



Carrying the message throughout the valley

GRATITUDE GAZETTE

July 2022

951-677-1535
24 Hour Hotline

Temecula Valley Central Office
41340 Pear St, Ste. 1
Murrieta, CA 92562

www.TemeculaCentralOffice.org

Singleness of Purpose & Problems Other than Alcohol

Reprinted from <https://aa.org.au/new-to-aa/what-is>

Alcoholism and drug addiction are often referred to as "substance abuse" or "chemical dependency." Alcoholics and nonalcoholics are, therefore, sometimes introduced to AA and encouraged to attend AA meetings. Anyone may attend open AA meetings. But only those with a drinking problem may attend closed meetings or become AA members. People with problems other than alcoholism are eligible for AA membership only if they have a drinking problem.

Dr. Vincent Dole, a pioneer in methadone treatment in the US for heroin addicts and for several years a trustee on the US General Service Board of AA, made the following statement: "The source of strength in AA is its single-mindedness. The mission of AA is to help alcoholics. AA limits what it is demanding of itself and its associates, and its success lies in its limited target. To believe that the process that is successful in one line guarantees success for another would be a very serious mistake." Consequently, we welcome the opportunity to share AA experience with those who would like to develop Twelve Step/Twelve Tradition programs for the nonalcoholic addict by using AA methods.

THE HEART OF TRUE SOBRIETY

July 02, Daily Reflections

We find that no one need have difficulty with the spirituality of the program. *Willingness, honesty and open-mindedness are the essentials of recovery. But these are indispensable.*

ALCOHOLICS ANONYMOUS, p. 568

Am I honest enough to accept myself as I am and let this be the "me" that I let others see? Do I have the willingness to go to any length, to do whatever is necessary to stay sober? Do I have the open-mindedness to hear what I have to hear, to think what I have to think, and to feel what I have to feel?

If my answer to these questions is "Yes," I know enough about the spirituality of the program to stay sober. As I continue to work the Twelve Steps, I move on to the heart of true sobriety: serenity with myself, with others, and with God as I

A Declaration of Unity

This we owe to A.A.'s future:
To place our common welfare first;
To keep our fellowship united.
For on A.A. unity depend our lives;
And the lives of those to come.

From Bill's last message* . . .

If I were asked which of our blessings I felt was most responsible for our growth as a fellowship and most vital to our continuity, I would say, the "Concept of Anonymity."

*Read by Lois at the 1970 Annual New York Intergroup Dinner

Declaration of 30th Anniversary International Convention, 1965



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Tradition Seven

“Every AA group ought to be fully self-supporting, declining outside contributions.”

How can groups participate? To help support A.A.’s essential services, the General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group’s financial situation. Once the basic group expenses have been taken care of (for example, rent, refreshments, A.A. literature, Grapevine literature, local meeting lists, G.S.R. travel expenses to attend service functions) and a “prudent reserve” has been set aside to cover any emergency contingencies that might arise, the group may decide to further carry the message by sending money to the following A.A. service entities:

- ◆ The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies, and serving as a link between the area delegates and the G.S.R.s.
- ◆ The area committee, which coordinates vital A.A. activities over a broad geographic area; sends a delegate to the annual General Service Conference; holds area assemblies to determine the needs of the Fellowship; and provides information at all levels of service.
- ◆ The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries; coordinates group activities; and facilitates A.A. literature sales, institutions work, public information, and cooperation with the professional community activities.
- ◆ A.A.’s General Service Office, which functions as a storehouse of A.A. information, communicating with members and groups around the world; publishes A.A.’s literature; and supplies information and experience to professionals and others interested in A.A. Please note that not all areas, districts, intergroups and central offices follow these divisions of service for institutions work, cooperation with the professional community, public information, etc. Therefore, prior to making contributions in your area, please find out which entity is providing these services and allocate your contributions accordingly.

“Self-support begins with me, because I am part of us — the group. We pay our rent and utility bills, buy coffee, snacks and A.A. literature. We support our central office, our area committee, and our General Service Office. If it were not for those entities, many new people would never discover the miracles of A.A.”

Excerpts from:

“Self Support: Where Money & Spirituality Mix”

Pamphlet F3

https://www.aa.org/sites/default/files/literature/F-3_selfsupport_0422.pdf

The A.A. groups themselves ought to be fully supported by the voluntary contributions of their own members. We think that each group should soon achieve this ideal; that any public solicitation of funds using the name of Alcoholics Anonymous is highly dangerous, whether by groups, clubs, hospitals, or other outside agencies; that acceptance of large gifts from any source, or of contributions carrying any obligation whatever, is unwise. Then, too, we view with much concern those A.A. treasuries which continue, beyond prudent reserves, to accumulate funds for no stated A.A. purpose. Experience has often warned us that nothing can so surely destroy our spiritual heritage as futile disputes over property, money, and authority.

