### March 2018





#### Alcoholics Anonymous

VAM RESPONSIBLE
Whenever anyone,
anywhere, reaches
out for help, I want the hand of AA
always to be there, and for that
I am responsible.
~Declaration of 30th
Anniversary International

#### Inside this issue:

Convention, 1965

1
2
3
4-10
11
12
13
14
15-16
17
18

# Temecula Valley Central Office Gratitude Gazette

Carrying The Message Throughout Our Valley

951-695-1535 Hotline 24 hours

We would like to thank Paul R., for over a decade of Selfless Service to Alcoholics Anonymous.

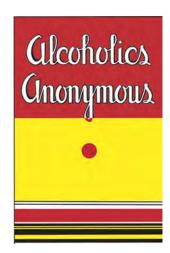
Paul has been an integral part in the growth and success of TVCO.

His commitment to TVCO was impeccable.

Paul, You will be truly missed.
Thank You,

Temecula Valley Alcoholics Anonymous Members, Volunteers, and TVCO Board Members.

For your own Gazette and schedule updates go to: http://www.temeculacentraloffice.org



## **Step and Principle**



## 3rd Step

"Made a decision to turn our will and out lives to the care of God as we understood Him."

## **How It Works**

"We had a new Employer.

Being all powerful, He provided what we needed , if we kept close to Him and performed His work well.

Established on such a footing we become less and less interested in ourselves, our plans and designs.

More and more we became interested in seeing what we could contribute to life."

(B.B. p 63)



## 3rd Principle

### Faith -

This decision step to go on with the 12 steps of Alcoholics Anonymous asks that we step out on faith.

It is only a matter of being willing to believe.

Through the process of the 12 steps, that belief turns into faith. We carry this faith into the rest of the steps by being willing to believe. We must begin to have faith it will work.

## **Tradition, Promise and Concept**



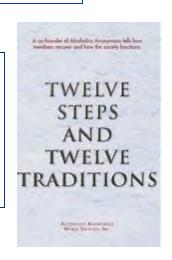


## **3rd Tradition**

"The **only** requirement for A.A. membership is a desire to stop drinking."

Once we have placed the key of willingness into the lock and have the door ever so slightly open, we find that always open it some more.

(12/12 p35)





## **3rd Promise**

" We will not regret the past nor wish to shut the door on it."

## **3rd Concept**

"We serve by acting on our conscience through

Our 'Right of Decision'

and we trust others when they exercise

Their 'Right of Decision."



## Letting Go

TO LET GO does not mean to stop caring, it means I can't do it for someone else.

TO LET GO is not to cut myself off.
It's the realization that I can't control another.

TO LET GO is not to enable, but to allow learning from natural consequences.

TO LET GO is to admit powerlessness, which means the outcome is not in my hands.

TO LET GO is not to try and change or blame another,

I can only change myself.

TO LET GO is not to care for, But to care about.

TO LET GO is not to fix, but to be supportive.

TO LET GO is not to judge, but to allow another be a human being.

TO LET GO is not to be in the middle arranging all the outcomes, but to allow others to affect their own destinies.

TO LET GO is not to be protective, but to permit another to face reality.

TO LET GO is not to deny, but to accept.

TO LET GO is not to adjust everything to my desires, but to take each day as it comes.

TO LET GO is not to criticize or regulate anyone, but to try to become what I dream I can be.

TO LET GO is not to regret the past, but to grow and live for the future.

TO LET GO is to be fearless AND LIVE MORE!

## Twelve ways to tell the difference between your sponsor and your therapist

- 1. Your sponsor is not at all interested in the "reasons" why you drank.
- 2. Your therapist thinks your root problem is your lack of self-esteem and negative self image. Your Sponsor thinks your problem is SELF.
- 3. Your therapist wants you to pamper your inner child. Your sponsor thinks it ought to be spanked.
- 4. Your sponsor thinks your inventory should be about you, and not your parents.
- 5. Speaking of parents, your sponsor tells you not to confront them but to make amends to them.
- 6. The only time your sponsor uses the word "closure" is before the word "mouth".
- 7. Your sponsor thinks "boundaries" are things you need to take down, not build up.
- 8. Your therapist wants you to love yourself first; your sponsor wants you to care about others first.
- 9. Your therapist prescribes care—taking and medication. Your sponsor prescribes prayer and meditation.
- 10. Your sponsor thinks "anger management skills" are numbered 1 through 12.
- II. Once you haven't had a drink in six months, your therapist thinks you should make a list of your goals and objectives for the next five years, starting with finishing up that college degree. Your sponsor thinks you should start today by cleaning the coffee pots and help her carry a heavy box of literature to the jail.
- 12. Your sponsor won't lose his or her license to practice if s/he talks about God.

This program gives me a better pair of emotional shock absorbers.

My car would not need shocks if the road was perfectly smooth, there were no turns and you never started or stopped.

Such as in life, these conditions never exist. Even the smoothest of roads are the ones ending up getting speed bumps.

Sometimes I can't point my finger at what give me a sense of steadiness, but it is rare that I leave a meeting without feeling a little less of the bounce.

D.M. ~Temecula

### Alcoholism in the Simplest Terms

To them it's just a social lubricant

By Rick R.

