# TEMECULA VALLEY CENTRAL OFFICE GRATITUDE GAZETTE October 2015 (951) 695-1535

#### SUBMISSIONS

# Coming up-November is Gratitude Month

# November 1952 Vol. 9 No. 6 A Time for Thanks Giving

"Their first winter in the new country had been difficult. . .

"But they had survived its cold and want. . .

"And being a religious people they set aside a time for thanks giving. . ."

Such is the story of other pilgrims, and another time, and another deliverance of men and women who had emerged into freedom.

For AAs November is a month of Thanksgiving to share as a national holiday (Canada observes its own).

It is a time to recount blessings, to meditate in gratitude for 'fruitful fields and healthful skies,' and to give praise for bounties.

And for AAs, it is by tradition a special time to devote the Thanksgiving meeting to the Twelve Traditions. . .the principles by which more than 4,000 groups of AA live.

And November is a time of AA thanks in memory of Doctor Bob, co-founder.

Thus there is especially much for us to hold within our hearts this season. . .as in the Fellowship of our own survival and deliverance 'we gather together to ask the Lord's blessing.'

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#### Alcoholics Anonymous

I AM RESPONSIBLE
Whenever anyone,
anywhere, reaches
out for help, I want the
hand of AA
always to be there, and
for that I am
responsible.

 Declaration of 30th Anniversary International Convention, 1965 PAGE 2 GRATITUDE GAZETTE

#### **SUBMISSIONS**

# August 1946 Vol. 3 No. 3 Editorial: On the 10th Step...

"Continued to take personal inventory and when we were wrong promptly admitted it."

This step is really an extension of the 4th Step. It is the "follow through" on that long list of things that we put down on paper after reading the 4th Step. The new twist is the part about "when we were wrong promptly admitted it." The going may get a little tough when we try to put this Step into practice.

It's easy to write down our good qualities and our bad qualities honestly if it's done privately and we are sure nobody else sees it. If we are honest, the list of bad qualities will be very much longer than the list of good qualities. If we are trying honestly to live the A.A. program, we try to do something about that longer list. We make resolutions. We plan to "turn over a new leaf." Then, unfortunately for most of us, we tear the list into tiny pieces, burn it and carefully bury the ashes.

Admission of an unkind remark to someone or of a persistent feeling of resentment is an overt act which means a growing maturity. And it *is* a matter of a person's emotional maturity. Perhaps a better word would be childishness. How often have we acted like a child when we should have acted like a man?

A man admits his mistakes and tries to make amends; a child pouts. As problem drinkers, we were problem children. As problem drinkers, we sought to escape the consequences of voluntarily childish acts through alcohol. As arrested alcoholic cases, we must learn to face reality and responsibility for our acts if we are to "stay on the beam."

The 10th Step is simply a device we use in attaining maturity. None knows better than we how hard it is to admit to our wife, or our boss, or our friends that we have been wrong about so many things. And yet, if we follow this device and make our admissions *promptly* we go a long way towards attaining the maturity necessary to a happy sobriety.

In a way, this Step is tied to those old standbys in A.A., tolerance and humility. To admit that we were wrong is truly to show humility; to revalue our own importance is truly to be humble. If we are trying to be tolerant, we are trying to understand the other fellow's point of view. And if we understand his point of view, we are much less likely to treat him unkindly.

To "continue to take personal inventory" means to know ourselves. It's so easy--and so human, too--to feel a little proud of our sobriety at times. How often have we said to ourselves: Poor old Willie! He was so drunk at the office party. What an ass he made of himself! What makes him so stupid? Why doesn't he get smart and come into A.A.? We, of course, didn't do anything wrong at the party. We were sober. We are quite a wonderful fellow! Oh, brother, are we the big A.A.!

This type of thinking is very dangerous. As a matter of fact, lots of persons at the office party probably thought that we were becoming a very stuffy individual. If we were smart, we would thank God that we were able to live through the office party without drinking. If we were honest, we would get down on our knees and thank God that we found A.A. And, as for criticizing Willie! We should try to secure our own sobriety by helping Willie instead of kicking him around.