— Tradition Seven (long form)

Step Seven

"Humbly asked Him to remove our shortcomings."

How Should I Work Step 7 of the 12-Step Program?

When you're ready to start working Step 7 it's best to connect with your sponsor in order to get going in the right direction. However, here are a few additional tips that might help.

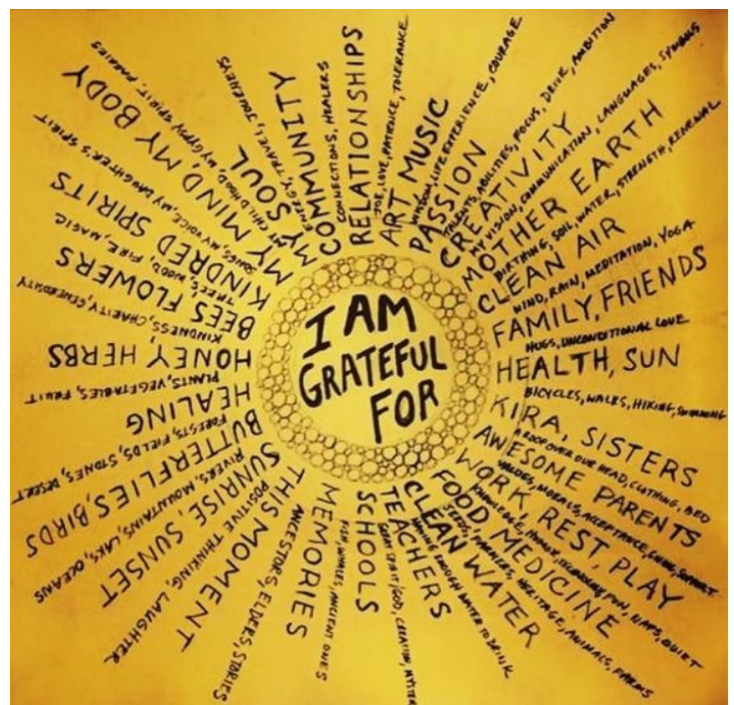
Get familiar with your shortcomings. Chances are, you learned about these in steps 4, 5 & 6. The more familiar you get with them, the easier it will be for you to recognize them when you're about to do something that will hurt your recovery. Catching yourself in your shortcomings takes a lot of work, but it will become easier with time.

Remember that you have choices and freedom. Every single day, you have the ability to make right choices and wrong ones. Your addiction does not define you and you can change your behavior. Use the new-found sense of peace and serenity that comes with working Step 7 as motivation to keep going every day.

Understand that being humble is not a sign of weakness. On the contrary, being humble paves the way to personal growth. If you don't practice humility, your shortcomings will continually stand in the way of your recovery until you are willing to look at your life humbly, ask your higher power to get rid of your shortcomings, and take action.

7th Step Prayer

My Creator, I am now
willing that you should
have all of me, good and
bad. I pray that you now
remove from me every
single defect of character
which stands in the way of
my usefulness to you and my
fellows. Grant me strength,
as I go out from here,
to do your bidding.
Amen



Central Office Business News

June Office Stats

Website Visits: 4,785

Phone Calls: 398

Walk-Ins: 180

Purchases: 180

Intergroup Reps: 28

A big

Thank you

to our Central Office Volunteers!

Bert Debbie Sarri Shawna
Yolanda Jim Richard Tara Dennis

Service Meeting Schedule



H & I Committee Meeting	1st Monday at 6:45pm	Temecula Valley Alano Club 27470 Commerce Center Dr Temecula, CA 92591
TVCO Board Meeting	1st Tuesday at 6:30pm	Central Office 41340 Pear St, Suite 1 Murrieta, CA 92562
Mid So-Cal Area Meeting	2nd Sunday 9:30am	See the MSCA website http://msca09aa.org/
District 17 GSR Meeting	2nd Tues 6:30pm	Springs Church 41735 Winchester Rd #C Temecula, CA 92590
Intergroup Meeting	3rd Tuesday 6:30pm	Springs Church 41735 Winchester Rd #C Temecula, CA 92590
TVYPAA	1st and 3rd Sunday 4:45pm	Temecula Valley Alano Club 27470 Commerce Center Dr Temecula, CA 92591

7th Tradition Donations



Several ways to support Central Office while keeping with the 'Stay at home order'.

