



March 2026



GRATITUDE GAZETTE

"BEING OF SERVICE IS SEXY"

24 HOUR HOTLINE
(951) 530-4136
41340 Pear Street Ste 1

www.TemeculaCentralOffice.org

Central Office Hours

Temporary hours

Mon	10—5:00PM
Tues	10—5:00PM
Wed	10—2:00PM
Thur	10—5:00PM
Fri	10—4:00PM
Sat	09- 12:00PM
Sun	—closed

Events

IEAAC San Jacinto	4/19-19
Easy Does It Weekend Crestline	4/17
COED Softball Tournament Corona	6/13
San Diego Round Up	4/2-5

C.O. Board members

Chairperson: Van M.
 Vice Chairperson: Yolanda
 Secretary: Larry
 Treasurer: John BG
 Events Chairperson: James D.
 Intergroup Outreach: Melinda
 Communications: Paul

JOKE OF THE MONTH

An old Wino was sitting at a table in a detox center waiting for a meeting, holding a half of cup of coffee. In comes a young kid, maybe 18. His eyes open wide, and his hair was standing straight up. And dyed many different colors. (Orange, blue, red, green. Etc.)

He looked at the old wino and the old wino looked at him. He quickly turned away and felt the cold eyes of the wino staring a hole thru the back of his head. It was driving him nut. He glanced. back and saw the old wino still staring and the old wino turned away. Finally, he could not take it anymore.

He jumped up and screamed at the old wino, dang it old man, haven't you ever got wasted and done something weird?

The old wino replied quietly, I got drunk and made love with a parrot and I thought you must be my son!

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“The Lone Wolf Dies, But the Pack Survives”

In Alcoholic Anonymous the saying “the lone wolf dies, but the pack survives” carries a deep meaning. For many of us, addiction/alcoholism was a lonely journey. We isolated ourselves, hid our struggles, and tried to manage our problems alone. We believe that asking for help was a sign of weakness. As a result, our drinking only grew stronger while we grew weaker.

When I first came to AA, I still wanted to be alone wolf. I listened quietly, avoided sharing, and thought I could take what I needed and leave the rest. But over time, I learned that recovery is not meant to be done in isolation. Alcoholism thrives in secrecy and silence, but it weakens when brought into the light through honesty and connection.

The “pack” in AA represent our fellowship, sponsor, and trusted friends who walk beside us. They understand our struggles because they have lived them. When I am overwhelmed, discouraged, or tempted to drink, the pack reminds me that I am not alone. Their experience, strength, and hope guide me when my own feels exhausted.

Being part of the pack also means showing up for others. By sharing my story, listening without judgment, and offering support, I strengthen my own recovery. We survive together by practicing unity, service, and love.

The lone wolf may try to rely on pride and self-will, but it rarely lasts. In AA, I have learned that true strength comes from connection. **TOGETHER, WE RECOVER!**

GRATITUDE GAZETTE

T H R E E	<p>Step 3: Came to believe that a power greater than ourselves could restore us to insanity.</p>	<p>Concept Three- Right of decision, I believe that Bill W said it better than anyone “Our entire A.A. program rests squarely upon the principle of mutual trust. We trust God, we trust each A.A., and we trust each other.”</p> <p>Tradition Three- The shortest and maybe the most important of all our traditions, we can refuse no one who calls themselves an alcoholic.</p> <p>It was hard enough for me to become convinced that I was an alcoholic, it could have been the end me if someone had to approve my membership. I am always grateful that our founder said it in such clear terms- there can be no confusion over who can join us, you’re a member when you. Say you are.</p> <p style="text-align: center;">Serenity Prayer</p> <p style="text-align: center;">God, grant me the Serenity</p> <p>To accept the things, I cannot change. The Courage to change the things I can, and the Wisdom to know the difference. AMEN!</p>
	<p>Tradition 3: For our group purpose there is but one ultimate authority- a loving god as he may express himself in our group conscience. Our leaders are but trusted servants; they do not govern.</p>	
	<p>Concept 3: The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole Society in the world affair.</p>	
	<p>Principle 3: Hope: Spirituality cannot be practiced without the hope that we and the world around us will improve. Similarly, recovery is impossible without hoping that the 12-step program can improve things.</p>	

One of the service commitments on the board is writing this Gazette each month. If you have a topic /theme you would like in the Gazette. You can reach me thru my email. Pbjunior17@outlook.com

GRATITUDE GAZETTE

More changes at Central Office

In addition to the price decreases, we have implemented a cash counting system where cash is only counted with two people. It is counted twice and both counters sign off on the amount which is verified through deposit slips.

