

GRATITUDE GAZETTE

A Color copy of this newsletter is available on the website at www.temeculacentraloffice.org



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Alcoholics Anonymous

I AM RESPONSIBLE

Whenever anyone, anywhere, reaches out for help, I want the hand of AA always to be there, and for that I am responsible.

- Declaration of 30th Anniversary International Convention, 1965

Tradition Four: Affecting AA as a Whole

Tradition Four states that “Each group should be autonomous except in matters affecting other groups or A.A. as a whole.”

I attend a weekly meeting at a location in which other AA meetings are held daily. At one of our business meeting a representative from one of the other meetings was in attendance and asked if he could address our group. We gladly granted his request and listened to his group’s concern. He informed us that his group has been considering changing its format in order to satisfy a concern of the property owner. This change in format would not affect the group’s primary purpose in carrying the message and would potentially alleviate any cause for the land lord to evict the meeting or even AA as a whole.

By informing us of their thoughts, concerns, and corrective actions the other meeting, although autonomous, was ensuring that any group that might be affected was aware of the situation. It also gave us the opportunity to discuss a format change and consider the other AA groups that share our space.

This was a terrific example of the Fourth Tradition at work in the Temecula Valley. Each and every AA Group is autonomous and self-governing and free to act as it wishes. However when the actions (or inactions) of one group effect another, then there is reason for concern.

Semper Sober – John W

Submission

Attitude

Other people are not the problem. My attitude is the problem. I don't have to look very far to find my character defects. The only thing I did right in this program is to listen. Middle of the road and balance can be a struggle for us extremists. We find it easy to love but to love well is another matter for us. My hand is always willing to help another alcoholic in distress. On awakening, the book tells us exactly what to do. My favorite source of information is eavesdropping – I listen better. It's important for me to remember H.A.L.T. (Am I Hungry, angry, lonely, or tired?) You can want what you want all you want. When you come in here you'll get what you need. Being in service changes my attitude about a lot of things. When I pray my attitude softens.

Honesty

This means so much to my sobriety. I must tell the truth and I have to hear the truth. Listening is so powerful - so important. When I struggled, you listened. I'm pretty honest, but I exaggerate a lot. We state our sobriety date or length of sobriety to give the newcomer hope. If you can't remember your last drunk, you haven't had it yet. If I don't have a good time where I'm at, I move my feet. There is no self-knowledge without honesty. There is a competitive person inside of me. I did not know I didn't know how to live. I would have died if I had continued to hang around people who told me what I wanted to hear. You guys were honest with me exactly when I needed it. Now, there is no point in being dishonest. I need other people to tell me the truth. I can find this in AA. Through the process of inventory work (4th step) and sharing with another (5th step), I learned how to be honest with myself. Dishonesty steals emotional security.

One Day at a Time

A few swigs out of the bottle and the future didn't matter anymore. Some of my best successes are failures that didn't happen. I am told to stay in today, to S.I.T. (Stay in Today) Ninety-nine percent of my thoughts are about what can go wrong in the future. AA is training me to stay in today. I am warned about the ghosts of the past and the demons of the future. Did you drink yesterday's drink today? Did you drink tomorrow's drink today? You have practiced staying in today. One day at a time means my daily reprieve depending on the maintenance of my spiritual condition. To live in the moment is one of the great gifts of AA. Beyond one day at a time, I was projecting. As Mark Twain once wrote, "I've been through some terrible things in my life...some of which actually happened." I've learned how not to mind your business. I don't try to solve someone else's problem. I've got cancer and I'm going to live. I'm going to live, at least for today. Restate the slogan: Let live and live.

Gene



Submission

Secret Secrets Patricia B. Unity Hall

What secret secrets that we keep,
Buried inside so very deep ?
Secret secrets make us weep.

Skeletons in the closet,
Covered with dust,
Corroded by time,
Eaten by rust.

Secret secrets eat at our hearts,
Will tear us up, will break us apart.
All these secrets, all these lies,
Are nothing more than alibis.

The secret burdens that we bear,
Now become a living nightmare.
Secret secrets drive us insane,
They eat our soul, they steal our brain.

