

Gratitude Gazette

<http://www.temeculacentraloffice.org>

(951) 695-1535

April 2016

Submissions

WHY AN INVENTORY?

Few people who come to us can lay claim to having soundness of mind, but, between their ears, they have nothing to compare their thinking to, simply because they can't put themselves inside the mind of someone else. They often arrive somewhat defiant if, in fact, it wasn't their own idea to come to A.A. in the first place. They may think that their own thinking was pretty good and it is hard to convince them that it wasn't, considering that they would have to admit that their whole existence was based on a faulty perception and their brain has been lying to them for all these years.

Those of us who came into the program of our own free will have a much easier time of it simply because we are no longer in denial and we are searching for answers to our drinking problem. After we arrive we are quick to recognize the difference in the way seasoned A.A. members think and they begin to trust in someone else's input concerning their thinking. They find a sponsor and begin taking the steps. Things go pretty good considering the new found friends they find in the fellowship, then they often hit a brick wall when they approach step four. We lose many of them upon their first attempt at the program, but we know that they will usually return when faced with the inevitable.

When it is explained to them that no one can solve their deeper rooted emotional problem until we first understand them and the process of going through the fourth step inventory is our first attempt at discovering where our thinking had been flawed, that doesn't make them a bad person, it only means that, like us, they were just misguided, and these things can be corrected if they are willing. Understanding is the key.

My first attempt at doing a forth step inventory came as I was approaching my first year of being sober. I now realize that I was rushing into it before I understood what the objective was and after scribbling down a number of superficial deeds that I had done during my drinking days, my project was abruptly interrupted by a flight to Asia and a four month vacation aboard a tanker in the Tonkin Gulf Yacht Club, (being in the Navy at the time). I didn't have the opportunity to get to a single meeting during that time, but I did have a lot of quiet nights at sea where I contemplated my life before A.A., and what I was going to do with the rest of my life. It was during that time that I decided, by God, I wasn't going to mess this thing up. I was going to do it by the book. I longed to be back in the safety of that very



Alcoholics Anonymous

I AM RESPONSIBLE
Whenever anyone, anywhere, reaches out for help, I want the hand of AA always to be there, and for that I am responsible.

- **Declaration of 30th Anniversary International Convention, 1965**

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loving group that I left four months earlier. I knew that with their love and support I could get it right.

I realized, as I was studying steps six it says “we were entirely ready to have God remove all **THESE defects of character**” and in seven, it says “humbly ask him to remove my shortcomings.” To me that means, in step **four** I should be trying to identify my defects of character and my shortcomings. The example of this step in the Big Book shows a chart which shows WHAT WE DID, WHY WE DID IT (fear of something), and WHO WE DID IT TO. It occurred to me that if I could identify the root cause of my problems (defects/fears) that I could change the behavior that resulted from them (shortcomings). To explain this in simple terms, I came up with this scenario that anyone could understand and it goes like this.

Let’s say that I purchased a large S.U.V. Off the showroom floor, drove away, and at the first signal light I hit the brakes and it didn’t stop till I was out into the cross traffic. I drove back to the dealer and explained what happened. They checked it out and discovered that they had put the **pinto** brakes on it by mistake, they changed them to the correct brakes and I drove away again. This time when I came to the signal light, the S.U.V. stopped, and it stopped at all the other stop lights also.

The defect (root cause) was that the brakes were the wrong size. The shortcoming (behavior) was that the vehicle didn’t stop properly. **Once the defect was corrected, the shortcoming went away.** For instance, when a friend of mine said that “all forms of *criticism and character assassination* stem from *low self esteem*,” it occurred to me that low self esteem was the *defect*, and *criticism and character assassination* was the *shortcoming*, and with a little self restraint I could slowly refrain from that behavior. Once I identify my defects of character, it seems to take all the power out of them; for instance, if I could find any value in criticizing another person, I might still be doing it, but there is no value in it except to *feed my ego*, and that only shows weakness of character. I used this approach on all of the behaviors that I’m not proud of and I feel stronger all the time.

Why an inventory? As I look back on the program in its entirety, I don’t see how I could have taken the rest of the steps knowing that I was skimping on steps four and five. To me, it would have been like a house of cards. I look at step four as the corner stone of the rest of the program. It made the rest of the steps much easier, as I see it; the result of this approach is the peace of mind that is promised.

