



September 2026



GRATITUDE GAZETTE

"BEING OF SERVICE IS SEXY"

www.TemeculaCentralOffice.org

Central Office Hours

hours

Mon	10—5:00PM
Tues	10—5:00PM
Wed	10—5:00PM
Thur	10—5:00PM
Fri	10—2:00PM
Sat	09- 12:00PM
Sun	—closed

Events

Chili Cook off & Bake off 10/17 1-5 pm
Easy Does it Weekend @ Camp Seely 9/25-26
30th Annual Women's AA Banquet IE 10/24/26
Unity Day Del Rio 10/25 11 – 2 pm

C.O. Board members

Chairperson: Van M.
Vice Chairperson: Yolanda
Secretary: Larry
Treasurer: Rob
Events Chairperson: James D.
Intergroup Outreach: Melinda
Communications: Paul

The Joke of the month:

A man and a woman in AA are talking after the meeting.

The woman says, "Since I got sober, my standards have really gone up."

The man smiles and asks, "oh yeah? What are you looking for now?" She says, "Someone honest, dependable, emotionally available, and good in bed."

He thinks for a second and says, "Damn... I was doing pretty good until you said emotionally available."

She laughs and says, "Don't worry. I've been in AA long enough to know I can't expect miracles overnight." One day at a time.... Even in Dating!

Questions for the Central Office, email TemeculaAA@verizon.net

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A Seat in the Sobriety Community

When Mike walked into his first A.A. meeting, he sat in the chair closest to the door. He wasn't sure he belonged there, and he definitely wasn't planning on staying long. He had spent years telling himself, "I can handle this on my own."

But doing it alone had brought him to that chair.

Mike listened as people shared stories that sounded strangely familiar. Different jobs, different families, different consequences—but the same loneliness, fear, and obsession with alcohol. For the first time, he realized he wasn't surrounded by strangers. He was surrounded by people who understood.

After the meeting, someone shook his hand and said, "Keep coming back."

Another person gave him a phone number. Someone else invited him for coffee. Nobody asked him for money, demanded promises, or judged his past. They simply offered him something he desperately needed: community.

As the days became weeks, Mike learned that sobriety wasn't just about putting down the drink. It was about picking up the phone, getting a sponsor, attending meetings, working the Steps, helping set up chairs, and eventually welcoming another frightened newcomer through the door.

One evening, months later, Mike noticed a nervous man sitting near the exit—the same place Mike had once sat.

After the meeting, Mike walked over, shook his hand, and said, "Glad you're here. You don't have to do this alone."

In that moment, Mike understood something powerful.

A.A. had given him sobriety, but the community had given him a place to belong.

GRATITUDE GAZETTE

N

Step 9: “made direct amends to such people wherever possible except when to do so would injure them or others.”

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Tradition 9: “A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.”

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Concept 9: “Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees”.

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T

Principle 9: “ Discipline and Restitution”. Taking personal responsibility for past action, repairing damaged relationships, and fixing mistakes financially or emotionally – unless doing so causes more harm”.

Concept Nine- “Long Form.” “Good service leaders, together with sound and appropriate methods of choosing them, are at all levels indispensable for our future functioning and safety. The primary world service leadership once exercised by the founders of A.A. must necessarily be assumed by the Trustees of the General Service Board of Alcoholics Anonymous.”

Tradition Nine- “Long Form”. “Special service boards and committees. The General Service Conference, the board of trustees, and group committees cannot issue directive to A.A. members or groups. A.A.’s can’t be dictated to – individually or collectively. Absence of coercion works because unless each A.A. follows suggested Steps to recovery, he signs his own death warrant. Same condition applies to the group. Suffering and love are A.A.’s disciplinarians. Difference between spirit of authority and spirit of service. Aim of our service is to bring sobriety within reach of all who want.”

Serenity Prayer

God, grant me the Serenity
to accept the things I cannot change, the
courage to change the things I can, and the
Wisdom to know the difference. AMEN!

One of the service commitments on the board is writing this Gazette each month. If you have a topic /theme you would like in the Gazette. You can reach me thru my email. Pbjunior17@outlook.com

GRATITUDE GAZETTE

Central Office News

Since November many upgrades have been made to Central Office. We upgraded our equipment and implemented a new system to provide more ease of use to both customers, and volunteers. The customer experience is both efficient and seamless. The supplies in the back room have been organized and tracked to make putting on our events much easier and less expensive. James D did a spectacular job on building our bookshelf wall. We added a slat wall for all the flyers and assorted merchandise. New items are being added every week to create a one-stop shop for our groups and members. The changes have the customer needs our number one priority.

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Sun—closed

[Contact the TVCO Intergroup](#) Board Secretary
Temeculaaa@verizon.net

Ways to Be of Service:

"In Order to Keep It..."

