

GRATITUDE GAZETTE

A color copy of this newsletter is available on the website at
www.temeculacentraloffice.org



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Alcoholics Anonymous

I AM RESPONSIBLE

Whenever anyone, anywhere, reaches out for help, I want the hand of AA always to be there, and for that I am responsible.

- Declaration of 30th Anniversary International Convention, 1965

Step Seven

Humbly asked Him to remove our shortcomings.

I tend to go to fast with everything in life. So with Step work, I intentionally slow down. I read and do the Steps word by word. This Step begins with "Humbly," and I consider that word as if it were an entire sentence, an entire thought, a complete action. Humbly.

Has my inventory been complete? Have I really been living Step 3? Am I doing the deal in A.A.? Do I recognize in my heart of hearts that I cannot do it alone? If the answer is yes, I have no problem asking the God of my understanding for help in doing what I have been unable to do for myself for my entire life. I used to be a slave to my defects. Running riot for who-knows-why. Now it's time for it to end, for me to ask Gods help. He has been there the entire time; witnessing my progress. My becoming "entirely ready". But he doesn't act automatically. I have to ask, or I won't get. By asking God I am admitting, and my actions are indicating, that I cannot remove them on my own. It's humility in action. It's me walking the walk. I cannot be content in the assumption "God knows all this stuff anyway". I go through my fourth Step list and one by one, ask Gods help. And guess what? He does it.

It wasn't a white light or burning bush for me. I just looked back at one point and realized that I hadn't acted in that way, had those thoughts or experienced being driven by those compulsions in a long time. It was then that I knew God had done it. It was in retrospect that I became aware. This Step is truly an example of "God helps those who help themselves". Rob L.

Submission

Excerpts on Tradition 7

Self-Support *"The Green Card"*

The 7th Tradition states: "Every A.A. group ought to be fully self-supporting, declining outside contributions."

While contributions cover each group's rent and other expenses, the 7th Tradition is essential at every level of A.A. service. It is both a privilege and a responsibility for groups and members to ensure that not only their group, but also their intergroup/central office, local services, district, area, and the General Service Office remain self-supporting. This keeps A.A. free of outside influences that might divert us from our primary purpose -- to help the alcoholic who still suffers.

The amount of our contribution is secondary to the spiritual connection that unites all groups around the world.

A.A.'s Seventh Tradition – Long Form

The Long Form of our Seventh Tradition states, "The A.A. groups themselves ought to be fully supported by the voluntary contributions of their own members.

We think that each group should soon achieve this ideal; that any public solicitation of funds using the name of Alcoholics Anonymous is highly dangerous, whether by groups, clubs, hospitals, or other outside agencies; that acceptance of large gifts from any source, or of contributions carrying any obligation whatever is unwise. Then, too, we view with much concern those A.A. treasuries which continue, beyond prudent reserves, to accumulate funds for no stated A.A. purpose. Experience has often warned us that nothing can so surely destroy our spiritual heritage as futile disputes over property, money and authority."

Alcoholics Anonymous p.564

Submission

'IT'

Lyn P. (Unity Hall) July 2014 ©

Who is *it* that bothers you?
Individual form?
A glance or words so irksome,
Livid thoughts lend tempest storms.

What is *it* that's plaguing you?
Not illicit drugs or drink.
Could it be uncertainty?
Rampant carelessness, we think.

When is *it* the right time?
Still the perfect day awaits.
Down the street, around the block,
Circumstances instigate.

Where is *it* you're hiding truth?
Beneath your vacant soul?
Dust and clean the outside shell,
Foul deceit lives inside whole.

Why is *it* you're running,
When nothing's in pursuit?
No answers for hard questions,
Boundless fear has taken root.

How is *it* you know what's best?
Must you drag this heavy load?
All by your lil', lonesome self,
Won't let go of false strongholds!

It can be most anything,
Restlessness isn't clear.
Take a seat, our tired friend
Splendid peace is thriving here.