These secret secrets, we must tell,
or
They make our lives a living hell.
Only when we let them go,
Peace and serenity we will know.



AA Service Meetings

What	When	Where
H&I Committee Meeting	1st Monday - 7:30pm	TVAC—27470 Commerce Center Dr. Temecula, CA 92590
TVCO Board Meeting	1st Tuesday - 6:30pm	Central Office - All are welcome, but only board members may participate.
Mid So-Cal Area Meeting	2nd Sunday - 9:30am	Meets at various locations. Call Central Office for meeting location
Cooperating with Prof Community (CPC)	2nd Tuesday - 5:45pm	Boston Billies - 26850 Cherry Hills Blvd. Sun City
GSR Meeting - District 17	2nd Tuesday - 6:30pm	Boston Billies - 26850 Cherry Hills Blvd. Sun City
Intergroup Meeting	3rd Tuesday - 6:45pm <i>Visitors Welcome</i>	United Methodist Church, Murrieta 24652 Adams at Kalmia & Adams
GSR Meeting - District 14	3rd Wednesday - 7pm	Good Shepherd Episcopal Church 308 E Acacia Ave, Hemet, CA 92543

What is the Intergroup?

Each group is encouraged to have an Intergroup Representative. This person is the liaison between Intergroup and their home group. The Intergroup Central Office depends upon the local members and groups for the necessary support to carry out its responsibilities. This support comes in the form of volunteer help and financial contributions. Our

efficiency and the continuation of services offered are related to the level of support from the groups. Please register your group at Central Office. Any A.A. member is welcome to attend the Intergroup or Board meeting as a guest. If your group is interested in joining Intergroup, send a member to the meeting, and we will gladly give you all the information you need to get started.

“The Intergroup associations are the best insurance we can have that our life lines to the hundreds of thousands yet to come will never break or tangle. Let us always be generous. Let us warmly support Intergroup.”

AA co-founder Bill W. 1949

BRIDGING THE GAP

Bridging the Gap is designed to help an alcoholic between a treatment program or prison make the transition. One of the more slippery places in the journey to sobriety is between the door of a facility and the nearest AA group or meeting. AA experience suggests that attending meetings regularly is critical. In order to Bridge the Gap, AA members have volunteered to be temporary contacts & introduce newcomers to AA. It is suggested that the temporary contact take the newcomer to a variety of AA meetings; introduce him or her to other AA's; insure that he or she has some phone numbers of several AA members and share the experience of sponsorship and a home group.

Temecula Valley is in the process of coordinating this committee.
Volunteers are needed.

What you get from Central Office!

During the day, your Central Office keeps the doors open to assist recovering and suffering AA members alike and provide the following services: We provide the Big Book. We provide the 12x12, assorted literature, chips, and newcomer packets. Your office manager organizes volunteers, makes sure the office is a healthy place for all, keeps your accounting data accurate, and safe guards your inventory. The office manager is there to support the groups

and the individual members of our fellowship. We make and distribute your meeting schedules and we publish the Gratitude Gazette. Twenty-four hours a day, seven days a week, volunteers take calls from suffering alcoholics and organize 12 step calls. The phone line and special call-forwarding are paid for by your central office contributions. Please ask at your next business meeting if you are contributing monthly to your

Central Office. It doesn't have to be a lot. Being self-supporting means not only paying for your rent and coffee, but also paying for the services you receive through Central Office. If your group has stopped contributing (or never started), please bring it up at your next business meeting and take a group conscious. Let us know when and how we can help.
Your Central Office Team

Central Office appreciates ALL of their volunteers.
Volunteer spots are available.
Give us a call
(951) 695-1535

Submissions

We would love to print your submissions for the Newsletter. The primary theme of any article content must pertain to; alcoholism and recovery, the Twelve Steps, The Twelve Traditions, or The Concepts. Poems, inspiring materials, AA trivia, jokes and cartoons are welcome also. Proper credit must be given to each articles source. If taken from previously printed materials include its copyright so that we can acknowledge it. The committee reserves the right to edit or refuse any articles submitted. All profanity will be edited out of the final copy. *Please submit in plain text.*

Submissions accepted via email at: gazette@temeculacentraloffice.org
Mailing Address: Temecula Valley Central Office, 28636 Old Front Street, #106, Temecula CA 92590

Get On The List

Be notified of important AA information from your Gratitude Gazette.

