

Gratitude Gazette

http://www.temeculacentraloffice.org

(951) 695-1535

December 2016

Submissions

Alcoholics Anonymous

I AM RESPONSIBLE Whenever anyone, anywhere, reaches out for help, I want the hand of AA always to be there, and for that I am responsible.

 Declaration of 30th Anniversary International Convention, 1965

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Tradition Twelve

Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities. (from the November 1948 Grapevine)

One may say that anonymity is the spiritual base, the sure key to all the rest of our Traditions. It has come to stand for prudence and, most importantly, for self-effacement. True consideration for the newcomer if he desires to be nameless; vital protection against misuse of the name Alcoholics Anonymous at the public level; and to each of us a constant reminder that principles come before personal interest--such is the wide scope of this all-embracing principle. In it we see the cornerstone of our security as a movement; at a deeper spiritual level it points us to still greater self-renunciation.

A glance at the Twelve Traditions will instantly assure anyone that "giving up" is the essential idea of them all. In each Tradition, the individual or the group is asked to give up something for our general welfare. Tradition One asks us to place the common good ahead of personal desire. Tradition Two asks us to listen to God as he may speak in the group conscience. Tradition Three requires that we exclude *no* alcoholic from AA membership. Tradition Four implies that we abandon all idea of centralized human authority or government. But each group is enjoined to consult widely in matters affecting us all. Tradition Five restricts the AA group to a single purpose, carrying our message to other alcoholics.

Tradition Six points at the corroding influence of money, property, and personal authority; it begs that we keep these influences at a minimum by separate incorporation and management of our special services. It also warns against the natural temptation to make alliances or give endorsements. Tradition Seven states that we had best pay our own bills; that large contributions or those carrying obligations ought not be received; that public solicitation using the name Alcoholics Anonymous is positively dangerous. Tradition Eight forswears professionalizing our Twelfth Step work but it does guarantee our few paid service workers an unquestioned amateur status. Tradition Nine asks that we give up all idea of expensive organization; enough is needed to permit effective work by our special services--and no more. This Tradition breathes democracy; our leadership is one of service and it is rotating; our few titles never clothe their holders with arbitrary personal authority; they hold authorizations to serve, never to govern. Tradition Ten is an emphatic restraint of serious controversy; it implores each of us to take care against committing AA to the fires of reform, political or religious dissension. Tradition Eleven asks, in our public relations, that we be alert against sensationalism and it declares there is never need to praise ourselves. Personal anonymity at the level of press, radio, and film is urgently required, thus avoiding the

Submissions

pitfall of vanity, and the temptation through broken anonymity to link AA to other causes.

Tradition Twelve, in its mood of humble anonymity, plainly enough comprehends the preceding eleven. The Twelve Points of Tradition are little else than a specific application of the spirit of the Twelve Steps of recovery to our group life and to our relations with society in general. The recovery Steps would make each individual AA whole and one with God; the Twelve Points of Tradition would make us one with each other and whole with the world about us. Unity is our aim.

Our AA Traditions are, we trust, securely anchored in those wise precepts: charity, gratitude, and humility. Nor have we forgotten *prudence*. May these virtues ever stand clear before us in our meditations; may Alcoholics Anonymous serve God in happy unison for so long as he may need us.

-- Bill W.



