

March 2017



Temecula Valley Central Office

# Gratitude Gazette

<http://www.temeculacentraloffice.org>

951-695-1535 Hotline 24 hours

## Submissions

### Alcoholics Anonymous

I AM RESPONSIBLE  
Whenever anyone,  
anywhere, reaches  
out for help, I want the  
hand of AA always to  
be there, and for that I  
am responsible.

- **Declaration of 30th  
Anniversary Interna-  
tional  
Convention, 1965**

## Second Thoughts. . .

### ON THE 3RD STEP. . .

Now the 3rd step, which reads: "Made a decision to turn our will and our lives over to the care of God as we understand Him," might be summed up as, "Thy will be done."

This is a continuous performance for us alcoholics, if we want some peace of mind.

It says somewhere in the Bible, *Think not of what ye shall eat, what ye shall drink, or where withal ye shall be clothed; for God hath knowledge of your need for all these things, therefore enter ye first into the kingdom of God and all shall be added unto you.*

Convinced of this, we try to go about our business wanting nothing for ourselves, but hoping and believing that we may understand in some measure His will for us and have the power to carry that out.

Somehow or other the more we practice this way of thinking the easier life seems to become, and tensions decrease.

With most of us this ability to "let go and let God" does not come automatically but, rather, gradually as a result of turning our thoughts away from ourselves toward others and the various steps in the A.A. program.

Even though we have been in A.A. without a drink for four years we have times when doubts occur and indecision arises in connection with matters concerning ourselves, but thanks to A.A., we can turn to this 3rd step, say, "Thy will be done," proceed to the nearest thing at hand to do, and all is quiet within us again.

-- Chet W.  
Stony Creek, Connecticut

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(G.V. March 1945)

*“Our stories disclose in a general way what we used to be like, what happened and what we are like now.”*

*(Alcoholics Anonymous B.B. p. 58)*

## Tradition Three

The only requirement for membership is a desire to stop drinking.

As I sat listening to the keynote speaker at our eighth annual Temecula Valley Smack down Breakfast, I remembered I had volunteered to write this piece. Our speaker was describing his thoughts as he approached the entrance of his first AA meeting. He stopped his companion, and future sponsor, to explain that he was going to enter the meeting but he was not joining tonight! The man paused a moment, then reassured the newcomer by responding, “OK just don’t sign anything tonight!”

I couldn’t help but think about how I have ***never signed anything*** to prove that I’m a committed member of alcoholics anonymous. So when and how did I come to the understanding that I am a true member of alcoholics anonymous? Was it when my home group passed around a phone directory list and I added my name and sobriety date to the list? Had I ***officially*** registered as an ***official*** member? Was it when I accepted my first service commitment and volunteered my time to help carry the message of AA? Was it when I thoughtfully increased my donation to the seventh tradition basket to a realistic amount over and above \$1.00 a meeting? All of these actions contributed to my sense of belonging in AA, but each of these choices was not a requirement for me to be a member.

Maybe it was working all 12 of the steps and finding I could live happy, joyous and free without alcohol and other “mood altering” activities. Maybe then I was in the thick of AA!!

As I looked back, I realized that I did not have an honest desire to stop drinking when I entered AA. My desire was to gain the knowledge of how to drink like a lady. How could I keep law enforcement and the courts off my back? Basically it was another attempt to try to control and enjoy my drinking with impunity.

It was a dismal awakening to discover that a large part of the AA’s solution to the drink problem was not to drink alcohol in any form whatsoever. I kept coming back to AA because I heard other members’ stories and realized that I had found a group of people who were once as desperate as I to maintain my way of thinking and whose lives were shipwrecked by their own stubborn refusal to let go of their old ideas. So when did I become an official member? When I quit fighting that part of me that continually told that I was unique. That ***my case was different!***

(continued on p. 3)

(Tradition Three Continued)

When I surrendered to the facts, like the rest of the sober AA members honestly talking about alcoholism, I found more in common with them on the inside, than the unique “differences” I used to rationalize excuses. I would tell myself reasons why sobriety the AA way wouldn’t or couldn’t work for me. I became a member when I made a decision to do this thing with 110% effort and see if it, might work for me too!

I had a sincere and honest desire to stop drinking and follow the simple program laid out for us in the book and members’ suggestions based on personal experiences of what worked and what didn’t work. I found a new life and a new freedom, a new God and a new happiness. I was no longer ashamed to be an alcoholic. I was one of the lucky ones who found my life’s answers in becoming a sober, active member of Alcoholics Anonymous.

