

GRATITUDE GAZETTE

A Color copy of this newsletter is available on the website at www.temeculacentraloffice.org



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Alcoholics Anonymous

I AM RESPONSIBLE

Whenever anyone, anywhere, reaches out for help, I want the hand of AA always to be there, and for that I am responsible.

- Declaration of 30th Anniversary International Convention, 1965

DEEP DOWN INSIDE

When we talk about a "power greater than ourselves", we all have a different way of expressing the way we, as individuals, try to describe our understanding of it. We hear a person say "*deep down in my heart, I knew better*" and if we take that sentence literally we could ask, "*how can an organ that pumps blood to everything in our body, know better*"? It is obviously a **figure of speech** meaning something else. Or "What is a soul"? "What shape does a soul take"? That's another thing a person could have a problem defining. Then there's, "What is a conscience"? It seems to be something inside of us that governs our behavior to some degree or another, and causes us to feel guilty if our conscience is not clear, but these things that I'm describing here are not like organs that can be surgically removed or replaced. These things seem to me to fall into the **spiritual realm**. Things that we can't see or describe, but know that they have a profound effect on our day to day living.

On page 55 in the Big Book, it says "*deep down in every man, woman, and child, is the fundamental idea of God.*" This statement does not exclude anyone and I believe that we all can access that fundamental idea, and call it anything we want to. *Even the militant atheist has a conscience* and has that fundamental idea inside himself as well, and when it comes to alcoholism, he often bridges the gap when he comes to an understanding of this and is satisfied with a more generic description, such as "*a power greater than myself.*" It's just that simple. The main thing is to come to recognize and to separate the literal ideas from the figurative ideas and drop the prejudice of what other people use to find their path to enlightenment.

We all seem to come into A.A. on the defensive. Life hasn't been good to us, up to that point, and we have been conditioned to defend ourselves, after all, we are used to getting the short end of the stick. When we cross that line in our lives when we realize that we are not immortal and, if we don't do something about it, we may cause irreparable damage to ourselves, our families, or others, we show up at A.A. and begin the slow process of excepting outside input. Most of us resist this and only give it up a little at a time.

In tradition two in the 12X12, it speaks of "a loving God as he may express himself in our group conscience". Throughout all my years in the program, the answers to most of my problems came from the collective input of

Submission

others that came before me, in the program. Much of my intuition didn't come from a comment or a word, but came in fragments of many different comments and words which my inner self collected without my knowing and the answers were there when I needed them. My part in it was to find the strength to surrender to something other than my own failed thinking. Strength to surrender sounds like an oxymoron ,but I find it to be essential to crossing over into a way of thinking that has worked on alcoholics in the millions, and all I had to do was to let go of my egocentric thinking, start listening to others and , let the healing begin. My higher power did the rest.

RICK R. POWAY, CA

Submission

TRADITION EIGHT

Short Form

Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

Long Form

Alcoholics Anonymous should remain forever nonprofessional. We define professionalism as the occupation of counseling alcoholics for fees or hire. But we may employ alcoholics where they are going to perform those services for which we might otherwise have to engage non-alcoholics. Such special services may be well recompensed. But our usual A.A. "12 Step" work is never to be paid for.

Tradition History

In 1942, Father Ed Dowling, who was Bill's spiritual advisor, suggested that Bill and Dr. Bob could not accept money for 12 step work but should accept royalties from the sales of the Big Book as compensation for special services—this later formed the basis for Tradition 8.

Workers in an A.A. Office are just paving the way for 12 Step Work. By telling a shaky A.A. Newcomer where the nearest meeting is, or by helping a drunk get a referral to County Services for detox and recovery, they are helping to make it possible for that alcoholic to hear the message person to person and face to face. Right contacts with the outside have to be maintained, A.A. lifelines have to be tended so we hire A.A. staff members. Books and literature do not package and channel themselves all over the world. In our Central Office, without our office manager to do the bookkeeping and co-ordinate the volunteer staff we would be less able to help the alcoholic. As a volunteer at TVCO I find it exciting to help someone buy their first Big Book and Twelve X Twelve. It is the very beginning of their A.A. Experience and a rewarding part of mine.