Submissions

But It's Possible

Walking into the rooms and hearing for the first time that all I needed to do was follow the suggestions of a simple program. I thought to myself this isn't simple, it's hard. I am powerful, I don't need anything greater than myself, who cares what damage I caused...I'm OK! So if I was so "OK" then what was I doing in a meeting. So I was trying to run the show, again. Instead of defining simple as plain, basic and uncomplicated I chose to focus on it should have no difficulty. Simple does not equal easy. Step One was difficult. My values were twisted thinking I cannot admit I'm powerless else that would mean I'm weak...dealing only in absolutes. The strange thing that I could not comprehend at first is the more I came to accept powerlessness the more confident and stronger I became; in all of life's events. So I gave up fighting and was willing to go to any lengths even if I disagreed what was being asked of me. I was willing to put forth as much if not more effort than I used working on drinking. Step Three; how am I going to get through this one. Hello! I do not need to figure it out...stop fighting I would tell myself. All I needed to do was muster up the courage to follow what was being asked of me. The wisdom would be provided and I didn't need to figure it out. So void of faith I was asked to pray so I had to be willing again. Eventually I figured out the routine and saying NO was no longer in my program. The steps continued with pain and guilt washed away, fear still a work in progress. Choosing to not run the show was the best idea that never came from me. I must renew my program each morning as recovery is never over. The hamsters in the brain still run from time to time. And oh do those weevils come up with some crazy ideas. Sobriety has not always been easy, but its possible if I continue to follow this simple program. Rob P



From
the
Temecula
Valley
Central
Office

Gratitude Gazette

Step12

Are We Forgetting Twelfth Step Calls?

March 1983 Vol.39 No.10

I WAS LUCKY! One of the first women I met in AA knew no limits when it came to reaching out to still-suffering alcoholics. Shortly after I joined the Fellowship, she became my sponsor, and her message was clear. She said that I was self-centered, that I was wallowing in self-pity, and that I could overcome this--by trying to help other alcoholics.

I had seen the movies The Lost Weekend and Days of Wine and Roses, so I was familiar with Hollywood's version of carrying the AA message, and it appealed to me. I've always liked high drama, so I enthusiastically agreed to go along with her on Twelfth Step calls early in my sobriety. We went on many calls together, armed with "care packages"--soup, honey, tea, juice, and handfuls of AA literature. The women we called on were a far cry from Lee Remick, and Hollywood forgot to mention that most alcoholics seem to have dogs that haven't been outside for days.

Alcoholics also change their minds; there were many times when we were welcomed less than graciously in spite of the fact that the alcoholic had called for help and we had canceled plans in our efforts to "go to any length." A few of the people we called on did get sober. Most did not; I hope they reached out for help later and found AA.

But my sponsor was right. It was hard for me to feel sorry for myself when my energies were focused on helping another drunk. Most important, I stayed sober. Twelfth Step calls taught me about myself and my illness. I'll always remember the help I received from an indigent woman in the alcoholic ward of the city hospital. She may have been only forty-five or fifty, but she looked very old. I was there because it was my night to make coffee for the weekly AA meeting. She was lying on her bed exposing her toothpick legs, which were covered with wine sores. She was so weak that she could barely walk, so I offered to take her to the meeting in a wheelchair. She responded, "No thanks, honey. I've never been so bad that I needed the AAs."

I heard myself answer, "Thank God I was bad enough to need AA, and it sure has helped me."

It's been several years since I've been on what we think of as a Twelfth Step call, and I'm not sure why. Maybe it's because I've neglected to let the intergroup office know that I would welcome an opportunity to carry the message.

With AA growing at a rate of fifteen new groups daily, Twelfth Step work is still taking place, but perhaps in different forms. The AA General Service Office lists 540 area and local public information committees and more than 300 additional public information contacts. By talking to non-AAs in schools, churches, and service clubs, by providing literature displays at health fairs, and by placing AA public service announcements on TV and radio and getting articles about AA into local newspapers, these twelfth-steppers are reaching thousands of alcoholics hidden in the general public.

More than 200 committees on cooperation with the professional community are carrying the AA message to physicians, medical students, members of the clergy, psychologists, social workers, educators, and people in labor and management.

Approximately 200 institutions committees are carrying the AA message to hospitals, treatment centers, and correctional facilities.

With the proliferation of treatment facilities that took place in the 1970s, we aren't seeing many alcoholics holding half-empty cups of coffee at their first meeting because they are shaking too hard to hold full cups. Thank God, it's been at least ten years since I've seen a new member go into an alcoholic convulsion at a meeting. But there is still plenty for us to do if we want what co-founder Bill W. described as the "undreamed rewards" we receive as we try to help another alcoholic--one who is "even blinder" than we.