My first sponsor, used to tell me, just imagine yourself in this world as a grain of sand on the beach. Try to consider yourself as one of many, many souls. I asked her, “Have you ever been to Yosemite National Park?” I continued, “There is a pretty good sized piece of sand there and it is given the name, “Half Dome”. Now that’s the kind of piece of sand I aspire to be! People stop and take photos to capture the majesty of it from all angles and seasons. Trying to be a piece of sand on the beach is like aspiring to mediocrity! I thought God wanted me to be my best!”

The program teaches me that as a sober member of AA I **must** not drink and humbly serve God and others, one day at a time.

-Anita

On The 3rd Tradition

By Bill

*“Our membership ought to include all who suffer alcoholism. Hence we may refuse none who wish to recover. Nor ought A.A. membership ever depend upon money or conformity. Any two or three alcoholics gathered together for sobriety may call themselves an A.A. group, provided that, as a group, they have no other affiliation.”*

(Feb. 1948 G.V. Silkworth.net )



## *Broken Dreams*

*As children bring their broken toys  
With tears for us to mend.  
I brought my broken dreams to God  
Because He was my Friend  
But then instead of leaving Him  
In piece to work alone,  
I hung around and tried to help  
With ways that were my own.  
At last I snatched it back and cried,  
“How could you be so slow?”-  
“My child,” He said,  
“What could I do? You Never Did Let Go.”*

*Author: Unknown*

## LET GO AND LET GOD

### November 7– Reflections

...praying only for knowledge of His will for us and the power to carry that out.

-TWELVE STEPS AND TWELVE TRADITIONS, p. 96

When I “Let Go and Let God,” I think more clearly and wisely. Without having to think about it, I quickly let go of things that caused me immediate pain and discomfort. Because I find it hard to let go of the kind of worrisome thoughts and attitudes that cause me immense anguish, all I need to do during those times is allow God, as I understand Him, to release them for me, and then and there, I let go of the thoughts, memories and attitudes that are troubling me.

When I receive help from God, as I understand Him, I can live my life one day at a time and handle whatever challenges come my way. Only then can I live a life of victory over alcohol in comfortable sobriety.

From the book Daily Reflections

Copyright 1990 by A.A. World Service

( aa.org )

# Mental Sobriety Means Spotting Danger Signals

IN 1940, I took my last drink. Naturally, I hope I will never take another. But can I be absolutely certain? No, because I do not believe that I can ever accept my sobriety as an accomplished fact. Yet neither do I mean that I am, as in the early days of it, haunted by the fear of returned drunkenness. Then, it was a ghost always with me, casting its dark shadow across the way. What if the old pattern reasserted itself? What if I did get drunk? I, who wanted so desperately to stay sober!

I thought much and with concern about it, and then one day, quite unconsciously, my son gave me what has seemed to be my answer. He was a boy of ten, captain of one of those little-boy football teams that play the game so enthusiastically and with such bad results. His heart was set on winning the game against the school's great rival. As the day drew near, I asked him how things were going and what the chances were. Earnestly, he looked at me and said, "It's a funny thing, mummie. They all want to win the game, but they don't want to practice!"

Instantly, it struck home! Had I wanted to win the game of sobriety without realizing that to do so would depend entirely on my own willingness to practice regularly those things in which mental sobriety has its origin?

A certain pattern of physical sobriety had been established. There was no longer a definite physical urge to take a drink; but what about mental sobriety? From then on, I began to think much less about a physical slip and much more about a mental one. I lost the fear that I could "catch drunk" as I could "catch cold." In its place developed an awareness that if I remained mentally sober, I would never find myself physically drunk. This became a firm conviction and has remained one ever since.

I determined to recognize all subversive thoughts. What better sign, for instance, that I am going off the AA track than to start feeling sorry for myself? That "Nobody loves me" feeling and its companion, "No one really understands me." Or the pressure signal: Here is a world to be remodeled; I, and I alone, must do it, and that immediately or at the most within two weeks. When the intolerance signal flashes, then indeed I must be on the alert, for when I start worrying about another's failure to practice the Twelve Steps, I can be quite certain I have mislaid them myself.

No stranger, either, to my impulses is the one prompting me to believe that I have never been fully appreciated, that circumstances have cruelly diverted genius into mediocrity. That old ego aborts the truth. Nor does it stop there. It invariably leads to a sense of self-importance that is translated into terms of my wanting to play God. In my own life and the lives of others, I want to be the director. How smoothly the show would go off, if only I was allowed to manage it all! This feeling is often directed primarily against my AA group--that intractable, obstinate body of men and women who surely, after all, do need me more than I need them. When this happens, I know definitely that it is time for me to act.

