

May 2017

Temecula Valley Central Office



# Gratitude Gazette

<http://www.temeculacentraloffice.org>

951-695-1535 Hotline 24 hours



## Alcoholics Anonymous

I AM RESPONSIBLE  
Whenever anyone,  
anywhere, reaches  
out for help, I want the hand  
of AA always to be there, and  
for that I am responsible.

### • Declaration of 30th Anniversary International Convention, 1965

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## A Soldier's Story

### Suffering from post traumatic stress and alcoholism, he finally surrendered

My experience in AA began in September 2005. Almost a year in the military and I could not control my drinking. I entered treatment at the age of 21. During my stay in the 28-day program, I knew that I wasn't like the people there. I didn't lose anything and my health was perfect. At the end of the treatment, I was told to attend AA meetings on a regular basis.

In the meeting, I noticed the word God on the wall throughout the room. People shared about their sobriety, the Steps, getting a sponsor and how "God saved their life." However, I just couldn't relate and I decided that I could control my drinking. It wasn't until four years later that the nightmare of alcoholism and drug addiction became a reality.

In February 2008, I had returned home from a deployment from the Middle East. After a couple of weeks, I noticed my hyper-vigilance, sensitivity to noises and people, and I was having horrific dreams. I began drinking heavily everyday just to maintain myself. I also became extremely violent not only towards strangers but towards friends and family.

A few months later in May, I had heart surgery to have a pacemaker installed. I was only 24. Looking back, I realize that that was my jumping off point. I would eventually be medically retired from the Air Force. That operation changed my life forever.

Due to the stigma within the military, asking for help was difficult. I decided to keep my troubles to myself. In the fall, I was sent to a 60-day treatment facility, 30 days of which were spent in detox. Within two weeks of leaving the facility, I was back to drinking heavily and I thought of suicide daily. From then on, I would go into blackouts and end up in mental institutions. The following June, I was medically retired from the Air Force with physical and mental disabilities.

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I was 25 years old and out of the military. I was hell-bent on drinking and still thinking of suicide. Meanwhile, I was on several psychotropic drugs. On August 23, I drank myself into a blackout that lead to a gruesome attempt to cut and peel my skin off, thinking I could get clean and sober. After 10 days in the mental hospital, I was given an ultimatum: to either get sober or be locked up in an institution permanently.

The next morning, I put my feet on the floor and knew I had to go back to AA. I did exactly that. I went to an AA meeting for the first time since 2005. I was filled with hatred and rage. During my first share, I exploded, letting out all the pain and despair. That night, I was introduced to a man, who with a smile on his face, said I was in the right place and told me to come back tomorrow. That man became my sponsor. Within a few weeks, I began going through the Steps. After finishing my first set of Steps, I believed that I had had the spiritual experience and that the promises had come true. At a year and a half of sobriety, I thought mental troubles were of my own making and were was caused by heavy drinking and drugs. In my heart I honestly believed I had the spiritual awakening of the working the steps. So I decided to come off my medications.

At almost three years of sobriety I had hit an emotional and physical bottom. Because of the work I had done in and out of the rooms I am blessed that drinking was never an option. After three months of insanity, I could not function in nor out of the rooms. Finally, I got honest with my sponsor and significant other who is also in the program. I voluntarily admitted myself into a mental hospital. While there, I was treated for P.T.S.D., Bi-polar I, and severe panic and anxiety attacks. After sometime in treatment, I was finally able to accept these things that had haunted me for over 10 years.

The blessing that comes with sobriety is the opportunity to be of service. While hospitalized for an entire month, my higher power put me in the position to Twelve Step two people and take a guy through the first three Steps.

Though I have not fully recovered from my mental and physical breakdown, I not only continue therapy and medications but also practice acceptance on a daily basis. As for sobriety, I continue my service position, attend five meetings a week, and keep in conscious contact with my higher power. Today is only today, and for today I am sober, alive and filled with gratitude.



*Zach S., Brighton, Colo.  
(Grapevine Online Exclusive)*

# Warts and All

I would like to share with you one of the most significant aspects of my recovery to date: the freedom from guilt. I came to this program for the same reason many do--I had a drinking problem and had nowhere else to go. I had been drinking for about seventeen years, and at age 34, my life was bankrupt in every department. I had bottomed out some four months before my first meeting, and had been trying not to drink. I knew I couldn't drink but also knew nothing about the disease of alcoholism. I did not have the tools of this program to fix the problems in my life. My wife suggested I go to an AA meeting, because "these are people who are trying to do something about their drinking, and maybe they can help." And so I came.

