

April 2018



Temecula Valley Central Office Gratitude Gazette

Carrying The Message Throughout Our Valley

951-695-1535 Hotline 24 hours

One Day at a Time

Alcoholics Anonymous

I AM RESPONSIBLE

Whenever anyone,
anywhere, reaches
out for help, I want the hand of AA
always to be there, and for that
I am responsible.

*~Declaration of 30th
Anniversary International
Convention, 1965*

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A 4th Step prayer, Pre-Inventory :

"God, please help me to honestly take stock. Help me to search out the flaws in my make-up which caused my failure. Help me to see where resentment has plagued me and resulted in spiritual malady, but more importantly help me to understand my part in these resentments. Help me to resolutely look for my own mistakes and to understand where I had been selfish, dishonest, self-seeking and frightened. Please help me to be searching and fearless in my endeavor to write my inventory." (B.B. p. 64:2, 64:3, 67:2)

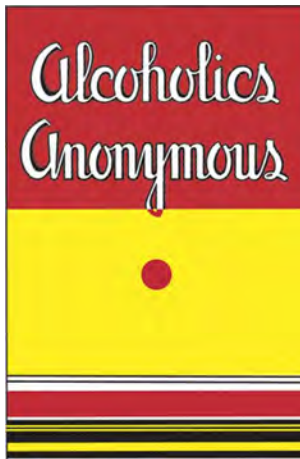
A 4th Step Resentment Prayer:

"God, Please help me to be free of anger and to see that the world and its people have dominated me. Show me that the wrong-doing of others, fancied or real, has the power to actually kill me. Help me to master my resentments by understanding that the people who wrong me were perhaps spiritually sick. Please help me show those I resent the same Tolerance, Pity and Patience that I would cheerfully grant a sick friend.** Help me to see that this is a sick man. Father, please show me how I can be helpful to him and save me from being angry. Lord, help me to avoid retaliation or argument. I know I can't be helpful to all people, but at least show me how to take a kindly and tolerant view of each and every one. Thy will be done."

(B.B. p.66:2, 66:3, 66:4, 67:0, 67:1)

For your own Gazette and schedule updates go to

<http://www.temeculacentraloffice.org>



Step, Principle and Promise

4th Step

"Made a searching and fearless moral inventory of ourselves"

How It Works

"We avoid retaliation or argument. We wouldn't treat sick people that way. If we do we destroy our chance of being helpful. We cannot be helpful to All people, but at least God will show us how to take a kindly and tolerant view of each and Every one."

(B.B. p67)

4th Principle

"Courage-

*Firmness of mind and will in the face of extreme difficulty;
mental or moral strength to withstand fear."*

4th Promise

*"We will comprehend the word Serenity and we will
Know Peace."*

4th Tradition

"Each group should be autonomous except in matters affecting other groups or A.A. as a whole."



"...a wonderful thing happened. The head promoter wrote the Foundation office. He said he'd wished he'd paid attention to A.A. experience. Then he did something else that was to become an A.A. classic. It all went on a card about golf-score size. The cover read: "Middleton group #1, Rule 62." Once the card was unfolded, a single pungent sentence leaped to the eye: "Don't take yourself too damn seriously!"

(12/12 p149)

4th Concept

"Throughout our Conference structure, we ought to maintain at all responsible levels a traditional "Right of Participation," taking care that each classification or group of our world servants shall be allowed a voting representation in reasonable proportion to the responsibility that each must discharge."

When you Call A.A. - Good Housekeeping, September 1957

Almost every city has a listing in its telephone directory for Alcoholics Anonymous, a voluntary, non-profit association in which alcoholics try to help each other overcome drinking problems. Because each AA group is autonomous--there are no national officers or rules—operating procedures depend on the size and facilities of the local AA organization. But whenever possible, AA groups attempt to maintain a round-the-clock answering service. A person's first call to the AA will generally be handled this way:

Although there is no “sermonizing,” the AA member receiving the call tries to determine whether it's the caller himself, or herself, who really wants help. Sometimes the call comes from an alcoholic's family or friends, and in such cases, the AA will not usually assist unless it is assured the call is being made at the alcoholic's own request.