**Temecula** 

Many of us, in alcoholics anonymous, have lost our families, our jobs, our friends, and even our health before we were desperate enough to deal with our problem. WHY? Asks the normal person, would anybody put the bottle before their family, their health, their career and just about everything else in their lives. Well, the alcoholics who have recovered from this malady, and have been restored to a somewhat normal life, often understand how the practicing alcoholic could do such a thing in the face of everything they have to loose, mainly because they have all been through the same, or similar ordeals to one degree or another. They also know that, until this person has reached his/her bottom, it's unlikely that anything will get in the way of their drinking. The delusion (FAULTY PERCEPTION) is still there. To them the thought of living without alcohol is terrifying. Try to look at it this way:

On a scale of I to I0 the normal person awakens each morning at an emotional level of 8. The alcoholic, on the other hand, awakens at a level of 2. Neither knows the emotional level of the other. The normal one doesn't understand why the alcoholic is so silent/depressed/disgruntled/unhappy, etc. everything seems fine to them. What's the problem? The alcoholic, on the other hand (being at a 2) can't understand why the normal drinker is so up-beat, after all, the world is a cold and hostile place to them. There's politics, wars, the economy, sickness, responsibilities, financial problems, not much to look forward to. What's the use? They feel they are looking up from the bottom of a deep pit. (2)

When the alcoholic is in that pit and takes a drink they go from a 2 to an 8 1/2 and halfway through their second drink they feels normal and everything is right with the world, no problem here! On the other hand, when normal drinkers take a drink, they go from an 8 to an 8 1/2, it's nice but they wouldn't give up their life for it, and the next day, they are back to an 8. This is normal, and to them, alcohol is simply a social lubricant. The emotional level of an alcoholic will always return to a 2 and they continue to get progressively worse until they lose more than they were willing to lose. That is when they begin to realize that they will probably never be able to drink successfully, and if they are ready to ask for help, they have a chance to salvage their lives.

The answers for me were in the AA program where I had a profound *change of perception*, or a (Spiritual awakening) if you like. The delusion that I could drink like a normal person was smashed. I knew that if I neglect the evidence that I've experienced before and after I came to AA, I risk doing irreparable damage to myself and others, and worse than that, I risk wasting the only life I get to live, to a chemical that is closer to gasoline or lighter fluid than to the romantic way I used to perceive it. What a tragic thing that would be when the solution was laid at my feet. All I had to do was surrender.

As the result of following this path, I am at an 8 almost every day of my life. A bad day for me is a 7. If I stop growing spiritually, I would start to go back down the scale again and as I approach a 5 or a 4, a drink might start looking good to me and it would be only a matter of time before I'd be back at the old game again. Knowing this, I am vigilante about my priorities and I stay in the safe (spiritual) zone. That is so much better than the alternative.

#### Tradition 3

"The only requirement for membership is a desire to stop drinking"

The wonderful, and sometimes overwhelming, guideline for membership is based on an individuals' choice to call themselves a member. AA cannot kick anyone out, or bar anyone from joining. Of course, there are safety measures to take if someone get out of hand and becomes violent, but aside from that AA's doors are open to everyone with an alcohol problem.

The 12x12 says that without this Tradition, turning someone away from the group can write an individuals death sentence. The individual who joins and jumps into the way of life outlined in the Big Book is a joy to be around and can make many friends quickly. The opposite type, can be a struggle for the group to readily enjoy. However, Unity being one of the three legs of the program, the group will be prompted to practice patience and tolerance with the member that may be more likely to "rock the boat" than "go with the flow". After all, without the newcomer or sick alcoholic we would have no one to share the message with, and then what would happen? I'd rather not ever find out!

This Tradition has save millions of lives of people who, at first, fought the way of life AA practices. I know, I have sat in many a meeting, and when *that guy* or *that girl* hastily identifies and begins sharing I cringe. In these moments, I think of my first identification which went like this "Hi my name is Michelle and I'm confused", no one asked me to leave. They welcomed me. In these moments I think of my dad who tried for nearly a decade to get kicked out of AA to prove it didn't work. Fortunately, he never succeeded in this, and today with 33 years of sobriety he is a man of substance, a sturdy father, and now grandfather. Without AA, none of this would have been possible.

If alcohol is the problem and you have a desire to stop drinking, you are welcome in AA. Because of this, I have the opportunity to share the message, to people I like and people I don't. What's more important is *it doesn't matter if I like them*, what matters is the **message is shared!** God's gives us the greatest gift that any Alcoholic can have, and that is a day of sobriety. I hope everyone who struggles has the chance to experience this, especially in a place where everyone in the room can relate to them. What a gift to know AA exists, and to be a part of it. Thank God for Tradition 3.

~ Michelle B. ~Temecula



#### AA's Third Concept of World Service is that:

"As a traditional means of creating and maintaining a clearly defined working relation between the groups, the Conference, the A.A. General Service Board and its several service corporations, staffs, committees and executives, and of thus ensuring their effective leadership, it is here suggested that we endow each of these elements of world service with a traditional "Right of Decision."

The A.A. Service Manual combined with Twelve Concepts for World Service, 1997-8 edition, p. 13-16.