Submission

RIGHT ON TIME

They say four billion years ago life showed its face on earth.
They knew not then, that man would be, the product of that birth
Then grapes appeared upon the vine, eight thousand years just past.
Their juice, when crushed, seemed harmless, when enjoyed with repast.
But like all things that seem so fine, and too good to be true,
a darker side revealed the lure that many came to rue.
When smitten by this patient foe the bearers have no shield,
and when the choice is yea or nay, the stricken always yield.
So shameful was this malady, a moral thing they said.
Their families kept their secret safe, long after they were dead.
Centuries have come and gone, since first it got its grip,
and one in ten would pay the price, when venturing one sip.
Then God saw fit to intervene and offer up a choice,
and Bill and Bob were listening, and heard his loving voice.
How fortunate we are today, to be among the first,
to have been chosen, at this time, to quell that deadly thirst.
The wisdom of eight thousand years is laid before our feet.
How blessed to have it waiting, when I stumbled in defeat.
When pondering the suffering crossed, that vast expanse of time,
I would not waste one moment of, His precious gift sublime.
Rick R. Poway, Ca.

AA Service Meetings

What	When	Where
H&I Committee Meeting	1st Monday - 7:30pm	TVAC—27470 Commerce Center Dr. Temecula, CA 92590
TVCO Board Meeting	1st Tuesday - 6:30pm	Central Office - All are welcome, but only board members may participate.
Mid So-Cal Area Meeting	2nd Sunday - 9:30am	Meets at various locations. Call Central Office for meeting location
Cooperating with Prof Community (CPC)	2nd Tuesday - 5:45pm	Boston Billies - 26850 Cherry Hills Blvd. Sun City
GSR Meeting - District 17	2nd Tuesday - 6:30pm	Boston Billies - 26850 Cherry Hills Blvd. Sun City
Intergroup Meeting	3rd Tuesday - 6:45pm Visitors Welcome	United Methodist Church, Murrieta 24652 Adams at Kalmia & Adams
GSR Meeting - District 14	3rd Wednesday - 7pm	Good Shepherd Episcopal Church 308 E Acacia Ave, Hemet, CA 92543

What is the Intergroup?

Each group is encouraged to have an Intergroup Representative. This person is the liaison between Intergroup and their home group. The Intergroup Central Office depends upon the local members and groups for the necessary support to carry out its responsibilities. This support comes in the form of volunteer help and financial contributions. Our

efficiency and the continuation of services offered are related to the level of support from the groups. Please register your group at Central Office. Any A.A. member is welcome to attend the Intergroup or Board meeting as a guest. If your group is interested in joining Intergroup, send a member to the meeting, and we will gladly give you all the information you need to get started.

“The Intergroup associations are the best insurance we can have that our life lines to the hundreds of thousands yet to come will never break or tangle. Let us always be generous.

Let us warmly support Intergroup.”

AA co-founder Bill W. 1949

BRIDGING THE GAP

Bridging the Gap is designed to help an alcoholic between a treatment program or prison make the transition. One of the more slippery places in the journey to sobriety is between the door of a facility and the nearest AA group or meeting. AA experience suggests that attending meetings regularly is critical. In order to Bridge the Gap, AA members have volunteered to be temporary contacts & introduce newcomers to AA. It is suggested that the temporary contact take the newcomer to a variety of AA meetings; introduce him or her to other AA's; insure that he or she has some phone numbers of several AA members and share the experience of sponsorship and a home group.

Temecula Valley Intergroup

Hot Line Schedule



1st Monday	Monday 7:00 Am As Bill Sees It & Saturday Am Reflections (Murrieta)
1st Tuesday	Tuesday 10 Am Women's 12x12 (Murrieta)
1st Wednesday	Women's Closed As Bill Sees It - Monday 12:00 (Murrieta)
1st Thursday	Thur. Women's 10:00am-Lyndie Lane (Temecula)
1st Friday	Men's Stag 7:00 Pm Wednesday (Murrieta)
1st Weekend	Liberty Bells (Lake Elsinore)
2nd Monday	Saturday Early Risers (Temecula)
2nd Tuesday	Unity Hall 7 Am (Sun City)
2nd Wednesday	The Funks
2nd Thursday	Becky
2nd Friday	Sun City Swingers
2nd Weekend	Mosh Pit
3rd Monday	Jill M
3rd Tuesday	Nancy
3rd Wednesday	Women's Acceptance Wednesday (Lake Elsinore)
3rd Thursday	Thursday Women's BB Study L.E. (Lake Elsinore)
3rd Friday	Back To Basics (Sun City)
3rd Weekend	Chris K
4th Monday	Sunday 7 Am Attitude Adjustment (Lake Elsinore)
4th Tuesday	Searching Party
4th Wednesday	Linda D
4th Thursday	The Twilight Meeting (Temecula)
4th Friday	Women's Candlelight -Thursday (Temecula)
4th Weekend	Wild Ones Grape Street (Wildomar)
5th Monday	Sunday Came To Believe Lyndie Lane, Temecula
5th Tuesday	Shannon
5th Wednesday	Bobbi And Richard
5th Thursday	Shannon
5th Friday	Brenda and John W (Wildomar)
5th Weekend	Men's Stag - Tuesday 7:30 pm (Temecula)