The caller, if he or she (about one out of five members is a woman) is physically able, is invited to come at once to the AA clubhouse, office, or a member's home to start learning about the AA program. If the alcoholic is physically unable or reluctant for other reasons to visit the AA immediately, the AA will go to him. In cities where there are large AA organizations (its worldwide membership is an estimated 200,000), an AA member often visits the caller within an hour. What happens on that first visit is not always the same. Usually, however, and again without any lecturing, the AA member first attempts to show the alcoholic that he and his fellow members all understand the problem because they've gone through the same mental anguish and physical suffering themselves. And the alcoholic is told that the AA offers a way to stop drinking, if he sincerely wants to quit.

When the caller sounds as if he needs prompt medical attention, the AA tries to get it to him.

Above all, the caller's anonymity is respected. No full names or addresses are taken unless the information is necessary in arranging medical assistance.

If AA is not listed in your city's phone directory, the location of the nearest group can be obtained from Alcoholics Anonymous, Post Office Box 459, Grand Central Annex, New York 17, New York.

(Source: *Good Housekeeping*, September 1957)



“Made a searching and fearless moral inventory of ourselves.”

Breaking Down Step Four Of AA Alcoholics Anonymous

Step Four of AA's Twelve-Step Program of recovery is infamously the “scary” one, probably because it’s a crucial step towards effective and lasting recovery. Since the overall philosophy of Alcoholics Anonymous is that alcoholism is just a symptom of a spiritual disease, the real problem is in character flaws that need to be faced and when possible, overcome. This requires a searching, bare it all revelation-inducing inventory that will become the blueprint for your success.

The benefits of completing Step Four are strengthened sobriety, spiritual growth and movement towards mending your relationships to your HP, yourself and other human beings. What’s the biggest requirement for this action step? **Be honest!** You and the people around you will benefit from this crucial step. In case you didn’t know, keeping secrets is threatening to our recovery, and we have all had secrets that nearly killed us. Our secrets, in and out of sobriety, keep us sick.

Almost everyone comes into recovery having trouble separating fact from fiction in our own lives. The reality is that the “drunkalogues” and war stories that accumulated over the years of using are so embroidered into the fabric of whom we think we are. However, while working on our step inventories we get a new perspective on the bigger picture, on patterns, selfishness, our responsibility in situations and in this process we are building up an accurate self-appraisal with true self-worth as the reward.

Breaking Down Step Four Of AA Alcoholics Anonymous

At this point it has probably become pretty clear to you that recovery is a process of steady personal growth and enlightenment that feels so good, you probably wish everyone you knew were doing it! Although you may be pink clouding it, and enjoying the clarity that comes from sobriety, the truth is that our past addiction crippled our ability to reflect honestly about our lives. Addiction created delusional thinking that limited our ability to understand the damage and havoc (the liabilities) it caused in all our relationships. So before we could safely move forward we needed a framework through which we could sort out our past honestly. The Step Four inventory provides that framework .

The inventory you will do in Step Four of AA will help you to identify negative thoughts, emotions, and actions that have ruled your life. In the past you probably justified bad behavior and blamed other people, places, or things for the problems you had created. Now you will begin to take responsibility for all your past and current actions. This may mean even acknowledging painful, embarrassing, or difficult events, thoughts, emotions, or actions. But that's cool, it's all good, because your thoughts, feelings, and beliefs are actually the roots of your addictive behaviors.

