



GRATITUDE GAZETTE

Volume 2021.4
April 2021

951-677-1535
24 Hour Hotline

Temecula Valley Central Office
41340 Pear Street, Ste. 1
Murrieta, CA 92562

As Covid Slows, Temecula Valley Alcoholics Anonymous Responds!

**Your Temecula Valley Central Office plans its
first live event since Covid lockdown this June:
Founder's Day 20-twenty fun!**
June 19th—2 p.m. See Flyer on Page 3

**Del Rio Group Opens Live Meetings on Monday
April 5th—See notice on Page 5**

TVYPAA Field Day April 24th—see Page 5

Live Meetings continue to meet at the
Temecula Valley Alano Club and Unity Hall

Please go to the meeting schedules' tab on
the Temecula Valley Central Office (TVCO)
website for updates and changes to Live and
Zoom meetings
www.temeculacentraloffice.org
Or call 951-677-1535
(Meeting secretaries keep us up to date)

This Month in History

A.A.

1939: April 1, Alcoholics Anonymous Big Book was published.

From our backyard...

1941: The second group in Los Angeles, the "Hole in the Ground Group" was formed.

Around the world...

1942: The Windsor Daily Star in Ontario, Canada, reported that over 400 AA's attended a testimonial dinner for Dr. Bob.

Reference: https://www.a-1associates.com/aa/HISTORY_PAGE/dates.htm

We reflect that the roads to recovery are many; that any story or theory of recovery from one who has trod the highway is bound to contain much truth. - Bill W. , 1944

Inside this issue

Recovery	2
Founder's Day	3
Field Day	5
Del Rio.....	5
Business.....	6
Rewind News.....	8
Events.....	9
Safety.....	10

Recovery



Step 4

Made a searching and fearless moral inventory of ourselves.

At this point it has probably become pretty clear to you that recovery is a process of steady personal growth and enlightenment that feels so good, you probably wish everyone you knew were doing it! Although you may be pink clouding it, and enjoying the clarity that comes from sobriety, the truth is that our past defects crippled our ability to reflect honestly about our lives.

The delusional thinking limited our ability to understand the damage and havoc it caused in all our relationships. So before we can safely move forward we need a framework through which we can sort out our past honestly. The Step Four inventory provides that framework, writing out your inventory to examine all your tendencies toward:

Fear	Pride
Resentments/Anger	Self-will and self-pity
Guilt/shame	Relationships
Sex/Abuse	Secrets
Assets	

What people, places or things do you resent and what led to those resentments?

Tradition 4

Each group should be autonomous, except for in matters affecting other groups or A.A. as a whole.

Basically, "autonomy" means independence. No matter your 12-Step fellowship, Tradition Four ensures that different meetings have the flexibility to create the kind of meeting and community that works for them.

For example, an individual group can decide how it wishes to begin and end its meetings. Some groups close with a prayer, while others have a moment of silence or possibly both. In all of these matters, each group has total freedom. It is entirely up to the membership of that individual group and their group conscience.

However the second part of this tradition reminds each group that it has a responsibility also to the worldwide fellowship and other groups. By adhering to the traditions and principals of its program, each group can assure that it will not stray too far away from the program's basic tenets.

There is no right or wrong way to hold a meeting, but the group can cease to carry the message if it strays too far from its traditions and concepts.



Concept 4

Throughout our Conference structure, we ought to maintain at all responsible levels a traditional "Right of Participation," taking care that each classification or group of our world servants shall be allowed a voting representation in reasonable proportion to the responsibility that each must discharge.

In A.A. we are all equal.

Principle 4

Courage

Firmness of mind and will in the face of extreme difficulty; mental or moral strength to withstand fear.

The verdict of the ages is that faith means courage. - How It Works, p.68

A 4th Step Prayer

Dear God,

It is I who has made my life a mess. I have done it, but I cannot undo it. My mistakes are mine & I will begin a searching & fearless moral inventory. I will write down my wrongs but I will also include that which is good.

Relieve me of this fear and direct my attention to what you would have me be. Please help me to be free of anger...