We can let local treatment centers know that we welcome opportunities to introduce alcoholic patients to AA, that we are available to serve as temporary or interim sponsors upon their discharge.

We can be available to meet a fellow member who found sobriety inside the walls. With 1,100 AA groups in prisons and jails, there is always a need for outside members to provide that crucial AA contact the day an inmate is released.

Corresponding with inmates, sharing with an AA Loner, making coffee, talking at a meeting, sponsoring a newcomer, serving as the link between your group and AA as a whole--there are many ways to make Twelfth Step calls.

Old-timers talk about the days when early AAs literally went to any length to help other alcoholics. There's the story about a traveling salesman from New York who once rode a bus 450 miles out of his way because the AA General Service Office had received a plea for help from someone with a drinking problem. Even today, Loners write about receiving help from another Loner who has traveled a day or more over rarely used dirt roads. Those AAs understood the meaning of "reaching out" to another alcoholic.

I think of those stories, and I feel concern about recent discussions in my home group. Much emphasis is put on reaching out--but the stress is on reaching out *for* help rather than *to* help. Many of the newcomers, and some who are not so new, talk about how AA members are letting them down. One feels "abandoned" because her sponsor is going on vacation. Another is hurt because no one invited her to go for coffee after last week's meeting. They feel unsatisfied and turned-off by AA because they reached out *for* help to deal with every conceivable problem, and did not receive the attention they were seeking. I am uncomfortable as I listen, and I know that I said those things, too. Again, I was lucky--my sponsor told me that I would get better if I stopped thinking about myself and reached out to help oth-

ers, and it worked!

The primary purpose of every AA group is to carry the message to the still-suffering alcoholic. Maybe it's time to make some old-fashioned Twelfth Step calls in my own group, so that nondrinking but still-suffering alcoholics I see every week can know the joy of truly living sober.

Yes, we do have central/intergroup offices to answer calls in most of our cities and hundreds of committees on public information and cooperation with the professional community to spread the word. But let's not forget that our Fellowship got its start because a drunk named Bill sought help for himself by reaching out to help another drunk named Dr. Bob.

L.F.

Manhattan, New York

Gratitude Month Messages



Please direct all communications to:

GRAND CENTRAL STATION P.O. BOX 459 NEW YORK, NY 10163 FAX# 212-870-3003

November 2016

Dear Member of the Fellowship,

On behalf of the General Service Board of Alcoholics Anonymous, I would like to express my gratitude for your willingness to participate in the Seventh Tradition. Without the support of members like you, the hand of Alcoholics Anonymous might not reach the suffering alcoholic around the world – or around the block. Yet, your contributions – of time, money, and service – allow the General Service Board and the General Service Office to provide a wide range of services both for alcoholics who are still suffering and those who are trying to reach them with our message of hope and recovery.

Please see the attached Seventh Tradition Fact Sheet for information about those services funded by your "dollars in the basket."

A.A. needs more than just money, and the General Service Board greatly values the time and effort A.A. members around the world expend in "passing it on" – sharing freely what has been so freely given to them. Simply put, our Fellowship relies on one alcoholic reaching out to another.

So, as the Fellowship reflects on Gratitude Month (October in Canada and November in the U.S.), please accept the thanks of the General Service Board for the contributions you have made in the spirit of love and service.

In fellowship,

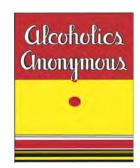
Terry Bedient Chairman of the General Service Board

errance M. Bediest

And

The Temecula Valley Central Office, the Intergroup Service Center for District 17, would also like to thank the Fellowship for pledging more than \$4,000 towards our goal of \$3,000. We know that these contributions were made "in the spirit of love and service" so we can continue to make more 12th Work possible. Thank you to all the Groups and Individuals that gave.