Rick R.

“Sponsorship: Our Silent Legacy”

AA would not have been born had it not been for sponsorship in its many different forms. First Ebby bringing the message to Bill W. Ebby having received the solution to his drinking problem from Rowland H. Who in the early 1930s, was a well-to-do Rhode Islander and alcoholic, visited the noted Swiss psychoanalyst Carl Jung for help with his alcoholism. After sobering up, living with Dr. Jung for a year during the process, Rowland H. left Carl Jung certain he would never drink again, however within a short period of time, Rowland returned to drinking. Perplexed and desperate Rowland sought Dr. Jung again for an explanation to his uncontrollable drinking. Dr. Carl Jung determined that Rowland’s case was medically hopeless, and that he could only find relief through a vital spiritual experience. (pg 27, Alcoholics Anonymous) Rowland H. in his search for a vital spiritual experience found the Oxford Group.

Members of the Oxford Group practiced a formula of self-improvement by performing self-inventory, admitting wrongs, making amends, using prayer and meditation, and carrying the message to others.

“Bill W. was, at first, unconvinced by Ebby’s story of transformation and the claims of the Oxford Group. But in December 1934, after again landing in Towns hospital for treatment, Bill underwent a powerful spiritual experience unlike any he had ever known. His depression and despair were lifted, and he felt free and at peace. Bill stopped drinking, and worked the rest of his life to bring that freedom and peace to other alcoholics.” (*Origins, Archives & History*, aa.org).

For six months Bill was unsuccessful with his attempts to bring the freedom and peace he found to other alcoholics.

Meanwhile in 1933 Anne Smith., Doctor Bob’s wife persuaded Dr. Bob to go to Oxford Group meetings, later Dr. Bob found himself attracted to members of the group because of their seeming poise, health and happiness, “These people spoke with great freedom from embarrassment which I could never do, Dr. Bob said, “I was self-conscious and ill at ease most of the time.” (Dr. Bob and the Good Old Timers)

For the next two and a half years Dr. Bob attended Oxford Group meetings regularly. He gave much time and study to its philosophy, he embarked on a spiritual search. “I read everything I could find...and did what I could to soak up the spiritual and religious philosophies of the ages.” Still he got drunk.

On May 11, 1935 Henrietta Siberling, an Oxford Group member and a dear friend of Dr. Bob and Anne, received a call from a man who said, “I’m from the Oxford Group and I’m a rum hound from New York”. Henrietta said “I was desperate to help Dr. Bob in something I didn’t know much about.” So Henrietta arranged a meeting for the two men. (Dr. Bob and the Good Old Timers)

Bill said in AA Comes of Age, that he “went very slowly on the fireworks of religious experience.” First he talked about his own experience, “until Bob got a good identification with me.” Then, as Dr. Silkworth had urged, Bill hammered home the physical aspects of the disease, “the verdict of inevitable annihilation.” Furthermore Bill described their talk as a “completely mutual thing,” Bill said, “I had quit preaching. I knew that I needed this alcoholic as much as he needed me...and this mutual give and take is at the very heart of all AA sponsorship and 12 step work today.”

In Dr. Bob's story, "Dr. Bob noted that Bill "was a man...who had been cured by the very means I had been trying to employ, that is to say, the spiritual approach."

Sue, Dr. Bob's daughter told Bill later that she remembered her dad saying that he hit it off with Bill because both Bill and He had the same thing. "He told me members of the Oxford Group just didn't have the same type of problem."

Earl T. in He Sold Himself Short, (p. 236, Alcoholics Anonymous), talks about how Dr. Bob and he "spent three or four hours formally going through the Six Step program as it was at that time:

- 1) Complete deflation
- 2) Dependence and guidance from a Higher Power
- 3) Moral Inventory
- 4) Confession
- 5) Restitution for harms done
- 6) Continued to work with other alcoholics

Dr. Bob led me through all of these steps. At the moral inventory, he brought up several of my bad personality traits or character defects, such as selfishness, conceit, jealousy, carelessness, intolerance, ill-temper, sarcasm and resentment. We went over these at great length, and then he finally asked me if I wanted these defects of character removed. When I said yes, we both knelt at his desk and prayed, each of us asking to have these defects taken away... then Dr. Bob led me through the restitution step, in which I made a list of all the persons I had harmed and worked out the way and means of slowly making restitution...