While writing out your inventory you will get to examine all your tendencies toward:

- Fear
- Pride
- Resentments/Anger
- Self-will and self-pity
- Guilt/shame
- Relationships
- Sex/Abuse
- Secrets
- Assets

How To Do An Inventory: Searching And Fearless

So how do you actually do a personal inventory? Most of the people you will be relying on to guide you through Step Four probably believe there is no exact right or wrong way to practice this step. I think that what is important, is that we follow the general principle of self-honesty, and that we are willing to be “searching and fearless” in the pursuit of truth (By the way, when we say “fearless,” we do not mean you will have no feelings of fear; fearless means you will not let your fears stop you from being thorough in your inventory process. With Step Four, it means you commit to rigorous honesty as you focus on events in your life, including your own weaknesses, and specifically not on anyone else's weaknesses).

Old timers will take the approach of reviewing the seven deadly sins as laid out in the Twelve Steps and Twelve Traditions, while others will benefit from a review of sampling the more significant events from their lives as well. Using the process outlined in the Big Book is an essential guideline to reviewing the biggies: resentments, fears and sexual conduct.

Resentments, Let Them Go

In Alcoholics Anonymous we learn that resentment is a condition or state of mind whereby one relives some past event, and feels the emotion from that event as if it were happening right now. Resentment is literally to feel (sentire) again (re), and it is the fuel that feeds the fires of our addictions. In fact, the original members of AA who wrote the book Alcoholics Anonymous believed “resentment was the number one offender, and that it destroys more alcoholics than anything else.” (Alcoholics Anonymous, p. 64)

One way to do an inventory is to list memories of people; institutions or organizations; principles, ideas, or beliefs; and events, situations, or circumstances that have triggered positive and negative feelings (including sadness, regret, anger, resentment, fear, bitterness). There will be some items on your lists that may appear multiple times. That is okay. Do not try to sort or judge or analyze at this point. For now, just be as thorough as possible.

It’s important to note that some people will try to avoid writing their moral inventory, feeling embarrassed or fearful about their writing ability or even about someone else reading what they wrote. I implore you not to let these fears stop you! Until you put it in a tangible form, you still haven’t done your Fourth Step. If there are things that you think are so “bad” that you just can’t include them in your Step Four inventory, you are not alone. I swear to you your sponsor has heard and probably done the same things or “worse.” Rest assured that in the history of AA there has never been something in a Fourth Step inventory that was so unique, or worse than what every other human being has done that they had to create a whole new category.

Here are some questions to help guide and prepare you for doing Step Four- they by no means take the place of doing the Fourth Step inventory as laid out in the Big Book of AA:

- What people, places or things do you resent and what led to those resentments?
- How did your behavior contribute to your resentments?
- How have your resentments affected your life, your relationships with others and yourself?
- Who or what do you fear and why? And how do you respond destructively or negatively to your fears?
- Who or what do you feel ashamed or guilty about?
- What feelings do you have the most trouble allowing yourself to feel, and how do you act out?
- How have your fears and resentments affected your friendships, and your family, work and romantic relationships?
- Have you compulsively sought after sex? Have you used sex to try to fill a spiritual void or loneliness? Have any of your sexual practices hurt others or yourself?
- What do healthy relationships look like to you?

Are there secrets that you haven’t told anyone or written about in your step work?

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(continued on p7)

Completing Step Four Of AA Alcoholics Anonymous: Foundation For Freedom

If the thought of making that searching and fearless inventory of yourself feels overwhelming, know you are not alone. My heart goes out to you as I remember my struggles to find the willingness to complete this step. The key is to put pen to paper and just start.

Even though remembering the past may be painful, it can propel you into a new life of peace, as you learn how to look back without staring. Ask someone who has completed this step how it helped him or her, and how the hope of recovery can help you through the pain of remorse to the joy of forgiveness.

Make sure to check in with what spiritual principles you are practicing in your life, how your faith in a higher power has grown, and how you are showing gratitude for your recovery.

Be prepared, when finishing a Fourth Step inventory you can feel exhilarated, or uncomfortable or perhaps even both. No matter what, make sure to congratulate yourself on a major accomplishment, because you now have the foundation for your freedom. After doing Step Four you will have a blueprint for success, and a map to help you steer yourself on the course of continued, long-term sobriety! The only thing left to do is to contact your sponsor and let them know you're ready to do Step Five.