Step Guidelines



Step 12

"Having had a Spiritual Awakening as a result of these Steps we tried to carry this message to alcoholics and to practice these principles in all of our affairs."

How It Works

Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics. It works when other activities fail. This is our 12th suggestion: Carry this message to other Alcoholics! You can help when no one else can. You can secure their confidence when others fail.

A.A. Big Book, pg. 89

Tradition 12

"Anonymity is the Spiritual foundation of all our Traditions, ever reminding us to place principles before personalities."

Any finally, we of Alcoholics Anonymous believe that the principle of anonymity has an immense spiritual significance. It reminds us that we are to place principals before personalities; that we are to practice a genuine humility. This to the end that our great blessings may never spoil us.; that we shall forever live in thankful contemplation of Him who presides over us.

(Long Form from the 12 x 12)

AA Service Meetings

What	When	Where
H&I Committee Meeting	1st Monday - 7:30pm	TVAC—27470 Commerce Center Dr.
		Temecula, CA 92590
TVCO Board Meeting	Ist Tuesday - 6:30pm	Central Office - All are welcome,
		but only Board members may vote.
Mid So-Cal Area Meeting	2nd Sunday - 9:30am	Meets at various locations. Call Central
		Office for meeting location
Cooperating with Prof Community (CPC)	2nd Tuesday - 5:45pm	Center for Spiritual Living - 26805 Murrieta Rd.
		Sun City, CA 92585
GSR Meeting - District 17	2nd Tuesday - 6:30pm	Center for Spiritual Living - 26805 Murrieta Rd.
		Sun City, CA 92585
Intergroup Meeting	3rd Tuesday - 6:45pm	United Methodist Church, Murrieta
	Visitors Welcome	24652 Adams at Kalmia & Adams
GSR Meeting - District 14	3rd Wednesday - 7pm	Good Shepherd Episcopal Church
		308 E Acacia Ave, Hemet, CA 92543

What is the Intergroup?

Each group is encouraged to have an Intergroup Representative. This person is the liaison between Intergroup and their home group. The Intergroup Central Office depends upon the local members and groups for the necessary support to carry out its responsibilities. This support comes in the form of volunteer help and financial contributions.

Our efficiency and the continuation of services offered are related to the level of support from the groups. Please register your group at Central Office. Any A.A. member is welcome to attend the Intergroup or Board meeting as a guest. If your group is interested in joining Intergroup, send a member to the meeting, and we will gladly give you all the information you need to get started.

"The Intergroup associations are the best insurance we can have that our life lines to the hundreds of thousands yet to come will never break or tangle. Let us always be generous.

Let us warmly support Intergroup."

AA co-founder Bill W. 1949

Bridging the Gap

Bridging the Gap is designed to help an alcoholic between a treatment program or prison make the transition. One of the more slippery places in the journey to sobriety is between the door of a facility and the nearest AA group or meeting. AA experience suggests that attending meetings regularly is critical. In order to Bridge the Gap, AA members have volunteered to be temporary contacts & introduce newcomers to AA. It is suggested that the temporary contact take the newcomer to a variety of AA meetings; introduce him or her to other AA's; ensure that he or she has some phone numbers of several AA members and share the experience of sponsorship and a home group.