The 10th Step is really a reminder. It reminds us to be alert about ourselves. It reminds us that we are only an arm's length from a drink and a slip. It is a very important step. We would do well to learn its implications.

J.T.

Greenwich Village, New York City

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#### **SUBMISSIONS**

#### TRADITION TEN

"Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy."

How many times have we seen a group or members of a group split because we did not agree on an issue. I've seen this happen in my home group on something I felt strongly about, and a year later some other members left because they felt passionately about something. Although I've never left my group, I am sure we all just want to make A.A. better as we try to make our group attractive to the next suffering alcoholic. Not having an opinion or taking a side on any issue outside of A.A. is what keeps us from losing sight of what we are here for, to stay sober and help other alcoholics achieve sobriety.

Here are a few questions from the Traditions Checklist from the A.A. Grapevine

- 1. Do I ever give the impression that there really is an "A.A. opinion " on antabuse, tranquilizers , doctors , psychiatrists , churches , hospitals , jails , alcohol , the federal or state government , legalization of marijuana?
- 2. What in A.A. history gave rise to the tenth tradition?
- 3. Do I breach this or any of its supporting traditions in subtle, perhaps unconscious ways?

There are many opportunities for service in Alcoholics Anonymous; coffee maker, secretary, or group treasurer. I hope everyone in A.A. has the opportunity to learn how to give back to this program which has brought me back from a hopeless state of mind and body. Thank You for giving me this opportunity to learn and, therefore, serve A.A.

Ray M.

#### The Minister Tried Baptizing A Drunk

A man is stumbling through the woods totally drunk when he comes upon a preacher baptizing people in the river. The drunk walks into the water and subsequently bumps into the preacher. The preacher turns around and is almost overcome by the smell of booze. Whereupon he asks the drunk, "Are you ready to find Jesus?"

"Yes I am" replies the drunk,..... so the preacher grabs him and dunks him in the river. He pulls him up and asks the drunk, "Brother have you found Jesus?"

The drunk replies, "No, I haven't." The preacher, shocked at the answer, dunks him into the water again, but for a bit longer this time. He pulls him out of the water and asks again, "Have you found Jesus, my brother?"

The drunk again answers, "No, I have not found Jesus."

By this time the preacher is at his wits end so he dunks the drunk in the water again, but this time he holds him down for about 30 seconds.

W hen the drunk begins kicking his arms and legs, the preacher pulls him up. The preacher asks the drunk again, .... "For the love of God, have you found Jesus?"

The drunk wipes his eyes, catches his breath and says to the preacher,

"Are you sure this is where he fell in???"

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# AA SERVICE MEETINGS

What	When	Where
H&I Committee Meeting	1st Monday - 7:30pm	TVAC—27470 Commerce Center Dr.
		Temecula, CA 92590
TVCO Board Meeting	1st Tuesday - 6:30pm	Central Office - All are welcome,
		but only board members may participate.
Mid So-Cal Area Meeting	2nd Sunday - 9:30am	Meets at various locations. Call Central
		Office for meeting location
Cooperating with Prof Community (CPC)	2nd Tuesday - 5:45pm	Boston Billies - 26850 Cherry Hills Blvd.
		Sun City
GSR Meeting - District 17	2nd Tuesday - 6:30pm	Boston Billies - 26850 Cherry Hills Blvd.
		Sun City
Intergroup Meeting	3rd Tuesday - 6:45pm	United Methodist Church, Murrieta
	Visitors Welcome	24652 Adams at Kalmia & Adams
GSR Meeting - District 14	3rd Wednesday - 7pm	Good Shepherd Episcopal Church
		308 E Acacia Ave, Hemet, CA 92543

# WHAT IS THE INTERGROUP?

Each group is encouraged to have an Intergroup Representative. This person is the liaison between Intergroup and their home group. The Intergroup Central Office depends upon the local members and groups for the necessary support to carry out its responsibilities. This support comes in the form of volunteer help and financial contributions.

Our efficiency and the continuation of services offered are related to the level of support from the groups. Please register your group at Central Office. Any A.A. member is welcome to attend the Intergroup or Board meeting as a guest. If your group is interested in joining Intergroup, send a member to the meeting, and we will gladly give you all the information you need to get started.

