# GRATITUDE GAZETTE

A Color copy of this newsletter is available on the website at

www.temeculacentraloffice.org



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### Alcoholics Anonymous

#### I AM RESPONSIBLE

Whenever anyone, anywhere, reaches out for help, I want the hand of AA always to be there, and for that I am responsible.

 Declaration of 30th Anniversary International Convention, 1965

# "Remember Bill, let's not louse this thing up. Let's keep it simple."

(from "Dr. Bob and the Good Oldtimers", page 343)

#### DR. BOB'S FAREWLL TALK

(Reprinted with permission from A.A.W.S., From Dr. Bob's brief remarks on Sunday, July 3, 1950, at the First International A.A. Convention in Cleveland, Ohio)

My good friends in A.A. and of A.A.,

... I get a big thrill out of looking over a vast sea of faces like this with a feeling that possibly some small thing I did a number of years ago played an infinitely small part in making this meeting possible. I also get quite a thrill when I think that we all had the same problem. We all did the same things. We all get the same results in proportion to our zeal and enthusiasm and stick-to-itiveness. If you will pardon the injection of a personal note at this time, let me say that I have been in bed five of the last seven months and my strength hasn't returned as I would like, so my remarks of necessity will be very brief.

There are two or three things that flashed into my mind on which it would be fitting to lay a little emphasis. One is the simplicity of our program. Let's not louse it all up with Freudian complexes and things that are interesting to the scientific mind, but have very little to do with our actual A.A. work. Our Twelve Steps, when simmered down to the last, resolve themselves into the words "love" and "service." We understand what love is, and we understand what service is. So let's bear those two things in mind.

Let us also remember to guard that erring member the tongue, and if we must use it, let's use it with kindness and consideration and tolerance.

And one more thing: None of us would be here today if somebody hadn't taken time to explain things to us, to give us a little pat on the back, to take us to a meeting or two, to do numerous little kind and thoughtful acts in our behalf. So let us never get such a degree of smug complacency that we're not willing to extend, or attempt to extend, to our less fortunate brothers that help which has been so beneficial to us.

Thank you very much.



#### Submission

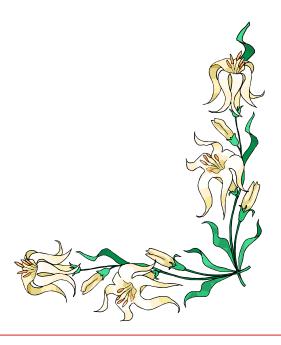
### Thanks to Sponsorship

I came into AA broken, alone, and isolated. I knew nothing of the program and was very angry entering the rooms. For my first 30 days, when it was my time to share, all I could do was complain. I did not want to be an alcoholic. That was just too bad. In my 5<sup>th</sup> week I finally heard the message of recovery. I began to read the Big Book, got a sponsor, and started to do the steps. After all, what did I have to lose? When I asked that a man to sponsor me the journey really began. 6 months into the program, my sponsor moved out of state, but I made sure I found another man to work with before he departed. This was important because my sponsor was someone I could trust and be honest with. I got a new sponsor and completed the steps while forming the same type of relationship. We continue to work today through the Traditions and communicate with no secrets.

As I worked my 12<sup>th</sup> step, I also began to sponsor men. What makes this journey so special is that all of these men, the sponsors and sponsees alike, became some of my best friends. Unlike my other friends before AA, these friendships are not based on what I can get from them and them from me. These new friendships are based on honesty, trust, and a common bond which is alcoholism. These are true friends. Your sponsors and sponsees may not become your best friends, but without sponsorship I wish you good luck staying sober. I have a new life today thanks to the Big Book of

Alcoholics Anonymous, my sponsors, and the fellowship of AA. I thank God every day for AA and my sobriety.

Friend of Bill W.



#### Submission

#### The BOOK is BORN

By Bill W.

(Reprinted with permission from A.A.W.S., AA Grapevine, October 1945, Vol. 2 No. 5)

In recent Grapevine articles attention has been drawn to the fact that A.A. is still in the process of forming a public relations policy, that failure to crystallize a sound policy could seriously cripple us.

During the first three years of A.A. no one gave a thought to public relations. It was a time of "flying blind," when we feverishly sought the principles upon which we might stay sober and assist the few alcoholics who came around wanting to do likewise. We were entirely preoccupied with the life and death question of personal recovery. It was strictly a man to man affair. We hadn't even agreed upon a name for our movement. There was no literature.