What you get from Central Office!

During the day, your Central Office keeps the doors open to assist recovering and suffering AA members alike and provide the following services:

We provide the Big Book.

We provide the 12x12, assorted literature, chips, and new-comer packets.

Your office manager organizes volunteers, makes sure the office is a healthy place for all, keeps your accounting data accurate, and safe guards your

inventory. The office manager is there to support the groups and the individual members of our fellowship.

We make and distribute your meeting schedules and we publish the Gratitude Gazette.

Twenty-four hours a day, seven days a week, volunteers take calls from suffering alcoholics and organize 12 step calls. The phone lines and special call-forwarding

are paid for by your central office contributions.

Please ask at your next business meeting if you are contributing monthly to your

Central Office. It doesn't have to be a lot. Being self-supporting means not only paying for your rent and coffee, but also paying for the services you receive through Central Office.

If your group has stopped contributing (or never started), please bring it up at your next business meeting and take a group conscious.

Let us know when and how we can help.



Central Office appreciates ALL of their volunteers.

Submissions

We would love to print your submissions for the Newsletter. The primary theme of any article content must pertain to; alcoholism and recovery, the Twelve Steps, The Twelve Traditions, or The Concepts. Poems, inspiring materials, AA trivia, jokes and cartoons are welcome also. Proper credit must be given to each articles source. If taken from previously printed materials include its copyright so that we can acknowledge it.

The committee reserves the right to edit or refuse any articles submitted.

All profanity will be edited out of the final copy. *Please submit in plain text.*

Submissions accepted via email at: gazette@temeculacentraloffice.org

Mailing Address: Temecula Valley Central Office, 28636 Old Front Street, #106,

Get On The List

Be notified of meeting changes, new events and other important AA information from your Gratitude Gazette.

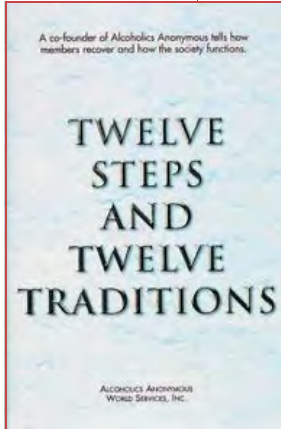
Send email to
DLSevant@TemeculaCentralOffice.Org
and be added to the list.

Central Office

Please call (951) 695-1535

if you can be of service at

Central Office by volunteering for time slots to answer phones and help walk-ins. Volunteers are always appreciated, and of course you get the grand reward...



Step Seven Guidelines

Humbly asked God to remove our shortcomings

STEP
7

How It Works

When ready, we say something like this: "My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here, to do your bidding. Amen." We have then completed *Step Seven*.