The First Concept established that the responsibility and authority for AA world services resided in the collective membership of AA. The Second Concept established that the membership through the groups delegated that authority to the AA General Service Conference. In this Third Concept, the various Boards, corporations (e.g., Grapevine), staffs and committees are given the right to decide which problems they will dispose of themselves and upon which matters they will report, consult, or ask specific directions.

In practice this concept means that AA's "trusted servants" ought to carefully weigh the wishes of the members, but that they are also trusted to exercise their own judgment in the light of all circumstances, facts and arguments that become known to them during the voting or deliberation process.

Thoughts: Do we understand that when we elect GSR's or DCM's we are electing more than "messengers," that they have and are expected to exercise a Right of Decision?

#### PREPARING FOR THE THIRD CONCEPT OF SERVICE

(Read pp16-19 of the "Twelve Concepts of World Service")

#### THE THIRD CONCEPT OF SERVICE

We serve by acting on our conscience through our "Right of Decision" and we trust others when they exercise their "Right of Decision."

In preparing for the study of the third concept of, the "Right of Decision" let us examine the following questions:

- 1. Am I acting in any area of my life that is contrary to my own conscience?
- 2. Am I mistrustful of the decisions of others in authority over me?
- 3. Am I demanding that anyone else act contrary to their conscience in order to please me?

#### Concept III

To insure effective leadership, we should endow each element of AA—the Conference, the General Service Board and its service corporations, staffs, committees and executives—with a traditional "Right of Decision." Long form—As a traditional means of creating and maintaining a clearly defined working relation between the groups, the Conference, the AA General Service Board and its several service corporations, staffs, committees and executives, and of thus insuring their effective leadership, it is here suggested that we endow each of these elements of world service with a traditional "Right of Decision." As I began to get a little more involved in AA by going on an H&I panel, going to a conference, being a group treasurer and then being an intergroup representative, I discovered that AA was not just a little AA meeting down the street. I found that it was probably a million or more little AA meetings down the street, around the world. WOW!!

It seems we would want to find the same message of AA working in another town or country just the same as it has been working for us. I know I would and I thankfully have. AA basics—carry the message: to the alcoholic who suffers; next door, across the street, across town, across the country to the other side of the world.

Our founders had the wisdom to see that there is suffici9ent organization, authority, and responsibility to carry the message with the multitudes and miles that AA now encompasses. Concept 3 simply ensures that our leaders can truly be "trusted servants" using their own good judgment in seeing that our group conscience is carried into world service. Concept 3 ensures that each of us can dedicate ourselves into further service and not be as a puppet on a string, but be of maximum value to the groups we serve.

#### Toni T

10th Step Meeting—Fellowship Hall, Palm Desert

## 3rd Step Prayer

God,

I offer myself to Thee-

To build with me and do with me as Thou wilt.

Relieve me of the bondage of self, that I may better do Thy Will.

Take away my difficulties,

that victory over them may bear witness

to those I would help of

Thy Power,

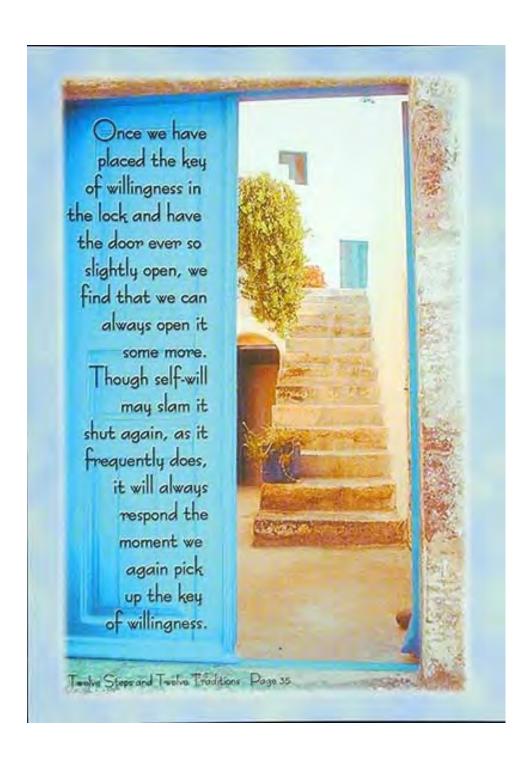
Thy Love,

And Thy way of life.

May I do Thy Will always!

Copyright © Alcoholics Anonymous World Services, Inc.











## off the mark.com

by Mark Parisi



© Mark Parisi, Permission required for use.