FOUNDER'S DAY 2021

TEMECULA VALLEY CENTRAL OFFICE

is having a
WILD WEST PARTY

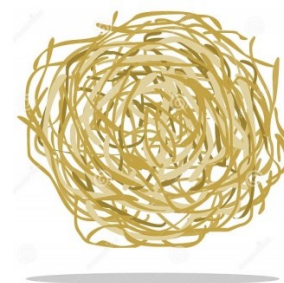
to celebrate

86 YEARS

of "AA IN A TIME OF CHANGE"

SATURDAY

JUNE 19, 2021 – 2PM



Raffles for CASH/Prizes—Games – Cards –
Water Bouncy Cornhole – Music – Fellow-
ship—Food – Fun

The Ranch

32451 Bryant Street, Wildomar, CA 92595

Doors Open at 2PM – Dinner at 4PM –

Raffle at 6PM - Speaker at 7:30PM

Larry G—from Bellflower Big Book Group

COME REPRESENT AND SHOW OFF YOUR

BEST WILD WEST FLAIR

Raffle donations needed! Please contact Ken at Central Office



Term “Conference Approved”

A note about the term “Conference Approved” Literature in AA

Source GSO Box 4-5-9 1978 (USA) (Volume 23, No 4)

“Any literature that pertains to the principles of AA or is approved by a Group Conscience is perfectly acceptable to be read by any AA member or in an AA meeting.”

Around AA meetings and at Group Conscience level claims such as:

“...we have AA Approved Literature only available ...”

“...we should only allow readings from AA Approved Literature...”

If a member mentions, discusses or quotes/reads something from Hazelden literature like 24 Hour a Day book, Each Day a New Beginning, Touchstones and the like.

Factually, unlike Al-Anon, there is no such thing as AA Approved Literature. The early AA's read from the Bible, the Upper Room, Oswald Chambers, Cecil Rose, Leslie Weatherhead, Sam Shoemaker, Emmet Fox, Richmond Walker, Ralph Pfau and many others.

In the 1950's AA World Services (AAWS) took over WORKS Publishing's rights to publish the Big Book and began publishing other books as well. In the course of the next 40 years AAWS began to publish more books but eventually lost the copyright on the first two editions of the Big Book. Until 1993 books which were owned and printed by AAWS were identified by the use of a Circle/Triangle Symbol bearing the three AA legacies – *unity, recovery, service*.

On May 21, 1993, an AA World Service Ad Hoc committee released an unsigned document titled: “Follow-up Statement Regarding Use of the Circle/ Triangle Symbol.” In it, AAWS stated that “Alcoholics Anonymous will phase out the ‘official’ use of the circle and triangle symbol in and on its literature, letterheads and other material.” That document was issued without a conference action or a “group conscience”.

The term “Conference Approved” literature now replaces the Circle/Triangle Logo to merely “*identify*” (AA Grapevine Vol. 50-7 1993) the books solely owned and published by AAWS and *not as a predetermined list*. **The most definitive illustration of this is that the public domain first edition of the Big Book is NOT “Conference Approved”.** “Conference Approved” in no way constitutes a list of any written documents of which an AA body approves or disapproves. Further detail is provided in the ad hoc committee Final Report of the 1993 General Service Conference in the USA.

A formal statement concerning the Conference, the G.S.O, and what AA members read was issued by the General Services Office, USA, in 1978, as follows:

“What Conference-Approved means”

Source GSO Box 4-5-9 1978 (Volume 23, No.4) “It does not mean the Conference disapproves of any other publications. Many local A.A. central offices publish their own meeting lists. A.A. as a whole does not oppose these, any more than A.A. disapproves of the Bible or any other publications from any source that A.A.'s find useful. What any A.A. member reads is no business of G.S.O., or of the Conference, naturally.”

Spotlight



TVYPAA's Annual Field Day Championship

Get a team together to compete
for the trophy!!

Potato Sack Race

Egg spoon Race

Tug of War

Three Legged Race

Wheelbarrow Race

\$10 suggested donation

Price includes 1 meal ticket = Hot Dog
water and a bag of chips!

Energy drinks for purchase!!