High five!



The 4th Step is
nothing more than a
snapshot of my life
without God.

- Shannon B.



Tradition 4: AA Group Autonomy and Responsibility

Group Freedom and Responsibility in the 12 Traditions of AA and Al-Anon

Tradition 4 of the 12 traditions of Alcoholics Anonymous states that the freedom individual groups have carries with it the admonition to protect the fellowship as a whole. This means that meeting formats can vary from group to group, but it also cautions against straying too far from the usual program.

Tradition 4 Grants AA Group Freedom With Responsibility to the Whole

Each 12-step group has complete freedom to decide for itself the program content of its meetings and the topics that will be discussed. The group can decide if the meeting will be open or closed and when and where the meeting will be held. Each group can decide to change its meeting format and has complete authority to spend its funds as needed.

The group can also decide how it wishes to begin and end its meetings. Some groups close with a prayer, while others have a moment of silence. In all of these matters, each group has total freedom. It is entirely up to the membership of that individual group.

But the second part of this tradition reminds each group that it has a responsibility also to the worldwide fellowship and other groups. By adhering to the traditions and principals of its program, each group can assure that it will not stray too far away from the program's basic tenets.

Getting Too Far Out

The autonomy provided in Tradition 4 does not mean an individual group has the authority to re-word the steps or traditions or to create its own literature. Nor should groups introduce, discuss, or sell outside literature at their meeting places.

Many a meeting has gotten away from the look and feel of its primary purpose by using non-conference-approved literature, showing videos of popular self-help speakers, or allowing treatment professionals to speak at open meetings on the latest therapy techniques.

There is a saying that there is no right or wrong way to hold a meeting, but the group can cease Carrying the Message if it strays too far from its traditions and concepts. Other than that, groups have complete freedom to design their programs to the needs of their members, which can result in a wide variety of formats.

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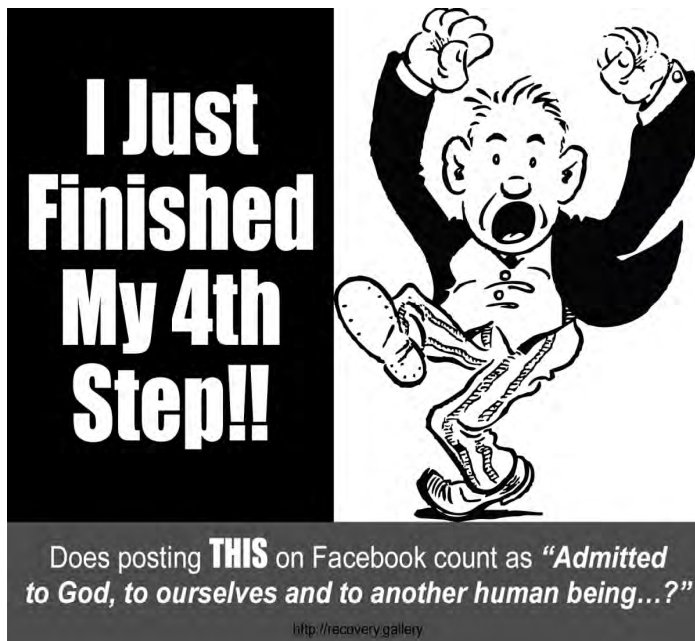
Group Autonomy Creates Different Environments

One AA member described what it was like when encountering groups that did things differently. He says that when he first came into AA, he learned how it went in his little group, and as he went to other groups in neighboring towns, he would think, "They don't do their meetings right," simply because they weren't the same as the first group he went to.

Today these little things that used to bother him make him realize that they're what makes all these groups unique and different. He looks forward to the different meetings now because they're unique in their own rights. As long as the guidelines of the program are followed and the basic message is there for everyone, the autonomy of each group is one more example of why Alcoholics Anonymous works.

By Buddy T.