Hot Line Schedule

1st Monday	Just Us Girls (Temecula)
1st Tuesday	Tuesday 10 Am Women's 12x12 (Murrieta)
1st Wednesday	Women's Closed As Bill Sees It - Monday 12:00 (Murrieta)
1st Thursday	Thur. Women's 10:00am-Lyndie Lane (Temecula)
1st Friday	Men's Stag 7:00 Pm Wednesday (Murrieta)
1st Weekend	Liberty Bells (Lake Elsinore)
2nd Monday	Saturday Early Risers (Temecula)
2nd Tuesday	Unity Hall 7 Am (Sun City)
2nd Wednesday	The Funks
2nd Thursday	Michael J
2nd Friday	Cheryl
2nd Weekend	Mosh Pit
3rd Monday	JUGS 2
3rd Tuesday	Nancy W
3rd Wednesday	Laura L
3rd Thursday	Joyce
3rd Friday	Back To Basics (Sun City)
3rd Weekend	JUGS 2
4th Monday	Sunday 7 Am Attitude Adjustment (Lake Elsinore)
4th Tuesday	Searching Party
4th Wednesday	Linda D
4th Thursday	Jill M
4th Friday	Women's Candlelight –Thursday (Temecula)
4th Weekend	Wild Ones Grape Street (Wildomar)
5th Monday	Sunday Came To Believe (Temecula)
5th Tuesday	Greg L
5th Wednesday	Bobbi And Richard
5th Thursday	Andrea
5th Friday	Brenda and John W (Wildomar)
5th Weekend	Men's Stag – Tuesday 7:30 pm (Temecula)

Gratitude Gazette

What You Get From Central Office

During the day, your Central Office keeps the doors open to assist recovering and suffering AA members alike and provide the following services: We provide the Big Book. We provide the 12x12, assorted literature, chips, and newcomer packets.

Your office manager organizes volunteers, makes sure the office is a healthy place for all, keeps your accounting data accurate, and safe guards your inventory. The office manager is there to support the groups and the individual members of our fellowship. We make and distribute your meeting schedules and we publish the Gratitude Gazette.

Twenty-four hours a day, seven days a week, volunteers take calls from suffering alcoholics and organize 12 step calls. The phone line and special call-forwarding are paid for by your central office contributions.

Please ask at your next business meeting if you are contributing monthly to your Central Office. It doesn't have to be a lot. Being

self-supporting means not only paying for your rent and coffee, but also paying for the services you receive through Central Office.

If your group has stopped contributing (or never started), please bring it up at your next business meeting and take a group conscience.

Submissions

We would love to print your submissions for the Newsletter.

The primary theme of any article content must pertain to; alcoholism and recovery, the Twelve Steps, The Twelve Traditions, or The Concepts. Poems, inspiring materials, AA trivia, jokes and cartoons are welcome also. Proper credit must be given to each article's source.

If taken from previously printed materials include its copyright so that we can acknowledge it.

Central Office appreciates ALL of their volunteers

Get On The List

Be notified of meeting changes, new events and other important AA information from your Gratitude Gazette.

Click for online form to sign up http://www.temeculacentraloffice.org/gratitude-

Central Office Service

Please call (951) 695-1535

if you can be of service at Central Office by volunteering for time slots to answer phones and help walk-ins. Volunteers are always appreciated, and of course you get the grand reward...

