

Gratitude Gazette

<http://www.temeculacentraloffice.org>

(951) 695-1535



May 2016

Submissions

Alcoholics Anonymous

I AM RESPONSIBLE
Whenever anyone, anywhere, reaches out for help, I want the hand of AA always to be there, and for that I am responsible.

- **Declaration of 30th Anniversary International Convention, 1965**

[March 1947](#) Vol. 3 No. 10

Editorial: On the 5th Step. . . .

"Admitted to God, to ourselves, and to another human being the exact nature of our wrongs."

ADMITTING "the nature of our wrongs" to God and ourselves sounds much easier than confessing to another human being. We can do the first in complete privacy. No one is listening, we say. Yet, it's not so easy that we all are able to accomplish this Step in one sweeping confession. Several false starts sometimes are necessary before we find both the courage and the insight to admit even to ourselves the true, unvarnished nature of our wrongs.

One of the obstacles to applying this Step is our deep-rooted habit of refusing to face facts, or admit the truth even to ourselves if and whenever the truth was unpleasant. We are grooved in the pattern of glossing over, covering up, beating around the mulberry bush, sticking our head in the sand--or any of the other old clichés which are simply an indirect and longer way of spelling "I-i-e."

The truth is that during the active drinking period the patient has been doing more lying to himself than to anyone else and even after he has decided to turn to the truth finds the way strange and difficult to follow. After 15 to 20 years of self-deception the truth is not easily recognized.

At first, the application of part of this Step may seem to have been achieved. The newly enlightened patient has had a heart-to-heart talk with himself. He has admitted to himself the nature of his wrongs. Or, has he admitted only part of the nature of his wrongs? Has he spared himself just a little, left just a little of the varnish on the truth? Has he spared himself again in just a bit more self-deception, in just one or two self-pitying reasons or explanations of the wrongs?

Frequently, a second and a third confession, more, is needed before the truth, the whole truth and nothing but the truth is brought to light. Sometimes a great deal of digging is needed to get beneath the many layers of self-deception that have been piled on each other and become virtually petrified over the years.

Courage implemented by searching analysis and perseverance are needed here, the courage to face and admit the truth as it's brought to the surface, and the perseverance to keep digging until it is.

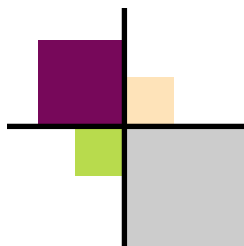
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Usually the presence of an audience intensifies the difficulties of admitting self-truths, even when the audience is a sympathetic friend. Sometimes the mere voicing of inner secrets is a wrenching process, especially for anyone who for years has been hiding all unpleasant facts even from himself. Furthermore, one must forgive himself before he is ready to forgive the world of which he has been so resentful.

For these reasons many who have succeeded in the full practice of this Step recommend that it be started with one's own conscience as the sole audience. Better begin there, they say, first to learn what there is to be admitted and, second, to generate the courage to take another into the confidence.

But, all who have practiced the Step successfully are quick to say, too, that the tremendous relief which follows richly compensates for whatever mental pain and labor may be experienced in the beginning. Confession, of course, has eased men all through history. Its rewards have not diminished and are within reach of the A.A. who has advanced to this point in his recovery of a useful and happy way of life.



Addiction should never be treated as a crime. It has to be treated as a health problem. We do not send alcoholics to jail in this country. Over 500,000 people are in our jails who are nonviolent drug users. – Ralph Nader

Submissions

continued

I just didn't want to drink

I attended my first AA meeting looking for a quick way to stop drinking. I wanted to see if there was a magic pill or pamphlet with instructions on how to simply not drink. I was actually expecting a trifold brochure with step by instructions like; wake up in the morning, drink lots of carrot juice, hit the gym and exercise, and stay busy with work or family and don't think about drinking.

So, on a Saturday morning (March 26, 2011) I attended my first AA meeting. Thinking worst-case situation I would waste an hour of my time and get nothing from a meeting. Boy was I surprised. First off, the meeting was an hour and a half, and second there was no brochure at the front door regarding diets and exercise. The hour and a half meeting was almost a deal breaker, but again I decided to see what this AA thing was all about.