I identified as an alcoholic at my first meeting, and this fact alone kept me functioning for the first nine months in the program. The people I met the first night told me that if I could stay away from one drink for one day, my life would get better. Since I couldn't relive yesterday, and tomorrow wasn't here yet, I really only had to stay sober for one day--today. This led to the certain knowledge that, having stopped drinking, my recovery lay in staying stopped. And so for nine months, I asked of life only physical sobriety. I met every situation with the simple faith that since I was sober, everything was okay. But you already know what the wise in AA have learned, namely, that we don't live to stay sober; we stay sober to live.

And so, when the ordinary cares and desires of life began to reawaken in my conscious thought, I lost my kindergarten serenity. Life once more became menacing. I was forced to find a sponsor, and begin to actually **take** the Steps suggested as a program of recovery.

I categorize this next period of my sobriety as one of "waiting for the flash." I was intrigued by the prospect of a sudden spiritual experience, such as the one Bill W. related. I kept waiting for a fairy godmother to tap me with a wand and take all my troubles away. In reality, it seemed that someone up there was waving a spiritual "rubber chicken," waiting to bop me every time I started to feel better. To this point, I was thinking of life improvement in the purely physical sense--better health, better clothes, better car. But the Big Book suggests that "it ain't necessarily so" when it points out ". . . for we have been not only mentally and physically ill, we have been spir-itu-ally sick. When the spiritual malady is overcome, we straighten out mentally and physical-ly." (Note the order of priority.) When I finally grasped this thought, I began to try and do the ac-tion Steps, Three through Twelve.

I came to the decision in Step Three through my job. I hated it and wanted to leave, but couldn't; I had a family to support and no other immediate prospects. As I expressed it to my sponsor, "I don't want to be there, but what if my Higher Power wants me there?" Since my sponsor suggested I stay put until I knew the answer to the question, I moved on to Step Four, I had a lot of trouble with the Step, not uncommon as is lovingly pointed out in the "Twelve and Twelve." The simple truth was I had emotional problems of some depth and was simply incapable of understanding what I was being asked to do. I finally got something down on paper and covered it as best I could with my sponsor (new one in a new city). This man gave me hope. I really never understood that word either until he used it. He assured me that if I was able to stay sober, peace of mind would come.

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As a direct result of this attempt at Step Four, I was moved to seek professional help for what seemed an unending depression. I approached my therapy in the spirit of Steps Four and Five, and my only prayer was that I might be honest with the doctor in these sessions. I am one of the lucky ones. I became the patient of a good and competent doctor who was able to release me from my cell of self-imprisonment. I became aware of the difference between being descriptive and being judgmental. I became capable, for the first time, of looking at my past behavior for exactly what it was--my *past* behavior--and deciding what aspects of it I would like to change. This began the process of self-acceptance, as I really am, warts and all. To help me focus my thoughts and attitudes in this new way of thinking, I used a simple expression given me by an AA member. When I talked to him one night of the anguish caused by my many "failings," as I then saw them, he suggested that I think "not guilty." He reminded me that if I was trying to stay sober, I was not guilty no matter how often I seemed to fail. If I was staying sober, he assured me, I was doing the best I could for that day. Thus I was able to complete Steps Four and Five. By taking an inventory of my "self," and not my "sins," I could face the facts of my life without sitting in judgment. Since it is not given to me to judge any other human being, how disastrous to sit in judgment of myself.

I now sum it up for myself this way. I am an alcoholic, and my life is unmanageable (Step One). To live life at all, I must ask for the help of a Higher Power (Step Two). Doing this on a daily basis (Step Three) suggests that, if sober, I'm still doing the best I can for this day. In making my daily inventory (Step Ten), I am aware of past failings. Since I now want to live free of these failings, I ask that they be removed (Steps Six and Seven). In the admittance of these failings, I acknowledge my need for forgiveness from this higher authority, without whose help I would be nothing. My daily sobriety therefore is proof that, in fact, I have been forgiven. This then allows me to continue my life, unshackled from my past. I can face each day for what it really is--a brand-new day.