## **AA Service Meetings**

What	When	Where
H&I Committee Meeting	1st Monday - 7:30pm	TVAC—27470 Commerce Center Dr.
		Temecula, CA 92590
TVCO Board Meeting	Ist Tuesday - 6:30pm	Central Office -
	All are welcome,	but only Board members may vote.
Mid So-Cal Area Meeting	2nd Sunday - 9:30am	Meets at various locations. Call Central
		Office for meeting location
Cooperating with Prof Community	2nd Tuesday - 5:45pm	Center for Spiritual Living - 26805 Murrieta Rd.
		Sun City, CA 92585
GSR Meeting - District 17	2nd Tuesday - 6:30pm	Center for Spiritual Living - 26805 Murrieta Rd.
		Sun City, CA 92585
Intergroup Meeting	3rd Tuesday - 6:45pm	United Methodist Church, Murrieta
GSR Meeting - District 14	<b>Visitors Welcome</b> 3rd Wednesday - 7pm	24652 Adams at Kalmia & Adams Good Shepherd Episcopal Church 308 E Acacia Ave, Hemet, CA 92543

## What is the Intergroup?

Each group is encouraged to have an Intergroup Representative. This person is the liaison between Intergroup and their home group. The Intergroup Central Office depends upon the local members and groups for the necessary support to carry out its responsibilities. This support comes in the form of volunteer help and financial contributions. Our efficiency and the continuation of services offered are related to the level best insurance we can have that our life of support from the groups. Please register your group at Central Office. Any A.A. member is welcome to attend the Intergroup or Board meeting as a guest. If your group is interested in joining Intergroup, send a member to the meeting, and we will gladly give you all the information you need to get started.

"The Intergroup associations are the lines to the hundreds of thousands yet to come will never break or tangle. Let us always be generous. Let us warmly support Intergroup."

AA co-founder Bill W. 1949

### **Bridging the Gap**

Bridging the Gap is designed to help an alcoholic between a treatment program or prison make the transition. One of the more slippery places in the journey to sobriety is between the door of a facility and the nearest AA group or meeting. AA experience suggests that attending meetings regularly is critical. In order to Bridge the Gap, AA members have volunteered to be temporary contacts & introduce newcomers to AA. It is suggested that the temporary contact take the newcomer to a variety of AA meetings; introduce him or her to other AA's; ensure that he or she has some phone numbers of several AA members and share the experience of sponsorship and a home group.

Temecula Valley is in the process of coordinating this committee.

Volunteers are needed.

## **Hot Line Schedule**

1st Monday	Just Us Girls (Temecula)
1st Tuesday	Tuesday 10 Am Women's 12x12 (Murrieta)
1st Wednesday	Women's Closed As Bill Sees It - Monday 12:00 (Murrieta)
1st Thursday	Thur. Women's 10:00am-(Temecula)
1st Friday	101 Meeting Starter Alano Club (Temecula)
1st Weekend	Liberty Bells (Lake Elsinore)
2nd Monday	Saturday Early Risers (Temecula)
2nd Tuesday	Unity Hall 7 Am (Sun City)
2nd Wednesday	The Funks
2nd Thursday	Joel R
2nd Friday	Erica
2nd Weekend	Mosh Pit
3rd Monday	JUGS 2
3rd Tuesday	JUGS 2
3rd Wednesday	Grass Roots (Menifee)
3rd Thursday	Cheri
3rd Friday	Back To Basics (Sun City)
3rd Weekend	JUGS 2
4th Monday	Sunday 7 Am Attitude Adjustment (Lake Elsinore)
4th Tuesday	Dan C
4th Wednesday	Linda D
4th Thursday	Paul R
4th Friday	Women's Candlelight –Thursday (Temecula)
4th Weekend	Wild Ones Grape Street (Wildomar)
5th Monday	Sunday Came To Believe (Temecula)
5th Tuesday	Greg L
5th Wednesday	Bobbi And Richard
5th Thursday	Andrea
5th Friday	Brenda and John W (Wildomar)
5th Weekend	Men's Stag – Tuesday 7:30 pm (Temecula)



951-695-1535 24 hours

## What You Get From Central Office

During the day, your Central Office keeps the doors open to assist recovering and suffering AA members alike and provide the following services: We provide the Big Book. We provide the 12x12, assorted literature, chips, and newcomer packets.

Your office manager organizes volunteers, makes sure the office is a healthy place for all, keeps your accounting data accurate, and safe guards your inventory. The office manager is there to support the groups and the individual members of our fellowship. We make and distribute your meeting schedules and we publish the Gratitude Gazette.

Twenty-four hours a day, seven days a week, volunteers take calls from suffering alcoholics and organize 12 step calls. The phone line and special call-forwarding are paid for by your central office contributions.

Please ask at your next business meeting if you are contributing monthly to your Central Office. It doesn't have to be a lot. Being

self-supporting means not only paying for your rent and coffee, but also paying for the services you receive through Central Office.

If your group has stopped contributing (or never started), please bring it up at your next business meeting and take a group conscience.

### **Submissions**

	love to print your	CIIMMICCIANC	tor tha	Nawclattar
vve would	IUVE LU DI IIIL VUUI	<b>SUDITIOSTOTIS</b>	IUI LIIE	IACMPIELLEI"

The primary theme of any article content should pertain to;

Alcoholism and Recovery, The Twelve Steps, The Twelve Traditions, or

The Concepts. Poems, AA trivia, Jokes and Cartoons are welcome too.

Proper credit must be given to each article's source

if taken from previously printed materials.

Please include its copyright or location found so that we can acknowledge it.

Let us know If you would like to include your name and city,

Or if you would rather remain Anonymous.

4 Local

submissions this

month!!!

Thank You

to all who

contributed

to our

Newsletter!