For me, it is not enough merely to recognize these danger signals. I must take action against them. This, I find, can best be done by immediately doing some AA work. Any one of a dozen ways may suffice, but the one that so far has not failed is getting myself to an open meeting. Taking the attitude that it is my first meeting, I try to clear my mind of all that I have previously known about AA and open it only to what I do not know. That I shall never know much, can never see myself as immune, or as not needing daily practice in the Twelve Steps, becomes plain. I am once more impressed with my need for and the greatness of AA.

Back on the scrub team, I am content to let someone else call the plays, certain that if I respond with my best efforts, AA will, through its program, give to me in return a deep, rich assurance that I need never take another drink. -F.L.

(G.V. November 1984 magazine. First printed in March 1946.)

## SERENITY PRAYER

(long version)

God, grant me the Serenity  
to accept the things  
I cannot change  
Courage to change the  
things I can, and the  
Wisdom to know the difference.  
Living one day at a time;  
Enjoying one moment at a time;  
Accepting hardship as the  
pathway to peace.  
Taking, as He did, this  
sinful world as it is,  
not as I would have it.  
Trusting that He will make  
all things right if I  
surrender to His Will;  
That I may be reasonably happy  
in this life, and supremely  
happy with Him forever in  
the next.  
Amen

## Roll Backward

It wasn't in my plans to change anything about myself when I came to AA other than to stop drinking. That's all I thought was necessary. I was in for a shock. At my home group, I heard that my best thinking got me to the state I was in, and I'd best be advised to change my thinking. Oh bother!

I disliked the idea of change. Was I "willing to go to any length" to get it? My way hadn't worked, so I became willing to give it a shot, even though I was pessimistic.

"Put a reminder on your bathroom mirror or on your fridge," said women in my meetings with long-time sobriety. I knew that would be useless for me. After a day or two, I'd simply view my commitment to change as part of the decor and it wouldn't work as a reminder.

What could I do? What did I have around the house that I used on a daily basis so that I couldn't ignore the reminder? In a flash of inspiration I thought, The toilet roll! I always disliked it when somebody replaced a roll the "wrong" way. So I deliberately changed the way I habitually did it. Now every day I was reminded that I had agreed to change.

It worked!

I didn't like the toilet roll backwards. It looked wrong. I felt uncomfortable, and it irked me. I tried putting it back the "right" way, but now that tweaked my conscience. I replaced it the "wrong" way and left it.

Have I forgotten to be open to change? Never. Well, hardly ever.

I've always kept this tip a secret, because it's a bit embarrassing to talk about toilet paper. One day when I had been sober for a few years, the opportunity to share my intimate tip arose at a discussion meeting. I had changed to the extent that I was willing to hear laughter at my expense. As I had suspected they would, everybody roared. A newcomer who laughed the heartiest was tickled by the idea. He put it into practice to the chagrin of his wife, who kept changing the roll to the "right" way. Finally, in exasperation, she asked her husband why he persistently turned the toilet roll around. When he explained his reasoning, she was mollified immediately and not another word was said about it.

I have heard this man relate my story and how he adopted the idea. He says, "It reminds me not to drink." It's been several years now, and my toilet paper roll still reminds me that I must be willing to change and grow in the program. Now that I have written this down, I'm hoping you will laugh with me and perhaps even adopt this reminder!

-Mary J.

Winnipeg, Manitoba, Canada

(G.V. September 2012)



## An Old-timer Says: We Forget to Duck!

THE question of persons, who after two, three, even five or more years of continued sobriety in A.A., "having trouble," came up in a discussion meeting recently. How to avoid the "trouble" is an important question.

It seems to boil down to something like Jack Dempsey's reply to a questioner, after Gene Tunney had flattened him, who asked, "What happened?" The "Mauler" answered, "I forgot to duck!"

We, too, forget to duck. We get out of practice. We learn early in A.A. that we should practice the Program continuously. That slip doesn't occur when we take the first drink--it may have happened a day, a month or a year before we take the first drink. Indeed, I have observed cases where everyone but the chap himself saw it coming. Strangely enough, no one can talk to the "slipper." Usually he has been on the Program longer--dry longer and has all the answers.

However, he has fast grown away from the very simple Program he learned when he first came in. That is kindergarten stuff to him. Through the habit of not drinking, he feels that he is safe.

In spite of his knowing, "once an alcoholic always an alcoholic," he is forgetting the 10th Step. Envy has slipped into his thinking. Jealousies and resentments lurk within him--The fellows at the office or shop are picking on him again--The wife doesn't understand him anymore--Other A.A.s are running, or trying to run, the group--The speakers are boring--He resented the fact that he couldn't drink with the other fellows at the company outing--People don't appreciate his staying sober.

These and a thousand other little things may be the slip he didn't catch soon enough.

We are never going to reach perfection. The above-mentioned things are insidious, but we can strive to keep them out of our thinking. They are our weeds. Unless we remove them, they will choke out our correct thinking to a point where we will get into trouble.