Our 12th Step Work is never to be paid for, but those who labor in service for us are worthy of their hire.

~ Debi G ~

Submission

**Friends of Dr. Bob and Bill W.
Meeting notes aboard the Sapphire Princess
twenty-eight day Polynesia cruise**

Years ago one of the fellows present, Dick, says he heard about the program, turns to the guy next to him at a meeting and says: "I don't think this is enough." Bill W. answers: "Dick, its one day at a time."

During a guy's share we hear all about HER problem. We want you to know about your problem. Let's get into the solution, your solution. If you've done the 3rd_ step completely she is no longer your business.

You made me feel like a new-comer with all the new discoveries I've made with you on this cruise. This has been an awesome experience. I've learned more about the 12 steps during these cruise meetings than any others. It seemed we were empowered to find solutions to our problems by those who had a bit more experience and time than I had. There is no way I can go from Step 1 through Step 12 and not have a spiritual experience. The steps are a recipe, not a menu. N.U.T.S. = Not Using The Steps.

Meetings

Even now, with all these years, I feel deep down that everyone should do it my way. My character defects return but they are diminished and occur less often. I need to admit when I am doing wrong. I know that the steps are a way to a faith that works but why do I have to keep repeating them? Am I brain-damaged or something? Long term sobriety is becoming more of a challenge than my early years. It has become too easy to go on automatic and let my program languish. So I went out and got some guys to sponsor. This is why I have to keep going to meetings. The magic is in the meetings. I need to try being aware. I forget how to use the tools if I don't go to meetings to be reminded. My business coming here was to learn how to do things I didn't want to do and not do the things I want to do. In AA there is always a solution. I cannot afford to think and react like a normal person.

I am a recovered and recovering alcoholic. I am recovered from a hopeless addiction to alcohol and I am recovering from a series, a collection, of character defects. I am happy with what I have today. I learn a lot from newcomers. My challenge in sobriety is keeping a beginner's mind. I remember a roomful of strangers welcomed me with open arms.

Everybody here has so much experience, strength, and wisdom. Repetition is so important to me. What I hear in meetings has a 72 hour shelf-life. I need to hear the messages again and again. AA is a great journey and I belong to it and the incredible group of people that make up AA. I don't come to meetings to get good; I come to meetings to get well. I get tools in the meeting that helps me live well. I no longer see red. If someone 'out there' annoys me all I have to do is move my feet. The simplicity of the program keeps me here. My sponsor protects me from my alcoholic mind. I am reminded I have a deadly disease and that I must not forget that.

~ Gene ~

AA Service Meetings

What	When	Where
H&I Committee Meeting	1st Monday - 7:30pm	TVAC—27470 Commerce Center Dr. Temecula, CA 92590
TVCO Board Meeting	1st Tuesday - 6:30pm	Central Office - All are welcome, but only board members may participate.
Mid So-Cal Area Meeting	2nd Sunday - 9:30am	Meets at various locations. Call Central Office for meeting location
Cooperating with Prof Community (CPC)	2nd Tuesday - 5:45pm	Boston Billies - 26850 Cherry Hills Blvd. Sun City
GSR Meeting - District 17	2nd Tuesday - 6:30pm	Boston Billies - 26850 Cherry Hills Blvd. Sun City
Intergroup Meeting	3rd Tuesday - 6:45pm Visitors Welcome	United Methodist Church, Murrieta 24652 Adams at Kalmia & Adams
GSR Meeting - District 14	3rd Wednesday - 7pm	Good Shepherd Episcopal Church 308 E Acacia Ave, Hemet, CA 92543

What is the Intergroup?