All is not yet perfect, but isn't that what makes this living in AA the great adventure? As Chesterton once observed, "An adventure is only an inconvenience rightly considered." AA allows me to consider the inconvenience of life in the right way. And as the wear and tear of guilt is removed from my life, a new serenity replaces it. It makes for a lot of good, honest living.

-- Patrick M. Quebec  
(G.V. May 1988)





Tradition Five: Each group has but one primary purpose – to carry the message to the alcoholic who still suffers.

I threw away the gift of recovery after more than 30 years of continuous sobriety. Every day I regret that choice, or series of choices. Rejoining AA was a difficult, but lifesaving, decision that has since defined my days and nights. It sounds cliché to say that the major contributing factor was my “choice” to stop going to meetings, but it’s true.

Meetings are frequently the first exposure an alcoholic has to Alcoholics Anonymous. How we engage the newcomer can be a powerful force at the group level. The principle of Tradition Five is unanimity. Unanimity is a unanimous agreement by everyone of a concept or direction. The goal of unanimity of an AA meeting is to ease the fear and vulnerability that a suffering alcoholic experiences when they first walk into a group.

If a meeting qualifies as an Alcoholics Anonymous Group, it is committed to recognizing reluctant newcomers who have a desire to stop drinking by encouraging them to get involved. They often accomplish the goal through some action, such as taking on a commitment of service at the meeting. The Alcoholics Anonymous structure has remained strong in traditions for over eighty years to provide a venue for those who are hurting, humiliated, and afraid – whether first time attendees or those looking for a way to re-enter the program.

Bill Wilson and the other AA pioneers sought to define the primary purpose, also called a singleness of purpose, as a means of helping alcoholics stay focused and overcome denial. As alcoholics, we understand the cunning, baffling, and powerful nature of alcohol. We can identify and share similar experiences. This is the concept of one drunk talking to another drunk. Bill Wilson stated that our task of helping suffering alcoholics is vast. By maintaining the primary purpose of carrying the message to alcoholics we attempt to avoid the distractions and complications experienced by other similar movements.

It was a comfort for me to discover, that while some things have changed since 1972 when I first came to AA, the concepts, principles, steps, and traditions remain the same. So, with characteristic wisdom and guidance, the founders of Alcoholics Anonymous, provided a legacy that stands the test of time. This structure was always there, but for me, it continues to be revealed in how the “trusted servants” offer the group and, by extension, the individual members a path for protecting our singleness of purpose to help the alcoholic who still suffers.

-Teri H.



## By Gene—Temecula, Ca

On these Mexican tours they kept pressing Tequila (their national drink, I was told) into my hands. They even tried adding it to my water bottle. "What's wrong with you?" "You're not even taking rum in your coke?" I was newly sober and I was scared. AA revealed I had a broken 'off-switch'. I came from a one room apartment with a mattress on the floor. The perfect place to isolate and be away from people.

Sobriety came through AA. It is a pretty amazing gift. When I came into the program I had zero friends. The connections I have today are pretty cool. I can walk into any meeting in my district and get hugs and recognition. Today I have 23 years and have just began a new chapter in service as DCM.

Another new-found friend tells of his cruise experience of 10 years ago when his circle and triangle necklace was spotted in an elevator. Three of the elevator riders met at the bar (before it opened) for fellowship. On another excursion he wore his "12 coconuts" shirt and made friends with 12 people. Meetings gave him a sense of accountability and the exercise he was given to call three others in recovery every day made it much easier to reach out and ask for help when he needed it.

Now he has three meetings a week he can walk to. He was on his district's committee for the little brochure "Meeting in a Pocket". It took two years to get approval and get the finished product. (a lesson in patience, perhaps). Sometime ago he heard about 'Getting Back to Basics' and said: "I didn't know there was an advanced course."

This new friend tells me that he met a homeless guy washing his clothes under a shower at the beach in Cabo San Lucas. The homeless guy offers to sell him 'pot' so my new friend showed his AA ring with the circle and triangle. The homeless guy says he just got out of rehab., knew the AA logo, ended the conversation and went back to smoking 'reefer' and drinking with his friends. AA gets around, even to the 'hobo' at the beach in Caba. The friend now has 18 years and hosts an AA meeting in his home.