I made several decisions at that time...I would try to get a group started in Chicago;...I would return to Akron to attend meetings a least every two months...third, I decided I must place this program above everything else, even my family, because if I did not maintain my sobriety, I would lose everything anyway. If I did not maintain my sobriety, I would not have a job. If I did not maintain my sobriety, I would have no friends left."

"If I live to be a hundred it will always stand out in my mind...and I wish that every AA could have the benefit of this type of sponsorship today."

Lydia V.



Carpe Diem

Now maybe some of our European ancestors did have one thing right. You may think that they were full of gluttony, greed, deceit but they did live for just today. A friend once said living outside of today before and after is where your ego lives. So in Gods world we do not choose a life, we live it.

My past is checkered with self righteousness and desire for material things; no matter the cost and despair for myself and others the rabbit hole would require to be dug. When I do look upon past experiences to learn from I rarely find an absence of insane thinking or actions. Sobriety is so far different than the path that lies behind me. Although I'm human and still have desires for maybe more than I need, I balance this by helping others through Gods will...not mine.

Recently I had an opportunity to drive across the country. Most certainly I have taken many road trips over the years however this time was much more enlightening. See, those past road trips were typically a means to an end; go someplace far away to indulge in a multi-day binge or hide away from family and friends; only to return head lowered further than ever before and a pocketbook emptied to a stressful level of insecurity. This trip however was nearly nine months into a new life. A path led by my higher power where I can carry the fellowship along for the ride.

With a sound "tool kit" packed for the journey I embarked on a four day, sober trek that I will never forget. With a quick flight to the east coast, I began a road trip that would lead me through 12 States of beautiful scenery, historical places and a healthy dose of meditation. In the past I would plan, and plan some more. I would plan where to stop for the next drink, plan to stay at places that had bars or a liquor store nearby, plan to avoid routes more likely to be set apart from 'normal' drivers. This go around the plan was much more carefree. What route will I take? How many miles to travel each day? Where shall I lay my head to rest each night? What sites could I see just off the route? Where are the meetings located along the way? For those that know my story, this was a very different plan indeed. A plan for the day not worrying about where to eat, where to get gas, making time to pray and meditate.

You see this trip was all about having faith that what fueled me and the car would be provided each day. Now for my wife, she thought I was crazy as past road trips were planned down to the hour but I'm here to say that if I saw a gas station on a half tank, just fill up again. If I was hungry when stopping for gas, then get something to eat. If there was a sign for Route 66 that was intriguing, take the exit. It was so relieving to just go where the path took me; so freely navigating and exploring where so many have traveled before and so many times I would have just ignored in the past like a comet hurtling through a vast empty space. I guess you can say traveling at 60 mph for over 2400 miles was a way for me to smell the roses.

Although originally I thought sharing these roses with another along for the journey would have been best. It turns out though that there were so little distractions that the bond with my higher power grew even greater. I was able to take direction every step of the way without influence of navigation of each stop, where to turn, speed of travel; OK except for a couple of brief moments to avoid traffic congestion. I only had to subside my own impatience struggling to yell out..."What? We're not going to make the best time? We're not going to travel 80, 90, 100 mph?"...oh the devil inside...progress not perfection. I wasn't too interested in the Southern states. Not sure why, maybe the humidity, maybe a memory relation to the history of the South, however I seemed to just pass through the first 5 states. I was really excited to reach Memphis for a couple of reasons. First of all the initial day was the longest in mileage of the four day trip. It was that first day that could be marked as an accomplishment without drink, drug or broke down along side the road. Second, I had seen so many movies that emphasized and glorified Graceland, Beale Street and the Mississippi River that this was on the "bucket list" of places to see. On the early morning of the second day I arose to tackle these important bucket list items and how I found that the bucket list of the past was no longer important. To see Graceland in the middle of a dirty, sketchy neighborhood, to drive past Beale Street to find it only a block long what had been glorified so much larger than life in the movies...disheartening on one hand and enlightening to see first hand the insane thinking of the past. This set the tone for the balance of the trek. I was now in God's hands, tossing out those old fantasies of what once was important to see. I am in the now and now is where I intend to live, along with crossing the powerful Mississippi River. ...to be continued.