The meeting starting on time and first thing the group recited the Serenity Prayer. Currently not having a God in my life, or any want to have God, I almost walked out, but a soft whisper in my head said "Give it a shot, it's only an hour and a half." Needless to say, I stayed. To my surprise as the sharing started, I began to hear bits and pieces of my story. One person spoke of blackout drinking, another spoke of isolation, others spoke of numbing out, and the list goes on. By the end of the meeting I heard everything I've done and then some.

With my hands shaking and soaked with sweat, I walked up to the literature person and asked for something to read. That was when I received my first Big Book. My new friend gave me his number and told me to call if I needed to talk or wanted help. I thought to myself, "Wow this guy will talk with me and help me not drink?" Wait a minute, there has to be a catch right? Nope, I made the call a couple of days later and actually spoke with another man that understood me. For the first time in my life I felt understood and not alone.

That first phone call lasted 15 to 20 minutes. I spilled all sorts of stuff on my mind, and to my amazement, I didn't drink that day. As a matter of fact, by the grace of God, I haven't had a drink since. What? Did I just say God? I sure did! I forgot to mention our conversation was about my life, my drinking career, and a lack of a Higher Power. Yep, the last thing I wanted to hear was something about a Higher Power or God. But I listened and began to understand that AA is a spiritual program. A simple program with steps that outline what exactly needs to be done in order to change my horrible life.

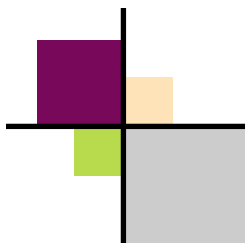
As our conversation ended, my friend advised me to attend 90 meetings in 90 days. I was also told to take time in the morning and at night to pray. What? Pray? I haven't prayed in years. I had to ask for guidance, as I had no idea what he meant by praying. My friend said, "Just take a moment and ask your Higher Power for help to not drink, and at night thank your Higher Power for helping you through the day."

To the best of my ability I did as requested. Actually, as an overachiever, I had to out do the 90 meetings in 90 days, so I actually attend 110 meetings in 90 days. Thinking to myself, if 90 is good, then 110 must be better (yep typical alcoholic thinking). I also began to pray every day. Having no idea how to pray, I did exactly what I was told to do. Eventually, I did find my Higher Power (but that's a story for another time).

This wonderful man has not only become one of my best friends, he is my sponsor. He has helped me understand my disease, accept who I am, discover my Higher Power, and has honestly changed my thoughts and habits. He is one person I can go to without fear of judgment with anything on my mind, and get a straight forward answer with guidance from the Big Book.

My life today is very different. For a broken man simply looking to not drink for a day, I can honestly say I've been granted the daily reprieve as long as I continue to do the work. I attended my first AA meeting with willingness and an open ear. In return, that first meeting I've learned how to accept my disease, rely on my Higher Power (God), accept and create true friendships, and live a sober life. I am forever grateful for AA and my first meeting.

Troy S. – Temecula CA

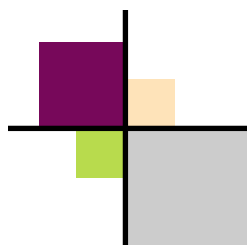


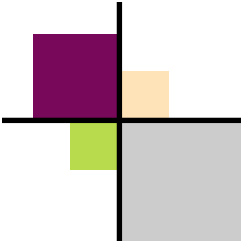
Carpe Diem Part II

We left off last time with my ego-centered bucket list and how it withered into dust. Too bad, as there was some pretty cool stuff on that list just short of flying to the moon; I've already had that experience during the active days of laying on the ground next to the proverbial wagon. It's now time to leave Memphis and cross the Mississippi River where I would ride into a more joyous and free journey one day at a time.