She returned to AA after pills took her out. In just one week of research, in just that time, she found she couldn't control her alcohol consumption. Now out of rehab. with 121 days behind her she is cruising with her grandma who just announced she bought her an "all you can drink" card to celebrate. This was her first and last meeting aboard ship. Some grandmas just are unaware how deadly our disease is.

Another new friend had many unmanaged expectations when he came to AA 13 years ago. He cared for a beloved parent until death. He managed to survive the loss through God-reliance rather than self-reliance. He filled the hole left behind through service and he felt needed again. It took time. It took work. It took action. In moments of crisis he turns to God because he can't deal with it alone. There were six of us on this Mexican cruise (March 2017) and I've recorded these and other comments to share with you. Collectively 86 years of sobriety were represented. I end with this from another new friend:

"The hole in my heart was always there. I tried to fill it with alcohol, then smoking, then shopping. I tried anything to fill that hole, to treat the emotional wounds. Counseling helped me. I saw my emotional needs were not met as a child. Today I fill the hole through service. I escape 'self' through sponsorship. I have responsibility. I have passion for the program. I am grateful I can give back. As a couple in AA, our relationship has improved because of sponsorship."

## To Thine Own Self Be True; His Will Be Done, Not Mine

To thine own self be true. Honesty, open-mindedness, and willingness. These words are on our medallions., and they boil down to one core principle: Integrity.

**My first sponsor taught me that if I am true to myself and practice “self honesty,” then I cannot be false to any other person. If I am honest one-on-one... If I practice “cash register honesty”... If I am open-minded about it all, and am willing to follow through on it all... I just might end up with integrity.**

**When I used to hear the phrase “lie, cheat, and steal,” it never occurred to me that that is what I had been doing to myself. I was cheating myself out of ever being a woman of integrity. Instead, I was controlled by King Alcohol, who told me I had to drink to do anything. After all I wasn’t hurting anyone but myself, don’tcha know.**

However, as I listened to the King, I cheated and stole from myself. I stole ever attaining integrity – from me!

After being in the program a short time, it became clear to me, listening to people share, that just being “sober-good” on the outside and playing the “sober humility” role wasn’t going to cut it. I had to get honest with myself. Did I want foolishness or wisdom? Was I willing to take the leap, to have an open mind, to dig deep and clean house? Was I willing to be honest about it all and admit to God, to myself, and to another human being the exact nature of my wrongs in my Fifth Step... thus attaining the Fifth Step principle, integrity?

Yesss! I want to be known as a woman of integrity, a sincere person who is known as a woman who can be relied upon... who will follow through and do what she says she is going to do... who is honest... all of it!

**And by God’s Grace, one day at a time, His will be done, not mine... today, I am.**

– Danette G.



# Rule 62

"Don't take yourself so seriously"

*"...But we aren't a glum lot. If newcomers could see no joy or fun in our existence, they wouldn't want it. We absolutely insist on enjoying life."  
(Pg 132, The Big Book Of Alcoholics Anonymous)*



Donation



Step Five

(recoverycartoons.com)



## Understanding Anonymity

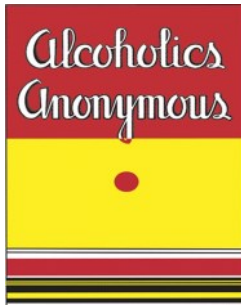


ANONYMITY  
AWARENESS  
BOND  
BREAK  
DEATH  
DIGITAL  
ELECTRONIC  
EXPERIENCE  
FILM

FOUNDATION  
GIFTS  
INTERNET  
LEVEL  
MEDIA  
PERSONAL  
PERSONALITIES  
POST  
PROTECTION

PUBLIC  
PURPOSE  
RADIO  
SPIRITUAL  
TEXT  
TRADITION  
UNDERSTANDING  
UNITY

## Step and Tradition Guidelines



### 5th Step

"Admitted to God, to ourselves and to another human being the exact nature of our wrongs."

### How It Works

"If we were to live, we had to be free from anger. The grouch and the brainstorm were not for us. They may be the dubious luxury of normal men, but for alcoholics these things are poison."

(B.B. p 66 )



### 5th Tradition

"Each group has but one primary purpose-  
To carry it's message to the alcoholic who still suffers."

"The unique ability of each A.A. to identify with, and bring recovery to, the newcomer in no way depends upon his learning, eloquence, or on any special individual skills. The only thing that matters is that he is an alcoholic who has found the key to sobriety."