Rob P. March 20, 2016

Step Four

[September 1966](#)

Vol. 23 No. 4

Breaking the Chains

Step Discussion: Step Four: **Made a searching and fearless moral inventory of ourselves.**

THE idea behind the fourth Step is an old one. Around 2400 years ago Socrates said, "The unexamined life is not worth living." All well and good, but how does this business of self-inventory apply to me as a twentieth-century alcoholic?

In brief, it is the beginning of a program of action to back up the theoretical position I have accepted in Steps One, Two and Three. The fourth Step suggests that I take a hard look in specific detail at the places in my life where I have been at odds with the will of God as I now understand Him.

Right here let me emphasize that this Step is not a license for self-loathing or self-condemnation, both of which are themselves defects of character. The term "to inventory" is a business expression and as such indicates a cool, detached, businesslike approach. I am not helped by justifying my shortcomings, but I am not helped by resenting them or getting depressed over them either.

As to the practical question of how to go about making the inventory, I would suggest a method that has worked for me. It follows closely the section of Chapter Five in the Big Book devoted to Step Four, which is the first (and, in my opinion, still the best) written treatment of the subject. To begin, I take paper and a pen. A written job is more thorough than one done in the head only. The Step says this inventory should be searching and fearless. Writing it out, tends to make it more searching. Holding in mind the decision made in Step Three that God's will should prevail enables it to be truly fearless, as does the recollection that I have said I was "willing to go to any lengths to gain victory over alcohol." I may well experience fear in approaching the Step, but by sticking to these principles I can win out over that fear.

Why should fear be such an enemy at this point in the program? Because right here it can block out the truth about myself if I let it. Fear is a big reason why my attempts at self-examination before AA led only to self-justification and self-deception. The difference now is that the power of God as I understand Him is greater than the power of fear. So now for the first time I can safely let the light of truth shine into every dark corner and passageway of my past as I review it. I no longer have to defend or condemn myself. A loving Creator is my judge. All I have to do is look at the thoughts, words and actions in my past life which missed the mark and call them by their right names.

On one part of my paper I break the general heading of character defects into several categories which apply to me. Resentment, dishonesty, selfishness, arrogance and sexual misbehavior head the list. Self-pity, envy, laziness and greed are included too. On another part of the paper I break my life into chunks which my memory can most carefully play over. For example age 1-11, 12-14, 15-17, 18-19, 20-21, 22, 23, 24, 25, 26 (my present year).

Step Four continued

Then I spend as much time as necessary in each time division remembering and writing down problems I had in each of the character defect areas.

I am careful to be specific, especially with the serious stuff. For example, not: Age 22, resentments against lots of people, but: Age 22, resentments: 1) my father--reason: his ability to cope with life which I resented because of the mess I was making of my life; 2) Sergeant So-and-So--reason: he exercised authority over me and I thought (egotistically) that I was a better, smarter person than he.

The classic argument against taking the fourth Step is that "it will depress me" or "it will upset my sobriety." I have heard this argument from many people, and, almost without exception, they are people who have never actually taken the Step. The overwhelming consensus of those I know who have taken the Step is this: although the process involves facing some unpleasant truths about oneself, the end result is *release* from depression and *protection* of sobriety. From my own experience, I would echo this latter view.

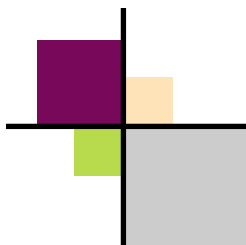
I am not at all trying to suggest that one should enter into the fourth Step lightly. It is a serious matter. But using its seriousness as an excuse to avoid it is, I think, by far the most common and dangerous of the mistakes people make with the fourth Step.

I can easily be tipped off on the real precautions I need to take in tackling this inventory by AA members who have taken the Step. The biggest obstacle is the frantic objections--usually hypothetical, vague and horrible--raised by the old "stinkin' thinkin' " side of my imagination in a last-ditch attempt to prevent me from getting honest--really honest--with myself about myself.

If by leaning on God and taking advice from my friends in AA I can get through this Step, then for the first time I will begin to have live experience of the truth that in the facing of our faults is the beginning of release from bondage to them. I will understand in a new way the meaning of the saying, "Ye shall know the truth and the truth shall make you free."

T.P. Jr.