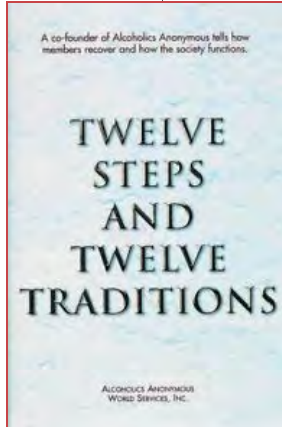
Send email to DLSevant@TemeculaCentralOffice.Org and be added to the list.

Central Office Service

Please call (951) 695-1535 if you can be of service at Central Office by volunteering for time slots to answer phones and help walk-ins. Volunteers are always appreciated, and of course you get the grand reward...

Sobriety for another day!





Step Four Guidelines

“Made a searching and fearless moral inventory of ourselves.”

STEP
4

How It Works

A business which takes no regular inventory usually goes broke. Taking commercial inventory is a fact-finding and a fact-facing process. It is an effort to discover the truth about the stock-in-trade. One object is to disclose damaged or unsalable goods, to get rid of them promptly and without regret. If the owner of the business is to be successful, he cannot fool himself about values.

We did exactly the same thing with our lives. We took stock honestly. First, we searched out the flaws in our make-up which caused our failure. Being convinced that self, manifested in various ways, was what had defeated us, we considered its common manifestations.

-A.A. *Big Book* p.64

[More about Step 4 in the Big Book](#)

Tradition Four

Each group should be autonomous except in matters affecting other groups or A.A. as a whole.

Group Contributions

	Mar 14	Mar 13
Tem Ser Cir/M-S 7am/Att Adj Group	280.00	50.00
Mur United Methodist/Mon Noon/Womens ABSI	268.25	0.00
Tem Del Rio Survivors	250.00	150.00
SC Unity Hall/Umbrella #164257	250.00	250.00
Tem Mon Night Men	150.00	100.00
Mur Community House/Mon-Sat 7am/ABSI	133.00	145.25
Tem RC Church Office/Tue 6pm/Mosh Pit	120.00	0.00
Tem Ser Cir/Tue 730pm/Mens Stag	100.00	0.00
Tem Sat 8pm/World Famous Speaker Meeting	84.00	240.00
Tem Lyndie Ln/M-F Noon/	75.00	0.00
Tem Pech Sr Ctr/Mon 6pm/Mon Madness	60.00	134.00
Mur/TVCO Intergroup/#179377	53.50	49.00
Tem Ser Cir/Fri Noon/	50.00	0.00
Hemet Arrid/Sat 7pm/Back to Basics	36.00	0.00
Tem The Meeting Place/Wed 5pm/Just Us	35.25	0.00
Tem Ser Cir/Fri 10am/ Womens	30.00	0.00
Mur Community House/Sun 730pm/The Geek	12.00	0.00
Tem The Meeting Place/Thurs 630pm/Solutio	0.00	45.00
Tem Ser Cir/Sun 10am/Big Book Study	0.00	60.00
Tem Lyndie Ln/Sat 8am/Early Risers	0.00	100.00
Serenity Cup Tournament	0.00	95.00
Menifee/Sun 9am/Grass Roots #706488	0.00	60.00
Hemet Provident/Fri 7pm/Old Barn Meeting	0.00	120.00
ACYPAA Advisory Council	0.00	84.53
TOTAL	1,987.00	1,682.78

Buck A Month Club

Date	Name	Amount
3/31/14	Ron	1.00
3/31/14	Gene W	5.00
3/31/14	Marcos	10.00
3/31/14	Cameron	2.00
3/31/14	Anonymous	1.00
3/31/14	Tom	4.00
3/31/14	Lilia	3.00
3/31/14	Karen K	1.00
3/31/14	Kenny	11.00
3/31/14	Edna E	1.00
3/31/14	Georgia	1.00
3/31/14	Michael M	2.00
3/31/14	Sandy	5.00
3/31/14	Arnie	1.00
3/31/14	Eric	2.00
3/31/14	Linda	10.00
3/31/14	Suzie	5.00
3/31/14	Paul	5.00
3/31/14	Ray	1.00
3/31/14	Ron	3.00
3/31/14	Bryan	5.00
3/31/14	Mary	1.00
3/31/14	Sauni	1.00
3/31/14	Bob	1.00
3/31/14	Gary	1.00
3/31/14	Jack	1.00
3/31/14	Tim	2.00
3/31/14	Lori	1.00
		87.00