(12/12 pg 150-151)

### 5th Promise

"No matter how far down the scale we have gone,  
we will see how our experience can benefit others."



What	When	Where
<b>H&amp;I Committee Meeting</b>	1st Monday - 7:30pm	TVAC—27470 Commerce Center Dr. Temecula, CA 92590
<b>TVCO Board Meeting</b>	1st Tuesday - 6:30pm	Central Office - <b>All are welcome,</b> but only Board members may vote.
<b>Mid So-Cal Area Meeting</b>	2nd Sunday - 9:30am	Meets at various locations. Call Central Office for meeting location
<b>Cooperating with Prof Community (CPC)</b>	2nd Tuesday - 5:45pm	Center for Spiritual Living - 26805 Murrieta Rd.  Sun City, CA 92585
<b>GSR Meeting - District 17</b>	2nd Tuesday - 6:30pm	Center for Spiritual Living - 26805 Murrieta Rd.  Sun City, CA 92585
<b>Intergroup Meeting</b>	3rd Tuesday - 6:45pm  <b>Visitors Welcome</b>	United Methodist Church, Murrieta  24652 Adams at Kalmia & Adams
<b>GSR Meeting - District 14</b>	3rd Wednesday - 7pm	Good Shepherd Episcopal Church 308 E Acacia Ave, Hemet, CA 92543

## What is the Intergroup?

Each group is encouraged to have an Intergroup Representative. This person is the liaison between Intergroup and their home group. The Intergroup Central Office depends upon the local members and groups for the necessary support to carry out its responsibilities. This support comes in the form of volunteer help and financial contributions.

Our efficiency and the continuation of services offered are related to the level of support from the groups. Please register your group at Central Office. Any A.A. member is welcome to attend the Intergroup or Board meeting as a guest. If your group is interested in joining Intergroup, send a member to the meeting, and we will gladly give you all the information you need to get started.

“The Intergroup associations are the best insurance we can have that our life lines to the hundreds of thousands yet to come will never break or tangle. Let us always be generous. Let us warmly support Intergroup.”

AA co-founder Bill W. 1949

## Bridging the Gap

Bridging the Gap is designed to help an alcoholic between a treatment program or prison make the transition. One of the more slippery places in the journey to sobriety is between the door of a facility and the nearest AA group or meeting. AA experience suggests that attending meetings regularly is critical. In order to Bridge the Gap, AA members have volunteered to be temporary contacts & introduce newcomers to AA. It is suggested that the temporary contact take the newcomer to a variety of AA meetings; introduce him or her to other AA's; ensure that he or she has some phone numbers of several AA members and share the experience of sponsorship and a home group.

Temecula Valley is in the process of coordinating this committee.

**Volunteers are needed.**

## Hot Line Schedule

1st Monday	Just Us Girls (Temecula)
1st Tuesday	Tuesday 10 Am Women's 12x12 (Murrieta)
1st Wednesday	Women's Closed As Bill Sees It - Monday 12:00 (Murrieta)
1st Thursday	Thur. Women's 10:00am-(Temecula)
1st Friday	Men's Stag 7:00 Pm Wednesday (Murrieta)
1st Weekend	Liberty Bells (Lake Elsinore)
2nd Monday	Saturday Early Risers (Temecula)
2nd Tuesday	Unity Hall 7 Am (Sun City)
2nd Wednesday	The Funks
2nd Thursday	Michael J
2nd Friday	Cheryl
2nd Weekend	Mosh Pit
3rd Monday	JUGS 2
3rd Tuesday	JUGS 2
3rd Wednesday	Laura L
3rd Thursday	Joyce
3rd Friday	Back To Basics (Sun City)
3rd Weekend	JUGS 2
4th Monday	Sunday 7 Am Attitude Adjustment (Lake Elsinore)
4th Tuesday	Searching Party
4th Wednesday	Linda D
4th Thursday	Jill M
4th Friday	Women's Candlelight -Thursday (Temecula)
4th Weekend	Wild Ones Grape Street (Wildomar)
5th Monday	Sunday Came To Believe (Temecula)
5th Tuesday	Greg L
5th Wednesday	Bobbi And Richard
5th Thursday	Andrea
5th Friday	Brenda and John W (Wildomar)
5th Weekend	Men's Stag - Tuesday 7:30 pm (Temecula)



951-695-1535 24 hours

## What You Get From Central Office

During the day, your Central Office keeps the doors open to assist recovering and suffering AA members alike and provide the following services: We provide the Big Book. We provide the 12x12, assorted literature, chips, and newcomer packets.