(www.verywellmind.com)



(irunanonymous.com)

We will know peace

I am convinced that we are all looking for the same thing: Peace. Calm. Serenity. The Buddha said that life is full of suffering and all of us are searching for a way to free ourselves from the wheel of that suffering, or samsara. For millennia, the vast majority of humans have only used material means to find that freedom. Addicts have gone to extra lengths to attempt to find freedom from that suffering – only to perpetuate it and let it bleed into the lives of others. The wheel of suffering is a very insidious thing.

I was seven years old standing in the basement telling my father I wished I was dead. What can be going on in a child's life that these words would come out of his mouth at such a young age? I knew nothing of serenity. While it took me many more years to name it, growing up in a violent, alcoholic home takes an immense toll on a child.

At that age you aren't aware of these things as much as you *feel* them. And so I found myself having lost touch with any sense of serenity and peace. I learned quickly how to hide the pain and despair with a smile. And at this point of my life, years after my father's death, I cannot help but imagine him at the age of seven and what his life was like. I know so very little other than the bits and pieces I have learned from my mom, sister, my cousins and other family. Just two people stuck on the wheel, lives overlapping in less than a cosmic blink of an eye.

It is clear that peace comes from the inside. When I have no internal peace it is too easy to project my inner chaos onto the world around me. A lot of us have likely spent much of our lives dealing with – or not dealing with – our pain. Some of it internal and some of it external. You can learn how, after years of being controlled by your pain, to make it work for you. When you do this, the outside world changes as if it has been magically repainted by an invisible artist's hand. Suddenly the world that seemed so hostile and scary is a place of wonder and awe.

Peace is a real possibility

When we accept ourselves, others, and the world around us as they are, we will comprehend the word serenity and we will know peace. When we see ourselves for who we are not for what we have done or what we do, we will know peace. When we stop fighting everything and everyone we will know peace. When we surrender to the mystery of life and live each moment to its fullest we will comprehend the word serenity and we will know peace.

The Rocks, the Stones and the Pebbles

My conscience would never let me rest.

By Rick R.

Coming to Alcoholics Anonymous from a pit of despair was the best decision I have ever made. My life up to that point was in shambles and I was desperate enough to seek outside help. Understanding the part that alcohol played in my life, up to that point, was difficult but I knew that if I didn't get a grip on reality, I was going to self destruct and the progression of the problem was like going ninety miles an hour down that dead end street. Hope was established immediately as I was introduced to possibility that I could be restored to a life that was free of the mental torment that I had been experiencing since childhood. The answers to all of my problems came in the form of a *Profound Change of Perception* concerning *how I perceived myself*. With very little discipline or structure in my upbringing, I was insecure and afraid that I would never meet up with the standards of my peers and as the results of that way of thinking, I developed a dishonest and selfish lifestyle which eventually caught up with me in the form of a guilty conscience. My drinking solved that problem for a time but when the tolerance for alcohol wore off, I found myself back in that pit of despair. When I looked in the mirror, I hated what I saw and I could no longer drink it away. Like everyone else, when introduced to the program, I first had to stop the (emotional) bleeding by dealing with the current issues that I had been neglecting such as: pay the rent, pay the traffic ticket, clear the beer cans off my dresser..... Then I could give the steps of the program the attention they would need if I wanted the relief that they promised. Without even being aware of it, the process had begun. With a new attitude of willingness, and attending as many meetings as I could, I was already getting rid of many of the obvious habits of dishonesty, neglect, irresponsibility, and the like. Next, I was faced with my biggest challenge which came in the form of *The Wreckage of the Past* that many refer to as a *Sack of Rocks*. If we ever want to be free of the guilt and the shame CAUSED BY the regrettable memories that we have been harboring, in our conscience, we will have to address these issues *when we become strong enough*. My sack contained a few Rocks that were obvious, a handful of Stones, and abundance of, less threatening, Pebbles that were not that obvious to me at the time. Addressing steps 4, 5, 8, and 9 concerning these issues became my greatest challenge and my first instinct was to skip over the most embarrassing memories. That Idea, I think, is common in many of us, when first faced with reparation process. I gave it my best shot at first but left out a few of the Rocks due to my ego, but my conscience would never let me rest. Later, when, as the result of the progress I had made in the program, I became stronger and had the determination to *revisit those more glaring issues* and clean the slate. Had I not done that, I believe the rest of the program would have been a shallow façade and I would never have attained the peace of mind that I enjoy today. The Stones were the things that got most of the attention as I did the steps initially. As I became stronger, I took that leap of faith and tackled the Rocks. After cleaning up those issues, the rest of the program became easy. No more denial and much more peace of mind. So I'm finished, Right? Not so fast Huckleberry! Now I become aware of the less threatening pebbles in the form of the selfish motives in my day to day decision making which I will gladly correct, one pebble at a time as I become aware of them and it is a Joy to rid myself of the things that used to plague me and today, life is good.