Venmo is a mobile payment service:
Search for @TVCOAA

Or on the TVCO website:
<https://ssl.temeculacentraloffice.org/>

BUCK A MONTH CLUB



Inquire with your Intergroup Rep
or follow
<http://ssl.temeculacentraloffice.org/>

How Central Office Serves

During the day, your Central Office keeps the doors open to assist recovering and suffering AA members alike and provide the following services:

- * We provide the Big Book & the 12x12
- * Grapevine Publications & Other Assorted Literature
- * Chips & Newcomer Packets.
- * Meeting Schedules
- * Information for other Central Offices

Your office manager organizes volunteers, makes sure the office is a healthy place for all, keeps your accounting data accurate, and safe guards your inventory.

The office manager is there to support the groups and the individual members of our fellowship.

We make and distribute your meeting schedules and we publish the Gratitude Gazette. Twenty-four hours a day, seven days a week, volunteers take calls from suffering alcoholics and organize 12 step calls. The phone line and special call-forwarding are paid for by your central office contributions.

Please ask at your next business meeting if you are contributing monthly to your Central Office. Being self-supporting means not only paying for your rent and coffee, but also paying for the services you receive through Central Office.

If your group has stopped contributing (or never started), please bring it up at your next business meeting and take a group conscious. Let us know when and how we can help.

~Your Central Office Team

A.A.'s Legacy of Service

By BILL W. as printed in the pamphlet P-44

Our Twelfth Step—carrying the message—is the basic service that the A.A. Fellowship gives; this is our principal aim and the main reason for our existence. Therefore, A.A. is more than a set of principles; it is a society of alcoholics in action. We must carry the message, else we ourselves can wither and those who haven't been given the truth may die.

Hence, an A.A. service is anything whatever that helps us to reach a fellow sufferer—ranging all the way from the Twelfth Step itself to a ten-cent phone call and a cup of coffee, and to A.A.'s General Service Office for national and international action. The sum total of all these services is our Third Legacy of Service.

Services include meeting places, hospital cooperation, and intergroup offices; they mean pamphlets, books, and good publicity of almost every description. They call for committees, delegates, trustees, and conferences. And, not to be forgotten, they need voluntary money contributions from within the Fellowship.

“In order to keep it, you must give it away”





SAFETY FOR THE NEWCOMER

We *ALL* *deserve RESPECT* and the right to get sober in a healthy empowered environment.

Everyone regardless of race, color, gender, age, religion, creed, disability, and sexual orientation, all deserve a chance to get sober **without harassment of any kind.**

Like one old timer in Hawaii used to say “ the good, the bad, and the ugly are in meetings just like on the street.”

BE AWARE

Trust is earned.

If someone makes you uncomfortable in any way, tell the secretary and a friend and do not give them your contact information.

A sponsor guides you through the steps and shares their experience as to how they have stayed sober.

FOR PARENTS AND MINORS

Minors should not take rides from members of the opposite sex.

There should always be another person with them, with one being of the same sex and age as the minor.

Minors should not go alone to the house of an older sober member to do step work until trustworthiness is established. It is safer to do this work in a public area like a coffee shop.

*This literature is part of “**Make meetings safer**”. A grass roots movement in Southern California. Started by a group of concerned group members.*

Each Group is autonomous and every group can write their own literature.

TEMECULA VALLEY CENTRAL OFFICE

FOUNDERS' DAY



**JULY 9TH
2:00-7:00 PM**

Lakeland Village
Community Center
16275 Grand Ave, Lake
Elsinore, CA 92530

Hamburgers, Hot Dogs, Raffle Prizes, Cash Prizes,
Sobriety Countdown, Speaker Meeting, Fellowship

FOR DONATIONS OR MORE INFO CONTACT
SHAWNA 619-253-4109 OR KEN 714-209-9505

SAVE THE DATE

Women to Women Spiritual Retreat IS FINALLY BACK !!

September 9-11, 2022

Camp Buckhorn
24641 Hwy 243, Idyllwild, CA
www.wtwsr.com

Registration begins June 1st

Chairwoman: Jackie Gonzalez
Gonzalezjacqueleen@gmail.com

Co-Chairwoman: Rose L.
Gratefulrose2002@aol.com

Price: \$160.00

This price includes all meals, rustic cabins with bunk bed lodging, crafts, and all workshop materials included, and much more!



The Inland Empire 26th Annual Women's A.A. Banquet
August 27, 2022

Riverside Elks Lodge
6166 Brockton Ave, Riverside, CA 92506
(Between Central and Jurupa)

Doors Open for Check-in: 5 p.m.
Dinner Served/Fellowship: 6 p.m.
Welcome/Guest Speaker: 7 p.m.