Part of our recovery is to be of service, to help a fellow suffering alcoholic, and to spread the message. If you're looking for ways to be of service, there are many! Here are a few options available to you, ranging from light to heavy duty:

Volunteer for a commitment in your home group - coffee, greeter, trash, secretary, etc. Check with Central Office and see if volunteers are needed for any upcoming events (we can always use your help in some area!)

Hospitals & Institutions opportunities! We have approximately 100 H&I panels in the valley - help is needed. Both women and men are needed for H&I! Please check the Central Office website for opportunities. Please help carry the message of AA to alcoholics who are confined in hospitals and institutions. To help, please call Sean G. (209) 598-0576

Central Office needs volunteers!

Be a GSR or Intergroup Rep for your group!

If the information you need isn't available on the Central Office website, please call (951) 530-4136



If you're looking for a sign, read the line above. We need you as an intergroup rep. We meet the third Tuesday of the month at 6:30PM.

Be of service

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TVYPAA

Temecula Valley Young People in Alcoholics Anonymous (TVYPAA) has but one primary purpose, to carry its message to the alcoholic who still suffers. We are aware that not all young people, or young at heart, may find our meetings and events necessary; therefore, we do not propose to be the only answer in the Temecula Valley area for young alcoholics. When anyone, anywhere, reaches out for help, we want the hand of alcoholics anonymous (A.A.) always to be there. And for that: we are responsible. We ensure by unifying young people in the Temecula Valley area and by practicing the principles of A.A. through meetings, events, outreach, and providing a forum for young alcoholics to grow through service. We welcome all young and young at heart alcoholics to join our business meetings and potentially obtain a commitment, where you can join in the magic of reaching the alcoholics still suffering and create the fellowship you crave!

Business meetings are held every second and fourth Sunday at 5:00 PM at the Temecula Alano Club.

A fun AA meeting you can find many of us at: "Wasted Youth" Young People's Meeting, held every Sunday at 7 PM at the Temecula Alano Club

Contact:

Updates coming soon



<https://tvypaaevents.wixsite.com/temeculavalleyyoungp>



<https://www.instagram.com/tvypaa/>



https://fb.me/g/p_XuZu9QmkFkMhAdg6/XxYJeYbm

Experience the high from H&I

There's a fire in the Valley with H&I Panels - we are making a difference! We would like group participation going forward!

Currently we have over 100 panels, and more new panels are added each week.

The Temecula Valley Hospitals & Institutions Committee meets the 1st Monday of the month at 6:45 p.m. at the Temecula Valley Alano Club:

27470 Commerce Center Drive, Temecula, CA 92591

Donations to H&I can be sent directly to:

Temecula Valley H&I

P.O. Box 893142

Temecula CA, 92589

H & I Needs YOUR Help!

If you have never been on an AA panel in the Temecula Valley, now is the time! We have openings for recovering AA volunteers in every category: Youth facilities, men's & woman's jails and prisons, hospitals and recovery homes need us to bring meetings of Alcoholics Anonymous to their doorstep.

H & I Committee Book Donation Box

Did you know that there is a box at the Temecula Valley Central Office for you to drop off your new and used books, which will be donated to the various institutions that our Temecula Valley H&I serve?

Please remember that if you want your book to go to a jail or prison, it must be a soft cover book.

To help, please call Sean G. (209) 598-0576

www.temeculahi.com

Effective Immediately

The 3rd Tuesday of every month the Intergroup meets for 1 hour. This is a fantastic way to be of service in a new way in 2026!!

We have moved our meeting location to the Del Rio Survivors Hall located at 41743 Enterprise Circle North Suite #102



GRATITUDE GAZETTE

SAFETY CARD FOR A.A. GROUPS

The General Service Office has made this optional card available as an A.A. service piece for in- person/online groups that wish to use it. Please feel free to utilize, choose a section(s) or adapt the text to your group's needs.

Tradition Five states: Each group has but one primary purpose -to carry its message to the alcoholic who still suffers.

Any person seeking help with a drinking problem is welcome at this group. No A.A. entity determines an individual's membership in Alcoholics Anonymous. It is this group's conscience that if any person endangers another individual or disrupts the group's efforts to carry A.A.'s message, the group may ask that person to leave the meeting.

This group strives to safeguard the anonymity of A.A. members and attendees; however, keep in mind that anonymity in A.A. is not a cloak for unsafe and illegal behavior. Addressing such behavior and/or contacting the proper authorities when appropriate, does not go against any A.A. Traditions and is meant to ensure the safety of all in attendance.

The short form of Tradition One states: "Our common welfare should come first; personal recovery depends upon A.A. unity." Recognizing the importance of group unity, our group strives to create a safe meeting environment in which alcoholics can focus on achieving sobriety.