Years ago I was taught by those who preceded me that I must ever be on guard--that I'd always be an alcoholic--Thank God I've always remembered it.

When we find envy, jealousy, resentments, creeping into our thinking, let's weed them out. The simple way, it seems to me, is to review our actions each day. Check where we could have been a little more understanding, or tolerant to someone else--whether the time we blew up was really as important as we tried to make it.

Let us try to recapture the wonderful feeling we had when we first came into A.A.

We'll usually find, as always, that the fault is within us. So let's talk the misunderstandings out. Let's give the other fellow the word of encouragement that he needs. It is good to get away by ourselves and think things through, honestly, humbly, as we'd advise a newcomer to do.

I'd like to see the ideas of others regarding this subject published in The A.A. Grapevine. It will help you to write it. It may help someone who needs it and certainly it will help the newcomer to realize that this is a continuous Program. To get full benefit out of it we must live it continuously--not just give lip service.

-Dick S.

New York, New York

(G.V. September 1948)

## Gratitude From a Newcomer

I WONDER if we new members give much thought to what went on before AA found us.

Maybe we might wonder what happened to the pioneers and what they did to keep such a thing as Alcoholics Anonymous, so vital to us, alive and interesting. I know that these old-timers or founders of AA in every town had to fight for their very lives, and with few tools, alone and without social acceptance. They had to fight day by day. They had to love and ***care for each other*** for they had so little to fight with. Like all pioneers, with liberty, life and freedom in the balance, with only themselves and a faith in the infinite help of a loving, tender and understanding God, they fought through and attained a goal that they had been seeking for years. When they received a call from another fellow-sufferer they didn't dare say, "I'll see you tomorrow," or "Call Joe, he lives closer than I do." They got up and made the call regardless of the time of day, kind of day or distance, because they knew that their very existence depended upon their helping another sick alcoholic in the same condition they had been in but few short days or weeks before.

We who came later to the program had the tools and the way laid out for us. We had thousands of members to call on for advice. We had the acceptance of outside society as well as its unmerited praise. It seems to me that we have a great obligation to AA. I am also wondering if we are in some small way fulfilling any of these obligations. If we aren't, we stand in very real danger of losing this priceless heritage that has been passed on to us. Our kind of freedom cannot be taken for granted but must be forever earned and justified. When I stop to think of the dreams that were never fulfilled, that faded gradually from my mind, and of the things that I was going to accomplish in my life and what I was going to become in the business world; when I so desperately wanted to be the man that God created me to be; to be able to bring joy, security and comfort as a husband and father; when I wanted to be able to live a constructive life and one of sanity, I am forever grateful to AA because now, even though I am getting a late start, I will still be able to accomplish all of these things that I once dreamed of and yearned for.

I say we owe a debt of gratitude to the old-timers and founders of AA that we will never be able to repay except by accepting our responsibilities as good AA members and living the program to the best of our abilities. Think it over and see if you don't agree.

-Anonymous

Cedar Rapids, Iowa

(G.V. May 1955)

# The Circle and the Triangle



*"The circle stands for the whole world of A.A., and the triangle stands for A.A.'s Three Legacies of Recovery, Unity, and Service. Within our wonderful new world, we have found freedom from our fatal obsession. That we have chosen this particular symbol is perhaps no accident. The priests and seers of antiquity regarded the circle enclosing the triangle as a means of warding off spirits of evil, and A.A.'s circle and triangle of Recovery, Unity, and Service has certainly meant all of that to us and much more." (Bill W., Alcoholics Anonymous Comes of Age, Bill W.'s 1955 speech)*

*However, in the early 1990s, A.A.W.S. decided to begin eliminating the use of the Circle and Triangle symbol on its literature, letterhead and other material. It had become too costly and too controversial for AA to try to continue to defend its rights to this symbol. It was "officially" and "legally" phased out after the 1994 General Service Conference resolved that the logo be discontinued on all Conference-approved literature. However, the symbol is still associated with Alcoholics Anonymous (and other kinds of 12-Step recovery fellowships) and has a special meaning for AA members all over the world.*

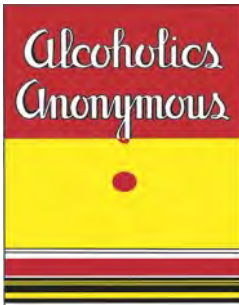
***The symbol of the circle and triangle is an ancient spiritual symbol meaning mind, body, and spirit together as one.***