Each group is encouraged to have an Intergroup Representative. This person is the liaison between Intergroup and their home group. The Intergroup Central Office depends upon the local members and groups for the necessary support to carry out its responsibilities. This support comes in the form of volunteer help and financial contributions. Our

efficiency and the continuation of services offered are related to the level of support from the groups. Please register your group at Central Office. Any A.A. member is welcome to attend the Intergroup or Board meeting as a guest. If your group is interested in joining Intergroup, send a member to the meeting, and we will gladly give you all the information you need to get started.

“The Intergroup associations are the best insurance we can have that our life lines to the hundreds of thousands yet to come will never break or tangle. Let us always be generous.
Let us warmly support Intergroup.”

AA co-founder Bill W. 1949

BRIDGING THE GAP

Bridging the Gap is designed to help an alcoholic between a treatment program or prison make the transition. One of the more slippery places in the journey to sobriety is between the door of a facility and the nearest AA group or meeting. AA experience suggests that attending meetings regularly is critical. In order to Bridge the Gap, AA members have volunteered to be temporary contacts & introduce newcomers to AA. It is suggested that the temporary contact take the newcomer to a variety of AA meetings; introduce him or her to other AA's; insure that he or she has some phone numbers of several AA members and share the experience of sponsorship and a home group.

Temecula Valley Intergroup

Hot Line Schedule



1st Monday	Monday 7:00 Am As Bill Sees It & Saturday Am Reflections (Murrieta)
1st Tuesday	Tuesday 10 Am Women's 12x12 (Murrieta)
1st Wednesday	Women's Closed As Bill Sees It - Monday 12:00 (Murrieta)
1st Thursday	Thur. Women's 10:00am-Lyndie Lane (Temecula)
1st Friday	Men's Stag 7:00 Pm Wednesday (Murrieta)
1st Weekend	Liberty Bells (Lake Elsinore)
2nd Monday	Saturday Early Risers (Temecula)
2nd Tuesday	Unity Hall 7 Am (Sun City)
2nd Wednesday	The Funks
2nd Thursday	Becky
2nd Friday	Sun City Swingers
2nd Weekend	Mosh Pit
3rd Monday	Jill M
3rd Tuesday	Nancy
3rd Wednesday	Women's Acceptance Wednesday (Lake Elsinore)
3rd Thursday	Thursday Women's BB Study L.E. (Lake Elsinore)
3rd Friday	Back To Basics (Sun City)
3rd Weekend	Chris K
4th Monday	Sunday 7 Am Attitude Adjustment (Lake Elsinore)
4th Tuesday	Searching Party
4th Wednesday	Linda D
4th Thursday	The Twilight Meeting (Temecula)
4th Friday	Women's Candlelight -Thursday (Temecula)
4th Weekend	Wild Ones Grape Street (Wildomar)
5th Monday	Sunday Came To Believe Lyndie Lane, Temecula
5th Tuesday	Shannon
5th Wednesday	Bobbi And Richard
5th Thursday	Shannon
5th Friday	Brenda and John W (Wildomar)
5th Weekend	Men's Stag - Tuesday 7:30 pm (Temecula)

What you get from Central Office!

During the day, your Central Office keeps the doors open to assist recovering and suffering AA members alike and provide the following services: We provide the Big Book. We provide the 12x12, assorted literature, chips, and newcomer packets. Your office manager organizes volunteers, makes sure the office is a healthy place for all, keeps your accounting data accurate, and safe guards your inventory. The office manager is there to support the groups and the individual members of our

fellowship. We make and distribute your meeting

schedules and we publish the Gratitude Gazette.

Twenty-four hours a day, seven days a week, volunteers take calls from suffering alcoholics and organize 12 step calls. The phone line and special call-forwarding are paid for by your central office contributions.