April 24th, 2021

12pm Speaker Meeting (BYOC)

Astrid H.- Sherman Oaks

1:00pm event starts

Pauba Ridge Park
33407 Pauba RD
Temecula, CA 92592

MEETING HALL CLOSURE

Due to COVID-19 (novel coronavirus)

As of March 16, 2020, the leaseholder is required by Order of the State of California Health and Safety and Riverside County Health Officer to temporarily close this hall/meeting place beginning March 16, 2020 to March 31, 2021.

Please Note: This hall/meeting place is temporarily scheduled to re-open to a full schedule on Monday April 5, 2021.

To confirm your meeting and time call Bob K. at 949-285-7398.

For questions regarding the code/law compliance:

Call Bob K. at (949) 285-7398

Or

Temecula Central Office
(951) 677-1535

Business



Central Office Serves the Valley

During the day, your Central Office keeps the doors open to assist recovering and suffering AA members alike and provide the following services:

- 24 Hour Hotline 951-677-1535
- Organizes 12 Step Calls
- Big Books & 12x12's
- Grapevine publications & other assorted literature
- Chips & Newcomer Packets
- [Meeting Schedules](#) - Website
- Information for other Central Offices
- [Gratitude Gazette publication](#)—Email

Your office manager organizes volunteers, makes sure the office is a healthy place for all, keeps your accounting data accurate, and safe guards your inventory. The office manager and volunteers are there to support the groups and the individual members of our fellowship throughout the valley.

Twenty-four hours a day, seven days a week, volunteers take calls from suffering alcoholics and organize 12 step calls. The phone line and special call-forwarding are paid for by your central office contributions.

Please ask at your next business meeting if you are contributing monthly to your Central Office. Contributions goes to pay for the convenient services above you receive. If your group has stopped contributing (or never started), please bring it up at your next business meeting and take a group conscious.

Let us know when and how we can help. - Your Central Office Team



Service Opportunities

Central Office Volunteers Needed

Starting an opportunity list! Call Ken at Central Office for details. Jun 1, 2021 opening. Changes can occur due to Covid recommendations.

12 Step Calls

Add your name to the 12 Step Call list for male & female. Spanish speaking volunteers also needed.

Please contact Ken for more info 951-677-1535.

Volunteers

There are three shifts available, Mondays thru Saturday. Closed on Sundays

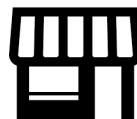
10:00 am — 12:30 pm

12:30 pm — 3:00 pm

3:00 pm — 5:30 pm

Training provided for merchandise transactions. Call Ken for training session times.

Business



Central Office Activity

Phone Calls: 607

Walk-Ins: 122

Purchases: 122

Website Visits: 7,985

From the Board



venmo

We thank you all for TVCO. It is the individual AA member who keeps us solvent and available to help support our primary purpose; To carry the message. Consider donating the cost of one beverage a month to keep us going strong. Use our Venmo QR code now to KISS-Keep it simple sweetheart!

Committee Meetings	Day of the month	Location (moved on line)
H&I Committee Meeting	Every other month May 3rd - Jacob L. 951-837-7780	Temecula Valley Alano Club 27470 Commerce Center Dr. Temecula, CA 92590
TVCO Board Meeting	1st Tuesday 6:30pm	Central Office 41340 Pear Street Suite 1 Murrieta, CA 92562
Mid So-Cal Area Meeting	2nd Sunday 9:30am	See the MSCA website http://msca09aa.org/
District 17 GSR Meeting	2nd Tues 6:30pm	Springs Church 41735 Winchester Rd #C Temecula, CA 92590
Intergroup Meeting	3rd Tuesday 6:30pm	Via Zoom: 728-844-4771 PW: service
TVYPAA	1st and 3rd Sunday 4:45pm	Temecula Valley Alano Club 27470 Commerce Center Dr # C, Temecula, CA 92590

Financial Reports,
Agendas, Meeting Minutes

FREE

**Do you need a report for
your groups business
meeting?**

Contact the TVCO Board
Secretary at:
secretarytvco@gmail.com

BUCK A MONTH CLUB



Inquire with your Intergroup Rep
or follow
<http://ssl.temeculacentraloffice.org/>

**Comments, article submissions, sugges-
tions about the Gratitude Gazette?**

Please submit email to:
anitaward333@yahoo.com

Rewind News



Editorial on the 4th Tradition

By Bill W - March 1948 (Copyright the AA Grapevine, Inc.)