AA Service Meetings

What	When	Where
H&I Committee Meeting	1st Monday - 7:30pm	TVAC—27470 Commerce Center Dr. Temecula, CA 92590
TVCO Board Meeting	1st Tuesday - 6:30pm	Central Office - All are welcome, but only Board members may vote.
Mid So-Cal Area Meeting	2nd Sunday - 9:30am	Meets at various locations. Call Central Office for meeting location
Cooperating with Prof Community	2nd Tuesday - 5:45pm	Center for Spiritual Living - 26805 Murrieta Rd. Sun City, CA 92585
GSR Meeting - District 17	2nd Tuesday - 6:30pm	Center for Spiritual Living - 26805 Murrieta Rd. Sun City, CA 92585
Intergroup Meeting	3rd Tuesday - 6:45pm	United Methodist Church, Murrieta Visitors Welcome 24652 Adams at Kalmia & Adams
GSR Meeting - District 14	3rd Wednesday - 7pm	Good Shepherd Episcopal Church 308 E Acacia Ave, Hemet, CA 92543

What is the Intergroup?

Each group is encouraged to have an Intergroup Representative. This person is the liaison between Intergroup and their home group. The Intergroup Central Office depends upon the local members and groups for the necessary support to carry out its responsibilities. This support comes in the form of volunteer help and financial contributions.

Our efficiency and the continuation of services offered are related to the level of support from the groups. Please register your group at Central Office. Any A.A. member is welcome to attend the Intergroup or Board meeting as a guest. If your group is interested in joining Intergroup, send a member to the meeting, and we will gladly give you all the information you need to get started.

“The Intergroup associations are the best insurance we can have that our life lines to the hundreds of thousands yet to come will never break or tangle. Let us always be generous.

Let us warmly support Intergroup.”

AA co-founder Bill W. 1949

Bridging the Gap

Bridging the Gap is designed to help an alcoholic between a treatment program or prison make the transition. One of the more slippery places in the journey to sobriety is between the door of a facility and the nearest AA group or meeting. AA experience suggests that attending meetings regularly is critical. In order to Bridge the Gap, AA members have volunteered to be temporary contacts & introduce newcomers to AA. It is suggested that the temporary contact take the newcomer to a variety of AA meetings; introduce him or her to other AA's; ensure that he or she has some phone numbers of several AA members and share the experience of sponsorship and a home group.

Temecula Valley is in the process of coordinating this committee.

Volunteers are needed.