Please ask at your next business meeting if you are contributing monthly to your Central Office. It doesn't have to be a lot. Being

self-supporting means not only paying for your rent and coffee, but also paying for the services you receive through Central Office. If your group has stopped contributing (or never started), please bring it up at your next business meeting and take a group conscious. Let us know when and how we can help.

Your Central Office Team

Central Office appreciates ALL of their volunteers.

Submissions

We would love to print your submissions for the Newsletter.

The primary theme of any article content must pertain to; alcoholism and recovery, the Twelve Steps, The Twelve Traditions, or The Concepts. Poems, inspiring materials, AA trivia, jokes and cartoons are welcome also. Proper credit must be given to each articles source.

If taken from previously printed materials include its copyright so that we can acknowledge it.

The committee reserves the right to edit or refuse any articles submitted.

All profanity will be edited out of the final copy. *Please submit in plain text.*

Submissions accepted via email at: gazette@temeculacentraloffice.org

Mailing Address: Temecula Valley Central Office, 28636 Old Front Street, #106, Temecula CA 92590



Get On The List

Be notified of meeting changes, new events and other important AA information from your Gratitude Gazette.

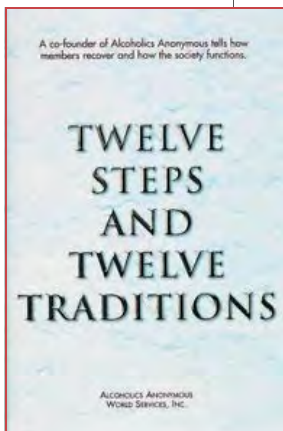
Send email to
DLSevant@TemeculaCentralOffice.Org
and be added to the list.

Central Office

Please call (951) 695-1535

if you can be of service at Central Office by volunteering for time slots to answer phones and help walk-ins. Volunteers are always appreciated, and of course you get the grand reward...

Sobriety for another day!



Step Eight Guidelines

Made a list of all persons we had harmed, and became willing to make amends to them all.



How It Works

We have a list of all persons we have harmed and to whom we are willing to make amends. We made it when we took inventory. We subjected ourselves to a drastic self-appraisal. Now we go out to our fellows and repair the damage done in the past. We attempt to sweep away the debris which has accumulated out of our effort to live on self-will and run the show ourselves. If we haven't the will to do this, we ask until it comes. Remember it was agreed at the beginning *we would go to any lengths for victory over alcohol.*

-A.A. Big Book p.76

[More about Step 8 in the Big Book](#)