By the fall of 1937 we could count what looked like 40 recovered members. One of us had been sober three years, another two and a half, and a fair number had a year or more behind them. As all of us had been hopeless cases, this amount of time elapsed began to be significant. The realization that we "had found something" began to take hold of us. No longer were we a dubious experiment. Alcoholics could stay sober. Great numbers perhaps! While some of us had always clung to this possibility, the dream now had real substance. If 40 alcoholics could recover, why not four hundred, four thousand--even forty thousand?

Once this spectacular notion gripped us, our thinking underwent a sudden change. Our alcoholic imaginations certainly had a field day. By temperament most of us are salesmen, promoters. So we began talking very big. Mere boxcar numbers wouldn't do. We went astronomical. Undoubtedly, we said, this was the beginning of one of the greatest medical, religious and social developments of all time. We would show the medical profession and the sky pilots where they got off! A million alcoholics in America; more millions all over the world! Why, we only had to sober up all these boys and girls (and sell them God) whereupon they would revolutionize society. A brand new world with ex-drunks running it. Just think of that, folks!

Publicity? Why of course! Millions of words! Money? Sure! It would take millions, naturally. The matter of money and publicity would be a cinch--just a campaign of high powered selling directed at our American tycoons and editors would quickly settle that question. How could they resist when they saw what we had? Just watch us drunks. Actually a few of us were pretty nearly as bad as that! No circus barker was ever so enthusiastic or extravagant in his cries as were some of us in the fall of 1937. In fact, I can recall having done a great deal of the barking myself!

Now suppose the promoters of those pioneering days had not been slowed down. Suppose that our public relations policy had been left fully in their hands. Suppose they had been able to raise millions, to flood the country with A.A. propaganda and wild claims. Where would we be now? Nowhere, obviously. We would not only have fallen out with our best friends, religion and medicine; we would surely have been discredited among the very people we wished most to reach alcoholic men and women.

alcoholic men and women. Much money would have meant a large staff of professional A.A. therapists or "do gooders," and promoters plus money would surely have meant ballyhoo on every subject under the sun from prohibition to Communist Russia. Internally, if we still existed at all, we

### Submission

Much money would have meant a large staff of professional A.A. therapists or "do gooders," and promoters plus money would surely have meant ballyhoo on every subject under the sun from prohibition to Communist Russia. Internally, if we still existed at all, we would have been torn apart by political controversy, religious dissension. It happened to the Washingtonians. Who, then, has saved us thus far?

The people who did the saving job then, and who have continued to save us much trouble since, are a class of individuals with whom most A.A.s are impatient. These people are the conservatives. They are the "go slow," "think it over," "let's not do that" type. Not many of them are to be found among us alcoholics but it's certainly providential that we have always had a few such around. Often accused of being a drag on progress (as they sometimes are) they are nevertheless a priceless asset. They bring the rest of us down out of the clouds; they make us face the realities of experience; they foresee dangers which most of us would blithely ignore. Sometimes their conservatism is overdone; they needlessly "view with alarm for the good of the movement." Knowing that mere change is not necessarily progress they instinctively resist change. They never wish to take an irrevocable step; they often shrink from those final decisions from which there is no retreat. They keep out of trouble by making sure never to get into it. The first discussion of our public relations in 1937 at Akron will always live in my memory. The promoters could think of nothing but getting the glad news of our recoveries to a million alcoholics, overnight if possible. If this were done, God would do the rest, they said. But the conservatives did not think God did business that way.

The conservatives then proceeded with terrific impact, to make the point that The Man of Galilee had no press agent, no newspapers, no pamphlets, no books--nothing but word of mouth to carry the spirit from person to person, from group to group. Why should we deviate from His example? Were we about to substitute ballyhoo for personal demonstration? Were we to favor personal glorification in public in place of quietness, humility and anonymity? These were good questions; they made us promoters stop and think. Though obliged to concede much to the conservatives on principle, we still felt their counsel was that of perfection. It wasn't practical. The conservatives retorted that while promoters had built many a successful enterprise they almost always bankrupt what they had built if they were left long enough in charge. We promoters (and I was one of them) came back with this: How, we inquired, could the "go slow boys" sleep nights when they reflected that after three long years we had produced but three small groups; that America had a million alcoholics dying like flies; that within gunshot of where we sat there were perhaps hundreds who could get well if they only knew what we knew? And did alcoholics in California have to wait for relief to get there by word of mouth only? And wasn't there grave danger of our successful methods being badly distorted unless reduced to writing and put in book form? And if we made no written record of what we had found, might not columnists get funny and start deadly ridicule? Caution, we agreed, ought to be observed by all means, but still didn't we need a book of our own, some publicity?