## **Central Office Service Opportunities**

You can be of service at Central Office by

volunteering for time slots to answer phones and help walk-ins.

Volunteers are always appreciated, and of course you get the grand reward...

Sobriety for another day! Please call (951) 695-1535

	Feb 18	Feb 17	\$ Change
Tem Del Rio Survivors	1,200.00	1,200.00	0.00
Tem Ser Cir/M-S 7am/Att Adj Group	0.00	0.00	0.00
SC Unity Hall/Umbrella #164257	750.00	900.00	-150.00
Mur United Methodist/Wed 8pm/Discussion	0.00	133.49	133.49
Tem Pechanga/Sun 730pm/Participation	0.00	0.00	0.00
Mur As Bill Sees It/Mon-Sat 7am Group	136.00	74.00	-62.00
Tem Ser Cir/Tue 730pm/Mens Stag	0.00	0.00	0.00
Tem Hill Recovery Sat 8am Early Risers	0.00	89.00	-89.00
Tem Serenity Friday 6pm #710973	0.00	0.00	0.00
Tem/Wed 5pm/Just Us Girls	0.00	0.00	0.00
Tem Pech Sr Ctr/Mon 6pm/Mon Madness	0.00	0.00	0.00
Menifee/Spritual Lvg Cnt/Wmn Fri 6pm	0.00	0.00	0.00
Mur United Methodist/Thur 8pm/Step Study	0.00	0.00	0.00
Tem Pech Sr Ctr/Wed 7pm/Step Sisters	0.00	102.00	-102.00
Tem Just Us Girls 2	0.00	85.00	-85.00
Tem Serenity Cir /Thur 715/ Serenity Seekers	44.00	56.00	-12.00
Le TMP wed 530 The Pizza Mtg # 709008	24.00	0.00	24.00



Thank you!

## **February 2018 Group Contributions**

Mur/TVCO Intergroup/#179377	61.00	61.00	0.00
LE TMP M-Sat 7am Early Birds	0.00	0.00	0.00
Mur Salvation Army/Thurs 630pm/Solutio	0.00	0.00	0.00
LE Meeting Place/Fri 730pm/TGIF	0.00	0.00	0.00
LE AOG Church/Wed Noon/Acceptance	0.00	0.00	0.00
LE Meeting Place/Sun 7am/Att Mod	0.00	0.00	0.00
Wildomar IVH/Mon 7pm/Lil Big Book	0.00	20.00	-20.00
Wildomar IVH/Fri 7pm/Step Study	0.00	20.00	-20.00
Temecula The Mosh Pit	0.00	0.00	0.00
Temecula Joe & Charlie Workshop #711469	0.00	0.00	0.00
Mur/UMC/Mon Noon/Womens ABSI #709011	0.00	0.00	0.00
Mur United Methodist/Tue 10am/Womens	0.00	50.00	-50.00
Mur Monday Night Men	1.500.00	100.00	1,400.00
Mur Community House/Wed 7pm/Mens Stag	0.00	0.00	0.00
Menifee/Sun 9am/Grass Roots #706488	161.73	188.43	-26.70
Anza Manic Mondays Women's Meeting	0.00	0.00	0.00



TOTAL

Thank you!

3,078.92

940.79

3,876.76

16

# Central Office Activity February 2018



### **Volunteers**

- I. Bert
- 2. Chris
- 3. Corrie
- 4. Debi
- 5. Diane
- 6. Janice
- 7. John
- 8. Julie
- 9. Kelli
- 10. Kathy
- 11. Leyda
- 12. Mark
- 13. Melissa
- 14. Mike C
- 15. Nick
- 16. Paul K
- 17. Randy
- 18. Steve
- 19. Stuart
- **20.** Tim
- 21. Tony

### **Activity Log**

Phoned in	56
Walk ins	92
AA Meeting	65
Al-anon	I
12 Step	0
Donations/Purchases	64
Misc/Other Business	61



## February 2018

## **Personal Contributions**

## Valley Buck a Month Club

_		
<b>₼</b>	88.	$\Delta$
Υ.	$\times \times$	( )( )
JD.	OO.	$\mathbf{v}$

## Thank You Gene!

\$2.00

**Anonymous** 

\$90.00

Total

Date	Memo	Account	Amount
02/20/2018	Mark F	Personal Donations	10.00
02/05/2018	Sandra N	Personal Donations	5.00
02/12/2018	Rob P	Personal Donations	10.00
02/11/2018	Crystal B	Personal Donations	10.00
02/12/2018	Margaret D	Personal Donations	40.00
02/16/2018	Anonymous	Personal Donations	500.00
02/14/2018	Mike B	Personal Donations	20.00
02/20/2018	Debi G	Personal Donations	20.00
02/30/2018	Jim F	Personal donations	30.00

645.00





## SAVE THE DATES

## For January – June 2018

Put these dates in your calendars.