"The Intergroup associations are the best insurance we can have that our life lines to the hundreds of thousands yet to come will never break or tangle. Let us always be generous.

Let us warmly support Intergroup."

AA co-founder Bill W. 1949

#### **BRIDGING THE GAP**

Bridging the Gap is designed to help an alcoholic between a treatment program or prison make the transition. One of the more slippery places in the journey to sobriety is between the door of a facility and the nearest AA group or meeting. AA experience suggests that attending meetings regularly is critical. In order to Bridge the Gap, AA members have volunteered to be temporary contacts & introduce newcomers to AA. It is suggested that the temporary contact take the newcomer to a variety of AA meetings; introduce him or her to other AA's; ensure that he or she has some phone numbers of several AA members and share the experience of sponsorship and a home group.

Temecula Valley is in the process of coordinating this committee.

Volunteers are needed.

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# HOT LINE SCHEDULE

1st Monday	Just Us Girls (Temecula)
1st Tuesday	Tuesday 10 Am Women's 12x12 (Murrieta)
1st Wednesday	Women's Closed As Bill Sees It - Monday 12:00 (Murrieta)
1st Thursday	Thur. Women's 10:00am-Lyndie Lane (Temecula)
1st Friday	Men's Stag 7:00 Pm Wednesday (Murrieta)
1st Weekend	Liberty Bells (Lake Elsinore)
2nd Monday	Saturday Early Risers (Temecula)
2nd Tuesday	Unity Hall 7 Am (Sun City)
2nd Wednesday	The Funks
2nd Thursday	Michael J
2nd Friday	Shannon
2nd Weekend	Mosh Pit
3rd Monday	Jill M
3rd Tuesday	Nancy W
3rd Wednesday	Women's Acceptance Wednesday (Lake Elsinore)
3rd Thursday	Thursday Women's BB Study L.E. (Lake Elsinore)
3rd Friday	Back To Basics (Sun City)
3rd Weekend	Chris K
4th Monday	Sunday 7 Am Attitude Adjustment (Lake Elsinore)
4th Tuesday	Searching Party
4th Wednesday	Linda D
4th Thursday	The Twilight Meeting at the Alano Club on Sunday (Temecula)
4th Friday	Women's Candlelight –Thursday (Temecula)
4th Weekend	Wild Ones Grape Street (Wildomar)

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#### WHAT YOU GET FROM CENTRAL OFFICE

During the day, your Central Office keeps the doors open to assist recovering and suffering AA members alike and provide the following services: We provide the Big Book. We provide the 12x12, assorted literature, chips, and newcomer packets.

Your office manager organizes volunteers, makes sure the office is a healthy place for all, keeps your accounting data accurate, and safe guards your inventory. The office manager is there to support the groups and the individual members of our fellowship. We make and distribute your meeting schedules and we publish the Gratitude Gazette.

Twenty-four hours a day, seven days a week, volunteers take calls from suffering alcoholics and organize 12 step calls. The phone line and special call-forwarding are paid for by your central office contributions.

Please ask at your next business meeting if you are contributing monthly to your Central Office. It doesn't have to be a lot. Being self-supporting means not only paying for your rent and coffee, but also paying for the services you receive through Central Office. If your group has stopped contributing (or never started), please bring it up at your next business meeting and take a group conscience.

Let us know when and how we can help.

Your Central Office Team

#### **SUBMISSIONS**

#### We would love to print your submissions for the Newsletter.

The primary theme of any article content must pertain to; alcoholism and recovery, the Twelve Steps, The Twelve Traditions, or The Concepts. Poems, inspiring materials, AA trivia, jokes and cartoons are welcome also. Proper credit must be given to each article's source.

If taken from previously printed materials include its copyright so that we can acknowledge it.

The committee reserves the right to edit or refuse any articles submitted.

All profanity will be edited out of the final copy.

Please submit in plain text using Notepad.

