
11. Roxanne
12. Sarri
13. Colleen
14. **YOU!**

## Service Opportunities

- ⇒ **Central Office Volunteer.**  
**Shifts open! Please**  
**contact Ken for more info**  
**951-677-1535**
- ⇒ **12 Step calls—Add your**  
**name to the 12 Step Call**  
**list. Male & female**  
**Spanish speaking**  
**volunteers needed.**

## Central Office Activity

Phone Calls: 279

Walk-Ins: 184

Purchases: 184

Website Visits: 3776



A word of thanks goes out to all of you who  
donate your time, your money, your resources  
and  
yourself.

When you give of yourself, you get out of  
yourself. None of us would be here without the  
willingness and gifts from each other.

*Thank you for all you do!*

## spir·it·u·al·i·ty

/ˌspiriCHŏoˈalədē/

noun



The quality of being concerned with the human  
spirit or soul as opposed to material or physical  
things.



## Annual Kids Christmas Party

THE ARRID CLUB  
PRESENTS:

**SANTA CLAUS!**

AT THE ANNUAL  
CHILDREN'S CHRISTMAS PARTY

December 17th 2-4pm  
Refreshments will be served ~ Come and meet  
Santa!  
PLEASE SIGN UP NOW ~ CHILDREN 12  
AND UNDER.

*The Christmas party is for children 12 years of  
age and under and they must be SIGNED UP  
AND present to receive their gift from Santa.*



## Annual New Years Gala

*Presented by the Arrid Club*

**The Center for Spiritual Living**  
40450 Stetson Ave, Hemet, CA  
92544

Doors open for guests at 5:30

- 6pm, dinner is served followed by dessert and coffee
- 7pm speaker –
- 7:45 raffle prizes

8pm head to the Arrid Club to burn  
off supper and ring in a New Year!!



# 56th International Women's Conference

Indianapolis  
February 20-23, 2020



JW Marriott Hotel  
10 S West St  
Indianapolis, IN 46204  
317.860.5800

[www.internationalwomensconference.org](http://www.internationalwomensconference.org)



The 2020 International  
Convention of Alcoholics  
Anonymous

WHEN: July 2-5, 2020  
WHERE: Detroit, Michigan


*This year's theme*  
"Love and Tolerance is our Code."

A.A. members and guests from around the world will celebrate A.A.'s 85th year at this event with big meetings held Friday night, Saturday night and Sunday morning in the Ford Field Stadium.

Other meetings, scheduled or informal, will take place throughout the weekend in the COBO Center in downtown Detroit.

Registration forms will be mailed in August 2019 to all G.S.R.s, central offices, intergroups and international G.S.O.s. Online registration will be available September 9, 2019, on [aa.org](http://aa.org).

Advanced registration for the convention between September 9, 2019 and April 14, 2020 will be \$115.00 (USD) per attendee. Registration after April 15, 2020 will be \$140.00 (USD) per attendee. For further information please [https://www.aa.org/pages/en\\_US/international-convention-2020](https://www.aa.org/pages/en_US/international-convention-2020)



**PRAASA 2020**  
Arizona Area 03

## MARCH 6-8, 2020

### WESTIN LA PALOMA RESORT

3800 E. SUNRISE DRIVE, TUCSON, ARIZONA 85718

\$195/night + taxes & fees (rate is good March 2 - March 11).  
Reserve by 5pm on February 11, 2020 to guarantee rate.  
TO RESERVE YOUR ROOM VISIT: <https://bit.ly/2H7MCGy>

**53<sup>RD</sup> PACIFIC REGION ALCOHOLICS ANONYMOUS SERVICE ASSEMBLY**

The purpose of PRAASA is to:

- Develop greater unity among the members, groups, and Areas of the Pacific Region,
- Encourage the exchange of ideas and experiences,
- Provide an opportunity for members to discuss pertinent aspects of Alcoholics Anonymous.

The Assembly and the PRAASA Committee should always foster the Recovery, Unity and Service legacies of Alcoholics Anonymous.

☐ AA  
☐ Al-Anon  
☐ Alateen  
☐ Friend

☐ This is my first PRAASA!

AREA # \_\_\_\_\_

**SERVICE POSITION** (circle one): AA Member; YPAA; Intergroup; GSR; Alt. GSR; DCM; Alt. DCM; DCMC; Alt. DCMC; District Committee; Area Committee; Delegate; Alt. Delegate; Past Delegate; Trustee; Past Trustee; Other \_\_\_\_\_

**PLEASE CHECK BOX(ES) FEE**

<input type="checkbox"/> Registration	\$25.00
<input type="checkbox"/> Scholarship Donation	\$
<input type="checkbox"/> Friday Dinner - Pasta Buffet	\$45.00
<input type="checkbox"/> Saturday Lunch (All are welcome) featuring an Al-Anon Speaker	\$35.00
<input type="checkbox"/> Saturday Banquet Dinner (circle one) Flat Iron Steak OR Salmon	\$55.00
<input type="checkbox"/> Saturday Ice Cream Social	\$10.00
<input type="checkbox"/> Delegates Only Lunch (Saturday)	\$35.00
<input type="checkbox"/> Past Delegates Only Lunch (Saturday)	\$35.00
<b>TOTAL ENCLOSED: \$</b>	

**First Name** \_\_\_\_\_  
**Last Name** \_\_\_\_\_  
**Name on Badge** \_\_\_\_\_  
**Street Address** \_\_\_\_\_  
**City** \_\_\_\_\_ **State** \_\_\_\_\_  
**Zip** \_\_\_\_\_ **Phone** \_\_\_\_\_  
**Email** \_\_\_\_\_