OK, Northern Arkansas is a whole lot of nothing. Even though this State was not on the dust particles of a bucket list that once bounced around inside my head, the experience was not left on the side of the road, as it was the side of the road stopping for gas that afforded me to meet some interesting characters. Truly amazing how I could touch someone else's life just by being from somewhere else than they, being calm hearted to a slower pace to chat about their day and listen to their past experiences. Oh that past life of mine would shrug someone off as unimportant to achieve any given target and not actively listen to a word they had to say. I can credit the men and women in the program, the winners who help shape my new life, a wife who stayed, a guiding sponsor, those still struggling, and my forgiving and loving God as I know him. One road trip in a past life was coined "Hell Ride 88." It certainly was a trip riddled with debauchery. Arkansas was not on the decadence list of things to do this time. What was, though, was fried chicken for breakfast...I think that was a first, at least as I can remember, eating fried chicken for breakfast and certainly in Arkansas. All I can say is I felt grateful to stop for a full tank of gas, hot cup of joe with a couple splashes of cream along with a tasteful explosion of fried chicken from the locals. So the plan stated I was going to drive from Memphis, Tennessee, to Amarillo, Texas. Even though this second day was planned to be another long drive of around 750 miles, I seemed to be unfazed by time. A brief moment to meditate after the fried chicken breakfast I continued on to Little Rock where that first dysfunctional moment of navigation required a little help from Google Maps. Well come on, how can I-40 West turn into I-30 East with no warning...only to find out later they do not dual mark the road signs in that area even if both were one in the same for a few miles. Needless to say, not a fan of every State's road system, regardless if federally funded or not. Guess what though, I am powerless over another's expectations of highway marking and just need to accept it...no need for me to write to a local congressman. So a quick stop to calibrate directions, an awesome opportunity to say a serenity prayer and off I go East bound to continue West.

ered at least one thought, "I'll get there when I get there." What a stress free way to start the day.





I found myself now in Oklahoma, as the desolate space between here and Tennessee seemed to be a slow moving, muted leg of the journey. Oklahoma on the other hand was not a bit different as to the scenery, but equally filled with nice, talkative people. I was completely ignorant that nearly all of this State was individual Indian Nations; land set aside to relocate Native American tribes back in the late 1800s. I won't go into my opinion of this but really? We thought this was a good idea? How would you feel if this happened to you? Oh yes, this was maybe an egocentric politician that came up with that idea; just say to myself "I'm powerless." Maybe we would just think of it as another geographical move...hum... Like driving through Federal and State protected parks and reserves, the drive through Oklahoma was one 'brown' highway sign after another to let travelers know that they are "Leaving Cherokee Nation" and "Entering Creek Nation" and so on across the body of the state. Another oddity I learned is the panhandle part is considered 'No Mans Land.' OK, again I'm powerless except to grab some more gas, chicken, and soak in the lore from the local tribe staffing the stop-and-go convenience stores. I believe my Higher Power declared this day as *Chicken Day*.

After creeping through Oklahoma, I finished the drive arriving to the panhandle city of Amarillo, Texas. There were a couple of stops I was planning to make like 'Cadillac Ranch', but it seemed that enjoying the vast space of God's creation kept me distracted and I drove right pass without realizing. So a gratitude prayer to close out day 2 and looking forward to a restful night...to be continued.

Rob P.

May 2016

Step Five

A CLEAN SLATE

STEP FIVE

Most of us were born perfect and the slate was clean. From the very first day of our lives we started to experience different emotions (for lack of a better term) and those feelings had a lot to do with the way we evolved into who we are today. Instinctively, we responded to the different threats and joys that we were faced with and these were the things that established our strengths and weaknesses. That is true for most of us, but not all of us. Unfortunately, some of us were born with other problems that require medication, such as, A.D.D, bipolar, and other difficulties that cannot be treated simply by changing our attitudes and behavior. These things, I am not educated enough to discuss, but for the average alcoholic, I believe, our problems can be traced back to that conditioning we experienced as we formed our mental and spiritual makeup.

I often hear it said that alcoholism is a disease of perception. It is a disease of many things, and perception is one of them. The perception we have of ourselves may be likened to a chalkboard containing every experience of our lives. If we can look at it and be satisfied that we had a pretty good track record, we would probably be comfortable with it and lead a relative normal life. If, however, we find ourselves on the negative side of the ledger most of our lives, we may develop abnormal feelings of guilt and shame, for instance, and that may just be the thing that triggers the beginning of the compulsion to drink excessively. In the beginning, we get a temporary relief that tells us that we are just fine, but it only lasts until we wake up the next morning and find ourselves in an even deeper pit. We reach for the bottle, and again it gives us that temporary buzz, and we repeat this process over and over until, by some tragic occurrence in our lives that drives us to Alcoholics Anonymous, we are encouraged to go through a process that can restore us to a somewhat normal life. Steps one through four are about surrender, acceptance, and discovery. Step five is about disclosure.