Tradition Eight

Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers

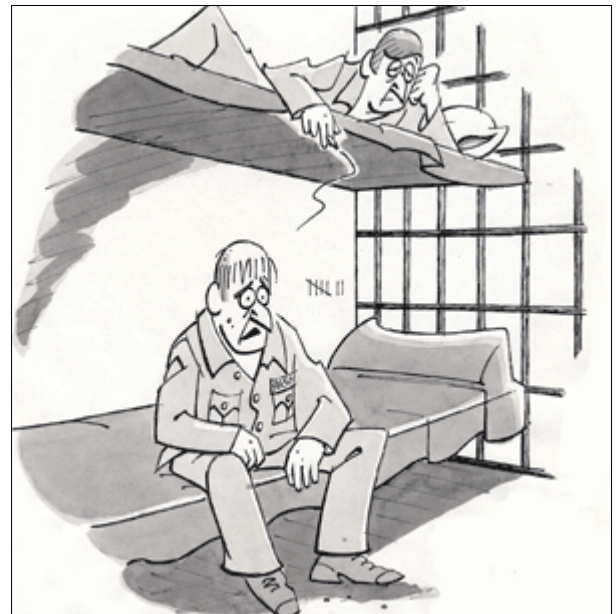
Gratitude Gazette

Group Contributions

	Jul 14	Jan - Jul 14
Wildomar Wild Ones #653642	300.00	1,100.00
SC Unity Hall/Umbrella #164257	250.00	1,000.00
Tem Del Rio Survivors	250.00	1,692.00
Mur Community House/Mon-Sat 7am/ABSI	182.25	1,173.00
Tem/Hill Recovery/Sat 8am/Early Risers	120.00	648.00
Tem RC Church Office/Tue 6pm/Mosh Pit	120.00	480.00
Mur/UMC/Mon Noon/Womens ABSI #161040	120.00	388.25
Tem/The Alano Club/Sun 6pm/Twilight	100.00	216.00
Tem Mon Night Men	100.00	750.00
Tem Pech Sr Ctr/Mon 6pm/Mon Madness	95.00	470.00
Menifee/Sun 9am/Grass Roots #706488	86.00	257.40
Mur United Methodist/Mon 7pm/Lil Big Book	60.00	168.00
Tem Serenity Monday 6pm #610281	60.00	120.00
Tem Hill Recovery/Thur 10am/Sisters Share	50.00	158.00
Tem/Alano Club/Sun 9am/Came to Believe	50.00	300.00
Tem/Hill Recovery/Mon 10am/Open Arms	50.00	130.00
Tem Serenity Friday 6pm #710973	50.00	155.00
Mur/TVCO Intergroup/#179377	38.90	247.03
Tem Ser Cir/Fri 10am/ Womens	35.00	235.00
SC Boston Billies/Wed 7am/Mens Breakfast	34.00	133.00
Mur Community House/Sun 730pm/The Geek	32.27	184.27
LE AOG Church/Thur Noon/Womens BB	30.00	150.00
Mur United Methodist/Wed 8pm/Discussion	30.00	30.00
LE TMP M-Sat 7am Early Birds	20.00	25.00
Womens Banquet	0.00	69.74
Wildomar IVH/Sun 7pm/Pigs on the Wall	0.00	22.00
Wildomar IVH/Fri 7pm/Step Study	0.00	40.00
Temecula Joe & Charlie Workshop	0.00	180.00
Tem The Meeting Place/Wed 5pm/Just Us	0.00	60.25
Tem St Catherine's/Fri Noon/Step Study	0.00	200.00
Tem Serenity Friday 10pm	0.00	300.00
Tem Ser Cir/Tue 730pm/Mens Stag	0.00	311.00
Tem Ser Cir/Thur 715pm/Serenity Seekers	0.00	60.00
Tem Ser Cir/Mon Noon/Participation	0.00	60.00
Tem Ser Cir/M-S 7am/Att Adj Group	0.00	280.00
Tem Ser Cir/Fri Noon/	0.00	50.00
Tem Sat 8pm/World Famous Speaker Meeting	0.00	408.00
Tem Pech Sr Ctr/Wed 7pm/Step Sisters	0.00	140.00
Tem Pech Sr Ctr/Fri 7pm/Bats Belfry	0.00	55.00



Tem Mary Phillip Sen Ctr/Thur 6pm/For Fun	0.00	36.50
Tem Lyndie Ln/M-F Noon/	0.00	75.00
Serenity Cup Tournament	0.00	35.00
SC Methodist Church/Tue 7pm/Step Study	0.00	37.20
SC Carmel Rd Tues 12 x 12 #177784	0.00	48.00
Murrieta The Searching Party	0.00	182.00
LE Meeting Place/M-F Noon/#171639	0.00	45.00
Hemet Provident/Tue Noon/Sober Seniors	0.00	75.00
Hemet Arrid/Sat 7pm/Back to Basics	0.00	36.00
TOTAL	2,263.42	13,015.64



"The good news is, when I get out, I can pick up a 60-day chip."