*In AA, this symbol represents the three parts of our program (recovery, unity, service) which are the solutions to the three-part disease of alcoholism (physical, mental and spiritual). The circle surrounding the triangle represents Alcoholics Anonymous as a whole. The equilateral triangle is the strongest construction structure known to us. Because all three sides are equal, the triangle represents the balance required among all 36 principles in order for us to stay sober.*

*So the solution to our alcoholism is found in the Three Legacies (Recovery, Unity and Service) passed down to us by our co-founders, Dr. Bob, Bill W. and the first pioneers of AA. Each legacy has twelve guiding spiritual principles. A total of 36 guiding principles. Each of spiritual principles are contained in the Big Book of Alcoholics Anonymous (Recovery, Unity, Service), the Twelve and Twelve (Recovery and Unity), and the General Service Manual (Service).*

*([friendsofbillw.net/the\\_three\\_legacies](http://friendsofbillw.net/the_three_legacies))*

## Step and Tradition Guidelines



### Step 3

"Made a decision to turn our will and our lives to the care of God  
*as we understood Him.*"

## How It Works

We were now at *Step Three*. Many of us said to our Maker, *as we understood Him*:

"God, I offer myself to Thee-to build with me and to do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of life. May I do Thy will always!"

We thought well before taking this step making sure we were ready; that we could at last abandon ourselves utterly to Him.  
(A.A. Big Book p. 63)

## Tradition 3

"The only requirement for A.A. membership is a *desire* to stop drinking."

"This tradition is packed with meaning. For A.A. is really saying to every serious drinker, 'You are an A.A. member if *you* say so. You can declare yourself in; nobody can keep you out. No matter who you are, no matter how low you have gone, no matter how grave your emotional complications -even your crimes-we still can't deny you A.A. We don't *want* to keep you out...

We just want to be sure that you get the same great chance at sobriety that we've had. So you're an A.A. member the minute you declare yourself."

(Twelve Steps and Twelve Traditions pg 139)

## AA Service Meetings

What	When	Where
<b>H&amp;I Committee Meeting</b>	1st Monday - 7:30pm	TVAC—27470 Commerce Center Dr. Temecula, CA 92590
<b>TVCO Board Meeting</b>	1st Tuesday - 6:30pm	Central Office - All are welcome, but only Board members may vote.
<b>Mid So-Cal Area Meeting</b>	2nd Sunday - 9:30am	Meets at various locations. Call Central Office for meeting location
<b>Cooperating with Prof Community (CPC)</b>	2nd Tuesday - 5:45pm	Center for Spiritual Living - 26805 Murrieta Rd. Sun City, CA 92585
<b>GSR Meeting - District 17</b>	2nd Tuesday - 6:30pm	Center for Spiritual Living - 26805 Murrieta Rd. Sun City, CA 92585
<b>Intergroup Meeting</b>	3rd Tuesday - 6:45pm <b>Visitors Welcome</b>	United Methodist Church, Murrieta 24652 Adams at Kalmia & Adams
<b>GSR Meeting - District 14</b>	3rd Wednesday - 7pm	Good Shepherd Episcopal Church 308 E Acacia Ave, Hemet, CA 92543

## What is the Intergroup?

Each group is encouraged to have an Intergroup Representative. This person is the liaison between Intergroup and their home group. The Intergroup Central Office depends upon the local members and groups for the necessary support to carry out its responsibilities. This support comes in the form of volunteer help and financial contributions.

Our efficiency and the continuation of services offered are related to the level of support from the groups. Please register your group at Central Office. Any A.A. member is welcome to attend the Intergroup or Board meeting as a guest. If your group is interested in joining Intergroup, send a member to the meeting, and we will gladly give you all the information you need to get started.

“The Intergroup associations are the best insurance we can have that our life lines to the hundreds of thousands yet to come will never break or tangle. Let us always be generous. Let us warmly support Intergroup.”

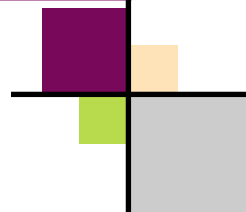
AA co-founder Bill W. 1949

### Bridging the Gap

Bridging the Gap is designed to help an alcoholic between a treatment program or prison make the transition. One of the more slippery places in the journey to sobriety is between the door of a facility and the nearest AA group or meeting. AA experience suggests that attending meetings regularly is critical. In order to Bridge the Gap, AA members have volunteered to be temporary contacts & introduce newcomers to AA. It is suggested that the temporary contact take the newcomer to a variety of AA meetings; introduce him or her to other AA's; ensure that he or she has some phone numbers of several AA members and share the experience of sponsorship and a home group.