-A.A. *Big Book* p.76

[More about Step 7 in the Big Book](#)

Tradition Seven

7. Every A.A. group ought to be fully self-supporting, declining outside contributions.

Group Contributions

	Jun 2014	Jun 2013	\$ Change
Tem Del Rio Survivors	250.00	160.00	90.00
Temecula Joe & Charlie Workshop	180.00	0.00	180.00
Mur Community House/Mon-Sat 7am/ABSI	169.50	183.00	-13.50
Tem RC Church Office/Tue 6pm/Mosh Pit	120.00	120.00	0.00
Tem Lyndie Ln/Sat 8am/Early Risers	120.00	200.00	-80.00
Tem Mon Night Men	100.00	100.00	0.00
Womens Banquet	69.74	0.00	69.74
Tem Pech Sr Ctr/Wed 7pm/Step Sisters	60.00	84.00	-24.00
Mur United Methodist/Mon 7pm/Lil Big Book	60.00	0.00	60.00
Murrieta The Searching Party	60.00	0.00	60.00
Tem Pech Sr Ctr/Fri 7pm/Bats Belfry	55.00	0.00	55.00
SC Carmel Rd Tues 12 x 12 #177784	48.00	0.00	48.00
Tem Ser Cir/Fri 10am/ Womens	40.00	57.00	-17.00
Menifee/Sun 9am/Grass Roots #706488	26.40	0.00	26.40
LE Meeting Place/M-F Noon/#171639	15.00	0.00	15.00
Mur Community House/Sun 730pm/The Geek	15.00	11.00	4.00
Wildomar Wild Ones #653642	0.00	150.00	-150.00
Tem The Meeting Place/Wed 5pm/Just Us	0.00	30.50	-30.50
Tem St Catherine's/Fri Noon/Step Study	0.00	50.00	-50.00
Tem Serenity Monday 6pm #610281	0.00	81.50	-81.50
Tem Sat 8pm/World Famous Speaker Meeting	0.00	180.00	-180.00
Tem Lyndie Ln/Thur 10am/Sisters Sharing	0.00	75.00	-75.00
Tem Lyndie Ln/Mon 10am/Open Arms	0.00	30.00	-30.00
Serenity Cup Tournament	0.00	70.00	-70.00
SC Unity Hall/Umbrella #164257	0.00	250.00	-250.00
Mur/TVCO Intergroup/#179377	0.00	31.00	-31.00
Mur United Methodist/Tue 10am/Womens	0.00	30.00	-30.00
Mur Community House/Wed 7pm/Mens Stag	0.00	10.00	-10.00
LE AOG Church/Thur Noon/Womens BB	0.00	60.00	-60.00
TOTAL	1,388.64	1,963.00	-574.36



An alcoholic was looking for a parking space...

... and he was late for a meeting. He circled and circled but there were no parking spaces to be found. Finally he cried out, "God, please, please help me find a parking space!" Just then a car pulled out of a space right in front of him. "Never mind," said the alcoholic, "One just opened up."

Personal Donations

Date	Memo	Amount
6/9/14	Paul Rohrbacher	20.00
6/9/14	Shep and Annie	20.00
6/9/14	Chris and Thalia	20.00
6/16/14	John and Brenda	10.00
6/16/14	Jill A	20.00
6/16/14	Mike B	20.00
6/23/14	Jason F	10.00
6/30/14	Darcie D	30.00
6/30/14	Water and Mold Away USA	25.00
	Jun 14	175.00

What does denial mean?

D (didn't)
 E (even)
 N (know)
 I (I'm)
 A (Always)
 L (lying)

BACKWARDS

I kind of miss going to the crowded AA clubhouses where the 90 day wonders would get up and say something like:

"Sobriety has been good for me! I've got 90 days today and I got my wife back, my family back, they promoted me to CEO of my own company, and gave me a six figure raise -- I just bought an airplane, a new sports car, and I got all my old girlfriends back -- plus some new ones! I was going to lots of meetings but now that I'm on solid ground again and my life is back better than ever -- and I'm so busy with my new life, I'll have to cut back on all the meetings I've been going to." LOL.

Buck A Month Club

Date	Memo	Amount
6/30/14	Donut Dave	5.00
6/30/14	Mary	1.00
6/30/14	Gene W	5.00
6/30/14	Kenny	31.00
6/30/14	Marcos	15.00
6/30/14	Jack	1.00
6/30/14	Dan C	1.00
6/30/14	Tom	2.00
6/30/14	Ray	2.00
6/30/14	Karen K	1.00
6/30/14	Lori	1.00
6/30/14	Bob	5.00
6/30/14	Suzie	0.00
6/30/14	Edna E	1.00
6/30/14	Michelle B	1.00
6/30/14	Joe S	1.00
6/30/14	Patrick	5.00
6/30/14	Sandy	5.00
6/30/14	Anonymous	2.00
6/30/14	Mary	1.00
6/30/14	Eric	1.00
6/30/14	Linda	5.00
6/30/14	Amber	1.00
6/30/14	Georgia	1.00
6/30/14	Crystal	1.00
6/30/14	Paul S	5.00
6/30/14	Kirk	1.00
6/30/14	Tom V	20.00
6/30/14	Ron	1.00
6/30/14	Katrina	1.00
6/30/14	John T	40.00
	Jun 14	163.00