Step five, for me, was the gateway to how I was going to live the rest of my life. After two attempts at step four, I was faced with the decision as to whether my future was going to be honest and meaningful, or just a meaningless facade. Fortunately, for me, I took a leap of faith and disclosed all those, so called, tormenting ghosts of yesterday (12x12 pg.55), and looking back on it now, I realize that decision was the hinge pin for my thoroughness with the rest of the steps. Had I not cleaned the slate at that time, I just don't see how I could have followed the spirit of truth and honesty, with myself and others that would result in the peace of mind that I enjoy today.

My inventory had to deal, mainly, with bad habits which had to be changed by the process suggested in steps six and seven. That was the easy part of step five. However, those tormenting ghosts of yesterday were another story. These were not habits, but deeds that I had done as an adolescent kid that seemed unforgivable. No one should ever know, I would take them to the grave with me. Mustering the strength to take that risk may have been the most important step forward I've ever made. My brain had been lying to me, after all, how bad could a thirteen year old kid be? That one decision is what I credit with giving me my life back and if I hadn't done it, I don't see how I could have given a good effort to the rest of the steps from behind that facade that I used to call life.

I often hear members of the program that seem to resist looking deeper into their regrets and seem to build a wall of reasons why they don't need to, and I wonder if they might be caught in the same dilemma that I was in when I took my fifth step. I wish I could reassure them that it's not worth the mental torment that it puts us through and that it may be a good idea to revisit that step and clean the slate. We can't live alone with them; we have to talk to someone about them. (Even A.A. old-timers, sober for years, often pay dearly for skimping this step. 12x12 pg. 56.) If you are that person, I encourage you to try to get the strength to take that risk, and clean the slate; after all, we only live once. Let's not waste the opportunity to live a happy and peaceful life.

Rick R.

Tradition 5

A United Message of Recovery

The long form of Tradition one states, in part, that "each member of Alcoholics Anonymous is but a small part of a great whole. AA must continue to live or most of us will surely die. Hence our common welfare must come first." We are then given eleven other Traditions that show us what we must do in order to accomplish the goal of unity allowing recovery. We are shown that our membership is open to all who suffer from alcoholism--the only requirement is a desire to stop drinking. Another Tradition tells us that we have but one purpose--to carry the message to the alcoholic who still suffers. Other Traditions relate the things we need to watch for so we don't get diverted from that primary purpose--problems of money, property, prestige, authority, controversy, sensational advertising, and personalities. All these guidelines come to us from our founders and past members who experienced firsthand the consequences of what happens when these principles are not respected--the chaos, heartbreak, and confusion that result when the suggestions are not followed.

When Bill wrote "Problems Other Than Alcohol" in 1958, he made clear our singleness of purpose: "Sobriety--freedom from alcohol--through the teaching and practice of the Twelve Steps is the sole purpose of an AA group. Groups have repeatedly tried other activities and they have always failed. It has also been learned that there is no possible way to make nonalcoholic into AA members. We have to confine our membership to alcoholics and we have to confine our AA groups to a single purpose. If we don't stick to these principles, we shall almost surely collapse. And if we collapse, we cannot help anyone."

Our singleness of purpose has really been put to the test with the growth of treatment facilities which lump all addictive disorders together, with the subsequent visits of large numbers of treatment graduates to our groups, and with the mandatory sentencing of drunk driving offenders to AA meetings. Meanwhile, our own AA members aren't always aware of our Traditions.

Many areas have designed plans to meet these situations. "Information" meetings have become a good workable solution. Information meetings are informal discussions and sharing about what AA is: what it does and does not do. These information meetings have helped keep our regular AA meetings tied to AA's singleness of purpose and to the principles of our other Traditions.

A group conscience will get exactly what it demands, no more or no less. Our experience today still bears out the experience of our founders. Some groups, where the alcoholics became outnumbered and the primary purpose was lost in problems other than alcohol, have had to close their doors.