Your office manager organizes volunteers, makes sure the office is a healthy place for all, keeps your accounting data accurate, and safe guards your inventory. The office manager is there to support the groups and the individual members of our fellowship. We make and distribute your meeting schedules and we publish the Gratitude Gazette.

Twenty-four hours a day, seven days a week, volunteers take calls from suffering alcoholics and organize 12 step calls. The phone line and special call-forwarding are paid for by your central office contributions.

Please ask at your next business meeting if you are contributing monthly to your Central Office. It doesn't have to be a lot. Being self-supporting means not only paying for your rent and coffee, but also paying for the services you receive through Central Office.

If your group has stopped contributing (or never started), please bring it up at your next business meeting and take a group conscience.

### Submissions

**We would love to print your submissions for the Newsletter.**

The primary theme of any article content must pertain to; alcoholism and recovery, the Twelve Steps, The Twelve Traditions, or The Concepts. Poems, inspiring materials, AA trivia, jokes and cartoons are welcome also. Proper credit must be given to each article's source.

**Please Share**

**Your**

**Experience**

**Strength**

**And**

**Hope!**

**Central Office appreciates ALL of their volunteers!**

### Get On The List

Be notified of meeting changes, new events and other important AA information from your Gratitude Gazette.

Click for online form to sign up

<http://www.temeculacentraloffice.org/gratitude-gazette/>

### Central Office Service

If you can be of service at Central Office by volunteering for time slots to answer phones and help walk-ins. Volunteers are always appreciated, and of course you get the grand reward...

**Sobriety for another day!**

Please call (951) 695-1535



AA was founded on the premise that  
it would be self-supported through  
member contributions.

For the past 55+ years, contributing a single  
dollar has been almost a tradition.



1960...10c	1960...25c
1970...20c	
1980...35c	
1990...50c	
2000...\$1.00	
2009...\$1.75	
2016...\$2.00	



1960...22c
1970...65c
1980...\$1.65
1990...\$2.00
2000...\$3.00
2009...\$4.90
2016...\$6.00



1970...25c
1980...90c
1990...\$1.10
2000...\$1.20
2009...\$2.09
2016...\$3.25

Today's dollar has only 14 cents of the  
purchasing power of a 1960s dollar.



1960...\$1.00
1970...\$1.00
1980...\$1.00
1990...\$1.00
2000...\$1.00
2009...\$1.00
2016...\$???

Acknowledging these economic facts,  
why not responsibly compensate

BY DROPPING  
IN  
**More FOR 2017?**

For those who can't afford it, the important thing is to keep coming back.

This poster is unofficial and has not been published by General Service.