EDITORIAL: On the 4th Tradition

By Bill

"With respect to its own affairs, each A.A. group should be responsible to no other authority than its own conscience. But when its plans concern the welfare of neighboring groups also, those groups ought to be consulted. And no group, regional committee, or individual should ever take any action that might greatly affect A.A. as a whole without conferring with the trustees of The Alcoholic Foundation. On such issues our common welfare is paramount."

This Tradition, Number 4, is a specific application of general principles already outlined in Traditions 1 and 2. Tradition 1 states, "Each member of Alcoholics Anonymous is but a small part of a great whole. A.A. must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterward." Tradition 2 states, "For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience."

With these concepts in mind, let us look more closely at Tradition 4. The first sentence of Tradition 4 guarantees each A.A. group local autonomy. With respect to its own affairs, the group may make any decisions, adopt any attitudes that it likes. No over-all or intergroup authority should challenge this primary privilege. We feel this ought to be so, even though the group might sometimes act with complete indifference to our tradition. For example, an A.A. group could, if it wished, hire a paid preacher and support him out of the proceeds of a group night club. Though such an absurd procedure would be miles outside our tradition, the group's "right to be wrong" would be held inviolate. We are sure that each group can be granted, and safely granted, these most extreme privileges. We know that our familiar process of trial and error would summarily eliminate both the preacher and the night club. Those severe growing pains which invariably follow any radical departure from A.A. tradi-

tion can be absolutely relied upon to bring an erring group back into line. An A.A. group need not be coerced by any human government over and above its own members. Their own experience, plus A.A. opinion in surrounding groups, plus God's prompting in their group conscience would be sufficient. Much travail has already taught us this. Hence we may confidently say to each group, "You should be responsible to no other authority than your own conscience."

Yet please note one important qualification. It will be seen that such extreme liberty of thought and action applies only to the group's own affairs. Rightly enough, this Tradition goes on to say, "But when its plans concern the welfare of neighboring groups also, these groups ought to be consulted." Obviously, if any individual, group or regional committee could take an action which might seriously affect the welfare of Alcoholics Anonymous as a whole or seriously disturb surrounding groups, that would not be liberty at all. It would be sheer license; it would be anarchy, not democracy.

Therefore, we A.A.s have universally adopted the principle of consultation. This means that if a single A.A. group wishes to take any action which might affect surrounding groups, it consults them. Or, if there be one, it confers with the intergroup committee for the area. Likewise, if a group or regional committee wishes to take any action that might affect A.A. as a whole, it consults the trustees of The Alcoholic Foundation, who are, in effect, our over-all General Service Committee. For instance, no group or intergroup could feel free to initiate, without consultation, any publicity that might affect A.A. as a whole. Nor could it assume to represent the whole of Alcoholics Anonymous by printing and distributing anything purporting to be A.A. standard literature. This same principle would naturally apply to all similar situations. Though there is no formal compulsion to do so, all undertakings of this general character are customarily checked with our A.A. General Headquarters.

This idea is clearly summarized in the last sentence of Tradition 4, which observes, "On such issues our common welfare is paramount."

Events



Many upcoming events have been cancelled, postponed and moved online due to the restrictions in place to combat the spread of COVID-19. Here is a sampling you will find on the TVCO Events website page.

MSCA09 Pre-Conference Virtual Mtg

Sunday, April 11, 2021

8:30 AM—2:30 PM

Zoom Meeting – 958 0193 3553

PW: service

TVCO Intergroup Meeting (online)

April 20, 2021, Tuesday at 6:30pm

Meeting ID: 711 081 669

Password: service

Founders Day

June 19 2021

See Flyer on Page 3

More details soon!

25th Annual Liberty Bell's Campout

Oct 8-10, 2021

SAVE THE DATE

More details soon!

More events coming; please check back soon or visit

Temecula Valley Central Office Events page

<http://www.temeculacentraloffice.org/aa-events/>

Safety



SAFETY FOR THE NEWCOMER

We *ALL deserve RESPECT* and the right to get sober in a healthy empowered environment.