<http://www.aagrapevine.org/cartoon-winners>

Personal Donations

Date	Name	Amount
7/3/14	Stephen B	50.00
7/16/14	John and Brenda	10.00
7/18/14	Paul Rohrbacher	20.00
7/18/14	Shep and Annie	20.00
7/18/14	Jill A	20.00
7/18/14	Mike B	20.00
7/18/14	Jason F.	10.00
7/18/14	Water and Mold Away USA	25.00
7/18/14	Chris and Thalia	20.00
		195.00

A bloke goes into a pub, takes a seat at the bar, and orders five pints. The barman gives him an odd look since the bloke's all by himself, but he serves up the five pints and lines them up on the bar. The bloke downs them....One, Two, Three, Four, Five. He finishes the last one and calls to the barman, "Four pints, please, mate!" The barman serves up four pints and lines them on the bar. The bloke downs them....One, Two, Three, Four. Then he belches loudly, sways slightly on the stool, and orders three more pints. And one after the other, he knocks them back.... One, Two, Three. "Two pints, mate!" he calls, and the barman places two pints in front of him. Down they go.... One, Two. As the bloke slams the last one down on the bar, he says, "One pint, mate." So the barman fills the glass. The bloke sits there, staring at it for for a moment, trying to focus. Then he looks at the barman and says, "Y'know, it'sh a funny t'ing, but the less I drink, the drunker I get."

Buck A Month Club

Date	Memo	Amount
7/9/14	Mary Ann	15.00
7/30/14	Jack	3.00
7/30/14	Gene W	5.00
7/30/14	Edna E	1.00
7/30/14	Ron	3.00
7/30/14	Al	5.00
7/30/14	Ryan	1.00
7/30/14	Mary S	1.00
7/30/14	Georgia	1.00
7/30/14	Marcos	5.00
7/30/14	Karen K	1.00
7/30/14	Bob	5.00
7/30/14	Craig	1.00
7/30/14	Suzie	10.00
7/30/14	Anonymous	1.00
7/30/14	Amber	1.00
7/30/14	Debra G	5.00
7/30/14	Jamie	1.00
7/30/14	Kirk	1.00
7/30/14	Katrina	1.00
7/30/14	Erik	11.00
7/30/14	Linda	10.00
7/30/14	Donut Dave	5.00
7/30/14	Sandy	5.00
7/30/14	Mary	5.00
7/30/14	Micky	1.00
7/30/14	Arnie	5.00
7/30/14	Chelsea	1.00
7/30/14	Tom C	1.00
7/30/14	Cameron	12.00
		123.00

Central Office News

Volunteers

- 1 Allie
- 2 Barry
- 3 Beth
- 4 Brenda
- 5 Chris Ke
- 6 Debi G
- 7 Debbie R
- 8 Jill A
- 9 Jill M
- 10 John W
- 11 Kristie
- 12 Nancy
- 13 Randy
- 14 Rich
- 15 Rita
- 16 Sharon
- 17 Sharii
- 18 Shawn
- 19 Steve
- 20 Stuart
- 21 Tony
- 22 Trish
- 23 Tyrone

Daily Activity For July

Phoned in	202
Walk ins	79
AA Meeting	111
Al-anon	15
12 Step	6
Donations/Purchases	83
Misc/Other Business	20



Date	Name	Amount
7/30/14	Edna E	<u>10 Years</u>
8/21/14	Gene W	<u>29 Years</u>

Alcoholics Anonymous does not work in theory; It only works in practice!" ~Author Unknown

AA is the only place where you can walk into a room full of strangers and reminisce." ~Author Unknown

If drinking is interfering with your work, you're probably a heavy drinker. If work is interfering with your drinking, you're probably an alcoholic." ~Author Unknown

If faith without works is dead, then Willingness without action is fantasy." ~Author Unknown