	Apr 17	Apr 16	\$ Change	Jan - Apr 17
Tem Del Rio Survivors	1,200.00	700.00	500.00	4,800.00
Tem Ser Cir/M-S 7am/Att Adj Group	400.00	450.99	-50.99	858.39
Tem Just Us Girls 2	340.00	81.00	259.00	593.50
Wildomar Wild Ones #653642	150.00	100.00	50.00	150.00
Tem Hill Recovery Sat 8am Early Risers	149.00	0.00	149.00	536.00
Mur As Bill Sees It/Mon-Sat 7am Group	140.00	146.00	-6.00	507.00
Tem Serenity Friday 6pm #710973	114.00	60.00	54.00	288.56
Mur Monday Night Men	100.00	100.00	0.00	400.00
Tem Ser Cir/Tue 730pm/Mens Stag	100.00	0.00	100.00	100.00
Tem Pechanga/Sun 730pm/Participation	72.00	90.00	-18.00	210.00
Tem RC Church Office/Tue 6pm/Mosh Pit	64.80	0.00	64.80	218.40
Tem Ser Cir/Thur 715pm/Serenity Seekers	50.00	0.00	50.00	106.00
Mur/TVCO Intergroup/#179377	49.85	0.00	49.85	246.85
Murrieta The Searching Party	33.00	0.00	33.00	33.00
Mur Salvation Army/Thurs 630pm/Solutio	20.00	0.00	20.00	20.00
Anza Manic Mondays Women's Meeting	20.00	0.00	20.00	40.00
LE AOG Church/Wed Noon/Acceptance	10.00	0.00	10.00	10.00
Tem Alano Club Tues Grapevine Meeting	0.00	9.00	-9.00	0.00
SC Mernas/Wed 7am/Mens Breakfast	0.00	50.00	-50.00	0.00
Mur/UMC/Mon Noon/Womens ABSI #709011	0.00	40.00	-40.00	40.00
Mur United Methodist/Wed 8pm/Discussion	0.00	0.00	0.00	133.49
Tem Mon Night Men	0.00	0.00	0.00	200.00
Tem Pech Sr Ctr/Mon 6pm/Mon Madness	0.00	0.00	0.00	90.00
Tem Pech Sr Ctr/Wed 7pm/Step Sisters	0.00	0.00	0.00	159.50
Mur United Methodist/Tue 10am/Womens	0.00	0.00	0.00	150.00
Mur Community House/Wed 7pm/Mens Stag	0.00	50.00	-50.00	100.00
Tem Ser Cir/Fri Noon/	0.00	0.00	0.00	60.00
Menifee/Sun 9am/Grass Roots #706488	0.00	82.60	-82.60	402.91
LE TMP M-Sat 7am Early Birds	0.00	5.00	-5.00	5.00
Tem Ser Cir/Thur Noon/Nooners	0.00	0.00	0.00	60.00
LE Meeting Place/M-F Noon/#171639	0.00	0.00	0.00	20.00
Tem/Wed 5pm/Just Us Girls	0.00	60.00	-60.00	174.50
Temecula Joe & Charlie Workshop #711469	0.00	500.00	-500.00	25.00
Wildomar IVH/Fri 7pm/Step Study	0.00	0.00	0.00	140.00
Wildomar IVH/Mon 7pm/Lil Big Book	0.00	0.00	0.00	100.00
LE 1st Lutheran/M,Tue,Th,Sat 730pm/Bells	0.00	26.00	-26.00	0.00
SC Unity Hall/Umbrella #164257	0.00	0.00	0.00	2,250.00
<b>TOTAL</b>	<b>3,012.65</b>	<b>2,550.59</b>	<b>462.06</b>	<b>13,228.10</b>

**Thank you!**

## Personal Contributions

Date	Account	Amount
04/09/2017	Personal Donations	5.00
04/13/2017	Personal Donations	5.00
04/13/2017	Personal Donations	30.00
04/13/2017	Personal Donations	10.00
04/13/2017	Personal Donations	20.00
04/13/2017	Personal Donations	40.00
04/21/2017	Personal Donations	10.00
04/26/2017	Personal Donations	40.00
04/27/2017	Personal Donations	20.00
04/28/2017	Personal Donations	3.62
04/29/2017	Personal Donations	10.00
04/29/2017	Personal Donations	20.00
04/29/2017	Personal Donations	10.00
		<b>223.62</b>

## Valley Buck a Month Club

Date	Memo	Account	Amount
04/09/2017	Sheila G	Valley Buck a Month Club	10.00
04/28/2017	Gene W	Valley Buck a Month Club	5.00
04/28/2017	Arnie	Valley Buck a Month Club	1.00
04/28/2017	Jim	Valley Buck a Month Club	3.00
04/28/2017	Candace W.	Valley Buck a Month Club	3.00
04/28/2017	Dan C	Valley Buck a Month Club	1.00
04/28/2017	Marcos	Valley Buck a Month Club	5.00
04/28/2017	Lee Ann	Valley Buck a Month Club	1.00
04/28/2017	Karen K	Valley Buck a Month Club	1.00
04/28/2017	Don	Valley Buck a Month Club	2.00
04/28/2017	Robin	Valley Buck a Month Club	5.00
04/28/2017	Kenny	Valley Buck a Month Club	28.00
04/28/2017	Edna E	Valley Buck a Month Club	1.00
04/28/2017	Dave	Valley Buck a Month Club	5.00
04/28/2017	Richard W	Valley Buck a Month Club	1.00
04/28/2017	Tom	Valley Buck a Month Club	1.00
04/28/2017	Ron	Valley Buck a Month Club	1.00
04/28/2017	Dan Mc	Valley Buck a Month Club	1.00
04/28/2017	Bob	Valley Buck a Month Club	5.00
04/28/2017	Rick	Valley Buck a Month Club	1.00
04/28/2017	John	Valley Buck a Month Club	1.00
04/28/2017	Anonymous	Valley Buck a Month Club	1.00
			<b>83.00</b>