Submissions accepted via email at: gazette@temeculacentraloffice.org

Mailing Address: Temecula Valley Central Office, 28636 Old Front Street, #106, Temecula CA 92590

#### CENTRAL OFFICE APPRECIATES ALL OF THEIR VOLUNTEERS

#### Get On The List

Be notified of meeting changes, new events and other important AA information from your Gratitude Gazette.

Click for online form to sign up <a href="http://www.temeculacentraloffice.org/gratitude-gazette/">http://www.temeculacentraloffice.org/gratitude-gazette/</a>

#### **Central Office Service**

Please call (951) 695-1535

if you can be of service at Central Office by volunteering for time slots to answer phones and help walk-ins. Volunteers are always appreciated, and of course you get the grand reward...

Sobriety for another day!

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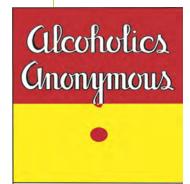
#### STEP TEN GUIDELINES

Continued to take personal inventory and when we were wrong promptly admitted it.

### How It Works

This thought brings us to Step Ten, which suggests we continue to take personal inventory and continue to set right any new mistakes as we go along. We vigorously commenced this way of living as we cleaned up the past. We have entered the world of the Spirit. Our next function is to grow in understanding and effectiveness. This is not an overnight matter. It should continue for our lifetime. Continue to watch for selfishness, dishonesty, resentment, and fear. When these crop up, we ask God at once to remove them. We discuss them with someone immediately and make amends quickly if we have harmed anyone. Then we resolutely turn our thoughts to someone we can help. Love and tolerance of others is our code.

-A.A. Big Book p.84



#### Tradition 10

Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.

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# GROUP CONTRIBUTIONS

	Sep 15	Sep 14	\$ Change	Jan - Sep 15
Mur Community House/Mon-Sat 7am/ABSI	485.00	150.00	335.00	2,417.00
Tem Del Rio Survivors	400.00	300.00	100.00	3,152.00
Tem Ser Cir/M-S 7am/Att Adj Group	273.88	0.00	273.88	1,881.45
SC Unity Hall/Umbrella #164257	250.00	250.00	0.00	1,650.00
Tem Mon Night Men	200.00	100.00	100.00	910.00
Tem Hill Recovery Sat 8am Early Risers	137.00	156.00	-19.00	1,123.50
Tem/Wed 5pm/Just Us Girls	132.00	0.00	132.00	252.00
Tem RC Church Office/Tue 6pm/Mosh Pit	120.00	120.00	0.00	1,120.00
Tem Serenity Monday 6pm #610281	70.00	0.00	70.00	430.00
Tem Hill Recovery Tue Noon Living Sober	60.00	0.00	60.00	360.00
Mur United Methodist/Mon 7pm/Lil Big Book	50.00	0.00	50.00	450.00
LE AOG Church/Wed Noon/Acceptance	50.00	60.00	-10.00	150.00
LE AOG Church/Thur Noon/Womens BB	50.00	0.00	50.00	150.00
Mur/UMC/Mon Noon/Womens ABSI #709011	40.00	0.00	40.00	240.00
Mur/TVCO Intergroup/#179377	39.00	47.00	-8.00	333.51
SC Boston Billies/Wed 7am/Mens Breakfast	33.00	0.00	33.00	175.00
Tem Ser Cir/Thur 715pm/Serenity Seekers	24.00	120.00	-96.00	99.46
LE 1st Lutheran/M,Tue,Th,Sat 730pm/Bells	22.00	0.00	22.00	137.27
Temecula Tue Alano Grapevine Mtg	10.00	0.00	10.00	10.00
Womens Banquet	0.00	0.00	0.00	426.77
Wildomar Wild Ones #653642	0.00	540.00	-540.00	1,050.00
Wildomar on Grape /Sun7pm/Pigs onthe Wall	0.00	0.00	0.00	50.00
Wildomar IVH/Sat 730pm/Participation	0.00	0.00	0.00	25.00
Temecula Joe & Charlie Workshop #711469	0.00	0.00	0.00	768.23
Tem TMPT Sunday 5pm PB4P #713748	0.00	0.00	0.00	108.60
Tem St Catherine's/Fri Noon/Step Study	0.00	125.00	-125.00	108.90
Tem Ser Cir/Tue Noon/Living Sober	0.00	0.00	0.00	30.00
Tem Ser Cir/Tue 730pm/Mens Stag	0.00	0.00	0.00	332.62
Tem Ser Cir/Mon Noon/Participation	0.00	0.00	0.00	66.00
Tem Ser Cir/Mon-Sun 6pm/Serenity Hour	0.00	0.00	0.00	50.00
Tem Ser Cir/Fri Noon/	0.00	0.00	0.00	80.00
Tem Ser Cir/Fri 10am/ Womens Living Sol	0.00	0.00	0.00	31.32
Tem Sat 8pm/World Famous Speaker Meeting	0.00	0.00	0.00	427.00
Tem Pech Sr Ctr/Wed 7pm/Step Sisters	0.00	0.00	0.00	242.00
Tem Serenity Friday 6pm #710973	0.00	84.00	-84.00	324.00
Tem Pech Sr Ctr/Mon 6pm/Mon Madness	0.00	0.00	0.00	540.00
Tem Pech Sr Ctr/Fri 7pm/Bats Belfry	0.00	0.00	0.00	100.00
Tem Mary Phillip Sen Ctr/Thur 6pm/For Fun	0.00	0.00	0.00	60.00
Canyon Lake The House Women Monday	0.00	0.00	0.00	50.00
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# GROUP CONTRIBUTIONS