November Group Contributions

	Nov 16	Nov 15	\$ Change	Jan - Nov 16
Anza Manic Mondays Women's Meeting	0.00	0.00	0.00	20.00
Anza Thur 7pm/Mens Stag	0.00	100.00	-100.00	200.00
ICYPAA	0.00	0.00	0.00	34.00
Idyllwild We Don't Know Thurs 6pm	0.00	0.00	0.00	40.00
LE 1st Lutheran/M,Tue,Th,Sat 730pm/Bells	0.00	10.00	-10.00	193.08
LE AOG Church/Thur Noon/Womens BB	0.00	50.00	-50.00	30.00
LE AOG Church/Wed Noon/Acceptance	0.00	50.00	-50.00	100.00
LE Meeting Place/Fri 730pm/TGIF	0.00	0.00	0.00	40.00
LE Meeting Place/Sun 1030am/Speaker Mtg	0.00	0.00	0.00	40.00
LE Meeting Place/Sun 7am/Att Mod	0.00	0.00	0.00	10.00
LE TMP M-Sat 7am Early Birds	20.00	0.00	20.00	25.00
LE TMP Wed 530 The Pizza Mtg #709008	0.00	0.00	0.00	142.48
Menifee/Sun 9am/Grass Roots #706488	149.70	60.00	89.70	449.80
Mur Community House/Mon-Sat 7am/ABSI	122.00	200.00	-78.00	2,260.00
Mur Community House/Sun 730pm/The Geek	26.50	18.00	8.50	110.50
Mur Community House/Wed 7pm/Mens Stag	0.00	100.00	-100.00	300.00
Mur Monday Night Men	100.00	0.00	100.00	1,100.00
Mur United Methodist/Mon 7pm/Lil Big Book	50.00	50.00	0.00	250.00
Mur United Methodist/Thur 8pm/Step Study	0.00	94.55	-94.55	0.00
Mur United Methodist/Tue 10am/Womens	50.00	0.00	50.00	450.00
Mur United Methodist/Wed 8pm/Discussion	66.21	0.00	66.21	360.29
Mur/TVCO Intergroup/#179377	62.00	0.00	62.00	417.75
Mur/UMC/Mon Noon/Womens ABSI #709011	40.00	80.00	-40.00	280.00
Murrieta The Searching Party	0.00	0.00	0.00	132.00
SC Living The 12 Traditions Mon 7pm	8.00	0.00	8.00	8.00
SC Mernas/Wed 7am/Mens Breakfast	0.00	0.00	0.00	76.00
SC The Whatever Group 2	0.00	0.00	0.00	100.00
SC Unity Hall/Umbrella #164257	900.00	0.00	900.00	1,800.00
Tem Alano Club Friday Speaker Mtg	0.00	0.00	0.00	120.00
Tem Alano Club Sat Noon Sobriety Sisters	0.00	0.00	0.00	50.00
Tem Alano Club Tues Grapevine Meeting	0.00	0.00	0.00	64.00
Tem Del Rio Survivors	1,200.00	400.00	800.00	8,800.00
Tem Hill Recovery Mon 10am Open Arms	0.00	0.00	0.00	10.00
Tem Hill Recovery Sat 8am Early Risers	90.00	180.00	-90.00	1,050.00
Tem Just Us Girls 2	101.00	0.00	101.00	585.00
Tem Mary Phillip Sen Ctr/Thur 6pm/For Fun	0.00	0.00	0.00	162.45
Tem Mon Night Men	0.00	100.00	-100.00	400.00
Tem Pech Sr Ctr/Fri 7pm/Bats Belfry	0.00	0.00	0.00	160.00
Tem Pech Sr Ctr/Mon 6pm/Mon Madness	0.00	0.00	0.00	138.00
Tem Pech Sr Ctr/Wed 7pm/Step Sisters	0.00	0.00	0.00	180.00
Tem Pechanga/Sun 730pm/Participation	0.00	0.00	0.00	303.60
Tem RC Church Office/Tue 6pm/Mosh Pit	120.00	0.00	120.00	840.00
Tem Sat 8pm/World Famous Speaker Meeting	0.00	100.00	-100.00	68.00
Tem Ser Cir/Fri Noon/	60.00	0.00	60.00	120.00
Tem Ser Cir/M-S 7am/Att Adj Group	0.00	0.00	0.00	1,888.99
Tem Ser Cir/Mon Noon/Participation	0.00	0.00	0.00	75.00
Tem Ser Cir/Sun Noon/Participation	0.00	0.00	0.00	60.00
Tem Ser Cir/Thur 715pm/Serenity Seekers	0.00	38.08	-38.08	56.00
Tem Ser Cir/Thur Noon/Nooners	0.00	0.00	0.00	83.00
Tem Ser Cir/Tue 730pm/Mens Stag	0.00	0.00	0.00	475.00
Tem Ser Cir/Tue Noon/Living Sober	0.00	0.00	0.00	72.00
Tem Ser Friday 10pm Candlelight	0.00	0.00	0.00	120.00

November Group Contributions, cont.