Such was the gist of the discussion out of which came the decision to publish the book, Alcoholics Anonymous. This led to publicity, to the establishment of our Board of Trustees (The Alcoholic Foundation), and to the creation of the Central Office at New York where alcoholics and their families can write for literature and direct help. Our rapid and seemingly healthy growth the past few years has pretty well demonstrated the wisdom of these early decisions. The point is obvious. If these vital matters had been left entirely to the promoters like me, we would surely have gone hog wild and spoiled everything. Had these affairs been left exclusively to the conservatives it is probable that few of our present membership would yet have heard of A.A. Thousands would have remained miserable. Many would have been dead.

### AA Service Meetings

What	When	Where
H&I Committee Meeting	1st Monday - 7:30pm	TVAC–27470 Commerce Center Dr.
_	•	Temecula, CA 92590
TVCO Board Meeting	1st Tuesday - 6:30pm	Central Office - All are welcome,
		but only board members may participate.
Mid So-Cal Area Meeting	2nd Sunday - 9:30am	Meets at various locations. Call Central
		Office for meeting location
Cooperating with Prof Community (CPC)	2nd Tuesday - 5:45pm	Boston Billies - 26850 Cherry Hills Blvd.
		Sun City
GSR Meeting - District 17	2nd Tuesday - 6:30pm	Boston Billies - 26850 Cherry Hills Blvd.
		Sun City
Intergroup Meeting	3rd Tuesday - 6:45pm	United Methodist Church, Murrieta
	Visitors Welcome	24652 Adams at Kalmia & Adams
GSR Meeting - District 14	3rd Wednesday - 7pm	Good Shepherd Episcopal Church
		308 E Acacia Ave, Hemet, CA 92543

### What is the Intergroup?

Each group is encouraged to have an Intergroup Representative. This person is the liaison between Intergroup and their home group. The Intergroup Central Office depends upon the local members and groups for the necessary support to carry out its responsibilities. This support comes in the form of volunteer help and financial contributions. Our

efficiency and the continuation of services offered are related to the level of support from the groups. Please register your group at Central Office. Any A.A. member is welcome to attend the Intergroup or Board meeting as a guest. If your group is interested in joining Intergroup, send a member to the meeting, and we will gladly give you all the information you need to get started.

"The Intergroup associations are the best insurance we can have that our life lines to the hundreds of thousands yet to come will never break or tangle. Let us always be generous. Let us warmly support Intergroup."

AA co-founder Bill W. 1949

#### **BRIDGING THE GAP**

Bridging the Gap is designed to help an alcoholic between a treatment program or prison make the transition. One of the more slippery places in the journey to sobriety is between the door of a facility and the nearest AA group or meeting. AA experience suggests that attending meetings regularly is critical. In order to Bridge the Gap, AA members have volunteered to be temporary contacts & introduce newcomers to AA. It is suggested that the temporary contact take the newcomer to a variety of AA meetings; introduce him or her to other AA's; insure that he or she has some phone numbers of several AA members and share the experience of sponsorship and a home group.

Temecula Valley is in the process of coordinating this committee.

Volunteers are needed.

### What you get from Central Office!

During the day, your Central Office keeps the doors open to assist recovering and suffering AA members alike and provide the following services:

We provide the Big Book.

We provide the 12x12, assorted literature, chips, and newcomer packets.

Your office manager organizes volunteers, makes sure the office is a healthy place for all, keeps your accounting data accurate, and safe guards your inventory. The office manager is there to support the groups

and the individual members of our fellowship.

We make and distribute your meeting schedules and we publish the Gratitude Gazette. Twenty-four hours a day, seven days a week, volunteers take calls from suffering alcoholics and organize 12 step calls. The phone line and special call-forwarding are paid for by your central office contributions.

Please ask at your next business meeting if you are contributing monthly to your

Central Office. It doesn't have to be a lot. Being selfsupporting means not only paying for your rent and coffee, but also paying for the services you receive through Central Office.