What can we do about singleness of purpose? What is our responsibility to AA? What can I do individually? What about my group? How do we carry a united message of recovery from alcoholism--the only message we are given to carry?

Following are some solutions many groups have found to work.

Read one or more of the following at the beginning of an AA meeting: the Preamble of Alcoholics Anonymous, the Twelve Traditions, or the blue primary purpose card. All state our primary purpose. The primary purpose card was born out of the frustration of members needing something concrete to reflect the overall consciousness of Alcoholics Anonymous. It is a service piece and available upon request from GSO.

Try to have a strong chairperson or discussion leaders who establish and adhere to a policy of how to respond to problems other than alcohol.

Have information available on other twelve-step programs--names and telephone numbers to contact.

Hold closed discussion meetings--for alcoholics only. Most agree it is better to avoid embarrassing an individual publicly and to speak to him or her privately either before or after the meeting, remembering that a spirit of understanding should accompany firmness.

Keep lines of communication open with court officials, treatment facilities, and employee assistance programs, always informing them what AA can and cannot do. Strong PI and CPC committees and temporary sponsorship programs are

Tradition 5

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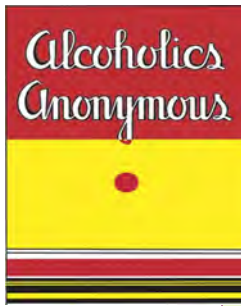
Keep lines of communication open with court officials, treatment facilities, and employee assistance programs, always informing them what AA can and cannot do. Strong PI and CPC committees and temporary sponsorship programs are helpful.

At workshops and meetings, the emphasis should be on our entire program--recovery, unity, and service. Reading of Conference-approved literature is helpful.

Stress home group membership. The home group is where we have a sense of belonging and a growing knowledge of how the program works--and where the understanding of service begins.

A group that periodically inventories itself is generally a group that reflects strong singleness of purpose.

Carry the message of singleness of purpose through your sponsorship.



Step 5

Admitted to God, to ourselves and to another human being the exact nature of our wrongs

How It Works



This is perhaps difficult, especially discussing our defects with another person. We think we have done well enough in admitting these things to ourselves. There is doubt about that. In actual practice, we usually find a solitary self-appraisal insufficient. Many of us thought it necessary to go much further. We will be more reconciled to discussing ourselves with another person when we see good reasons why we should do so. The best reason first: If we skip this vital step, we may not overcome drinking. Time after time newcomers have tried to keep to themselves certain facts about their lives. Trying to avoid this humbling experience, they have turned to easier methods. Almost invariably they got drunk. Having persevered with the rest of the program, they wondered why they fell. We think the reason is that they never completed their housecleaning. They took inventory all right, but hung on to some of the worst items in stock. They only *thought* they had lost their egoism and fear; they only thought they had humbled themselves. But they had not learned enough of humility, fearlessness and honesty, in the sense we find it necessary, until they told someone else all their life story.

-A.A. *Big Book* p.72-73

Tradition 5

Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.

What	When	Where
H&I Committee Meeting	1st Monday - 7:30pm	TVAC—27470 Commerce Center Dr. Temecula, CA 92590
TVCO Board Meeting	1st Tuesday - 6:30pm	Central Office - All are welcome, but only Board members may vote.
Mid So-Cal Area Meeting	2nd Sunday - 9:30am	Meets at various locations. Call Central Office for meeting location
Cooperating with Prof Community (CPC)	2nd Tuesday - 5:45pm	Center for Spiritual Living - 26805 Murrieta Rd. Sun City, CA 92585
GSR Meeting - District 17	2nd Tuesday - 6:30pm	Center for Spiritual Living - 26805 Murrieta Rd. Sun City, CA 92585
Intergroup Meeting	3rd Tuesday - 6:45pm	United Methodist Church, Murrieta 24652 Adams at Kalmia & Adams
GSR Meeting - District 14	3rd Wednesday - 7pm	Good Shepherd Episcopal Church 308 E Acacia Ave, Hemet, CA 92543

What is the Intergroup?