Additional Sharing:

- Safety is a topic within A.A. that groups and members can address. Developing workable solutions to help keep meetings safe can be based on the principles of A.A. In discussions about safety, keep the focus on our primary purpose, our common welfare, and placing principles before personalities.
- **Predatory behaviors and unwanted sexual advances are in conflict with carrying the A.A. message of recovery and with A.A. principles.**
- A.A. does not provide medical advice or detox services; it has no opinion on outside issues, including medication. Medical advice should come from a qualified physician.
- The only requirement for A.A. membership is a desire to stop drinking. Groups and members strive to create a safe environment for the alcoholic who still suffers.
- If safety concerns arise, individuals can speak with a sponsor, members of the group, a trusted friend and/or a professional to address the concern.
- Service entities, such as areas, districts and intergroup/central offices, are available to help provide A.A. services and shared experience. All groups and entities in A.A. are autonomous. There is no government within A.A. and no central authority to control or direct its members, but we do share our experience, strength and hope.

For more information on this topic, see the service piece "Safety and A.A.: Our Common Welfare" (SMF-209) at aa.org.

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ACYPAA 54

The 54th Annual All California Young People in Alcoholics Anonymous Conference

Hosted by **TVYPAA** (Temecula Valley) & **INDEYPAA** (Inland Empire)

About the Conference and Committee

Established in 1973, ACYPAA provides an opportunity for young AA members—and the young at heart—to unite, share experience, strength, and hope, and grow through service. Attendees return home better prepared to carry the message to young alcoholics seeking recovery. We are a unified dual committee of TVYPAA and INDEYPAA representing the State of California for ACYPAA this year. We host monthly events and other activities leading up to our conference. Join us, whether you are young or young at heart, there's always a place on our committee for those interested in service work!

"When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible."

Business Meetings

- **When:** 1st & 3rd Sunday of every month at **4:00 PM**
- **Where:** Wildomar Spanish Club
21535 Palomar St, Wildomar, CA 92595
- **Virtual Option:** Join via Zoom through our Linktree!

Get Connected

- **Chairperson:** James - (951) 348-0512
- **Website:** ACYPAA.ORG
- **Instagram:** [@acypaa54](https://www.instagram.com/acypaa54)

Questions for the Central Office, email TemeculaAA@verizon.net

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(Scan the QR Code below to visit our linktree for Zoom links, event details, and updates on Instagram!)



FYI: If you do not have your contribution submitted by the 25th of the month. Your contribution will not reflect until the following month.

The area also has a website where contributions may be made directly to them.
<https://msca09aa.org/contribute/>

Central office no longer distributes group contributions to other entities. You can make contributions using the QR codes below. Just open the camera on your smart phone and hold the lens over the entity you want to contribute to and click on the small yellow text that appears on your camera. You do not need to take a picture.

Temecula Valley
Central Office Venmo

Temecula Valley Cent...

@TVCOAA



Hospitals &
Institutions



District 17



Questions for the Central Office, email TemeculaAA@verizon.net

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TVCO Zelle

Southwestern Riverside County Central Office

Temecula Valley Central Office

temeculaaa@verizon.net



zelle®

If you want

If you would like to make a contribution directly to General Service Office (New York) you can make online by going to <http://contribution.aa.org/>

The Importance of the 12 Steps

When I first came into A.A., I thought the only thing I needed to do was stop drinking. I figured if I could just stay away from that first drink, everything would eventually get better. What I didn't understand was that alcohol was only part of my problem. The way I thought, reacted, held resentments, and treated others had also become part of my alcoholism.

That is where the 12 Steps became important.

The Steps taught me to admit that I couldn't do this alone. They helped me become willing to believe that something greater than myself could restore hope to my life. Through taking an honest inventory, I began looking at myself instead of blaming everyone around me.

Some Steps were uncomfortable. Admitting my wrongs, becoming willing to change, and making amends required humility and courage. But each Step removed another piece of the baggage I had carried for years.

The Steps also taught me that sobriety isn't just about what I stop doing—it's about how I start living.

Questions for the Central Office, email TemeculaAA@verizon.net

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Today, when resentment, fear, anger, or selfishness begins creeping back into my life, the 12 Steps give me a path forward. I can pause, look at my part, ask for guidance, make things right, and help another alcoholic.

The 12 Steps aren't a punishment or a list of rules. They are tools for living.

A.A. helped me put down the drink, but working the 12 Steps taught me how to live without needing to pick it back up—one day at a time.