Hankins, New York



Tradition 4

Tradition Four: Each group should be autonomous except in matters affecting other groups or AA as a whole.

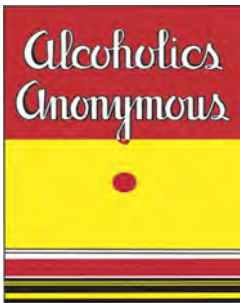
Tradition Four, Long Form: With respect to its own affairs, each AA group should be responsible to no other authority than its own group conscience. But when its plans concern the welfare of neighboring groups also, those groups ought to be consulted. And no group, regional committee, or individual should ever take any action that might greatly affect AA as a whole without conferring with the trustees of the General Service Board. On such issues our common welfare is paramount.

In AA's history, many groups have tried and failed to do things that conflicted with our other traditions, our sense of fairness, and plain old common sense. It turns out, in AA, things tend to right themselves without much interference from outside of the group. Through trial and error, our group wisdom has grown over the decades, and most of the time these days, due to our shared knowledge, untenable ideas are nipped in the bud. In fact, in two different AA meetings, I recently observed as members discussed the potential impact of proposed group actions on other groups. Tradition Four is alive and well in our local fellowship.

Last week I had the pleasure of attending a meeting where the AA Traditions are the focus. Each week, the group starts the discussion by reading one Tradition from the 12 and 12. Central to this group's discussion is how the tradition relates to our personal relationships. If you are not familiar with the following questions, you may find them helpful in applying Tradition 4, both at the meeting level, and in your personal relationships in and out of these rooms. I know I had some new insight into my marriage after considering the following questions, as they apply not only to my interactions with the group, but also to my personal behavior in and out of the rooms.

1. Do I insist that there are only a few right ways of doing things in AA?
2. Does my group always consider the welfare of the rest of AA? Of nearby groups? Of Loners in Alaska? Of Internationalists miles from port? Of a group in Rome or El Salvador?
3. Do I put down other members' behavior when it is different from mine, or do I learn from it?
4. Do I always bear in mind that, to those outsiders who know I am in AA, I may to some extent represent our entire beloved Fellowship?
5. Am I willing to help a newcomer go to any lengths—his lengths, not mine—to stay sober?
6. Do I share my knowledge of AA tools with other members who may not have heard of them?

These questions were originally published in the AA Grapevine in conjunction with a series on the Twelve Traditions that began in November 1969 and ran through September 1971. While they were originally intended primarily for individual use, many AA groups have since used them as a basis for wider discussion.



Step 4

Made a searching and fearless moral inventory of ourselves.

How It Works



A business which takes no regular inventory usually goes broke. Taking commercial inventory is a fact-finding and a fact-facing process. It is an effort to discover the truth about the stock-in-trade. One object is to disclose damaged or un-salable goods, to get rid of them promptly and without regret. If the owner of the business is to be successful, he cannot fool himself about values.

We did exactly the same thing with our lives. We took stock honestly. First, we searched out the flaws in our make-up which caused our failure. Being convinced that self, manifested in various ways, was what had defeated us, we considered its common manifestations.

-A.A. Big Book p.64

Tradition 4

Each group should be autonomous except in matters affecting other groups or A.A. as a whole.

What	When	Where
H&I Committee Meeting	1st Monday - 7:30pm	TVAC—27470 Commerce Center Dr. Temecula, CA 92590
TVCO Board Meeting	1st Tuesday - 6:30pm	Central Office - All are welcome, but only Board members may vote.
Mid So-Cal Area Meeting	2nd Sunday - 9:30am	Meets at various locations. Call Central Office for meeting location
Cooperating with Prof Community (CPC)	2nd Tuesday - 5:45pm	Center for Spiritual Living - 26805 Murrieta Rd. Sun City, CA 92585
GSR Meeting - District 17	2nd Tuesday - 6:30pm	Center for Spiritual Living - 26805 Murrieta Rd. Sun City, CA 92585
Intergroup Meeting	3rd Tuesday - 6:45pm Visitors Welcome	United Methodist Church, Murrieta 24652 Adams at Kalmia & Adams
GSR Meeting - District 14	3rd Wednesday - 7pm	Good Shepherd Episcopal Church 308 E Acacia Ave, Hemet, CA 92543

What is the Intergroup?