0.00 0.00	0.00 0.00	0.00 0.00	75.00 900.00
0.00	0.00	0.00	75.00
0.00	0.00	0.00	40.00
0.00	198.00	-198.00	0.00
25.00	0.00	25.00	650.00
0.00	0.00	0.00	490.00
0.00	0.00	0.00	35.00
0.00 0.00	10.00 0.00	-10.00 0.00	40.00 101.00
120.00	0.00	120.00	840.00
0.00	0.00	0.00	5.00
	120.00 0.00 0.00 0.00 0.00 0.00 25.00 0.00	120.00 0.00 0.00 10.00 0.00 0.00 0.00 0.00 0.00 0.00 25.00 0.00 0.00 198.00	120.00 0.00 120.00 0.00 10.00 -10.00 0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.00 25.00 0.00 -198.00



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November 2016

Valley Buck a Month Club

Personal Contributions

Date	Memo	Amount
11/19/2016	Mike B	20.00
11/19/2016	Annie D	40.00
11/19/2016	Paul R	20.00
11/19/2016	Jim F	30.00
11/19/2016	Tim M	10.00
11/19/2016	Terese B	20.00
11/19/2016	Sharon C	5.00
11/19/2016	Sandra N	5.00
11/20/2016	Anony- mous	3.09
11/20/2016	Peter	3.80
11/20/2016	Mark F	10.00
11/20/2016	Debi G	10.00
11/26/2016	Anony- mous	1.35
11/26/2016	Tom C	20.00
11/30/2016	Collette M	10.00
11/30/2016	Gary G	25.00
		233.24

Date	Name	Amount
11/30/2016	Gene W	5.00
11/30/2016	Georgia	1.00
11/30/2016	Karen K	2.00
11/30/2016	Stephanie	1.00
11/30/2016	John	5.00
11/30/2016	Bob and Karen	5.00
11/30/2016	Mary	1.00
11/30/2016	Heather	1.00
11/30/2016	Tom	2.00
11/30/2016	Jonathon	1.00
11/30/2016	Katrina	1.00
11/30/2016	Charles	1.00
11/30/2016	Mary	1.00
11/30/2016	Marcos	5.00
11/30/2016	Stephanie	3.00
11/30/2016	Deddrick	8.00
11/30/2016	Robin	5.00
11/30/2016	Arnie	1.00
11/30/2016	Jim	5.00
11/30/2016	Anonymous	2.00
Total	Nov 2016	56.00

Central Office Activity

November 2016

Activity Log

Phoned in	168
Walk ins	190
AA Meeting	55
Al-anon	2
12 Step	5
Donations/Purchases	70
Misc/Other Business	23



Volunteers

- 1 Bert
- 2 Bob E
- 3 Kathy
- 4 Chris
- 5 Debi
- 6 Frank
- 7 Jill M
- 8 Jim F
- 9 Karen
- 10 Kelli
- 11 Mark F
- 12 Melissa
- 13 Nick
- 14 Paul T
- 15 Shawn
- 16 Steve
- 17 Stuart
- 18 Tom
- 19 Tony



Date	Name	Amount	
11/09/2016	Debi G Celebrates 9 Years!	18.00	
11/30/2016	Mickie Celebrates 13 Years!	13.00 13	.00
		Total 31	.00



AN "OLD FASHION" OLD TIMER'S MEETING

AT

UNITY HALL 27732 ENCANTO DR., SUN CITY, CA 92586 Saturday - FEBRUARY 18, 2017

FOOD – 1:45 – 2:45 PM

MAIN DISH, CHIPS, BEVERAGES WILL BE PROVIDED

By The Board

PLEASE BRING YOUR FAVORITE SIDE DISH

MEETING - 2:45 PM - 5:00 PM

ALL "OLD TIMER'S" WITH 20 YEARS OR MORE
OF CONTINOUS SOBRIETY

ARE INVITED TO SHARE AT THE PODIUM EVERYONE IS INVITED TO ATTEND

AN "OLD FASHION OLD TIMER'S" MEETING When 20 Years of Sobriety was considered to be an OLD TIMER!