If your group has stopped contributing (or never started), please bring it up at your next business meeting and take a group conscious. Let us know when and how we can help.

Your Central Office Team

Central Office appreciates ALL of their volunteers.
Volunteer spots are available.
Give us a call
(951) 695-1535



### **Submissions**

We would love to print your submissions for the Newsletter. The primary theme of any article content must pertain to; alcoholism and recovery, the Twelve Steps, The Twelve Traditions, or The Concepts. Poems, inspiring materials, AA trivia, jokes and cartoons are welcome also. Proper credit must be given to each articles source. If taken from previously printed materials include its copyright so that we can acknowledge it. The committee reserves the right to edit or refuse any articles submitted. All profanity will be edited out of the final copy. *Please submit in plain text*.

Submissions accepted via email at: <a href="mailto:gazette@temeculacentraloffice.org">gazette@temeculacentraloffice.org</a>
Mailing Address: Temecula Valley Central Office, 28636 Old Front Street, #106, Temecula CA 92590

### Get On The List

Be notified of meeting changes, new events and other important AA information from your Gratitude Gazette.

Send email to

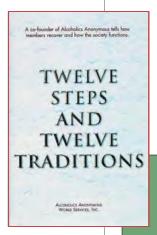
<u>DLSevant@TemeculaCentralOffice.Org</u>

and be added to the list.

### **Central Office Service**

Please call **(951) 695-1535**if you can be of service at
Central Office by volunteering for time slots to
answer phones and help walk-ins. Volunteers
are always appreciated, and of course you
get the grand reward...

Sobriety for another day!



### **Step Six Guidelines**

Were entirely ready to have God remove all these defects of character.



### **How It Works**

We have emphasized willingness as being indispensable. Are we now ready to let God remove from us all the things which we have admitted are objectionable? Can He now take them all, everyone? If we still cling to something we will not let go, we ask God to help us be willing.

-A.A. Big Book p.76

More about Step 6 in the Big Book

### **Tradition Six**

An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

# Group Contributions

May 14   May 13   Tem Del Rio Survivors   250.00   150.00   150.00   150.00   150.00   300.	<b>F</b>		
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Temecula Joe & Charlie Workshop 0.00 122.00  Wildomar IVH/Fri 7pm/Step Study 0.00 15.00  SC Unity Hall/Umbrella #164257 0.00 250.00  Serenity Cup Tournament 0.00 50.00	Tem The Meeting Place	0.00	5.00
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SC Unity Hall/Umbrella #164257 0.00 250.00  Serenity Cup Tournament 0.00 50.00	Temecula Joe & Charlie Workshop	0.00	122.00
SC Unity Hall/Umbrella #164257       0.00       250.00         Serenity Cup Tournament       0.00       50.00         1 264 11       2 039.09	Wildomar IVH/Fri 7pm/Step Study	0.00	15.00
Serenity Cup Tournament 0.00 50.00		0.00	250.00
1 264 11 2 030 00		0.00	50.00
	TOTAL	1,264.11	2,039.09



# Personal Donalions

Date	Name	Amount
5/4/14	Anonymous	750.00
5/4/14	Darcie D	10.00
5/7/14	Paul Rohrbacher	20.00
5/7/14	Shep and Annie	20.00
5/10/14	Chris and Thalia	20.00
5/15/14	Jill A	20.00
5/15/14	Mike B	20.00
5/15/14	John and Brenda	10.00
5/18/14	Water and Mold Away USA	25.00
5/21/14	JimBud	50.00
5/26/14	David F	300.00

1,245.00

### Buck A Month Club

Date	Memo	Amount
5/29/14	Gene W	5.00
5/29/14	Suzie	5.00
5/29/14	Marcos	15.00
5/29/14	Georgia	1.00
5/29/14	Karen K	1.00
5/29/14	Sandy	5.00
5/29/14	Ron	13.00
5/29/14	Anonymous	3.00
5/29/14	Linda F	15.00
5/29/14	Lori	2.00
5/29/14	Karen K	2.00
5/29/14	Mary	1.00
5/29/14	Jack	1.00
5/29/14	Kenny	20.00
5/29/14	Chelsea	1.00
5/29/14	Debra G	1.00
5/29/14	James	1.00
5/29/14	Bryan	5.00
5/29/14	Eric	1.00
5/29/14	Edna E	1.00
5/29/14	Astrid	5.00
5/29/14	Lauro	1.00
5/29/14	Tim	3.00
5/29/14	Tom	1.00