Each group is encouraged to have an Intergroup Representative. This person is the liaison between Intergroup and their home group. The Intergroup Central Office depends upon the local members and groups for the necessary support to carry out its responsibilities. This support comes in the form of volunteer help and financial contributions.

Our efficiency and the continuation of services offered are related to the level of support from the groups. Please register your group at Central Office. Any A.A. member is welcome to attend the Intergroup or Board meeting as a guest. If your group is interested in joining Intergroup, send a member to the meeting, and we will gladly give you all the information you need to get started.

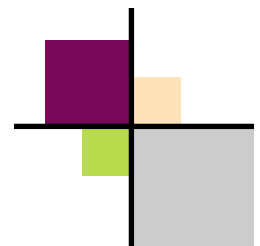
“The Intergroup associations are the best insurance we can have that our life lines to the hundreds of thousands yet to come will never break or tangle. Let us always be generous. Let us warmly support Intergroup.”

AA co-founder Bill W. 1949

Bridging the Gap

Bridging the Gap is designed to help an alcoholic between a treatment program or prison make the transition. One of the more slippery places in the journey to sobriety is between the door of a facility and the nearest AA group or meeting. AA experience suggests that attending meetings regularly is critical. In order to Bridge the Gap, AA members have volunteered to be temporary contacts & introduce newcomers to AA. It is suggested that the temporary contact take the newcomer to a variety of AA meetings; introduce him or her to other AA's; ensure that he or she has some phone numbers of several AA members and share the experience of sponsorship and a home group.

1st Monday	Just Us Girls (Temecula)
1st Tuesday	Tuesday 10 Am Women's 12x12 (Murrieta)
1st Wednesday	Women's Closed As Bill Sees It - Monday 12:00 (Murrieta)
1st Thursday	Thur. Women's 10:00am-Lyndie Lane (Temecula)
1st Friday	Men's Stag 7:00 Pm Wednesday (Murrieta)
1st Weekend	Liberty Bells (Lake Elsinore)
2nd Monday	Saturday Early Risers (Temecula)
2nd Tuesday	Unity Hall 7 Am (Sun City)
2nd Wednesday	The Funks
2nd Thursday	Michael J
2nd Friday	Darcie
2nd Weekend	Mosh Pit (Temecula)
3rd Monday	Paul R
3rd Tuesday	Nancy W
3rd Wednesday	Laura L
3rd Thursday	Bill S
3rd Friday	Back To Basics (Sun City)
3rd Weekend	Donna B
4th Monday	Sunday 7 Am Attitude Adjustment (Lake Elsinore)
4th Tuesday	Searching Party
4th Wednesday	Linda D
4th Thursday	The Twilight Meeting at the Alano Club on Sunday (Temecula)
4th Friday	Women's Candlelight -Thursday (Temecula)
4th Weekend	Wild Ones Grape Street (Wildomar)
5th Monday	Sunday Came to Believe (Temecula)
5th Tuesday	Greg L
5th Wednesday	Richard and Bobbi L
5th Thursday	Andrea
5th Friday	John and Brenda W
5th Weekend	Wednesday Men's Stag (Murrieta)



What You Get From Central Office

During the day, your Central Office keeps the doors open to assist recovering and suffering AA members alike and provide the following services: We provide the Big Book. We provide the 12x12, assorted literature, chips, and newcomer packets.

Your office manager organizes volunteers, makes sure the office is a healthy place for all, keeps your accounting data accurate, and safe guards your inventory. The office manager is there to support the groups and the individual members of our fellowship. We make and distribute your meeting schedules and we publish the Gratitude Gazette.

Twenty-four hours a day, seven days a week, volunteers take calls from suffering alcoholics and organize 12 step calls. The phone line and special call-forwarding are paid for by your central office contributions.

Please ask at your next business meeting if you are contributing monthly to your Central Office. It doesn't have to be a lot. Being self-supporting means not only paying for your rent and coffee, but also paying for the services you receive through Central Office.

If your group has stopped contributing (or never started), please bring it up at your next business meeting and take a group conscience.

Let us know when and how we can help.

Submissions

We would love to print your submissions for the Newsletter.

The primary theme of any article content must pertain to; alcoholism and recovery, the Twelve Steps, The Twelve Traditions, or The Concepts. Poems, inspiring materials, AA trivia, jokes and cartoons are welcome also. Proper credit must be given to each article's source.