Hot Line Schedule

1st Monday	Just Us Girls (Temecula)
1st Tuesday	Tuesday 10 Am Women's 12x12 (Murrieta)
1st Wednesday	Women's Closed As Bill Sees It - Monday 12:00 (Murrieta)
1st Thursday	Thur. Women's 10:00am-(Temecula)
1st Friday	101 Meeting Starter Alano Club (Temecula)
1st Weekend	Liberty Bells (Lake Elsinore)
2nd Monday	Saturday Early Risers (Temecula)
2nd Tuesday	Unity Hall 7 Am (Sun City)
2nd Wednesday	The Funks
2nd Thursday	Frank P
2nd Friday	Erica
2nd Weekend	Mosh Pit
3rd Monday	JUGS 2
3rd Tuesday	JUGS 2
3rd Wednesday	Grass Roots (Menifee)
3rd Thursday	Cheri
3rd Friday	Back To Basics (Sun City)
3rd Weekend	JUGS 2
4th Monday	Sunday 7 Am Attitude Adjustment (Lake Elsinore)
4th Tuesday	Dan C
4th Wednesday	Linda D
4th Thursday	Paul R
4th Friday	Women's Candlelight –Thursday (Temecula)
4th Weekend	Wild Ones Grape Street (Wildomar)
5th Monday	Sunday Came To Believe (Temecula)
5th Tuesday	Greg L
5th Wednesday	Bobbi And Richard
5th Thursday	Andrea
5th Friday	Brenda and John W (Wildomar)
5th Weekend	Men's Stag – Tuesday 7:30 pm (Temecula)



951-695-1535 24 hours

What You Get From Central Office

During the day, your Central Office keeps the doors open to assist recovering and suffering AA members alike and provide the following services: We provide the Big Book. We provide the 12x12, assorted literature, chips, and newcomer packets.

Your office manager organizes volunteers, makes sure the office is a healthy place for all, keeps your accounting data accurate, and safe guards your inventory. The office manager is there to support the groups and the individual members of our fellowship. We make and distribute your meeting schedules and we publish the Gratitude Gazette.

Twenty-four hours a day, seven days a week, volunteers take calls from suffering alcoholics and organize 12 step calls. The phone line and special call-forwarding are paid for by your central office contributions.

Please ask at your next business meeting if you are contributing monthly to your Central Office. It doesn't have to be a lot. Being self-supporting means not only paying for your rent and coffee, but also paying for the services you receive through Central Office.

If your group has stopped contributing (or never started), please bring it up at your next business meeting and take a group conscience.

Submissions

We would love to print your submissions for the Newsletter.

The primary theme of any article content should pertain to;

Alcoholism and Recovery, The Twelve Steps, The Twelve Traditions, or The Concepts. Poems, AA trivia, Jokes and Cartoons are welcome too.

Proper credit must be given to each article's source if taken from previously printed materials.

Please include its copyright or location found so that we can acknowledge it.

Let us know If you would like to include your name and city,

Or if you would rather remain Anonymous.

Thank You

to all who

contributed

to our

Newsletter!

Central Office Service Opportunities

You can be of service at Central Office by

volunteering for time slots to answer phones and help walk-ins.

Volunteers are always appreciated, and of course you get the grand reward...

Sobriety for another day! Please call (951) 695-1535

March 2018 Group Contributions

16

	<u>Mar 18</u>	<u>Mar 17</u>	<u>\$ Change</u>
Tem Del Rio Survivors	1,200.00	1,200.00	0.00
SC Unity Hall/Umbrella #164257	750.00	450.00	300.00
Tem Just Us Girls 2	250.00	98.00	152.00
Mur As Bill Sees It/Mon-Sat 7am group	171.00	194.00	-23.00
Tem Hill Recovery Sat 8am Early Risers	180.00	209.00	-29.00
Tem Serenity Cir/Mon Noon/Participation	131.95	0.00	131.95
Mur Community House/Wed 7Pm/Mens Stag	121.08	0.00	121.08
Grapevine Group Menifee #723009	98.94	0.00	98.94
Tem PechangaSr Ctr/Wed 7pm/Step Sisters	72.00	0.00	72.00
Tem Ser Cir/Thursday Noon/Nooners	50.00	60.00	-10.00
Mur/TVCO Intergroup #179377	61.90	55.00	6.90
LE AOG Church/Wed Noon/Acceptance	20.00	0.00	20.00
LE Meeting Place/M-F noon #171639	20.00	20.00	0.00
Menifee/Sun 9am/Grass Roots #706488	0.00	126.00	-126.00
Mur Monday Night Men	0.00	100.00	-100.00



Thank you!