Each group is encouraged to have an Intergroup Representative. This person is the liaison between Intergroup and their home group. The Intergroup Central Office depends upon the local members and groups for the necessary support to carry out its responsibilities. This support comes in the form of volunteer help and financial contributions.

Our efficiency and the continuation of services offered are related to the level of support from the groups. Please register your group at Central Office. Any A.A. member is welcome to attend the Intergroup or Board meeting as a guest. If your group is interested in joining Intergroup, send a member to the meeting, and we will gladly give you all the information you need to get started.

“The Intergroup associations are the best insurance we can have that our life lines to the hundreds of thousands yet to come will never break or tangle. Let us always be generous. Let us warmly support Intergroup.”

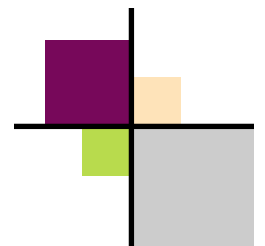
AA co-founder Bill W. 1949

Bridging the Gap

Bridging the Gap is designed to help an alcoholic between a treatment program or prison make the transition. One of the more slippery places in the journey to sobriety is between the door of a facility and the nearest AA group or meeting. AA experience suggests that attending meetings regularly is critical. In order to Bridge the Gap, AA members have volunteered to be temporary contacts & introduce newcomers to AA. It is suggested that the temporary contact take the newcomer to a variety of AA meetings; introduce him or her to other AA's; ensure that he or she has some phone numbers of several AA members and share the experience of sponsorship and a home group.

Hot Line Schedule

1st Monday	Just Us Girls (Temecula)
1st Tuesday	Tuesday 10 Am Women's 12x12 (Murrieta)
1st Wednesday	Women's Closed As Bill Sees It - Monday 12:00 (Murrieta)
1st Thursday	Thur. Women's 10:00am-Lyndie Lane (Temecula)
1st Friday	Men's Stag 7:00 Pm Wednesday (Murrieta)
1st Weekend	Liberty Bells (Lake Elsinore)
2nd Monday	Saturday Early Risers (Temecula)
2nd Tuesday	Unity Hall 7 Am (Sun City)
2nd Wednesday	The Funks
2nd Thursday	Michael J
2nd Friday	Darcie
2nd Weekend	Mosh Pit (Temecula)
3rd Monday	Paul R
3rd Tuesday	Nancy W
3rd Wednesday	Laura L
3rd Thursday	Bill S
3rd Friday	Back To Basics (Sun City)
3rd Weekend	Donna B
4th Monday	Sunday 7 Am Attitude Adjustment (Lake Elsinore)
4th Tuesday	Searching Party
4th Wednesday	Linda D
4th Thursday	The Twilight Meeting at the Alano Club on Sunday (Temecula)
4th Friday	Women's Candlelight -Thursday (Temecula)
4th Weekend	Wild Ones Grape Street (Wildomar)
5th Monday	Sunday Came to Believe (Temecula)
5th Tuesday	Greg L
5th Wednesday	Richard and Bobbi L
5th Thursday	Andrea
5th Friday	John and Brenda W
5th Weekend	Wednesday Men's Stag (Murrieta)



During the day, your Central Office keeps the doors open to assist recovering and suffering AA members alike and provide the following services: We provide the Big Book. We provide the 12x12, assorted literature, chips, and newcomer packets.

Your office manager organizes volunteers, makes sure the office is a healthy place for all, keeps your accounting data accurate, and safe guards your inventory. The office manager is there to support the groups and the individual members of our fellowship. We make and distribute your meeting schedules and we publish the Gratitude Gazette.

Twenty-four hours a day, seven days a week, volunteers take calls from suffering alcoholics and organize 12 step calls. The phone line and special call-forwarding are paid for by your central office contributions.

Please ask at your next business meeting if you are contributing monthly to your Central Office. It doesn't have to be a lot. Being self-supporting means not only paying for your rent and coffee, but also paying for the services you receive through Central Office.

If your group has stopped contributing (or never started), please bring it up at your next business meeting and take a group conscience.

Let us know when and how we can help.

Submissions

We would love to print your submissions for the Newsletter.

The primary theme of any article content must pertain to; alcoholism and recovery, the Twelve Steps, The Twelve Traditions, or The Concepts. Poems, inspiring materials, AA trivia, jokes and cartoons are welcome also. Proper credit must be given to each article's source.