<http://www.jeffersonalcoholicfoundation.org/>

AA Events

Friday, October
31st



Featuring
The NotoriOus

DJ Nicole



Southwest Riverside County
H & I Presents

HalloweEn A Go GO

6PM-7PM H&I Speakers

7PM-10:30PM DJ Nicole

Music & Dancing

Costume Contest

Tickets are \$10.00 presale
or \$12.00 at the door

any proceeds will
benefit H&I



Mary Phillips Senior
Center

41845 6th Street,
Old Town Temecula

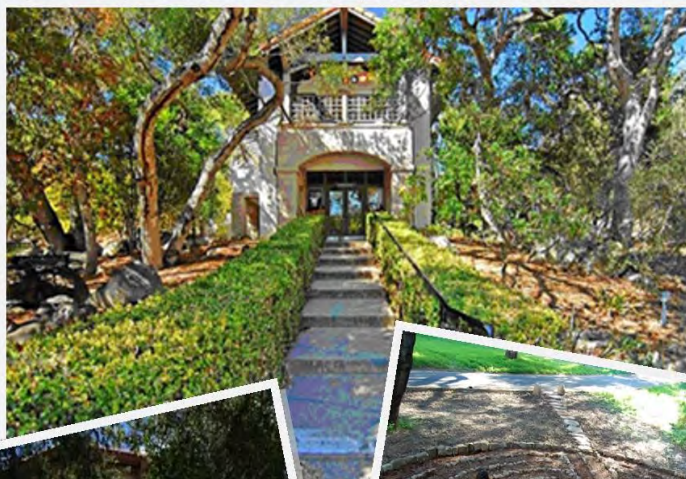
Call Marilyn at (714) 307-6006

for ticket info or email

ROOODEEZ@AOL.COM

AA Events

Woman to Woman Santa Barbara Retreat



La Casa De Maria
800 El Bosque Rd, Montecito, CA 93108

November 7, 8, & 9 2014

Woman to Woman Santa Barbara Registration

Name _____ Phone # _____

Address _____

Email _____

Roomate(s) Name _____

Double \$280.00 / Triple \$265.00 / Dorm \$250.00 (*limited space*)

Full Payment is Required to hold your space by July 1, 2014!

Make checks payable to: W2W Santa Barbara / 40093 Temple Court. Murrieta, CA 92563

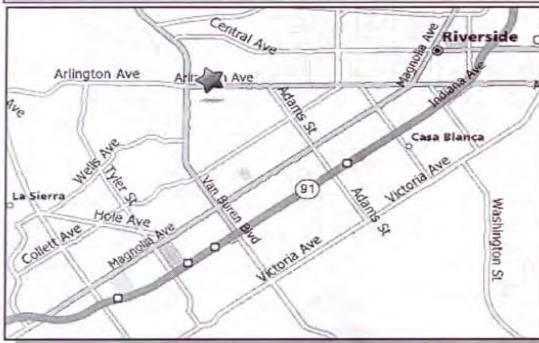
For more information contact Sue Fenton **951-698-1424** sister.sue@outlook.com

AA Events	
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2014 Schedule	
Bill W Documentary (2012)	Saturday – Jan 18
My Name is Bill W. (1989)	Saturday – Feb 15
When Love is not Enough (2010)	Saturday – Mar 15
One Too Many (1950)	Saturday – Apr 19
Life of the Party (1982)	Saturday – May 17
28 days (2000)	Saturday – June 21
Days of Wine and Roses (1962)	Saturday – July 19
Flight (2012)	Saturday – Aug 16
The Lost Weekend (1945)	Saturday – Sep 20

Saturday – Jan 18
Saturday – Feb 15
Saturday – Mar 15
Saturday – Apr 19
Saturday – May 17
Saturday – June 21
Saturday – July 19
Saturday – Aug 16
Saturday – Sep 20



7111 Arlington Ave, Suite B
Riverside CA 951 785-0845
(East of the Airport in the Riverside Air Park)

Show Time: Doors open at 7:00PM.
The movie starts at 7:30PM.
Stay after and tour the archives.

Cost: FREE!

Bring your lawn chairs or chaise longue and enjoy classic Hollywood movies about AA in our own unique theater. (we have chairs too!)

Refreshments will be available