Carrying the Message

(Step 12; Tradition 5)



We Are Responsible

Service Opportunities:

▲ AS AN INDIVIDUAL

- △ "Practice These Principles in All Our Affairs" Step 12
- △ "Carry the Message" Step 12, Tradition 5

▲ AT THE MEETING

- △ Welcome and introduce yourself to the newcomers, those new to the meeting, and others
- △ Participate to the extent you are comfortable
- △ Take commitments
- △ Be a sponsor, if asked
- △ Contribute to the 7th Tradition, as able
- △ Help clean up after the meeting
- △ Ask the meeting secretary how you can help

▲ CENTRAL OFFICE

- △ Be your meeting's Intergroup Representative—the meeting's link to Central Office
- △ Volunteer for the 12-Step List to take calls from alcoholics seeking help
- △ Volunteer for a phone shift to answer calls when Central Office is closed
- △ Volunteer for an in-person shift at Central Office
- △ Volunteer to help and/or attend Central Office fellowship and fundraising activities



▲ HOSPITALS & INSTITUTIONS

- △ Be your meeting's H&I Representative—the meeting's link to the H&I Committee
- △ Sign up for a panel going into the hospitals, jails, prisons, and recovery homes
- △ Be a panel leader



▲ DISTRICT 17

- △ Be your meeting's General Service Representative—the meeting's link to the World Service Structure
- △ Work with AA committees on outreach to the Schools, Elderly, Professionals, Correctional Facilities, Literature, Treatment Facilities, Public Information, Grapevine (AA's magazine), and Cyber/Internet



▲ SUGGESTED 7TH TRADITION CONTRIBUTIONS

(After the meeting's expenses and prudent reserve)*

- △ Temecula Valley Central Office
41340 Pear St., Suite 1, Murrieta, CA 92562 temeculacentraloffice.org
- △ General Service Office (World Service)
PO Box 2407, James Farley Station, NY, NY 10116-2407 aa.org
- △ District 17 (Area 9)
PO Box 1131, Temecula, CA 92593 aadistrict17.info
- △ Temecula Valley Hospitals & Institutions
PO Box 893142, Temecula, CA 92599 temeculahi.com
- △ Mid Southern California Area 9
PO Box 51446, Irvine, CA 92619-1446 msca09aa.org

*Ensure your meeting's identification details are noted with the contribution.

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GROUP CONTRIBUTIONS

GROUP	AUG	YTD	GROUP	AUG	YTD
			Serenity Mon 6PM	\$67.50	\$148.50
Attitude LE Women's		\$60.00	Serentiy Tues 6PM		\$110.00
Attitude Serenity 7AM		\$1,540.00	Serenity Wed 6PM		\$109.96
Attitude Mod LE		\$120.00	Serenity Thurs 6PM		\$198.12
Aguinaga (The Ranch)		\$150.00	Serenity Friday 6PM		\$400.00
Bill's Earlybird	\$300.00	\$1,903.00	Sobriety Sisters		\$77.40
			SOBER AF		\$20.00
Bravo Alpha	\$125.00	\$773.00	Spanish Serenity		\$107.00
			Solutions Crosstalk	\$177.00	\$252.00
Came to Believe Park	\$240.00	\$1,964.50	Stepsisters WED		\$217.20
Came to Believe SER		\$60.00	Stepsisters SAT	\$50.00	\$246.25
Del Rio Survivors		\$220.00	Silver Feathers		\$258.60
DYP		\$122.00	12x12 Serenity		\$142.00
Early Risers HILL		\$1,485.00	Th Wm's Acceptance		\$60.00
Friday 11th Step 6PM		\$0.00	TVCO Board	\$57.00	\$1,220.00
Giving Trees		\$0.00	Kal & Adams 12x12	\$160.00	\$406.00
Grange Rainbow Valley		\$120.00	Tuesday Men's Stag		\$200.00
Happier Life Early Bird		\$50.00	Unity Hall	\$750.00	\$6,280.80
Help the Hurt at Hill		\$20.00	Women's Candel		\$0.00
HOW Sober Ladies		\$60.00	Women's Medi 10AM		\$8.48
Intergroup	\$191.00	\$2,162.80	Winchester Outlaws		\$200.00
Just Us Girls		\$289.10	WF Speaker	\$120.00	\$640.00
Jaywalkers Monday		\$340.00	86'd	\$31.00	\$657.00
Keep it Simple KISS		\$130.00	Four Horsemen		\$40.00
Keep the Change		\$64.00	Center for Spirit 6PM	\$100.00	\$100.00
Little Big Book		\$0.00			
Men's Stag Tuesday	\$382.00	\$582.00	AUGUST 2026	\$2882.50	
Men's Stag Wed		\$53.00	YTD		\$26,086.28
Mosh pit Men's		\$143.00			
Jaywalker		\$340.00			
Princ. B4 Person		\$110.00	Monthly GOAL		\$5000.00
Pizza Meeting		\$289.10	YTD GOAL		\$60,000.00
Men's Menifee 7PM		\$500.00			
Recovery Road Crew	\$112.00	\$693.41			
			AUGUST 2025	\$5507.03	
			YTD 2025		\$41,014.06
			BEHIND		(\$14927.78)

If you have any questions on this report please email temeculaaa@verizon.net.

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