If taken from previously printed materials include its copyright so that we can acknowledge it.

The committee reserves the right to edit or refuse any articles submitted.

Central Office appreciates ALL of their volunteers

Get On The List

Be notified of meeting changes, new events and other important AA information from your Gratitude Gazette.

Click for online form to sign up

<http://www.temeculacentraloffice.org/gratitude->

Central Office Service

Please call (951) 695-1535

if you can be of service at Central Office by volunteering for time slots to answer phones and help walk-ins. Volunteers are always appreciated, and of course you get the grand reward...

	<u>Mar 16</u>	<u>Mar 15</u>	<u>\$ Change</u>	<u>Jan - Mar 16</u>
Tem Del Rio Survivors	600.00	325.00	275.00	1,600.00
Mur Community House/Mon-Sat 7am/ABSI	235.00	215.00	20.00	621.00
Tem RC Church Office/Tue 6pm/Mosh Pit	120.00	240.00	-120.00	240.00
Tem Hill Recovery Sat 8am Early Risers	120.00	180.00	-60.00	360.00
Menifee/Sun 9am/Grass Roots #706488	114.50	0.00	114.50	114.50
Mur United Methodist/Wed 8pm/Discussion	100.00	0.00	100.00	100.00
Wildomar Wild Ones #653642	100.00	0.00	100.00	300.00
Tem Serenity Friday 6pm #710973	100.00	60.00	40.00	160.00
Tem Mon Night Men	100.00	100.00	0.00	300.00
Mur Monday Night Men	100.00	0.00	100.00	300.00
Tem Ser Cir/Thur Noon/Nooners	83.00	0.00	83.00	83.00
Murrieta The Searching Party	60.00	60.00	0.00	60.00
Tem/Wed 5pm/Just Us Girls	60.00	42.00	18.00	210.00
Tem Pech Sr Ctr/Fri 7pm/Bats Belfry	50.00	0.00	50.00	50.00
Tem Alano Club Sat Noon Sobriety Sisters	50.00	0.00	50.00	50.00
Mur United Methodist/Tue 10am/Womens	50.00	0.00	50.00	150.00
Mur/TVCO Intergroup/#179377	48.00	0.00	48.00	128.00
Mur/UMC/Mon Noon/Womens ABSI #709011	40.00	40.00	0.00	80.00
Just Us Girls, Too	24.00	0.00	24.00	24.00
Mur Community House/Sun 730pm/The Geek	18.00	40.00	-22.00	55.00
Wildomar on Grape /Sun7pm/Pigs onthe Wall	0.00	0.00	0.00	25.00
Wildomar Grape Street/Fri 7pm/Step Study	0.00	0.00	0.00	20.00
Tem/The Alano Club/Sun 6pm/Twilight	0.00	0.00	0.00	35.00
Tem TMPT Sunday 5pm PB4P #713748	0.00	24.00	-24.00	0.00
Tem Ser Cir/Tue 730pm/Mens Stag	0.00	180.00	-180.00	150.00
Tem Ser Cir/Mon Noon/Participation	0.00	36.00	-36.00	75.00
Tem Ser Cir/M-S 7am/Att Adj Group	0.00	0.00	0.00	322.68
Tem Sat 8pm/World Famous Speaker Meeting	0.00	100.00	-100.00	68.00
Tem Pech Sr Ctr/Wed 7pm/Step Sisters	0.00	0.00	0.00	90.00
Tem Pech Sr Ctr/Mon 6pm/Mon Madness	0.00	60.00	-60.00	0.00
Serenity Cup Tournament	0.00	24.00	-24.00	0.00
SC Unity Hall/Umbrella #164257	0.00	250.00	-250.00	0.00
Mur United Methodist/Mon 7pm/Lil Big Book	0.00	50.00	-50.00	100.00
Mur Community House/Wed 7pm/Mens Stag	0.00	50.00	-50.00	80.00
LE TMP Wed 530 The Pizza Mtg #709008	0.00	0.00	0.00	47.48
LE Meeting Place/M-F Noon/#171639	0.00	20.00	-20.00	0.00
LE AOG Church/Wed Noon/Acceptance	0.00	0.00	0.00	50.00
LE 1st Lutheran/M,Tue,Th,Sat 730pm/Bells	0.00	52.27	-52.27	21.00
Idyllwild We Don't Know Thurs 6pm	0.00	0.00	0.00	40.00
TOTAL	<u>2,172.50</u>	<u>2,148.27</u>	<u>24.23</u>	<u>6,109.66</u>