March 2018 Group Contributions

17

	Mar. 18	Mar. 17	\$ Change
Mur United Methodist/Tuesday 10am/Womens	0.00	50.00	-50.00
Tem Monday Night Men	0.00	100.00	-100.00
Tem Ser Cir/Fri Noon	0.00	60.00	-60.00
Tem Wed 5pm/Just us Girls	0.00	174.50	-174.50
Tem The Mosh Pit	0.00	75.60	-75.60
Wildomar IVH/Fri 7pm/Step Study	0.00	100.00	-100.00

TOTAL	<u>3,126.87</u>	<u>3,072.10</u>	<u>54.77</u>
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Thank you!

March 2018

Personal Contributions

Valley Buck a Month Club

<u>Date</u>	<u>Memo</u>	<u>Account</u>	<u>Amount</u>
03/23/2018	Tom c	Personal Donations	15.00
03/31/2018	Sandra N	Personal Donations	5.00
03/31/2018	Jim F	Personal Donations	30.00
01/10/2018	Crystal B	Personal Donations	10.00
03/31/2018	Annie D	Personal Donations	40.00
03/31/2018	Linda F	Personal Donations	50.00
03/31/2018	Mark F	Personal Donations	10.00
03/31/2018	Terese B	Personal Donations	20.00
03/31/2018	Anonymous	Personal Donations	63.29
03/31/2018	Debi G	Personal Donations	20.00
			<hr/>
			253.29

<u>Date</u>	<u>Memo</u>	<u>Account</u>	<u>Amount</u>
03/29/2018	Robin	Valley buck a month	5.00
03/29/2018	Gene	Valley buck a month	5.00
03/29/2018	Georgia	Valley buck a month	1.00
03/29/2018	Marcos	Valley buck a month	9.00
03/29/2018	Frank	Valley buck a month	1.00
03/29/2018	Ron	Valley buck a month	1.00
03/29/2018	Arnie	Valley buck a month	1.00
03/29/2018	Karen K	Valley buck a month	2.00
03/29/2018	John	Valley buck a month	1.00
03/29/2018	Jim	Valley buck a month	1.00
03/29/2018	Adam	Valley buck a month	1.00
03/29/2018	Ron	Valley buck a month	1.00
03/29/2018	Allie	Valley buck a month	1.00
.03/29/2018	Anonymous		65.00
.03/29/2018	Garrettt		5.00
03/29/2018	Dan		2.00
03/29/2018	Frank		1.00
03/29/2018	Anonymous		7.00

110.00



THANK YOU!

Central Office Activity

March 2018

Activity Log

Phoned in	275
Walk ins	255
AA Meeting	195
Al-anon	6
12 Step	6
Donations/Purchases	200
Misc/Other Business	34



Volunteers

1. Bert
2. Maricella
3. Chris
4. Corrie
5. Debi
6. Diane
7. Janice
8. Bert
9. Melissa
10. Kelli
11. Mark F

Date	Memo	Account	Amount
3/18/2018	Lisa G	Birthday Donations	15.00
3/18/2018	Maricella	Birthday Donations	15.00
3/18/2018	Erica H	Birthday Donations	15.00
3/18/2018	Erica M	Birthday Donations	15.00
3/18/2018	Shelby	Birthday Donations	50.00
3/18/2018	John Keith	Birthday Donations	28.00

138.00

FOUNDER'S DAY 2018
TEMECULA VALLEY CENTRAL OFFICE
is having a
TAILGATE PARTY
to celebrate
83 YEARS
of "Supporting Our Future"
SATURDAY
JUNE 9, 2018 • 5PM



Temecula Community Recreation Center
30875 Rancho Vista Road, Temecula, CA 92592

**• Dinner starts at 5:30 • Tickets are \$20 per person and
can be purchased at the door • Raffle • Speaker meeting 7:30pm**

FOR MORE INFORMATION CALL TVCO AT 951-695-1535

WEAR YOUR FAVORITE TEAM COLORS!

Professional, College, or Local!