Amazing Grace



\$40.00 (includes tip and tax)

SCHOLARSHIPS AVAILABLE - CONTACT REGISTRATION FOR INFORMATION

NO TICKETS SOLD AT DOOR
REGISTRATION DEADLINE: August 13, 2022

Come Join Us for Our 26th Anniversary and Celebrate Recovery

Raffle Prizes 50/50 Drawing Sobriety Countdown

6th Annual AA
with Al-Anon Participation

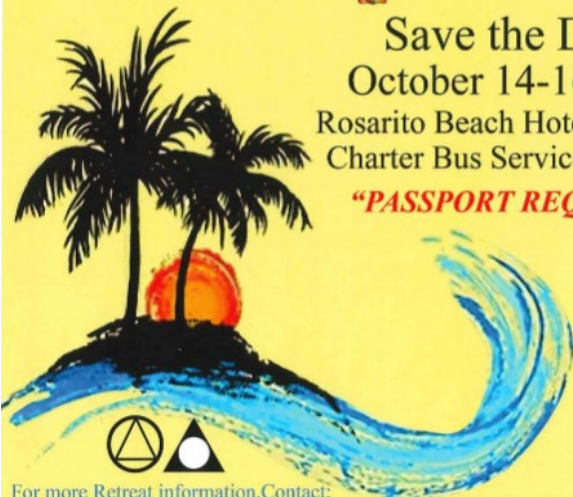
"Serenity by the Sea" Retreat
Rosarito Beach, Baja California



Save the Dates
October 14-16, 2022

Rosarito Beach Hotel & Resort
Charter Bus Service Available

"PASSPORT REQUIRED"



For more Retreat information, Contact:

Nan T. (909) 973.3827
Blaine N. (714) 321.4694
Randy H. (909) 721.4981
Lucille H. "Al-Anon" (951) 377.0617
Steve S. (949) 413.7926

nanthornburg@gmail.com
blainen001@yahoo.com
twohampton@sbcglobal.net
twohampton@sbcglobal.net
luxdesign@ymail.com

Registration Forms available early June

2022 LAS VEGAS ROUND-UP



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Tropicana Hotel & Casino

November 24 – 27, 2022

Entertainment is

Greg Gleason – The Magician

Pre-Registration \$45, – After Nov 1st – \$55

Banquet and Entertainment \$60 – Sunday Breakfast \$35

Great AA and Al Anon Speakers

12 TRADITIONS PLAY

All New Activity such as Pickleball \$20 / Walk Run \$20 / Poker Run \$20

FREE Yoga and Daily Meditation!

Special Hotel Rates Available – \$25 Per Night Resort Fee Does Apply

Badges/Registration not required for the Marathon Meetings or Bill & Bob's Coffee Shop

Register at lasvegasroundup.org

ALCOHOLICS ANONYMOUS
**OUR ELDERS
NEED YOUR
HELP**

Look around when you go to your meetings

In Person - Is the building accessible to our members who are physically challenged?

Online - Are your "virtual" meetings offering closed captioning? Do they have volunteers to help elders call into A.A. meetings from a landline? Can your volunteers help elders navigate through the techno babble?

**Some Elders are set in their ways and have a hard time with new technology but respond well when you take the time to walk them through the process of getting online. It may take several times before they get comfortable being "virtually" social.*

Suggest a Group Inventory

If your group hasn't done a group inventory lately - maybe this is the time - don't leave out some of our Elder members!

DID YOU KNOW?

In March 2018 A.A. World Services published (SMF-208) "Accessibilities Checklist for Meetings and Groups" - A suggested guide for a fearless and searching group inventory.

Get involved! Go to your Intergroup meetings!

Report what you find to your local intergroup or Central Office. Help them update their meeting directories. Meeting directories should make it clear where can locate an accessible meeting. Accessible meetings should be labeled and easy to find!

**Remember a lot of Elders have poor vision problems and aren't familiar with navigating through webpage layouts. Elder members need accessible meetings listed up front and center!*

Do you have an old cell phone, tablet, iPhone, iPad, laptop or computer? Can't we find an elder that needs a way to connect online?

~ I want the hand of AA to always be there ~

Questions? Comments? Cooperation with the Elder Community Committee
msca09cecchair@gmail.com



Corona Serenity Club

1307 West 6th Street
Corona, CA 92882

Club Hours of Operation

7:00am.-9:30pm - Seven days a week!