Bank statements are now reviewed at every board meeting, and viewed by all board members.

Every single charge is supported with a receipt. We have also installed a new cash register with a barcode system to ensure accurate inventory, pricing, and accounting. We're working to expand our hours of operation back to full time.

Temporary Central Office Hours

Monday	10—5:00PM
Tuesday	10—5:00PM
Wednesday	10—2:00PM
Thursday	10—5:00PM
Friday	10—2:00PM

[Contact the TVCO Intergroup](#) Board Secretary
Temeculaaa@verizon.net

Ways to Be of Service:

"In Order to Keep It..."

Part of our recovery is to be of service, to help a fellow suffering alcoholic, and to spread the message. If you're looking for ways to be of service, there are many! Here are a few options available to you, ranging from light to heavy duty:

Volunteer for a commitment in your home group - coffee, greeter, trash, secretary, etc. Check with Central Office and see if volunteers are needed for any upcoming events (we can always use your help in some area!)

Hospitals & Institutions opportunities! We have approximately 100 H&I panels in the valley - help is needed. Both women and men are needed for H&I! Please check the Central Office website for opportunities. Please help carry the message of AA to alcoholics who are confined in hospitals and institutions. To help, please call Sean G. (209) 598-0576

Central Office needs volunteers!

Hotline - add your name to the Central Office 24 Hour Hotline list. Volunteer to answer the phones for a few hours. Spanish speaking volunteers also needed. Central Office website has scripts, so you'll know exactly what to say!

Be a GSR or Intergroup Rep for your group!

If the information you need isn't available on the Central Office website, please call (951) 530-4136



Be of service

If you're looking for a sign, read the line above. We need you on our service board. The board meets once a month the first Tuesday of the month at 6:30. We usually meet for an hour. Members are also required to attend the Intergroup meetings which are held once a month, but the third Tuesday of the month and also at 6:30PM. We have 3 board positions open.

GRATITUDE GAZETTE

TVYPAA


Temecula Valley Young People in Alcoholics Anonymous (TVYPAA) has but one primary purpose, to carry its message to the alcoholic who still suffers. We are aware that not all young people, or young at heart, may find our meetings and events necessary; therefore, we do not propose to be the only answer in the Temecula Valley area for young alcoholics. When anyone, anywhere, reaches out for help, we want the hand of alcoholics anonymous (A.A.) always to be there. And for that: we are responsible. We ensure by unifying young people in the Temecula Valley area and by practicing the principles of A.A. through meetings, events, outreach, and providing a forum for young alcoholics to grow through service. We welcome all young and young at heart alcoholics to join our business meetings and potentially obtain a commitment, where you can join in the magic of reaching the alcoholics still suffering and create the fellowship you crave!

Business meetings are held every second and fourth Sunday at 5:00 PM at the Temecula Alano Club.

A fun AA meeting you can find many of us at: "Wasted Youth" Young People's Meeting, held every Sunday at 7 PM at the Temecula Alano Club

Contact:

Updates coming soon

 <https://tvypaaevents.wixsite.com/temeculavalleyyoungp>

 <https://www.instagram.com/tvypaa/>



Effective Immediately

The 3rd Tuesday of every month the Intergroup meets for 1 hour. This is a fantastic way to be of service in a new way in 2026!!

We have moved our meeting location to the Del Rio Survivors Hall located at 41743 Enterprise Circle North Suite #102

Experience the high from H&I

There's a fire in the Valley with H&I Panels - we are making a difference! We would like group participation going forward!

Currently we have over 100 panels, and more new panels are added each week.

The Temecula Valley Hospitals & Institutions Committee meets the 1st Monday of the month at 6:45 p.m. at the Temecula Valley Alano Club:

27470 Commerce Center Drive, Temecula, CA 92591

Donations to H&I can be sent directly to:

Temecula Valley H&I

P.O. Box 893142

Temecula CA, 92589

H & I Needs YOUR Help!