Personal Donations

Date	Name	Amount
3/7/14	Paul Rohrbacher	20.00
3/7/14	Shep and Annie	20.00
3/7/14	Chris K	20.00
3/14/14	Tom McD	10.00
3/14/14	Jill A	20.00
3/14/14	Jim F	50.00
3/14/14	Mike B	20.00
3/17/14	John and Brenda	10.00
3/19/14	Water and Mold Away USA	25.00
		195.00



Central Office News

Volunteers

1	Beth
2	Chris Ke
3	Debi G
4	Debbie R
5	Gary
6	Gay
7	Jennifer
8	Jill A
9	Jill M
10	John W
11	Kristen P
12	Nancy
13	Rich
14	Sharon
15	Sharii
16	Shawn
17	Steve
18	Stuart
19	Tony
20	Trish
21	Tyrone

Daily Activity For March

Phoned in	188
Walk ins	96
AA Meeting	43
Al-anon	3
12 Step	6
Donations/Purchases	76
Misc/Other Business	53



Mike Crawford
April 24, 1986
I'll be celebrating 28 yrs.

Temecula Valley Intergroup

Hot Line Schedule



*God grant me the
Serenity to accept the
things I cannot change. . .
Courage to change the
things I can. . .
and the Wisdom to
know the difference.*



1st Monday	Monday 7:00 Am As Bill Sees It & Saturday Am Reflections (Murrieta)
1st Tuesday	Tuesday 10 Am Women's 12x12 (Murrieta)
1st Wednesday	Women's Closed As Bill Sees It - Monday 12:00 (Murrieta)
1st Thursday	Thur. Women's 10:00am-Lyndie Lane (Temecula)
1st Friday	Men's Stag 7:00 Pm Wednesday (Murrieta)
1st Weekend	Liberty Bells (Lake Elsinore)
2nd Monday	Saturday Early Risers (Temecula)
2nd Tuesday	Unity Hall 7 Am (Sun City)
2nd Wednesday	The Funks
2nd Thursday	Julie P
2nd Friday	Menifee Grass Roots
2nd Weekend	Mosh Pit
3rd Monday	Paul R
3rd Tuesday	Gary W
3rd Wednesday	Women's Acceptance Wednesday (Lake Elsinore)
3rd Thursday	Thursday Women's BB Study L.E. (Lake Elsinore)
3rd Friday	Back To Basics (Sun City)
3rd Weekend	Chris K
4th Monday	Sunday 7 Am Attitude Adjustment (Lake Elsinore)
4th Tuesday	Searching Party
4th Wednesday	Linda D
4th Thursday	The Step Sisters – Wednesday (Temecula)
4th Friday	Women's Candlelight –Thursday (Temecula)
4th Weekend	Wild Ones Grape Street (Wildomar)
5th Monday	Sunday Came To Believe Lyndie Lane, Temecula
5th Tuesday	Paul R
5th Wednesday	Bobbi And Richard
5th Thursday	Charlene And Jeff (Murrieta)
5th Friday	Brenda and John W (Wildomar)
5th Weekend	Men's Stag – Tuesday 7:30 pm (Temecula)

AA Events

Woman to Woman Santa Barbara Retreat



La Casa De Maria
800 El Bosque Rd, Montecito, CA 93108

November 7, 8, & 9 2014

Woman to Woman Santa Barbara Registration

Name _____ Phone # _____

Address _____

Email _____

Roomate(s) Name _____

Double \$280.00 / Triple \$265.00 / Dorm \$250.00 (limited space)

Full Payment is Required to hold your space by July 1, 2014!