Central Office News

Volunteers

1	Barry
2	Beth
3	Brenda
4	Chris Ke
5	Debi G
6	Debbie R
7	Jill A
8	Jill M
9	John W
10	Kristy
11	Nancy
12	Randy
13	Rich
14	Sharon
15	Sharii
16	Shawn
17	Steve
18	Stuart
19	Tony
20	Trish
21	Tyrone

Daily Activity For June

Phoned in	177
Walk ins	61
AA Meeting	83
Al-anon	9
12 Step	8
Donations/Purchases	70
Misc/Other Business	15



Date	Memo	Account	Amount
06/29/2014	Stephan E celebrates 3 years!		300.00
06/29/2014	Cynthia L celebrates 30 years!		30.00
			<u>330.00</u>
6/7/1989	Laura L	25 years	
6/14/1981	Lea Lea	33 years	
6/16/2003	Laurie M	11 years	
6/19/1991	Mark R	23 years	
6/26/2011	Val C	3 years	

AA Events

38th Annual High Sierra Campout

Mammoth Lakes, CA ~ August 15-17, 2014



“Keys of the Kingdom”

BB pg.268



We invite you to join us in the peace and serenity of the Eastern Sierra for this special weekend of fellowship and recovery!



*Pack up and leave the City!
Bring yourself, your family,
fishing/camping gear, bikes,
clothing for cool nights,
sunscreen & repellent*

Pine Glen is a beautiful forested group campground just outside Mammoth Lakes. Handicapped accessible restroom facilities nearby. Showers available at the RV park across Hwy 203. You will need to select a site upon arrival and pay the appropriate fees if you have not preregistered and paid. More sites are available for private reservation at "Pine Glen," "New Shady Rest," or "Old Shady Rest" campgrounds, which are a short walking distance from Pine Glen. Go online to reserveusa.com or call 877 444-6777 to reserve these. Many sites will be available for same day registration. Those arriving prior to August 15th, check with the campground host at Pine Glen for an appropriate campsite. Our meetings, BBQ & Registration will be held at site #8 (same as last year). Please do not set up in Campsite #8. We will have a limited amount of parking at the campsites and meeting area. Carpooling, biking, or walking from other nearby parking will be necessary during meeting times. The campground requires Dogs to be on leash at all times.

Contact: Scott L. 916-879-2332 game1_4u@yahoo.com
Debbie H. 714-856-2892 harrigan52@hotmail.com

Directions: From Hwy 395, take the Mammoth Lakes exit Hwy 203 2.5 miles, just before 1st signal, turn right on Saw Mill Cutoff, across from Mc Donald's. Look for sign on immediate right to find Pine Glen. Follow the signs to the last group of campgrounds. We (registration) are at the end of the road.

\$30 per person for the weekend includes: camping fee, Friday dinner, Saturday BBQ (Potluck, please bring a side dish) & Sunday Breakfast and lots of meetings! **\$15 for non-campers, \$10 for children.** Facility reservations, speaker's transportation are paid with registration fees. **Please pre-register if possible** if you are camping in "Pine Glen" or are planning to participate in BBQ or Sunday Breakfast so that the number of people can be anticipated. T-shirts will be available for purchase at check-in-registration table.