If taken from previously printed materials include its copyright so that we can acknowledge it.

The committee reserves the right to edit or refuse any articles submitted.

Central Office appreciates ALL of their volunteers

Get On The List

Be notified of meeting changes, new events and other important AA information from your Gratitude Gazette.

Click for online form to sign up

<http://www.temeculacentraloffice.org/gratitude->

Central Office Service

Please call (951) 695-1535

if you can be of service at Central Office by volunteering for time slots to answer phones and help walk-ins. Volunteers are always appreciated, and of course you get the grand reward...

	Apr 16	Apr 15	\$ Change	Jan - Apr 16
Tem Del Rio Survivors	700.00	325.00	375.00	2,300.00
Temecula Joe & Charlie Workshop #711469	500.00	600.00	-100.00	500.00
Tem Ser Cir/M-S 7am/Att Adj Group	450.99	417.57	33.42	773.67
Mur Community House/Mon-Sat 7am/ABSI	146.00	206.00	-60.00	767.00
Mur Monday Night Men	100.00	0.00	100.00	400.00
Wildomar Wild Ones #653642	100.00	350.00	-250.00	400.00
Rainbow Grange/Sun 730pm/Participation	90.00	0.00	90.00	90.00
Menifee/Sun 9am/Grass Roots #706488	82.60	0.00	82.60	197.10
Tem Just Us Girls 2	81.00	0.00	81.00	81.00
Tem Serenity Friday 6pm #710973	60.00	0.00	60.00	220.00
Tem/Wed 5pm/Just Us Girls	60.00	0.00	60.00	270.00
Mur Community House/Wed 7pm/Mens Stag	50.00	0.00	50.00	130.00
SC Boston Billies/Wed 7am/Mens Breakfast	50.00	46.00	4.00	50.00
Mur/UMC/Mon Noon/Womens ABSI #709011	40.00	40.00	0.00	120.00
LE 1st Lutheran/M,Tue,Th,Sat 730pm/Bells	26.00	0.00	26.00	47.00
Tem Alano Club Tues Grapevine Meeting	9.00	0.00	9.00	9.00
LE TMP M-Sat 7am Early Birds	5.00	0.00	5.00	5.00
Tem Ser Cir/Mon Noon/Participation	0.00	0.00	0.00	75.00
Tem Ser Cir/Thur Noon/Nooners	0.00	0.00	0.00	83.00
Tem Ser Cir/Tue 730pm/Mens Stag	0.00	0.00	0.00	150.00
Tem/The Alano Club/Sun 6pm/Twilight	0.00	0.00	0.00	35.00
Wildomar Grape Street/Fri 7pm/Step Study	0.00	0.00	0.00	20.00
Wildomar on Grape /Sun7pm/Pigs onthe Wall	0.00	0.00	0.00	25.00
Tem Sat 8pm/World Famous Speaker Meeting	0.00	0.00	0.00	68.00
Tem RC Church Office/Tue 6pm/Mosh Pit	0.00	0.00	0.00	240.00
Tem Pech Sr Ctr/Wed 7pm/Step Sisters	0.00	0.00	0.00	90.00
Tem Pech Sr Ctr/Fri 7pm/Bats Belfry	0.00	0.00	0.00	50.00
Tem Mon Night Men	0.00	100.00	-100.00	300.00
Tem Hill Recovery Sat 8am Early Risers	0.00	144.61	-144.61	360.00
Tem Alano Club Sat Noon Sobriety Sisters	0.00	0.00	0.00	50.00
Murrieta The Searching Party	0.00	0.00	0.00	60.00
Mur/TVCO Intergroup/#179377	0.00	0.00	0.00	128.00
Mur United Methodist/Wed 8pm/Discussion	0.00	0.00	0.00	100.00
Mur United Methodist/Tue 10am/Womens	0.00	0.00	0.00	150.00
Mur United Methodist/Mon 7pm/Lil Big Book	0.00	50.00	-50.00	100.00
Mur Community House/Sun 730pm/The Geek	0.00	20.00	-20.00	55.00
LE TMP Wed 530 The Pizza Mtg #709008	0.00	0.00	0.00	47.48
LE AOG Church/Wed Noon/Acceptance	0.00	50.00	-50.00	50.00
Just Us Girls, Too	0.00	0.00	0.00	24.00
Idyllwild We Don't Know Thurs 6pm	0.00	0.00	0.00	40.00
TOTAL	2,550.59	2,349.18	201.41	8,660.25