Everyone regardless of race, color, gender, age, religion, creed, disability, and sexual orientation, all deserve a chance to get sober **without harassment of any kind.**

Like one old timer in Hawaii used to say “ the good, the bad, and the ugly are in meetings just like on the street.”

BE AWARE

Trust is earned.

If someone makes you uncomfortable in any way, tell the secretary and a friend and do not give them your contact information.

A sponsor guides you through the steps and shares their experience as to how they have stayed sober.

FOR PARENTS AND MINORS

Minors should not take rides from members of the opposite sex.

There should always be another person with them, with one being of the same sex and age as the minor.

Minors should not go alone to the house of an older sober member to do step work until trustworthiness is established. It is safer to do this work in a public area like a coffee shop.

*This literature is part of “**Make meetings safer**”. A grass roots movement in Southern California. Started by a group of concerned group members.*

Each Group is autonomous and every group can write their own literature.

Leisure



See You in the Funny Papers

**NO I DID NOT SEND YOU 16
MESSAGES IN A ROW. MY
FRIEND VODKA MUST HAVE
STOLEN MY PHONE AND
TAKEN OVER.** @REBEL GIRLS

**MY RECOVERY
MUST COME
FIRST SO THAT
EVERYTHING
I LOVE IN LIFE
DOES NOT
HAVE TO
COME LAST...**



**Laughter is
the Best
Medicine ...
Really**

<https://www1.cbn.com/laughter-best-medicine-really>

Leisure



Word Search of the Month

UBZPFINQJLAXEKPEHRDM
SNKNDRDMHGPCOHGWRUFD
ERHANONYMITYCPREJAFM
RHURSGCOBNLBFEQOLIJF
EBAEUOSOLUTIONPNQCLL
NPXCLQMAMLUGKIZTEDWL
IQYOHKUEPHMBGLLBAEHQ
TXCVHLTYTYXOCRAVINGY
YNZEDUIRHIYOWIFMBICZ
HWNRTSWCETMKGETWWAU
QWMBYBYTRVAXEBYDSDLNF
RERLRUFSSXOTKSMHDDHI
DWBTRUECMMTMSQKQFVLY
WABBIPHVOVZBEQUVDKZT
CLCGIENABLINGNMISEKQ
GUCDUEMSKZOPKITKCSOS
YFGJPROMISEESTCMIJKJI
LEMXYNTRVGLSERSCLELR
XSOMETIMESSLOWLYNUIY
MFVSDDBXCQKUHSORFORT

Sometimes Quickly	Sometimes Slowly	Acceptance	Anonymity
Treatment	Promises	Recovery	Serenity
Solution	Craving	Enabling	Big Book
Denial			

Classifieds

Intergroup commitments available

Inquire with Jessica, Outreach Coordinator at:

jbworkinggirl@verizon.net

We at TVCO want to thank you for all the support from our local AA meetings. We so appreciate that we have a central location to help serve AA in this valley and provide schedules and communications to each and every group. We want to thank those Intergroup Representatives who volunteer their time to carry the message to their Groups.