## Hot Line Schedule

1st Monday	Just Us Girls (Temecula)
1st Tuesday	Tuesday 10 Am Women's 12x12 (Murrieta)
1st Wednesday	Women's Closed As Bill Sees It - Monday 12:00 (Murrieta)
1st Thursday	Thur. Women's 10:00am-(Temecula)
1st Friday	Men's Stag 7:00 Pm Wednesday (Murrieta)
1st Weekend	Liberty Bells (Lake Elsinore)
2nd Monday	Saturday Early Risers (Temecula)
2nd Tuesday	Unity Hall 7 Am (Sun City)
2nd Wednesday	The Funks
2nd Thursday	Michael J
2nd Friday	Cheryl
2nd Weekend	Mosh Pit
3rd Monday	JUGS 2
3rd Tuesday	JUGS 2
3rd Wednesday	Laura L
3rd Thursday	Joyce
3rd Friday	Back To Basics (Sun City)
3rd Weekend	JUGS 2
4th Monday	Sunday 7 Am Attitude Adjustment (Lake Elsinore)
4th Tuesday	Searching Party
4th Wednesday	Linda D
4th Thursday	Jill M
4th Friday	Women's Candlelight -Thursday (Temecula)
4th Weekend	Wild Ones Grape Street (Wildomar)
5th Monday	Sunday Came To Believe (Temecula)
5th Tuesday	Greg L
5th Wednesday	Bobbi And Richard
5th Thursday	Andrea
5th Friday	Brenda and John W (Wildomar)
5th Weekend	Men's Stag - Tuesday 7:30 pm (Temecula)



## What You Get From Central Office

During the day, your Central Office keeps the doors open to assist recovering and suffering AA members alike and provide the following services: We provide the Big Book. We provide the 12x12, assorted literature, chips, and newcomer packets.

Your office manager organizes volunteers, makes sure the office is a healthy place for all, keeps your accounting data accurate, and safe guards your inventory. The office manager is there to support the groups and the individual members of our fellowship. We make and distribute your meeting schedules and we publish the Gratitude Gazette.

Twenty-four hours a day, seven days a week, volunteers take calls from suffering alcoholics and organize 12 step calls. The phone line and special call-forwarding are paid for by your central office contributions.

Please ask at your next business meeting if you are contributing monthly to your Central Office. It doesn't have to be a lot. Being self-supporting means not only paying for your rent and coffee, but also paying for the services you receive through Central Office.

If your group has stopped contributing (or never started), please bring it up at your next business meeting and take a group conscience.

### Submissions

**We would love to print your submissions for the Newsletter.**

The primary theme of any article content must pertain to; alcoholism and recovery, the Twelve Steps, The Twelve Traditions, or The Concepts. Poems, inspiring materials, AA trivia, jokes and cartoons are welcome also. Proper credit must be given to each article's source.

**Please Share  
Your  
Experience  
Strength  
And  
Hope!**

**Central Office appreciates ALL of their volunteers**

### Get On The List

Be notified of meeting changes, new events and other important AA information from your Gratitude Gazette.

Click for online form to sign up  
<http://www.temeculacentraloffice.org/gratitude->

### Central Office Service

If you can be of service at Central Office by volunteering for time slots to answer phones and help walk-ins. Volunteers are always appreciated, and of course you get the grand reward...

**Sobriety for another day!**

Please call (951) 695-1535

## February 2017 Group Contributions

	<b>Feb 17</b>	<b>Feb 16</b>	<b>\$ Change</b>
Tem Del Rio Survivors	1,200.00	500.00	700.00
SC Unity Hall/Umbrella #164257	900.00	0.00	900.00
Menifee/Sun 9am/Grass Roots #706488	188.43	0.00	188.43
Mur United Methodist/Wed 8pm/Discussion	133.49	0.00	133.49
Tem Pech Sr Ctr/Wed 7pm/Step Sisters	102.00	0.00	102.00
Tem Mon Night Men	100.00	100.00	0.00
Mur Monday Night Men	100.00	200.00	-100.00
Tem Hill Recovery Sat 8am Early Risers	89.00	120.00	-31.00
Tem Just Us Girls 2	85.00	0.00	85.00
Mur Community House/Mon-Sat 7am/ABSI	74.00	206.00	-132.00
Mur/TVCO Intergroup/#179377	61.00	35.00	26.00
Tem Ser Cir/Thur 715pm/Serenity Seekers	56.00	0.00	56.00
Mur United Methodist/Tue 10am/Womens	50.00	0.00	50.00
Wildomar IVH/Mon 7pm/Lil Big Book	50.00	50.00	0.00
Wildomar IVH/Fri 7pm/Step Study	20.00	0.00	20.00
Wildomar Wild Ones #653642	0.00	100.00	-100.00
Tem/Wed 5pm/Just Us Girls	0.00	60.00	-60.00
Tem Ser Cir/Mon Noon/Participation	0.00	75.00	-75.00
Tem Sat 8pm/World Famous Speaker Meeting	0.00	23.00	-23.00
Mur Community House/Sun 730pm/The Geek	0.00	23.00	-23.00
Idyllwild We Don't Know Thurs 6pm	0.00	40.00	-40.00
	<b>3,208.92</b>	<b>1,532.00</b>	<b>1,676.92</b>