Gratitude Gazette

Valley Buck a Month Club

Personal Contributions

Date	Name	Amount
3/4/16	Sandra N	5.00
3/4/16	Sharon C	5.00
3/4/16	Terese B	20.00
3/6/16	Tim M	10.00
3/6/16	Pauline S	25.00
3/6/16	Jim F	30.00
3/10/16	Paul R	20.00
3/14/16	Mike B	20.00
3/18/16	Tom C	15.00
3/22/16	Darcie D	10.00
3/23/16	Mark F	10.00
3/23/16	Debi G	10.00
3/28/16	Collette M	10.00
3/31/16	Mary S	5.00
3/31/16	Gary G	25.00
Mar 16		<u>220.00</u>

Date	Name	Amount
3/31/16	Gene W	5.00
3/31/16	Tom	4.00
3/31/16	Rick	2.00
3/31/16	Ron	4.00
3/31/16	Sandy	5.00
3/31/16	Jim	2.00
3/31/16	Marcos	5.00
3/31/16	Michelle B	1.00
3/31/16	Suzie	10.00
3/31/16	Jack	1.00
3/31/16	Richard W	1.00
3/31/16	Franz	1.00
3/31/16	Jennifer	20.00
3/31/16	Karen K	2.00
3/31/16	John	2.00
3/31/16	Kenny	1.00
3/31/16	Peggy	5.00
3/31/16	Linda F	10.00
Mar 16		<u>81.00</u>



LADIES in
Recovery!

SAVE THE DATE!!

HWAA Banquet MAY 7, 2016

New Location!
New Menu!

Activity Log

Phoned in	159
Walk ins	156
AA Meeting	41
Al-anon	4
12 Step	6
Donations/Purchases	86
Misc/Other Business	24

Volunteers

- 1 Bert
- 2 Debi
- 3 Debbie
- 4 Fitz
- 5 Janeen
- 6 Jennifer
- 7 Jill M
- 8 Jim F
- 9 John
- 10 Karen
- 11 Kelli
- 12 Kim
- 13 Melissa
- 14 Nick
- 15 Pat
- 16 Sharon
- 17 Shari
- 18 Sharii
- 19 Shauna
- 20 Shawn
- 21 Tony



Date	Name	Amount
03/14/2016	John T Celebrates 26 years of sobriety	26.00
		26.00

HEMET'S 26TH ANNUAL
WOMEN'S AA BANQUET
New Fabulous Location!

May 7, 2016

The Maze Stone Restaurant

The Country Club at Soboba Springs

1020 Soboba Rd

San Jacinto, CA 92583

\$37.00 per Ticket (includes tip)

May 7, 2016

\$37.00 (Tip inc

Seating is assigned on a "first paid" basis. Tables of *ten* are available. To sit in a group, all tickets must be purchased together. List all names and addresses on reverse side.

Enclosed is \$_____ Total Amount.

Menu: Country Themed BBQ Dinner Buffet

Includes: House Made Mac-n-cheese, Loaded Potato Salad, Creamy Coleslaw

Santa Maria Tri Tip, Chipotle Chicken

Baked Beans, Corn on the Cob and Home Style Corn Bread with honey butter

Desert, tea and coffee will be included.

Make checks payable to: HWAAB

P.O. Box 1606, San Jacinto, CA 92581

FOUNDER'S DAY 2016
TEMECULA VALLEY CENTRAL OFFICE
is having a
TAILGATE PARTY
to celebrate
81 YEARS
of "The Spiritual Way of Life!"
SATURDAY
JUNE 11, 2016 • 5PM
Temecula Community Recreation Center
30875 Rancho Vista Road, Temecula, CA 92592
• Dinner starts at 5:30 • Tickets are \$20 per person and
can be purchased at the door • Raffle • Speaker meeting 8pm
FOR MORE INFORMATION CALL TVCO AT 951-695-1535
WEAR YOUR FAVORITE TEAM COLORS!
Professional, College, or Local!