109.00

# Central Office News

#### **Volunteers**

- 1 Barry
- 2 Beth
- 3 Chris Ke
- 4 Debi G
- 5 Debbie R
- 6 Gay
- 7 Jennifer
- 8 Jill A
- 9 Jill M
- 10 John W
- 11 Kristen P
- 12 Kristy
- 13 Nancy
- 14 Randy
- 15 Rich
- 16 Sharon
- 17 Sharii
- 18 Shawn
- 19 Steve
- 20 Stuart
- 21 Tony
- 22 Trish
- 23 Tyrone

### **Daily Activity For March**

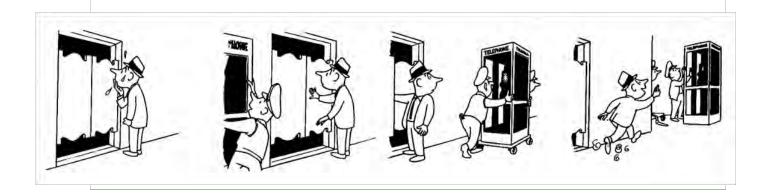
Phoned in	151
Walk ins	75
AA Meeting	60
Al-anon	7
12 Step	9
Donations/Purchases	82
Misc/Other Business	12



Date	Memo	Amount
5/26/14	Saunie Celebrates 17 years!	17.00
		17.00

### Victor E

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# Temecula Valley Intergroup

### Hot Line Schedule

1st Monday Monday 7:00 Am As Bill Sees It & Saturday Am Reflections (Murrieta)

1st Tuesday Tuesday 10 Am Women's 12x12 (Murrieta)

1st Wednesday Women's Closed As Bill Sees It - Monday 12:00 (Murrieta)

1st Thursday Thur. Women's 10:00am-Lyndie Lane (Temecula)

1st Friday Men's Stag 7:00 Pm Wednesday (Murrieta)

1st Weekend Liberty Bells (Lake Elsinore)

2nd Monday Saturday Early Risers (Temecula)

2nd Tuesday Unity Hall 7 Am (Sun City)

2nd Wednesday The Funks 2nd Thursday Julie P

2nd Friday Menifee Grass Roots

2nd Weekend Mosh Pit

3rd Monday Paul R 3rd Tuesday Gary W

3rd Wednesday Women's Acceptance Wednesday (Lake Elsinore)
3rd Thursday Thursday Women's BB Study L.E. (Lake Elsinore)

3rd Friday Back To Basics (Sun City)

3rd Weekend Chris K

4th Monday Sunday 7 Am Attitude Adjustment (Lake Elsinore)

4th Tuesday Searching Party

4th Wednesday Linda D

4th Thursday The Step Sisters – Wednesday (Temecula)
4th Friday Women's Candlelight –Thursday (Temecula)

4th Weekend Wild Ones Grape Street (Wildomar)

5th Monday Sunday Came To Believe Lyndie Lane, Temecula

5th Tuesday Paul R

5th Wednesday Bobbi And Richard

5th Thursday Charlene And Jeff (Murrieta)
5th Friday Brenda and John W (Wildomar)

5th Weekend Men's Stag – Tuesday 7:30 pm (Temecula)



## AA Events

# 38th Annual High Sierra Campout

Mammoth Lakes, CA ~ August 15-17, 2014









We invite you to join us in the peace and serenity of the Eastern Sierra for this special weekend of fellowship and recovery!



Pine Glen is a beautiful forested group campground just outside Mammoth Lakes.

Handicapped accessible restroom facilities nearby. Showers available at the RV park across Hwy 203. You will need to select a site upon arrival and pay the appropriate fees if you have not preregistered and paid. More sites are available for private reservation at "Pine Glen." "New Shady Rest," or "Old Shady Rest" campgrounds, which are a short walking distance from Pine Glen. Go online to reserveusa.com or call 877 444-6777 to reserve these. Many sites will be available for same day registration. Those arriving prior to August 15<sup>th</sup>, check with the campground host at Pine Glen for an appropriate campsite. Our meetings. BBO & Registration will be held at site #8 (same as last year). Please do not set up in Campsite #3. We will have a limited amount of parking at the campsites and meeting area. Carpooling, biking, or walking from other nearby parking will be necessary during meeting times. The campground requires Dogs to be on leash at all times.