**Interpretation Provided: Español & ASL**  
**MUST BE RESERVED BY FEBRUARY 7, 2020**

☐ Requero interpretación Español  
☐ I require ASL ☐ I require other \_\_\_\_\_

**Accessibility Needs:**  
☐ Hearing Impaired ☐ Onsite Mobility Assistance  
☐ Dietary Restrictions \_\_\_\_\_

For online registration, hotel reservations, to volunteer, and for general information visit  
**[www.PRAASA.org](http://www.PRAASA.org)**

**Mail in Registration Deadline: February 17.**  
Make Checks Payable to "PRAASA 2020" and Mail to: PRAASA 2020, Box 1414, Green Valley, AZ 85622

PRAASA starts Friday, March 6th at 12:30pm and ends Sunday, March 8th at 12:15pm. Early bird meeting: Thursday, March 5th at 7:30pm (see program for AA & Al-Anon meetings). Young People (YPAA) Program Friday & Saturday nights.

## Yosemite Summit Conference 2019

November 22nd, 23rd, & 24th  
Half Dome Village (Curry Village), Yosemite National Park, CA  
"Serenity in Yosemite"

### AA SPEAKERS

Mike M. Coarsegold, CA - Friday Afternoon Penny P. Livermore, CA - Saturday Morning  
Michael S. Riverside, CA - Friday Evening Wayne B. Covina, CA - Saturday Evening  
Mary C. Seattle, WA - Sunday morning

### AL-ANON SPEAKERS

Judy K. Reno, NV - Saturday Luncheon  
Rosanna H. Hayward CA - Sunday 8:45 am

### YOUNG AL-ANON SPEAKER

Daisy A - Saturday 1 pm

AA Open Meetings and Al-Anon Open Meetings. Alateen Closed Meetings  
Friday Night / Saturday Night Dance  
Saturday Al-Anon Buffet Luncheon - Saturday Buffet Dinner

### Registration Instructions

Register on-line or fill out Registration Form, detach, and mail with check or money order to:  
Yosemite Summit Conference - P.O. Box 548 Oakhurst, CA 93644-0548  
Contact: Telephone Hot-line: (209) 966-8300 - Website: [www.serenityyosemite.com](http://www.serenityyosemite.com) - Email: [ysc@stl.net](mailto:ysc@stl.net)

### Important Registration Information, Please Note.

- Seating is limited to 900. Pre-Registration recommended. Registration Form and payment postmarked by Nov 1.
- Cancellations by mail or email only, must be postmarked by November 1, 2019. No refunds after November 1, 2019.
- Seating is limited for Luncheon (250) and Dinner (400). Recommend pre pay with registration form or on-line.
- Conference Sweat / T Shirts order cutoff October 1, 2019. Order with registration form or on-line.

### Conference Information

- Conference check-in opens Friday @ 10:00 a.m. (closed during Speaker Meetings)-First meeting Friday at 2:00 p.m.
- Yosemite accommodation information see enclosed flyer from Aramark. RESERVATIONS 888/413-8869 Code 11E18F or online [www.travelyosemite.com](http://www.travelyosemite.com)
- Signing for the Hearing Impaired at all speaker meetings. Please bring a flashlight, warm clothes and rain gear.
- YSC abides by NCWSA requirements for Alateen safety. Event AMIAS are Ron A. and Vicki B.
- Conference is not responsible for babysitting.

### AA and Al-Anon Registration at the door will be \$35.00 per person

PLEASE PRINT Only 2 names per Registration			
Name	AA Registration #	\$	Total \$
Address	Al-Anon Registration #	\$	Total \$
City	Alateen Registration #	\$	Total \$
State	Saturday Dinner #	\$	Total \$
Name Tag	Vegetarian Dinner #	\$	Total \$
Phone	Al-Anon Luncheon #	\$	Total \$
E-Mail	Vegetarian Luncheon #	\$	Total \$
2nd Name	SWEAT SHIRTS AND TEE SHIRT		
Address	Sweat Shirt Regular #	\$	Total \$
City	M # L # XL # XXL #	\$	Total \$
State	Sweat Shirt Hooded #	\$	Total \$
Name Tag	M # L # XL # XXL #	\$	Total \$
Phone	Tee Shirt Short Sleeve #	\$	Total \$
E-Mail	M # L # XL # XXL #	\$	Total \$
Specific Special Needs	Tee Shirt Long Sleeve #	\$	Total \$
	M # L # XL # XXL #	\$	Total \$
	YSC Cups \$12.00 Quantity	\$	Total \$
	GRAND TOTAL	\$	

Registration Must Be Postmarked by Nov 1, 2019  
No Refunds After Nov 1, 2019

Shirt orders cut off is Oct 1, 2019



# SAFETY FOR THE NEWCOMER

We *ALL deserve RESPECT* and the right to get sober in a healthy empowered environment.

Everyone regardless of race, color, gender, age, religion, creed, disability, and sexual orientation, all deserve a chance to get sober **without harassment of any kind.**

Like one old timer in Hawaii used to say “ the good, the bad, and the ugly are in meetings just like on the street.”

## BE AWARE

Trust is earned.

If someone makes you uncomfortable in any way, tell the secretary and a friend and do not give them your contact information.

A sponsor guides you through the steps and shares their experience as to how they have stayed sober.

## FOR PARENTS AND MINORS

Minors should not take rides from members of the opposite sex.

There should always be another person with them, with one being of the same sex and age as the minor.

Minors should not go alone to the house of an older sober member to do step work until trustworthiness is established. It is safer to do this work in a public area like a coffee shop.

*This literature is part of “**Make meetings safer**”. A grass roots movement in Southern California. Started by a group of concerned group members.*

*Each Group is autonomous and every group can write their own literature.*