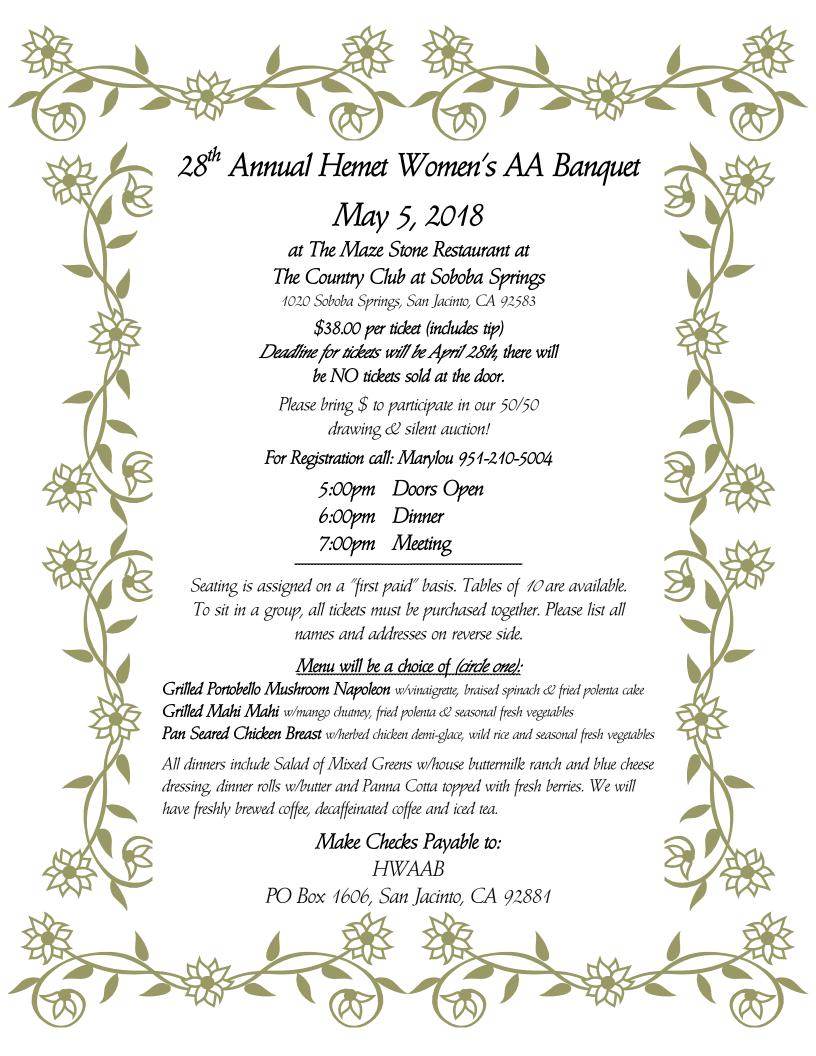
## Temecula Valley Central Office

## **Events to Remember**

- January 21<sup>st</sup> Pre Pancake Smackdown Alano Club 9am to 12pm
- 2) March 11<sup>th</sup> Pancake Smackdown Murrieta Community Center 7am to 12pm Full breakfast, Raffle, Speaker meeting
- 3) April 7th Rule 62 Golf Tournament
- 4) SCGA Golf Club at Rancho California Includes Dinner, Awards
- 5) June 9<sup>th</sup> Founder's Day Temecula CRC at Ronald Reagan Sports Park BBQ dinner, Raffle, Speaker meeting

Contact Central Office at (951) 695-1535

for more information



PLEASE JOIN US FOR THE



CELEBRATION

## JUNE 1ST THROUGH JUNE 3RD, 2018

## HURKEY CREEK

58875 CALIFORNIA HWY 74 MOUNTAIN CENTER, CA 92581

SATURDAY NIGHT SPEAKER MEETING
LIVE MUSIC, RAFFLE - 50/50
POKER RUN



REFRESHMENTS, BIKE GAMES, KIDS GAMES, BIKE SHOW, FOOD CHILDREN'S PLAYGROUND

Tent Camping & Dry Camping for trailers & motorhomes

Fishing Tournament at Lake Hemet

<b>&amp;</b>	
Name:	Club Affiliation (if any):
Email or Cell Phone:	Weekend Camping, Couple:
Ellian of Cen Flione.	Weekend Camping, Single:
	Saturday Only:
A STATE OF THE PARTY OF THE PAR	Fishing Tournament:
AMOUNT ENCLOSED: \$	RV per night total:
WWW MESSENGERSOFE	ECOVERY COM TOTAL

#### REGISTRATION

Weekend Camping - \$30.00 per person, \$50.00 per couple. Fishing Tournament \$45.00 without lic., \$30.00 with lic RV \$50.00per night (NOTE: does not include registration)

#### Includes:

Three Days/Two Nights of Camping, plus Saturday Night Dinner.
Day Rate - \$20.00 per person (dinner included).
Additional meals are available, for a nominal fee.
Registration opens at Noon, on Friday.

#### **CALL FOR VOLUNTEERS & PARTICIPANTS**

Contact for Volunteers: 662-732-0807

## San Diego-Imperial Area Local Forum for Native Americans & Young People August 24, 25, and 26, 2018

## Come for the Camp-out, for a day, or simply a meeting Go to area8aa.org for full details on the program

The San Diego-Imperial Area, the General Service Office, and the General Service Board invite you to our Local Forum focused on Native Americans and Young People. Join us as we provide this, unique opportunity to share and exchange our collective AA experience, ask questions and spark new 12-Step ideas.