## Central Office Activity

April 2017

### Activity Log

Phoned in	199
Walk ins	231
AA Meeting	72
Al-anon	6
12 Step	10
Donations/Purchases	90
Misc/Other Business	17

March 2017 Birthdays from Murrieta Community House ABSI Meeting J

I. Candi Murrieta Celebrated 28 years

Date	Memo	Amount
04/13/2017	Stuart S Celebrates 10years!	50.00
04/21/2017	Tony S Celebrates 34 Years!	34.00
04/26/2017	Casey H Celebrates 26 Years!	26.00
04/27/2017	Michael Crawford Celebrates 31 Years!	31.00
04/27/2017	Paul R Celebrates 18 Years!	36.00
		<b>177.00</b>

### Volunteers

1. Bert
2. Chris
3. Debi
4. Janice
5. Jessica
6. Jim F
7. Judy
8. Karen
9. Kelli
10. Mark
11. Melissa
12. Nick
13. Steve
14. Stuart
15. Tony
16. Paul K
17. Jack







### **2017 Schedule**

**Flight (2012) Saturday – Feb 18**

**Smashed (2012) Saturday – Mar 18**

**My Name is Bill W. (1989) Saturday – Apr 15**

**When Love is Not Enough (2010) Saturday – May 20**

**DARK – Call for Private Showing Saturday – Jun 17**

**DARK – Call for Private Showing Saturday – Jul 15**

**DARK – Call for Private Showing Saturday – Aug 19**

**Clean and Sober (1988) Saturday – Sep 16**

**Bill W Documentary (2012) Saturday – Oct 21**

*(all features include cartoons)*

7111 Arlington Ave, Suite B

Riverside CA 951 785-0845

(Past the Airport in the Riverside Air Park)

Show Time: Doors open at 7:00PM.

The movie starts at 7:30PM.

Stay after and tour the archives.

Cost: FREE!

Bring your lawn chairs or chaise lounge and enjoy classic Hollywood movies about AA in our own unique theater. (we have chairs too!)

Refreshments will be available



**FOUNDER'S DAY 2017**  
**TEMECULA VALLEY CENTRAL OFFICE**  
**is having a**  
**TAILGATE PARTY**  
**to celebrate**



**82 YEARS**  
**of "Supporting Our Future"**  
**SATURDAY**  
**MAY 13, 2017 • 5PM**

**Temecula Community Recreation Center**  
**30875 Rancho Vista Road, Temecula, CA 92592**

**• Dinner starts at 5:30 • Tickets are \$20 per person and  
can be purchased at the door • Raffle • Speaker meeting 8pm**

**FOR MORE INFORMATION CALL TVCO AT 951-695-1535**

**WEAR YOUR FAVORITE TEAM COLORS!**

**Professional, College, or Local!**

# "UNITY DAY"

Joining the three entities of service through love and service

EVERYONE IS WELCOME

COME LEARN ABOUT THE ENTITIES OF SERVICE IN AA

HOSPITALS & INSTITUTIONS (H & I) Chairman, Officers & Panel Leaders	CENTRAL OFFICE (INTERGROUP) MANAGER & VOLUNTEERS  BOARD OF DIRECTORS & INTERGROUP REPRESENTATIVES	DISTRICT 17  DMC CHAIR AND OFFICERS & GENERAL SERVICE REPRESENTATIVES
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**SATURDAY**

**JULY 8, 2017 3:00-7:00 PM**

**RONALD REAGAN PARK**

Temecula Community Recreation Center

30875 Rancho Vista Road, Temecula, CA 92592

FREE FOOD, FELLOWSHIP, AND ARCHIVES PRESENTATION

o Speakers

o Round table discussions

▪ Including SAFETY IN AA Talk

(Hosted by District 17)

***\*\*Every one is encouraged to participate with comments  
and questions\*\****

Contact:

**BECKY** (DCMC) 949-212-4096 OR **PAUL** (TVCO) 951-695-1535 OR **MARY**  
(ALT. DCMC) 760-809-4365 OR **TODD** (H&I) 951-210-9772