Valley Buck a Month Club

Personal Contributions

<u>Date</u>	<u>Name</u>	<u>Amount</u>
4/4/16	Sandra N	5.00
4/4/16	Sharon C	5.00
4/4/16	Terese B	20.00
4/6/16	Pauline S	25.00
4/6/16	Jim F	30.00
4/6/16	Linda F	50.00
4/6/16	Tim M	10.00
4/13/16	Darcie D	10.00
4/14/16	Paul R	20.00
4/16/16	Anony- mous	3.38
4/17/16	Mike B	20.00
4/17/16	Tom C	10.00
4/20/16	Kevin G	5.00
4/22/16	Mark F	10.00
4/22/16	Debi G	10.00
4/28/16	Collette M	10.00
4/30/16	Gary G	25.00
		<u>268.38</u>

<u>Date</u>	<u>Name</u>	<u>Amount</u>
4/30/16	Gene W	5.00
4/30/16	Rick	7.00
4/30/16	Ron	5.00
4/30/16	Jim	5.00
4/30/16	Katrina	3.00
4/30/16	Georgia	1.00
4/30/16	Karen K	2.00
4/30/16	Suzie	10.00
4/30/16	Laura	1.00
4/30/16	Linda	5.00
4/30/16	Marcos	5.00
4/30/16	Sandy	5.00
4/30/16	Stephanie	5.00
4/30/16	Jamie	2.00
4/30/16	Jennifer	17.00
4/30/16	John	1.00
4/30/16	Debbie	1.00
4/30/16	Leon	3.00
4/30/16	Brittany	3.00
4/30/16	Dan C	3.00
4/30/16	Tom	1.00
4/30/16	Rick	5.00
4/30/16	Don	1.00
4/30/16	Roger	1.00
		<u>97.00</u>

Activity Log

Phoned in	184
Walk ins	221
AA Meeting	97
Al-anon	5
12 Step	6
Donations/Purchases	90
Misc/Other Business	18

Volunteers

- 1 Bert
- 2 Chris
- 3 Debi
- 4 Debbie
- 5 Fitz
- 6 Hope
- 7 Janeen
- 8 Jennifer
- 9 Jill M
- 10 Jim F
- 11 Karen
- 12 Kelli
- 13 Kim
- 14 Melissa
- 15 Nick
- 16 Pat
- 17 Sharon
- 18 Shauna
- 19 Shawn
- 20 Steve
- 21 Tony



Date	Name	Amount
4/14/16	Michael Crawford Celebrates 30 Years!	30.00
4/30/16	Paul R Celebrates 17 Years of Sobriety	34.00
4/30/16	Bill B Celebrates 29 Years of Sobriety	29.00
4/30/16	Mike M Celebrates 1 Year of Sobriety	2.00
4/30/16	Stuart S Celebrates 9 years!	45.00
		<u>140.00</u>

April 2016 Birthdays from Murrieta Community House ABSI Meeting J

Jamie Murrieta Celebrates 2 years

Nick Murrieta Celebrates 3 years

April 2016 Birthdays from the Fellowship at Large

Lisa April 13, 2015

Jack P April 24, 1979

FOUNDER'S DAY 2016

TEMECULA VALLEY CENTRAL OFFICE

is having a

TAILGATE PARTY

to celebrate

81 YEARS

of "The Spiritual Way of Life!"

SATURDAY

JUNE 11, 2016 • 5PM

Temecula Community Recreation Center
30875 Rancho Vista Road, Temecula, CA 92592

• Dinner starts at 5:30 • Tickets are \$20 per person and
can be purchased at the door • Raffle • Speaker meeting 8pm

FOR MORE INFORMATION CALL TVCO AT 951-695-1535

WEAR YOUR FAVORITE TEAM COLORS!

Professional, College, or Local!