 Contact:
 Scott L.
 916-879-2332
 game1 4u@yahoo.com

 Debbie H.
 714-856-2892
 harrigan52@hotmail.com

Directions: From Hwy 395, take the Mammoth Lakes exit Hwy 203 2.5 miles, just before 1<sup>st</sup> signal, turn right on Saw Mill Cutoff, across from Mc Donald's. Look for sign on immediate right to find Pine Glen. Follow the signs to the last group of campgrounds. We (registration) are at the end of the road.

\$30 per person for the weekend includes: camping fee, Friday dinner, Saturday BBQ (Potluck, please bring a side dish) & Sunday Breakfast and lots of meetings! \$15 for non-campers, \$10 for children. Facility reservations, speaker's transportation are paid with registration fees. Please pre-register if possible if you are camping in "Pine Glen" or are planning to participate in BBQ or Sunday Breakfast so that the number of people can be anticipated. T-shirts will be available for purchase at check in-registration table.

Pack up and leave the City! Bring yourself, your family, fishing/camping gear, bikes, clothing for cool nights, sunscreen & repellent

#### FRIDAY, August 15

Noon - 7pm Registration 5:30pm - Welcome Pizza Party 6pm - Al-anon Meeting 7:30pm - AA Speaker Meeting

#### SATURDAY, August 16

8am - 7pm Registration 8am - AA Meeting 8am - Al-anon Meeting 9-11:45am - AA Workshop Noon - AA Picnic at the Lake Meeting 5:30pm - BBQ (Potluck) Dinner , Sobriety Countdown, White Elephant 8pm - AA Speaker Meeting

#### SUNDAY, August 17

7:30am - Breakfast served 8am - AA Meeting 8am - AI-anon Meeting 9-10:30am - Speaker Meeting 11am - Check out/ Clean-up

Area 42 District 8





Mammoth Campout 2014 Registration Form





Please make checks payable to: High Sierra Campout Mail to: PO Box 3151, Mammoth Lakes, CA 93546

Name:		Registration Fees:	x \$30 =
Address:		Tent/Camping Persons:()	x \$30 =
City, State, Zip:		Non-Camping Persons :()	x \$15=
	2.3	Child Camper: ()	x \$10=
Phone:	Email:	Total Amount Due	\$
			2/13/1-

## AA Events





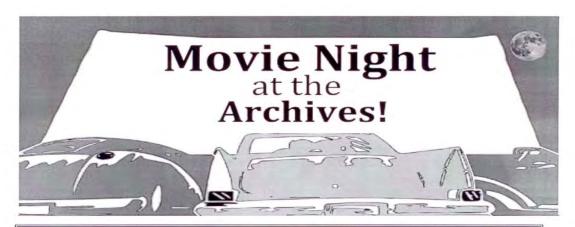
# MARK YOUR CALENDARS !!! 2015 INTERNATIONAL CONVENTION

IS BEING HELD IN ATLANTA, GEORGIA

JULY 2-5, 2015

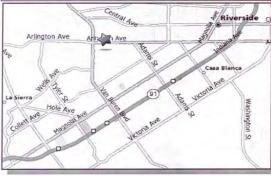
THEME—80 YEARS –HAPPY, JOYOUS, FREE

# AA Events



#### 2014 Schedule

Bill W Documentary (2012) Saturday – Jan 18 My Name is Bill W. (1989) Saturday - Feb 15 When Love is not Enough (2010) Saturday - Mar 15 One Too Many (1950) Saturday – Apr 19 Life of the Party (1982) Saturday - May 17 28 days (2000) Saturday - June 21 Days of Wine and Roses (1962) Saturday - July 19 Saturday – Aug 16 Saturday – Sep 20 Flight (2012) The Lost Weekend (1945)



7111 Arlington Ave, Suite B
Riverside CA 951 785-0845
(Past the Airport in the Riverside Air Park)

Show Time: Doors open at 7:00PM.

The movie starts at 7:30PM.

Stay after and tour the archives.

Cost: FREE!

Bring your lawn chairs or chaise lounge and enjoy classic Hollywood movies about AA in our own unique theater. (we have chairs too!)

Refreshments will be available