Answer key for March

PGXFWFGKUFTXNLAWHROKUTNPGPCUBS
SMTHYKUDCNYYGGEVNOCCZXTDPOJBEAMM
AEVYWMKCKNXFCLEVOEUOWPLLYVRHZZ
IRGXRVDIHLULISLKNEXZNAGLLRXXX
PEJVMXCRMVQXFOYLPYUDZXRNATHZY
ZVNLUBMCBQEZIISZCIMEQOKJCXQUA
RHBURCQLKWPVDYRYSSVWIMJEQITDUB
CEIYLNEHGXVXNZOJIRHVXTMIWBTGAV
HNCGHGBGGQMPGYJQMUQCFBYXVXNBN
RLDOONPVALQSICKVBHACLTAIMXETH
RQZCVMCFEJLYZPQMXCXODZMCCXDTWP
TWFTWELVESTESPONMIWDYZGXTLWGED
IYHHXXRRFNDPVEADHSGEXRSOBRIETYX
MDHVTBPPYQXEWCAATMRNKKIANSMHKZT
XAKQDJWXXZENFUIWSEMRKTJZPXCPJH
MPOMMNSVKNXUEFURWBWBSXODEEHBBO
HUMILITYHCACTGCTXUVZKASHNOGKJAM
KHFGSJKHLOOSTLTXPXJLVZSCUNHEE
ZFGXKEPPJEUOANUWSWNZTNSOOTNOOOG
UWOPPAOATREBVUFZEEKIOYIROLINJR
ENNDJEFTTVATIWRAULGBLQCPRADCMO
BEIUOMLQPGLOUEINESRGFGMVBNHJYU
IDJNZJIPMEVDAMBIVALENCYOBWVVP
ISXIFISBEMWKJHNXLKNHIZURBOQWWD
OXTTINKVMESEZBAGMMMEWZZTMAAKYS
FKJYOBSEENBWEITDQBQTPBKFCHILY
PCHPENGKWTUKDTUTGOMQBNGETXFJJ
YCKVAUKRYYFXRMYPKPECBPRRBZVHOX
EXAVJJOSBLDLKXVHZHOFKDCIGJPWD
GTGONWQJCEKUTURUMRFAEDSYWSOBZJ

7th Tradition Donations



Several ways to support Central Office while keeping with the 'Stay at home order'.

Venmo is a mobile payment service:
Search for @TVCOAA

On the website:
<https://www.temeculacentraloffice.org/>

Accept the Things We Cannot Change

95% is OK with me.

By Rick R.

About 90% of the Alcoholics Anonymous (A.A.) meetings that I attend close with the Serenity Prayer. *God grant me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference, amen.* There are a lot of words synonymous with Serenity and they all amount to what I would call, Peace of Mind. On page 417 in the book Alcoholics Anonymous (Big Book) it says “And, Acceptance is the answer to all my problems today.) Bingo!! So why has it taken me so long to settle on this simple sentence? The desire to drink alcohol was lifted from me from my very first meeting in A.A. and it has never returned. Prior to that, from the moment I woke up each morning until I got my first drink, I was an emotional wreck. The absence of that mental obsession to drink freed me up and I was highly influenced by the collective message of the meetings that I attended. Over a long period of time, I started to recognize the cause and effect of my defects and shortcomings, and I began to address these issues with the help of the members of my group that seemed to have the answers for me. Dealing with the wreckage of the past and being in an environment where we talked about these issues made my journey much easier than I thought it would be. I had to deal with a failed marriage, child support, parenting issues, legal matters, and an assortment of life issues that stem from my neglect and irresponsibility. One of the things that often goes unnoticed about the process of clearing up the wreckage of the past is that while doing this I had stopped making those mistakes that caused all my grief. As a result of practicing the principles I have learned in the A.A. program, I have regained the respect of my first wife and have been married over 50 years to my current wife. I got it right the second time around, but I did not dismiss my need to correct the damage done in my first marriage. Having said all of that, where do I address the acceptance statement? It would be easy for me to rest on my laurels, as they say, but I am never finished when it comes to examining my motives or how I act today. If I were finished why would I still attend A.A. meetings? Over the years in the program, I noticed some habits that we alcoholics seem to continue to discuss before and after a meeting such as the traffic on the highway, the red-light systems, not enough parking at the market, the inconvenience of a rainstorm, politics, and religion, criticizing other people places and things. etc. For some reason, talking about all these inconveniences seems to be my way of distracting attention away from my own thinking and behavior. To put it in simple terms, there is a percentage of people driving on the highway that are going faster than the speed limit, a percentage will go slower than the speed limit and others may cut me off, and that is never going to change. I cannot talk politics and religion over and over and I am never going to change the percentages of those other people. I have two choices when I am traveling on the highway. My first choice is to take it and my second choice is to leave it and take the backroad”; But wait the speed limit is too slow on the backroad, maybe I will take the highway. All the issues that I have struggled with have pro and con percentages and that I am never going to change in this lifetime. Today I accept the things I cannot change and as a result I am at peace 95% of the time and that is good enough for me.

**• . . AND AS A RESULT; THERE ARE NO GRADUATION CEREMONIES
IN AA. WE TAKE IT “ONE DAY AT A TIME”**