Regional Forums and Local Forums carry A.A.'s message of love and service by improving communication at all levels of our Fellowship.

A <u>campout</u> with a schedule of Speakers, Panel Discussions, Roundtable Topic Discussions, Marathon Meetings, Early Riser Meetings, and a Hospitality Room



## Lake Henshaw Resort, 26439 Highway 76, Santa Ysabel, CA

The Lake Henshaw Resort is the location for overnight accommodations and meetings.

## Warner Springs School, 30951 CA-79, Warner Springs, CA

11 country miles from Lake Henshaw, this location has an air-conditioned room for our main agenda on Saturday, August 25, 2018. Breakfast and lunch will be served at no charge - but we need your RSVP for meals. We appreciate your registration at <a href="mailto:area8aa.org">area8aa.org</a>.

#### **OVERNIGHT ACCOMMODATIONS:**

Lake Henshaw Resort is at the foot of the Palomar Mountains in north San Diego County, California. You can tent camp, use RV Hook-up, or stay in a cabin. There is a pool, children's playground, grocery store with ice, clubhouse and laundry facilities. Camping is \$5/person/night.

#### **CALL FOR VOLUNTEERS**

San Diego-Imperial Area Contact for Volunteers: 662-732-0807



\$100 Per Person Includes Dinner

Contact Mike B • (951) 595-9722 or The Temecula Valley Central Office to Sign Up





Variety Show

## RE NOT A GLUM San Diego

San Diego Spring Round Up 2018

Mar 29 - Apr 1, 2018

www.SanDiegoSpringRoundUp.com

## RESERVE YOUR HOTEL ROOM EARLY Registration Fee Includes What?

For only \$25 (or \$20, if you register early!) you get to do lots of fabulous things all weekend long. The only additional costs are for meals, comedian & sporting events. Your registration fee includes 3½ days of fellowship and:

- AA Speaker Meetings
- AA Discussion Meetings
- AA Workshop
- Al-Anon Marathon Meetings
- Al-Anon Speaker Meetings

- Spanish AA Meetings
- Spanish Al-Anon Meetings
- Panels
- Dance / Variety Show

- Hospitality Room
- Sober Movies/ Dances
- Yoga
- Group Guided Meditation
- Great Fellowship

#### **ACCESSIBILITIES!**

If you have Special Needs, please contact Renae C. via email: sdsruaccessibilities@gmail.com

#### SPORTING/RECREATION EVENTS

#### Comedian and Ice Cream Social

**Thursday, 7:00 PM - \$30** Coffee and ice cream served with an evening of fun, relaxation and A.A. Humor by a professional comedian plus local fellowship amateur comedians.

Contact David K. via email: sdsruentertainment@gmail.com

#### 1/2 Day Deep Sea Fishing Trip

**Friday, 8:00 AM Check-in - \$50** Fishing trip aboard the Daily Double, departing from Point Loma Sportfishing. Gear rental available. Return around 3:00 PM. Space is limited, so reserve early!

Contact Kristi M. via email: sdsrufishing@gmail.com

#### **Golf Tournament - Championship Course**

**Friday, 6:30 AM Check-In (sharp) - \$80** Riverwalk Golf Club. Shotgun starts at 7:30 AM. Includes golf, range balls, tee prize, lunch and \$10,000 Hole-In-One. Trophies & raffle for additional prizes after play. To form a group (4 players), registration and entry fees must be sent together with the names of the players in your foursome.

Contact Keven M. via email: sdsrugolf@gmail.com

#### 5K and 10K Fun Run/Walk

**Saturday, 8:00 AM - \$25** Pick up T-shirt (available for pre-registered runners only) and bib number at the sports table during Convention. Check-in at race 6:45 to 7:45 AM.

Contact David C. via email: sdsrurunwalk@gmail.com

#### Poker Run - Motorcycle Ride

**Saturday, 10:30 AM - \$25** Starting and ending at the hotel, we will have multiple stops throughout San Diego county with lunch provided during the ride, a special T-shirt (for pre-registered riders) and prizes and give-a-aways in the afternoon back at the hotel.

Contact Bill H. via email: sdsrupokerrun@gmail.com

#### FREQUENTLY ASKED QUESTIONS & ANSWERS

- Make Check Payable to: S.D. SPRING ROUND UP.
- Everyone must be registered to participate.
- P urchase additional tickets for Meals, Comedian/Ice Cream Social or Sporting Events may incur additional credit card service fees. Make all your ticket and event purchases at one time to avoid these fees.

#### **WANT TO SIT TOGETHER????**

PICK UP TICKETS AT REGISTRATION BY INVOICE NUMBER Purchases after initial registration will have a different invoice number (and may incur an addition credit card use service charge) CONSIDER BUYING A WHOLE TABLE (10) FOR THE BANQUET EVENTS SO YOU CAN SIT WITH YOUR FRIENDS Tables are seated by invoice number--want a great table? Register very early!

#### **AL-ANON QUESTIONS??????**

If you have questions about Al-Anon please contact Tiffany W. via email: tiffanylworthington@cox.net

#### **VOLUNTEERS NEEDED**

Want to be a VOLUNTEER at the Round Up? Check the "Volunteer" box on your REGISTRATION FORM. All volunteers will be contacted a week or two prior to the event.