*Thank you!*



February 2017

## Valley Buck a Month Club

### Personal Contributions

Date	Memo	Account	Amount
02/10/2017	Sandra N	Personal Donations	5.00
02/10/2017	Sharon C	Personal Donations	5.00
02/10/2017	Terese B	Personal Donations	20.00
02/10/2017	Jim F	Personal Donations	30.00
02/10/2017	Tim M	Personal Donations	10.00
02/10/2017	Paul R	Personal Donations	20.00
02/10/2017	Annie D	Personal Donations	40.00
02/16/2017	Mike B	Personal Donations	20.00
02/16/2017	Mark F	Personal Donations	10.00
02/16/2017	Debi G	Personal Donations	20.00
02/16/2017	Tom C	Personal Donations	20.00
02/16/2017	Pauline S	Personal Donations	10.00
			<b>210.00</b>

Date	Memo	Account	Amount
02/28/2017	Ron	Valley Buck a Month Club	3.00
02/28/2017	Marcos	Valley Buck a Month Club	33.00
02/28/2017	Gene W	Valley Buck a Month Club	10.00
02/28/2017	Heather	Valley Buck a Month Club	3.00
02/28/2017	Rick	Valley Buck a Month Club	4.00
02/28/2017	Annie D	Valley Buck a Month Club	1.00
02/28/2017	Richard W	Valley Buck a Month Club	1.00
02/28/2017	Karen K	Valley Buck a Month Club	4.00
02/28/2017	Georgia	Valley Buck a Month Club	2.00
02/28/2017	Don	Valley Buck a Month Club	2.00
02/28/2017	Debbie	Valley Buck a Month Club	2.00
02/28/2017	Adam	Valley Buck a Month Club	1.00
02/28/2017	Mary	Valley Buck a Month Club	1.00
02/28/2017	Jim	Valley Buck a Month Club	6.00
02/28/2017	Robin	Valley Buck a Month Club	15.00
02/28/2017	Happy	Valley Buck a Month Club	1.00
02/28/2017	Dedrick	Valley Buck a Month Club	12.00
02/28/2017	John	Valley Buck a Month Club	3.00
02/28/2017	Patty	Valley Buck a Month Club	4.00
			<b>108.00</b>

## Central Office Activity

January 2017

18

### Activity Log

Phoned in	186
Walk ins	202
AA Meeting	69
Al-anon	6
12 Step	4
Donations/Purchases	66
Misc/Other Business	22



### Volunteers

1. Bert
2. Chris
3. Debi
4. Frank
5. Janice
6. Jessica
7. Jill M
8. Jim F
9. Judy
10. Karen
11. Kelli
12. Mark
13. Melissa
14. Nick
15. Shawn
16. Steve
17. Stuart
18. Tony
19. Paul K
20. Jack

### January 2017 Birthdays from Murrieta Community House ABSI Meeting J

1. Jim Murrieta Celebrated 2 years
2. Marcos Murrieta Celebrated 3 years
3. Mary Murrieta Celebrated 12 years
4. JJ Murrieta Celebrated 12 years
5. Dan Murrieta Celebrated 32 years





### **2017 Schedule**

**Flight (2012) Saturday – Feb 18**

**Smashed (2012) Saturday – Mar 18**

**My Name is Bill W. (1989) Saturday – Apr 15**

**When Love is Not Enough (2010) Saturday – May 20**

**DARK – Call for Private Showing Saturday – Jun 17**

**DARK – Call for Private Showing Saturday – Jul 15**

**DARK – Call for Private Showing Saturday – Aug 19**

**Clean and Sober (1988) Saturday – Sep 16**

**Bill W Documentary (2012) Saturday – Oct 21**

*(all features include cartoons)*

7111 Arlington Ave, Suite B

Riverside CA 951 785-0845

(Past the Airport in the Riverside Air Park)

Show Time: Doors open at 7:00PM.

The movie starts at 7:30PM.

Stay after and tour the archives.

Cost: FREE!

Bring your lawn chairs or chaise lounge and enjoy classic Hollywood movies about AA in our own unique theater. (we have chairs too!)