District 17 Liaison	0.00	0.00	0.00	21.65
Hemet Provident/Tue Noon/Sober Seniors	0.00	0.00	0.00	75.00
LE Lutheran Church Taco Tuesdays	0.00	0.00	0.00	54.00
LE Meeting Place/M-F Noon/#171639	0.00	0.00	0.00	20.00
LE Meeting Place/Mon-Fri 530pm/	0.00	0.00	0.00	77.50
LE Meeting Place/Sun 1030am/Speaker Mtg	0.00	0.00	0.00	10.00
Menifee/Sun 9am/Grass Roots #706488	0.00	0.00	0.00	223.33
Mur Community House/Sun 730pm/The Geek	0.00	0.00	0.00	289.10
Mur Community House/Wed 7pm/Mens Stag	0.00	0.00	0.00	221.00
Mur United Methodist/Thur 8pm/Step Study	0.00	0.00	0.00	32.00
Mur United Methodist/Tue 10am/Womens	0.00	0.00	0.00	189.96
Murrieta The Searching Party	0.00	0.00	0.00	180.00
Serenity Cup Tournament	0.00	0.00	0.00	62.00
Tem Hill Recovery Mon 10am Open Arms	0.00	0.00	0.00	74.00
LE Meeting Place/Sun 7am/Att Mod	0.00	0.00	0.00	10.00
	TOTAL 2,445.88	2,052.00	393.88	21,451.17

# PERSONAL CONTRIBUTIONS BUCK A MONTH CLUB

Date	Name	Amount	-	Date	Name	Amount			
9/4/15	Sharon C	5.00		9/2/15E	Brian	1.00	9/30/15	Jack	2.00
9/4/15	Sandra N	5.00		9/30/150	ene W	5.00	9/30/15	Ron	2.00
9/4/15	Terese B	20.00		9/30/15N	Marcos	5.00	9/30/15	Brian	1.00
9/6/15	Pauline S	25.00		9/30/15J	im	5.00	9/30/15	Mary	2.00
9/6/15	Jim F	30.00		9/30/158	Suzie	10.00	9/30/15	Arnie	1.00
9/7/15	Paul R	20.00		9/30/150	Chuck	20.00	9/30/15	Georgia	1.00
9/11/15	Linda F	50.00		9/30/15T	om	1.00	9/30/15	Sandy	5.00
9/20/15	Jill A	20.00		9/30/150	Georgeann	1.00	9/30/15	Jonathon	12.00
9/20/15	Mike B	20.00		9/30/15E	mily	1.00	9/30/15	Tom	1.00
9/20/15	Mark F	10.00		9/30/15L	inda	1.00	9/30/15	Edna E	1.00
9/20/15	Debi G	10.00		9/30/15F	ranz	1.00	9/30/15	Debbie	5.00
9/20/15	Steve	5.00		9/30/15A	nonymous	3.00	Sep 15		54.00
9/22/15	Tom C	10.00	,						
Sep 15		230.00	10	1					
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#### CENTRAL OFFICE NEWS