NOTE: You must be registered to be a volunteer.

If you have questions about volunteering, please contact Brian via email: sdsruvolunteers@gmail.com

#### WHY DO I HAVE TO PAY

The Spring Round Up is self-supporting. No group monies are used to pay for it. No baskets are passed. All costs are paid by your registration. This event requires many months of planning, preparation and money to present. We have to pay the hotel for use of the facilities, meals and the reserved block of discounted rooms. Other expenses include travel & lodging for speakers, printed materials, postage & supplies. Our goal is to break even, therefore registration is nominal compared to a weekend's worth of entertainment elsewhere. Attendance is voluntary and as responsible A.A./Al-Anon members, we "pay our own way".

Conventions ARE NOT considered regular meetings "for which there are no dues or fees for membership".



# Register On-Line at www.Tristate-roundup.com

If you have any questions e-mail us at: tristateroundup@hotmail.com On-site registration at Harbor Port room

## **SPEAKER MEETINGS**

THURSDAY, MAY 17 (KICKOFF MEETING)

AA ...... 7:00 PM ..... Eric J. / Las Vegas, NV.

#### FRIDAY, MAY 18

AA1	0:00 AMFlo L. / Castaic, CA.	
AA	3:00 PMJoe B. / Las Vegas, NV.	
AA	8:00 PMQuincy W. / Woodland	H

#### SATURDAY, MAY 19

AA	.9:00 AM	.Charlie H. / Searchlight, NV.
Al-Anon	12 noon	.Connie H. / Yakima, WA.
AA	.2:00 PM	. Minnie M. / Las Vegas, NV.
AA	.8:00 PM	.Kane C. / Santa Clarita, CA.

#### SUNDAY, MAY 20

AA/Al-Anon	9:00 AM	Matt & Janet H. / Bullhead City, AZ	
AA	10:30 AM	Julie L. / Tujunga, CA.	

#### **DISCOUNT RATE**

#### DON LAUGHLIN'S RIVERSIDE RESORT HOTEL AND CASINO

1650 South Casino Drive • LAUGHLIN, NV 89029 for reservations made 30 days prior

### 702.298.2535 • 800.227.3849 Option 1

Discount Code: C/TRI18

Sun - Thurs \$39 • Fri - Sat \$59 • RV Park \$22 Maximum of two rooms advance registration. Cancellations within seven days charged for one night.

~ Local Camping ~ DAVIS CAMP BULLHEAD CITY, AZ 877.757.0915 Option 2 RIVERSIDE RV PARK

Hills, CA.

LAUGHLIN, NV 800.227.3849 Option 5 Discount Code C/TRI18

## May 17-20, 2018

#### **THURSDAY**

ICE CREAM SOCIAL ~ FREE - 5:30 PM
Pre-registration Packet Pickup
KICKOFF SPEAKER / AA MEETING
Starview Room - 7:00 PM

FRIDAY

GOLF TOURNAMENT

~ Los Lagos Golf Club~ 7:00 AM

AA Speaker - Starview Rm -10:00 AM AA Speaker - Starview Room 3:00 PM

DINNER / AA SPEAKER MEETING

Don's Celebrity Theatre - 5:00 PM/ 8:00 PM

Dress in 20's Theme -Entertainment Karen Rontowski- 6:45 PM

COSMIC BOWLING - shoes included Riverside Lanes - 10:00 PM

#### SATURDAY

POKER RUN - T-shirt included with entry, register in Harbor Port 1 - start at 8:00 AM, closes 10:00 AM

AA Speaker - Starview Room - 9:00 AM AL-ANON LUNCHEON & SPEAKER MEETING Don's Celebrity Theatre - 11:30 AM Al-Anon Speaker at noon

AA Speaker - Starview Room - 2:00 PM

**KEYNOTE BANQUET DINNER** 

Don's Celebrity Theatre (DCT) - 5:00 PM

Entertainment- Alonzo Bodden- 6:30 PM Reserved seating, tables seat 10

AA SPEAKER MEETING - DCT - 8:00 PM

#### **SUNDAY**

BREAKFAST - Starview Room - 7:00 AM

AA/Al-Anon Couple - SPEAKER MEETING - Starview - 9:00 AM

AA SPIRITUAL SPEAKER / AA COUNTDOWN - Starview-10:30 AM

#### BADGES REQUIRED FOR ALL EVENTS

Bill W. Scholarships available for badges

### CONTACTS

Roundup Chair	Kristen D 702.235.21	57		
Roundup Co-Chair	David G 702.813.12	97		
Volunteers Chair	Lisa L702.689.84	86		
Golf Chair	Harry N 702.624.02	15		
Poker Run Chair	Max M 702.285.05	88		
Marathon Meetings Chair	Ted M928.706.43	69		
Al-Anon Chair	Val R	73		
Al-Anon Marathon Meetings Chair Debbie M 702.321.4827				

tristateroundup@hotmail.com

Banquet Ticket Required for Saturday Night Entertainment Provided by: Alonzo Bodden