Refreshments will be available

**FOUNDER'S DAY 2017**  
**TEMECULA VALLEY CENTRAL OFFICE**

**is having a**  
**TAILGATE PARTY**  
**to celebrate**

**82 YEARS**  
**of "Supporting Our Future"**

**SATURDAY**

**MAY 13, 2017 • 5PM**

**Temecula Community Recreation Center**  
**30875 Rancho Vista Road, Temecula, CA 92592**

**• Dinner starts at 5:30 • Tickets are \$20 per person and  
can be purchased at the door • Raffle • Speaker meeting 8pm**

**FOR MORE INFORMATION CALL TVCO AT 951-695-1535**

**WEAR YOUR FAVORITE TEAM COLORS!**

**Professional, College, or Local!**



# **SAVE THE DATES**

**For January – June  
2017**

**Put these dates in your calendars.**

## **Temecula Valley Central Office**

### **Events to Remember**

- 1) January 22<sup>nd</sup> Pre Pancake Smackdown  
Alano Club 9am to 12pm**
- 2) March 5<sup>th</sup> Pancake Smackdown  
Murrieta Community Center 7am to 12pm  
Full breakfast, Raffle, Speaker meeting**
- 3) March 18th Rule 62 Golf Tournament  
Temecula Creek Inn Golf Course  
Golf, Duck race, Dinner, Awards**
- 4) May 13<sup>th</sup> Founder's Day  
Temecula CRC at Ronald Reagan Sports Park  
BBQ dinner, Raffle, Speaker meeting**

**Contact Central Office at (951) 695-1535**

**for more information**

# WOMAN TO WOMAN

## 38<sup>th</sup> ANNUAL SHARING & CARING WORKSHOP WEEKEND FOR SOBER ALCOHOLIC WOMEN

**FRIDAY JUNE 2ND - SUNDAY JUNE 4TH, 2017**

**Mount St. Mary's College, Chalon Campus - Brentwood, CA**

### Friday June 2nd, 2017

Registration: 4 – 7 p.m.

Buffet Dinner: 5 – 7 p.m.

Welcome/Participation Meeting

**\*\*New:** Evening Fun & Games

### Saturday June 3rd, 2017

Workshops

Sun/Fun Afternoon Free Time

Speaker Meeting

**\*\*New:** Evening Fun & Games

### Sunday June 4th, 2017

Workshops

Speaker Meeting

Check out by 1 p.m.

**ONLY \$195.00 PER PERSON (single or double occupancy)**

**INCLUDES REGISTRATION, TWO NIGHTS LODGING AND SIX AMAZING MEALS!!!**

**FULL PAYMENT ONLY** (no partial payments will be accepted) **NO REFUNDS** (you may have someone attend in your place)

Confirmations will be mailed by MAY 10, 2017

**FOR ADDITIONAL INFORMATION PLEASE CONTACT:**

Jacquelyn P. (818) 387-5837 or e-Mail: W2Wtreasurer@yahoo.com

**Visit Our Website At: [www.WomanToWomanLA.org](http://www.WomanToWomanLA.org)**

- In consideration of personal anonymity, audio and video recording is not permitted at any time during weekend.
- Photography is not permitted in meetings & workshops and is limited to yourself/group.
- Soliciting and sales for outside events/products during the weekend is not permitted.

----- Please detach here and return bottom portion with your payment -----

**Each roommate must complete a separate form. Please mail early! Single occupancy is limited.**

**SINGLE OCCUPANCY** ☐ Share bathroom with: \_\_\_\_\_

**DOUBLE OCCUPANCY** ☐ Share room with: \_\_\_\_\_

**SPECIAL NEEDS** - Please specify your disability and specific need: \_\_\_\_\_

PLEASE PRINT CLEARLY!

**NAME** \_\_\_\_\_ **SOBRIETY DATE** \_\_\_\_\_

**ADDRESS** \_\_\_\_\_

**CITY/STATE/ZIP** \_\_\_\_\_

**PHONE** \_\_\_\_\_ **E-MAIL** \_\_\_\_\_

May we e-mail information to you? ☐ Yes ☐ No Disabled Person Parking Permit? ☐ Yes ☐ No

**Wheelchairs and service animals cannot be accommodated at Mount St. Mary's**

**REGISTER and PAY ONLINE \$200 (includes \$5 convenience fee) at [www.WomanToWomanLA.org](http://www.WomanToWomanLA.org)**

**OR MAIL REGISTRATION FORM and CHECK for: \$195 payable to: WOMAN TO WOMAN to:**

**W2W c/o JACQUELYN P., PO BOX 14473 VAN NUYS CA 91409-4473**

### **TAKE A COMMITMENT!!!**

**It will enhance your weekend experience!**

☐ Workshop Leader ☐ Hospitality ☐ Coffee ☐ Hostess (Friday at 3 p.m.) ☐ Hostess (Other)

A committee member will contact you regarding volunteer opportunities