If you have never been on an AA panel in the Temecula Valley, now is the time! We have openings for recovering AA volunteers in every category: Youth facilities, men's & woman's jails and prisons, hospitals and recovery homes need us to bring meetings of Alcoholics Anonymous to their doorstep.

H & I Committee Book Donation Box

Did you know that there is a box at the Temecula Valley Central Office for you to drop off your new and used books, which will be donated to the various institutions that our Temecula Valley H&I serve?

Please remember that if you want your book to go to a jail or prison, it must be a soft cover book.

To help, please call Sean G. (209) 598-0576

www.temeculahi.com



GRATITUDE GAZETTE

SAFETY CARD FOR A.A. GROUPS

The General Service Office has made this optional card available as an A.A. service piece for in- person/online groups that wish to use it. Please feel free to utilize, choose a section(s) or adapt the text to your group's needs.

Tradition Five states: Each group has but one primary purpose -to carry its message to the alcoholic who still suffers.

Any person seeking help with a drinking problem is welcome at this group. No A.A. entity determines an individual's membership in Alcoholics Anonymous. It is this group's conscience that if any person endangers another individual or disrupts the group's efforts to carry A.A.'s message, the group may ask that person to leave the meeting.

This group strives to safeguard the anonymity of A.A. members and attendees; however, keep in mind that anonymity in A.A. is not a cloak for unsafe and illegal behavior. Addressing such behavior and/or contacting the proper authorities when appropriate, does not go against any A.A. Traditions and is meant to ensure the safety of all in attendance.

The short form of Tradition One states: "Our common welfare should come first; personal recovery depends upon A.A. unity." Recognizing the importance of group unity, our group strives to create a safe meeting environment in which alcoholics can focus on achieving sobriety.

Additional Sharing:

- Safety is a topic within A.A. that groups and members can address. Developing workable solutions to help keep meetings safe can be based on the principles of A.A. In discussions about safety, keep the focus on our primary purpose, our common welfare, and placing principles before personalities.
- **Predatory behaviors and unwanted sexual advances are in conflict with carrying the A.A. message of recovery and with A.A. principles.**
- A.A. does not provide medical advice or detox services; it has no opinion on outside issues, including medication. Medical advice should come from a qualified physician.
- The only requirement for A.A. membership is a desire to stop drinking. Groups and members strive to create a safe environment for the alcoholic who still suffers.
- If safety concerns arise, individuals can speak with a sponsor, members of the group, a trusted friend and/or a professional to address the concern.
- Service entities, such as areas, districts and intergroup/central offices, are available to help provide A.A. services and shared experience. All groups and entities in A.A. are autonomous. There is no government within A.A. and no central authority to control or direct its members, but we do share our experience, strength and hope.

For more information on this topic, see the service piece "Safety and A.A.: Our Common Welfare" (SMF-209) at aa.org.

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Contribution of February 2026

Anonymous Contribution	150.00	Anza Group	
Attitude Adjustment (Serenity)		Aguanga (The Ranch)	
Bill's Early birds	340.00	Birthday/Anniversary	
Bravo Alpha	85.00.	Buck a Month	
Came to believe Serenity		Came to Believe in the park	
Del Rio Survivors		DYP	75.00
Early Risers		Friday 11th Step 6pm	
Giving Tree		Good Dudes	
Help the Hurt at Hill		HOW Sober Ladies	20.00
Intergroup	233.00	Just Us Girls	110.01
Keep It Simple		Keep The Change	
Little Big Book		Men's Stag Wed's	53.00
Mospit Men's	143.00	Monday Night Jaywallker	
Principle before Personalities Sun.	61.05	Pizza Meeting	
Robber Roost		Recovery Road Crew	74.75
Saturday Step Sister		Serenity Circle 7 AM	
Serenity Circle Monday 6PM		Serenity Tuesday 6PM	
Serenity Friday @6PM		Sober AF	20.00
Solution Crosstalk Monday		Stepsisters (WED)	
Temecula Women's 12x12 Serenity		TH Wm's Acceptance	
TVCO Board	165.00	Tuesday Kalmia & Adams 12x12	
Tuesday Night Men's Stag		Unity Hall February	750.00
Women's Candlelight		Women's Meditation 10 AM	8.48
Keep The Change	25.09	World Famous Speaker	
10AM Kalmia & Adams	141.00	86'd	58.00
Pancake Smakdown Donations	800.00	Saturday Stepsisters	14.00
December	9,248.00		
January	3,670.00		
February	3,324.92		

FYI: If you do not have your contribution summited by the 25th of the month. Your contribution will not Reflect until the following month.