Make checks payable to: W2W Santa Barbara / 40093 Temple Court, Murietta, CA 92563

For more information contact Sue Fenton 951-698-1424 sister.sue@outlook.com

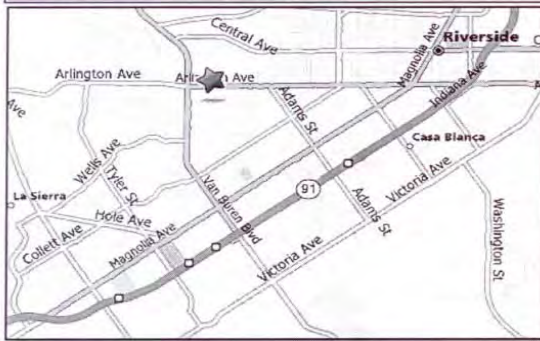


MARK YOUR CALENDARS !!!
2015 INTERNATIONAL CONVENTION
IS BEING HELD IN ATLANTA, GEORGIA
JULY 2-5, 2015
THEME—80 YEARS -HAPPY, JOYOUS, FREE

AA Events



2014 Schedule	
Bill W Documentary (2012)	Saturday – Jan 18
My Name is Bill W. (1989)	Saturday – Feb 15
When Love is not Enough (2010)	Saturday – Mar 15
One Too Many (1950)	Saturday – Apr 19
Life of the Party (1982)	Saturday – May 17
28 days (2000)	Saturday – June 21
Days of Wine and Roses (1962)	Saturday – July 19
Flight (2012)	Saturday – Aug 16
The Lost Weekend (1945)	Saturday – Sep 20



7111 Arlington Ave, Suite B
 Riverside CA 951 785-0845
 (Past the Airport in the Riverside Air Park)

Show Time: Doors open at 7:00PM.
 The movie starts at 7:30PM.
 Stay after and tour the archives.

Cost: FREE!
 Bring your lawn chairs or chaise lounge and enjoy classic Hollywood movies about AA in our own unique theater. (we have chairs too!)

Refreshments will be available

Word Puzzle

Step 4 - Tradition 4

B	S	F	G	I	P	L	M	P	I	B	N	S	O	N
C	E	S	Q	O	L	V	U	O	S	V	S	E	B	W
A	D	T	E	E	B	O	F	I	R	Q	N	A	J	K
C	U	H	R	L	R	A	N	Y	E	A	X	R	Z	C
Z	F	T	V	G	R	V	B	U	T	E	L	C	Z	T
K	H	E	O	B	E	A	H	Q	T	I	C	H	R	E
B	J	Z	B	N	A	Q	E	S	A	M	E	I	I	J
L	Q	D	T	T	O	E	D	F	M	U	L	N	J	U
E	Q	O	D	V	P	M	D	Q	T	N	M	G	Q	X
D	R	S	Q	V	T	A	O	V	K	U	P	W	W	S
Y	G	G	G	M	O	O	X	U	Z	W	J	O	D	G
A	K	M	T	Y	K	E	X	D	S	A	V	N	T	C
W	H	O	L	E	B	R	D	Z	Y	Y	X	W	U	C
Q	N	K	O	J	E	I	S	P	N	G	A	O	J	D
O	N	Y	D	U	S	E	V	L	E	S	R	U	O	S

AUTONOMOUS
INVENTORY
OURSELVES

FEARLESS
MATTERS
SEARCHING

GROUP
MORAL
WHOLE

Word Puzzle Solution

```

+++++++S+++++
+++++++E+++++
+++I++A+++++
S+++NR+++++O++
+R++CV+++++U++
++EHSSELRAEFR++
++IT+++N++++SP+
+N++T+++T+++EU+
G++++A+WHOLELO+
AUTONOMOUSR+VR+
++++L+++++YEG+
+++A+++++++S++
++R+++++++
+O+++++++
M+++++++
    
```

(Over, Down, Direction)
 AUTONOMOUS(1,10,E)
 FEARLESS(12,6,W)
 GROUP(14,11,N)
 INVENTORY(4,3,SE)
 MATTERS(7,10,NW)
 MORAL(1,15,NE)
 OURSELVES(13,4,S)
 SEARCHING(9,1,SW)
 WHOLE(8,9,E)