#### VOLUNTEERS

- 1.Beth
- 2.Burt
- 3.Debi
- 4.Debbie
- 5.Fritz
- 6. Janeen
- 7. Jill A
- 8. Jill M
- 9.Jim
- 10.John
- 11.Karen
- 12.Kelli
- 13.Nick
- 14.Pat
- 15.Pauline
- 16.Rich
- 17.Sharon
- 18.Shari
- 19.Sharii
- 20.Shawn
- 21.Steve
- 22.Stuart
- 23.Tony

#### DAILY ACTIVITY FOR SEPTEMBER

Phoned in	193	
Walk ins	152	
AA Meeting	88	
Al-anon	11	
12 Step	5	
Donations/Purchases	81	
Misc/Other Business	15	



#### **BIRTHDAY DONATIONS**

Date	Name	Amount
8/3/15	Tom V Celebrates 12 Years!	12.00
8/6/15	Sandy N	35.00
8/22/15	Nancy S Celebrates 29 Years!	29.00
8/23/15	Gene W. HAPPY BIRTHDAY 30 YEARS!	30.00
8/31/15	Jessica B Congratulations on 21 years of	21.00
		127.00

# September Birthdays from Murrieta Community House ABSI Meeting ©

1. Connie S	Celebrates 1 year
2. Chuck	Celebrates 1 year
3. Monica	Celebrates 2 years
4. Connie O	Celebrates 2 years
5. Jennifer	Celebrates 4 years
6. Chris	Celebrates 18 years
7. Jody	Celebrates 20 years
8. Brian	Celebrates 25 years
9. Lisa	Celebrates 26 years
10. Jack	Celebrates 35 years

#### August Birthdays from Murrieta Community House ABSI Meeting J

1 Louie	Celebrates 2 years
2 Greg	Celebrates 5 years
3 Shayne	Celebrates 7 years
4 Lori	Celebrates 13 years
5 Dave	Celebrates 26 years
6 Frank	Celebrates 27 years
7 Gene	Celebrates 30 years
8 Karen O	Celebrates 38 years

August Birthday from Unity Hall Sun City

1 Kelly Celebrates 8 years

## **EVENTS**

# **SAVETHEDATES!**

Here is where the fun begins!!

Put these dates in your calendars for Temecula Valley Central Office's Events for 2015.

> Sunday March 1, 2015 Pancake Smackdown Free Pancake Breakfast!

Saturday June 6, 2015 Founders Day Dinner, Raffle and Speaker Meeting

Saturday August 08, 2015 Golf Tournament

Golf, Duck Race and Dinner

Sunday Sept.13, 2015
Picnic and Softball Tournament

Fun! Fun! Fun!

Saturday Nov. 07, 2045 Anniversary Dinner Dinner, Raffle and Dance

See you soon and please, Take it Easy

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# TVCO now accepts credit cards.

- 1. Pay for your books and chips with Visa or MasterCard.
- 2. Make a group or birthday contribution.
- Join The Buck a Month Club and provide support for the year in one easy payment.
- Set up a recurring, monthly, personal contribution of at least \$5 a month for your convenience.
- Come visit us down in Old Town Temecula on Old Town Front Street and we will be happy to set things up for you.
- Call or come in and we will be happy to explain the process and help you.

Thank you for your support!

INFORMATION SECURITY

CyberSource is committed to privacy and security. CyberSource is compliant with the Payment Card Industry Data Security Standard ("PCI DSS") as a Level 1 service provider. CyberSource has been compliant with PCI DSS since its inception in 2002. PCI DSS is the bankcard industry's most stringent security standard. Examples of CyberSource's security measures include: physical, electronic, and procedural safeguards; sophisticated security monitoring tools; documented security policies; use of strong encryption for transmissions of Order Information to and from CyberSource Customers; restricting access to personally identifiable information; and, periodic security audits by third party security experts.