FRIDAY, August 15

Noon - 7pm Registration
5:30pm - Welcome Pizza Party
6pm - Al-anon Meeting
7:30pm - AA Speaker Meeting

SATURDAY, August 16

8am - 7pm Registration
8am - AA Meeting
8am - Al-anon Meeting
9-11:45am - AA Workshop
Noon - AA Picnic at the Lake Meeting
5:30pm - BBQ (Potluck) Dinner, Sobriety Countdown, White Elephant
8pm - AA Speaker Meeting

SUNDAY, August 17

7:30am - Breakfast served
8am - AA Meeting
8am - Al-anon Meeting
9-10:30am - Speaker Meeting
11am - Check out/ Clean-up

Area 42 District 8



Mammoth Campout 2014 Registration Form



Please make checks payable to: **High Sierra Campout** Mail to: **PO Box 3151, Mammoth Lakes, CA 93546**

Name: _____

Address: _____

City, State, Zip: _____

Phone: _____ Email: _____

Registration Fees:

Tent/Camping Persons: () x \$30 = _____

Non-Camping Persons: () x \$15 = _____

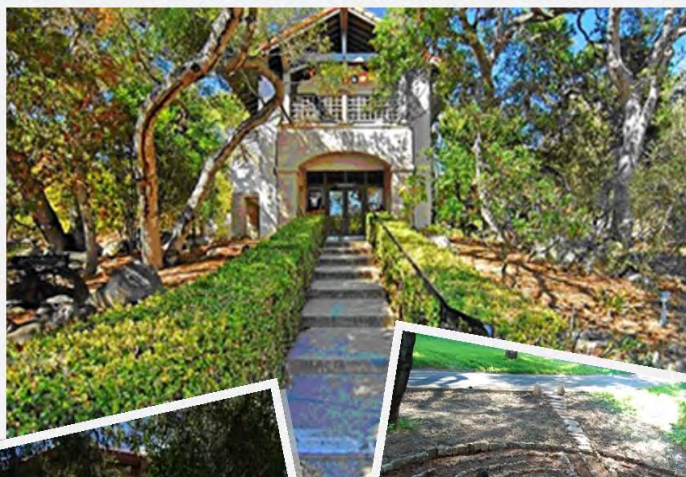
Child Camper: () x \$10 = _____

Total Amount Due \$ _____

2/13/14

AA Events

Woman to Woman Santa Barbara Retreat



La Casa De Maria
800 El Bosque Rd, Montecito, CA 93108

November 7, 8, & 9 2014

Woman to Woman Santa Barbara Registration

Name _____ Phone # _____

Address _____

Email _____

Roomate(s) Name _____

Double \$280.00 / Triple \$265.00 / Dorm \$250.00 (*limited space*)

Full Payment is Required to hold your space by July 1, 2014!

Make checks payable to: W2W Santa Barbara / 40093 Temple Court. Murrieta, CA 92563

For more information contact Sue Fenton **951-698-1424** sister.sue@outlook.com

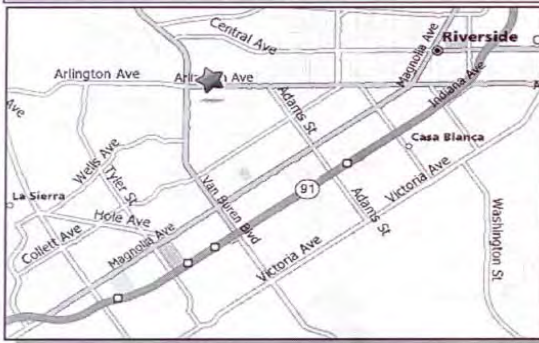
AA Events



2014 Schedule

Bill W Documentary (2012)
My Name is Bill W. (1989)
When Love is not Enough (2010)
One Too Many (1950)
Life of the Party (1982)
28 days (2000)
Days of Wine and Roses (1962)
Flight (2012)
The Lost Weekend (1945)

Saturday – Jan 18
Saturday – Feb 15
Saturday – Mar 15
Saturday – Apr 19
Saturday – May 17
Saturday – June 21
Saturday – July 19
Saturday – Aug 16
Saturday – Sep 20



7111 Arlington Ave, Suite B
Riverside CA 951 785-0845
 (Past the Airport in the Riverside Air Park)

Show Time: Doors open at 7:00PM.
 The movie starts at 7:30PM.
 Stay after and tour the archives.

Cost: FREE!

*Bring your lawn chairs or chaise lounge and
 enjoy classic Hollywood movies about AA in
 our own unique theater. (we have chairs too!)*

Refreshments will be available