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Central office no longer distributes group contributions to other entities. You can make contributions using the QR codes below. Just open the camera on your smart phone and hold the lens over the entity you want to contribute to and click on the small yellow text that appears on your camera. You do not need to take a picture.

Temecula Valley
Central Office Venmo

Temecula Valley Cent...
@TVCOAA



Hospital &
Institutions



District 17



TVCO Zelle

Southwestern Riverside County Central Office
Temecula Valley Central Office
temeculaaa@verizon.net



zelle®

In an effort to show the valley full transparency, the figures to the left show our expenses for December. You will see our contributions are up for December, which is primarily in part to \$4,200 in anonymous contributions. If you have questions, or want to get more involved please attend our Intergroup meetings on the 3rd Tuesday of every month at 6:30PM at the Del Rio Survivors Hall.

If you would like to make a contribution directly to General Service Office (New York) you can make on online by going to <http://contribution.aa.org/>

The area also has a website where contributions may be made directly to them.
<https://msca09aa.org/contribute/>

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If you are the secretary or treasurer of a group listed above and you believe there is an error, please contact the board treasurer. bacongilbertj@gmail.com

GRATITUDE GAZETTE

**CORONA
SERENITY
CLUB
CALIFORNIA**

**COED
SOFTBALL TOURNAMENT**

**SATURDAY
JUNE 13TH 2026**

**TO REGISTER
Contact Nate Dawg
714-507-8657**

**ENTRY DEADLINE:
MAY 15th 2026**

**\$350 ENTRY FEE PER TEAM
*MIN 4 WOMEN
PER TEAM***

**BUTTERFIELD PARK
1886 BUTTERFIELD DRIVE CORONA CA 92880**

Carrying the Message

(Step 12; Tradition 5)



We Are Responsible

Service Opportunities:

▲ AS AN INDIVIDUAL

- △ "Practice These Principles in All Our Affairs" Step 12
- △ "Carry the Message" Step 12, Tradition 5

▲ AT THE MEETING

- △ Welcome and introduce yourself to the newcomers, those new to the meeting, and others
- △ Participate to the extent you are comfortable
- △ Take commitments
- △ Be a sponsor, if asked
- △ Contribute to the 7th Tradition, as able
- △ Help clean up after the meeting
- △ Ask the meeting secretary how you can help

▲ CENTRAL OFFICE

- △ Be your meeting's Intergroup Representative—the meeting's link to Central Office
- △ Volunteer for the 12-Step List to take calls from alcoholics seeking help
- △ Volunteer for a phone shift to answer calls when Central Office is closed
- △ Volunteer for an in-person shift at Central Office
- △ Volunteer to help and/or attend Central Office fellowship and fundraising activities



▲ HOSPITALS & INSTITUTIONS

- △ Be your meeting's H&I Representative—the meeting's link to the H&I Committee
- △ Sign up for a panel going into the hospitals, jails, prisons, and recovery homes
- △ Be a panel leader



▲ DISTRICT 17

- △ Be your meeting's General Service Representative—the meeting's link to the World Service Structure
- △ Work with AA committees on outreach to the Schools, Elderly, Professionals, Correctional Facilities, Literature, Treatment Facilities, Public Information, Grapevine (AA's magazine), and Cyber/Internet



▲ SUGGESTED 7TH TRADITION CONTRIBUTIONS

(After the meeting's expenses and prudent reserve)*

- △ Temecula Valley Central Office
41340 Pear St., Suite 1, Murrieta, CA 92562 temeculacentraloffice.org
- △ General Service Office (World Service)
PO Box 2407, James Farley Station, NY, NY 10116-2407 aa.org
- △ District 17 (Area 9)
PO Box 1131, Temecula, CA 92593 aadistrict17.info
- △ Temecula Valley Hospitals & Institutions
PO Box 893142, Temecula, CA 92599 temeculahi.com
- △ Mid Southern California Area 9
PO Box 51446, Irvine, CA 92619-1446 msca09aa.org

*Ensure your meeting's identification details are noted with the contribution.

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