For More Information call: Emic B. (951) 213-9503

SECRETARY WORKSHOP

JANUARY 14, 2017

SAT. 2:00 PM - 4:00 PM

AT

SUN CITY UNITY HALL 27732 Encanto Dr. Sun City, CA

Refreshments & Snacks Will be served.

COME AND GET A VIEW OF THE RESPONSIBILITIES
OF THE SECRETARY'S ROLE IN AN A.A. MEETING
AND HOW A.A. MEETINGS
IMPACT ALCOHOLICS ANONYMOUS AS A WHOLE

COME AND MEET SECRETARIES FROM OTHER AREAS

FOR MORE INFO:

Call Ernie B. (951) 213-9503



the 8th annual pancake smackdown is BACKI

SUNDAY MARCH 51H MURRIETA COMMUNITY CENTER 41810 JUNIPER ST. 7AM - 12PM

THIS IS A FULL BREAKFAST AND CIRCUSIII PANCAKES, EGGS, BACON, SAUSAGE, FRUIT, MILK, JUICE & COFFEE! ALL PREE & ALL YOU CAN EATH

THERE WILL BE A SPEAKER MEETING FOLLOWING THE BREAKFAST SO STICK AROUND! EARLY BIRD COFFEE 7:00 - 8:00 AM BREAKFAST SERVED & RAFFLE BEGINS 8:01 - 10:45 AM

SPEAKER MEETING 11:00 AM - 12:00 PM

Games & Prizesii HUGE RAPPLEI

THE EVENT IS ALSO A MEMORIAL FOR ALL IN OUR FELLOWSHIP THAT WE HAVE LOST. PLEASE CALL JASON IF YOU WOULD LIKE TO ADD A PICTURE OF YOUR LOVED ONE TO THE MEMORIAL BOARD.

IF YOU ARE INTERESTED IN DONATING TO THE RAFFLE OR MAKING A DONATION TO HELP MAKE THIS EVENT POSSIBLE PLEASE CONTACT JASON 981-691-9974

Twelve Tips on Keeping Your Holiday Season Sober and Joyous

Holiday parties without liquid spirits may still seem a dreary prospect to new A.A.s. But many of us have enjoyed the happiest holidays of our lives sober—an idea we would never have dreamed of, wanted, or believed possible when drinking. Here are some tips for having an all-round ball without a drop of alcohol.



Line up extra A.A. activities for the holiday season. Arrange to take newcomers to meetings, answer the phones at a clubhouse or central office, speak, help with dishes, or visit the alcoholic ward at a hospital.



Be host to A.A. friends, especially newcomers. If you don't have a place where you can throw a formal party, take one person to a diner and spring for the coffee.



Keep your A.A. telephone list with you all the time. If a drinking urge or panic comes—postpone everything else until you've called an A.A.

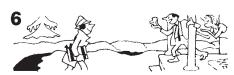


Find out about the special holiday parties, meetings, or other celebrations

given by groups in your area, and go. If you're timid, take someone newer than you are.



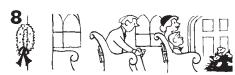
Skip any drinking occasion you are nervous about. Remember how clever you were at excuses when drinking? Now put the talent to good use. No office party is as important as saving your life.



If you have to go to a drinking party and can't take an A.A. with you, keep some candy handy.



Don't think you have to stay late. Plan in advance an "important date" you have to keep.



Worship in your own way.



Don't sit around brooding. Catch up on those books, museums, walks, and letters.



Don't start now getting worked up about all those holiday temptations. Remember—"one day at a time."



Enjoy the true beauty of holiday love and joy. Maybe you cannot give material gifts—but this year, you can give love.



"Having had $a\ldots$ " No need to spell out the Twelfth Step here, since you already know it.

10 Box 4-5-9, Winter 2016